The arkist journaling becomes the testimony of a painstaking activity, the activity of stoic individuals taking much trouble to prepare and then sail the lifeboats they have conceived. Despite this remarkable effort they have to undertake, the tone in their journaling is very much based on facts. These facts if disclosed can revive a human empathy that the regimented life on board of the ship annihilates. These facts are the testimony of an incredible struggle, the struggle of both making the lifeboat and scavenging the content to place within it.

The arkist effort resembles the ancient Taoist parable of the farmer refusing to use a pump to irrigate his field so as not to become cold-hearted like the very machine. In this respect also arkists have a tendency to carry their water buckets by hand to irrigate the field they are cultivating, the lifeboat. This effortful process rejecting any type of effortless workarounds is at the core of the arkist practice in order to not only keep a human heart as the Chinese parable teaches, but most importantly to keep a human head, an head the members of the crew on top of the ship are loosing so busy in unnecessary discussion revolving around their nature altered as a result of their captivation.

Journaling for the arkist becomes a form of a mantra; it spells out the cacophony emerging from the ship itself, a cacophony amplified by the rigid algorithms through which the crew members can express themselves and the artificial machinery that is automatically generating content tailored to entertain them. While through this process of automated regimentation the content on the ship is going astray, the arkist's content stays cool. Generally speaking then through journaling arkists are able to develop a common sense which can keep them rational over the irrational development of the ship in which they are forced to live.

The rationality that derives from journaling is however different from the rationality that can derive through the scientific method. arkists in fact ought to constantly maintain a fully holistic approach to reach their goal, the recovery of their nature so as to detach themselves from the destructive and irrational hierarchy of the ship in the hope of constituting an egalitarian and ecological community back in nature. In other words it is inconceivable to carry forward such a plan limiting oneself to a very specific and narrow field of study. Everything ought to be taken into account both the objective and the

subjective, both the mental and the manual, both the physical and the immaterial, both the social and the individual.

With journaling then arkists have a temporary and precarious overview which enables them to come to a new step. It isn't therefore a question of attempting to dominate nature by comprehending it using the scientific method. It is about putting all the elements on the table and figuring out a direction without any calculator doing the math for the scientist but with the actual human, the arkist being fully part of the process and because of it being able to draw conclusions. These conclusions coming from this being fully reintegrated into reality through journaling are not the dogmas of a new theory but only hints which in the future community can be discussed and shared and compared along with the hints of the other citizens.

Journaling then reactivates the individual in his or her reality. It reactivates his or her instinct to be involved with it and take an active part of it not as a dominator wanting to control it but as a creature willing to second it. In the case of the ship large scientific studies are made to divine where to go with the whole capitalist and hierarchy based setup. The biggest computers have already pointed out through a myriad of calculations that there is no way that the ship as such can survive without compromising the balance of the earth. The industry along with its score of scientists and engineers and technicians are working to figure out a solution, namely how to keep the ship afloat despite these warnings.

Now any indigenous person brought on board of the ship would immediately conclude that such a monstrosity is outrageous, outrageous to mother nature and whatever divinity he or she attaches to it. Journaling is also a process by which the inner nature of individuals is revived and he or she can reach the same conclusion. So busy the ship and its crew is to find a whole new setup to become more sustainable that the frank response of arkists as well as of other anarchists that humans are better to get rid of it so as to save themselves and the environment, so straightforward is this conclusion that no one or just a small bunch dares to take it even into account.

On the contrary, because of this new environmental setup the higher up ships are undertaking new and even more powerful forms of power and domination are enforced along with a nauseating morality that the old forms of power and domination of the previous ship were bad. arkists and anarchists alike have always been clear saying that all forms of power and dominance are harmful. Now more than every they are saying that these forms of power and dominance are suicidal but no one dares to listen, no one can think of another future but on board of the ship.

Arkism points out that in the first place it is impossible to go the diplomatic way and try to enlighten the public opinion so as to eventually solicit reforms. These reforms, no matter how radical, will always run through the power structure of the ship. No matter what it is imputed in this megamachine, the output will always be power and domination because that is its second nature. Secondly arkism is clear in pointing out that there is no possibility for a revolution, the ship is so powerful and safeguarded that no propaganda of the deeds stand a chance. Thirdly arkism doesn't even see the possibility to build alternative and libertarian communities as they will inevitably be absorbed as part of the ship and turned institutional and bureaucratic.

Rather than establishing themselves and their discontent on board of the ship arkists are those who came to the logical conclusion of the need to not only leave it but to create already within the ship in which they are confined the very embryo of future anarchist communities, the lifeboats. Journaling then becomes some sort of writing of the new genetic sequence of this embryo. So if scientists on board of the ship take from life, arkists keep up the scripting of a whole new life until their baby is big enough to make it out of the decaying ship, a decadence that the elevated degree of its power enables.