

12\_039: "an amazing amount of walking alone mostly from the metro station to my kid and his mother's flat in the wealthy part of town but also some exploring and recording of the run down industrial area where i am now moving and thus reflecting on this change also quite affected in may thinking by all my academic readings after a lecture in örebro university in the inland of sweden where i have also took a long night walk to the city now that i am more independent but also have far less securities and my future has not really any reference point"

18\_037: "much time spent outside in nature mostly walking and thus much wind experinced aside for some days indoor and yet very mighty wind except for the one experienced in a small university town in the inland of the country where it was in fact quite powerful"

03\_054: "listening allot of new music like while driving in the car or partying with friends in a few instances using the internet to play revolutionary songs but mostly the songs came from a trip on a russian cruise where popular songs from the last two decades were constantly being played in corridors, waiting halls but also bathrooms, some songs also were recognized from street musicians like a russian jazz band playing american hits and two gypsies playing old italian hits"

01\_107: "the last period spent united with my family although silence has fallen between me and my now ex wife thus a paralysis of activities in the apartment despite I have still kept up with my digital archiving and much walking outside but also the building of a bed out of a door frame and on one occasion an excursion out with my kid with lighting of fire and barbecuing, aside from that back and forth to the university with the many transportations but also a few days in an other university the inland"

02\_108: "a big shift now that after ten years since the very beginning of the project i have separated from my swedish girl and went to live in the suburbs thus dreaming several times about my new place, about different girls, potential new girlfriends but also much time spent commuting and thus several train based dreams with some fear about the actual suburb where i have moved that has a bad reputation for immigrant crime, some dreams related to university assignments and supervisors but also a bit of dreaming about my soon christmas holiday at my parents and in poland with jacek and some birds related dreams influenced by my fable writings and at last some influence from my new black room-mate from talking allot about his motherland gambia"

07\_048: "leaving sweden after a party in the countryside where i met the girlfriend of a guy who used to come to my school in italy and then setting off to kaliningrad in russia meeting an egyptian guy also going to russia as is swedish working visa was expiring and then right in russia meeting some art curators one with romanian roots and the other with german all being relocated by the soviets to this non-land and then conducting a workshops with teenagers from the eastern block, a

rather nice a diplomatic estonian and a girl from moskow but particularly a very nice girl from the northern karelia who spent a year in the united states and was much diplomatic but also much charming taking actor classes"

10\_067: "right back from the russian trip now taking walks around the city and the suburbs where my kid leaves which i am about to leave for an industrial suburb down south which i also explore particularly when the snow comes and i take advantage of some beautiful days in which i also walk long distances to save money and get into some nice landscapes like a winter lake where i used to take my kid"

08\_073: "in the old german prussia, now russian kalingrad doing a workshop and walking quite allot but really find quite little on the sidewalk aside for the city center and at night before the matrioska (old russian women with a handkerchief on their head) goes out and sweep the sidewalks, from prussia then going for a week to my native highland in the alps and picking a bit of trash in the touristic village to then return to sweden in our new apartment in a well-off island with really no much trash aside for the one i pick going to visit jacek in the center of town"

08\_074: "still in sweden picking very little trash now that we live in the suburbs yet picking some when going downtown to rent movies at the library but then also finding a bit of trash during a boat trip around the baltic in tallin and saint petersburg and helsinki, this despite the much snow which has really deteriorated the little i have found"

09\_062: "the conflict continues in the middle east and particularly syria although between the rebels and the dictator's army although the media no longer put much attention on it, but on other casualties again striking the much hit philippines but also central america and other minor accidents in third world countries but particularly a fire in bangladesh killing many hundreds workers"

14\_041: "now that i have moved to a new place in the southern suburbs several were the walks checking out the neighbourhood in minus degrees with frozen landscape and especially walking down the center of the town by the river, not to mention some evening walking to buy some grocery in the middle of town and then go to the station where to visit my kid in the nort of stockholm several times a week, including few weeks with no money and trying to walk as much as possible, avoiding the public transport and enjoying the polar weather, thus also walking very long along rivers and bridges to save a few crowns also while carrying presents to my kid like new skies and shoes, ending up at last in a conference in copenhagen where i took a pilgrimage to the mermaid crossing the whole town from the central station and back, then also visiting an art museum in the country and exploring the shore despite all the rain and humidity and finally with

some colombian friends taking me for a walk to an anarchist island in the city"

18\_038: "minus degrees but rather settled weather to which i have been exposed quite much in my outdoor walking except a day spent at home with a very strong wind outside bringing a powerful snow storm"

16\_042: "a strong setting in of the winter with the first snow turning the landscape all white and keeping up for several days with eventually a few all blue days and sunny and minus degrees much reminding me of my native alps despite the snow being very dry and the weather at times getting warmer but then going back to something they here call wolf winter from which i took a fre days break by coming to the rainy and far more humid denmark for a conference where the snow has quickly melted"

07\_026: "still unemployed and taking my kid on nice walks by the lake where occasional clouds comes despite the very nice autumn and some clouds also while working on my vegetable land at his grandparents' farm, still imagining allot of flying birds as birds indeed in this season are migrating away from the approaching winter"

05\_037: "the character of this fable is based in venice and her longing for the mountains is actually my longing to my native alps from which i try to return after the failed swedish experience with my ex wife, their feminist obsession with masculinity, the whiteness also increased by the recent snow and the blackness really much represented by my new black room mate from gambia"

04\_032: "rather pure air despite the fact that i am now living in a more industrial part of town and have in the last month covered big distances on foot but the cold and nice weather has kept the air rather clean apart for some time spent in copenhagen with much polluted traffic and people smoking everywhere and then another period in italy having to walk from the airport to bergamo with quite a big load of traffic but then again bein up the alps and breath pure air particularly at very high altitudes like over two thousand meters with much thin air"

15\_032: "a period pierced by strong sadness, first in denmark after presenting my work and feeling rather misunderstood and then with my kid celebrating christmas alone prior departing from one another but then some good time spent with jacek hiking up the dolomites with thrill of being sucked in an avalanche which gave us much to talk about and was really invigorating and then home at my parents in the alps feeling rather okay but sometime a bit oppressed by the family environment spiced up by joyous relatives' dinners"

09\_063: "still more bombs and explosions in the middle east but also some crazy man shooting in usa and switzerland with a few accidents in the alps"

01\_108: "in my newly bought apartment now shared with lamin setting up first a room for him

with a double bed then improving a bit my own but mostly fixing up things without really spending much money and already paint up the room with the stuff i wish to produce otherwise being at the university despite not having any money to afford the metro ticket and having to walk long distances also to stay with my kid and do a little bit of renovation in her mother's apartment till i left for a small conference in copenhagen and explored allot the city doing my archival projects to then seat for hours on at the boring conference feeling rather depressed but then going to italy driving quite much around the alps with jacek and then staying with my parents in my native mountains doing quite some crosscountry ski with my stepfather and finally joining jacek in poland where i started editing allot of the accumulated video material but also explored and ending up at the boarder with check republic with his friends playing games, drawing and cooking with them"

07\_058: "in krakow with jacek and with his friends to the mountains for new years eve getting to know them all quite much in the music scene playing in bands like maci and lukas who got really to like my project and lukas' girl olla who speaks fluent swedish but then also meeting many of jacek's cousins like anya with whom i taught italian lessons at her school finding her really quite enthusiast and her athlete boyfriend with whom i might launch a commercial Website and his warsaw cousin who was into a tv channel of some sort but more introvert then also getting to know an huruguaian girl escaping from sweden and keeping it in the more affordable poland and at last martina the experimental musician really cool indeed collecting sounds in the city till late at night."

18\_039: "a month spent all traveling to denmark and then to my alps and then poland thus being quite exposed to the wind in all the outdoor excursions despite it no being so powerful but once walking up a small mountain the checz republic with the wind blowing throw the trees at various intensities and up a mound in krakow"

14\_042: "walking to catch a bus in the middle of the night crossing the industrial area where i live and then in italy having no money and walking from the bergamo airport to the station to then join jacek and walk him all around my parents' city of vicenza even up the hills at night and then in the dolomites on the high snow trying to reach some lakes but finally causing an avalanche and almost dying but then just simple walks also with my parents in my native highland down to asiago center and finally to krakow where despite my left knee hurting jacek took my on a long pilgrimage to a monastery by the big river but also across hills with wild dogs and finally some walking in the suddetic small mountains in the checz republic and much walking in the latter part up and down and across krakow to come back from the dentist in nowa hut and across desolated concentration camps coming back from a high school where i taught italian and then much

walking to meet people and produce work for an upcoming exhibition including much getting lost in the city center with its surrounding looking pretty much the same and disorienting me"

16\_043: "in the icy cold yet dry sweden but then going down to italy finding snow but rather sunny and warm weather with some very nice days in the mountains but then some more cloudy ones in my native highlands always followed by sun though and then also find almost a spring weather in krakow in the checz republic followed by a much chillier weather with the temperature dropping below zero and much cloudy and snowy weather"

02\_109: "dreams i wrote while traveling and therefore not so regular but i did manage to get some good nights dream at my mother's place and at jacek's place particularly influenced by being with my parents in my native mountains where i got into an avalanche accident and in poland where i was walking with wild dogs around and i went to dentist"

10\_068: "filming in the emancipated suburbs of stockholm with the snow and then many filming all through the city of kopenhagen from the station to the harbour to then go to italy and film from the bergamo airport to the city and then my parents' city of vicenza and up on the dolomites with jacek where we were had an avalanche accident and in the beautiful south tirol filming in the gorgeous village of castelrotto and in bolzano at night to then go to a small village on the garda lake and back up to my parents in my native alps of the asiago highland where i had fewer chances of filming due to the crosscountry skies i used when being with my stepfather"

10\_069: "more filming in my native highland of asiago and also in the village itself to then go to krakow and finding a very nice spring-like weather to film on our way to a monastery along the main river and also in a small new year's eve journey to the sudetic mountains at the border with poland but also visiting and filming many destituted town around each boarder when finally the real winter sets in a film on my way to business in krakow ending up in desolated suburbs and even a concentration camp otherwise filming in the beautiful historical center and the big main square"

07\_049: "in prussia, meaning the most west russia or better the very isolated kaliningrad facilitating a workshop with students from all over russia and there meeting very interesting people like on a bus a guy from kazakistan now working as a nurse in germany and a very intelligent moskow guy which might have actually worked as an infiltrator and new otherwise quite much about opera but then also meeting the swedish facilitators like a half estonian guy looking and reasoning much like an aristocrat and a nice girl from skåne who was quite talented with crafting things but got quite wasted on cigarettes and alcohol and a polish young architect and a straight forward ukrainian girl who was also about to start her doctorate and had not so

much nice views of sweden and the tasteless food there"

03\_055: "much eighties and nineties hits heard on the corridors and in the bathrooms and in the hallways and shops of a russian cruise during a last trip with my ex wife and son to then be rather isolated and musicless for sometime other than gipsies street musicians also dressing up like santa claus and playing christmas songs or a choir in kopenhagen singing the usual santa lucia but then also in the alps in italy hearing christmas music broadcasted in the square of a beautiful small town"

12\_040: "still reflecting on my recent trauma concerning the separation with my wife while now walking many a miles to reach my son having no money for the metro ticket but also now starting to walk and reflect about my new condition in the deep industrial and emancipated south of the city yet very solar and nice but also recording myself on few occasions in my native mountains where i could barely be alone with all the friends and relatives and later also some recordings in krakow crossing through portions of the soviet like suburbs and eventually ending up in a totally desolated concentration camp feeling deeply the horrible effect of all political regimes"

04\_033: "a period characterized by much pollution inhaled first on my trip over christmas down to the north of italy landing in bergamo and walking to the center from the airport inhaling much exhaustion gases and then also in my parents city taking jacek around and still breathing quite a bit of the traffic but then finally some fresh air up in the mountains from which i left to go to southern poland and find a totally stagnant air fully condensed with coal still used from soviet times to warm up many houses in the slightly depressed plateau where krakow lays and thus getting to breath that bad air with jacek really wanting to reach a monastery out of the city outskirts but then going to a much cleaner location in the small mountains of the alsazai region to then get back to krakow where the wind has blown and the real winter has sat in leaving a cleaner air yet still having a times to avoid the city traffic by walking from jacek's house to the center by the big river but at last coming to the totally fresh but icy cold air of sweden"

13\_028: "a painting started in the summer in my ex wife parent's farm in the house i have renovated among all sort of furnitures and boxes packed in the dining room awaiting to be moved to our new apartment yet being unable to complete the painting in such caotic conditions and with all the demands set on me from my ex wife's family and all the work required from them to clean up the attic of much of their trash but finally having to wait to move to my new studio/apartment and there at last being able to paint over the details of this painting which again shows this dropping mass over a more colorful background and a flouruscent spot which should be behind the mass but comes out with its irradiation plus a obliquos cut which is some sort of grass

mountain like terrain over a more burning like sky in a diagonal which is more of descent than an ascent"

17\_027: "unemployed and in the stockholm suburbs with much time spent with my kid out walking around big body of water in the autumn and observing clouds from over small cliffs and reflected in the very lake where i also go often to run and get affected with many birds and aquatic creatures in my subconscious imagination but also many guns maybe due to the movies i rent occasionally or the russian literature feeling of duels i read"

15\_033: "a rather happy month with very little moments of low energy despite the fact that it is my first christmas holiday without my wife and kid but really now having most glorious days with jacek and his friends after all the readjustments of my trip to poland and then a rather quiet week running around printing my works in krakow and eventually also having a good time with other friends but finally feeling rather exhausted of social life particularly on my way back to sweden and to academia where really i have been trying to be alone and finally found peace in all the philosophical readings for my new courses"

03\_056: "songs heard from the beginning from my mother who was singing in our family mountain cabin to my sister small kid and then songs mostly heard while in poland with jacek's friends celebrating new years eve in a cabin on the hills and singing together in the kitchen or down in the basement dancing old hits and then on the car trip back to krakow but also in krakow at various cafés and with jacek's cousin the italian school teacher with whom we listened to many italian oldies i almost forgot about and were a new entry in my record of songs despite they have marked an age in my childhood but also songs we children sang we sung with her students and then back to sweden hearing songs from the radio now while training in the university gym"

11\_069: "in the beautiful andalucia getting inspired by the mountains and sea landscape, the churches but also by the time spent driving and on the airplane to then go back in our country house in sweden where i felt rather frustrated manifesting this through several pornographic ideas but also surrounded by the nature such as the cows and the insects and the golf players typical of the place not to mention the forest where i have attempted to camp"

11\_070: "in the old prussia getting inspired by the soviet cities but particularly again of all the flight and airplanes i had to take to then reach my native alps and getting many ideas there from the natural landscape but also in a roller coaster theme park where i spent the day with my son and his mother to then spend a day on a hot beach of lake garda getting quite some ideas there with all the people sun bathing and from there back to the less inspiring life in sweden where the harvest time had come"

09\_064: "more irregular now my checking of the news since i don't have an internet connection in my studio/apartment yet checking it at work and also hearing about for instance the disco fire killing hundreds on the metro but also on a public television where the french intervention in mali was broadcasted aside from it the usual terror attacks in the middle east making few casualties"

05\_038: "a fable conceived in the attic of jacek's father tedeus in krekow while being surrounded by many of his religious figures and crosses and all the still alive religion experienced in churches and monasteries still alive with monks and nuns describing this bird which is orange like the ones i used to experience in north america but then also changes colors picking different new meanings like that of buddhist monk to that of a japanes emperor where he becomes the red sun himself and later refiguring the japanese second war world push towards america and the bomb picked like a mushroom by a god turned to a devil which contrary to the legend require his divine state by falling rather than becoming lucifer and at last the story connects back to the beginning with the crucifixions of his sons angels devils and the use of the crosses as paddles to finally reach the easter island where easter can be ultimated"

01\_109: "in krakow almost half of the first month in jacek's family house feeling a bit frustrated of too much socializing and thus setting off doing grocery and cooking and washing my clothes but also making myself look nice but then turning hard into my project and production of my first drawing books spending much time at the print shop fixing up files with my own laptop and preparing models of a long banner of faces for a possible exhibition prior moving back to stockholm where i also there do grocery and cooking for my kid and start commuting quite allot using the blue card to access the public transport but also now using much my phone to annotate not only ideas but things i find interesting in the many texts i have to read which i try to compensate now getting back to my usual routine of also analogue producing my drawings and the painting i did not accomplish for long after traveling anyhow ending up doing quite many office routines like printing and stapling and organizing the mass of papers from the various mandatory courses"

16\_044: "leaving the humid and cloudy continental europe to find extremely bright weather in stockholm with the temperature going well below zero and reaching also far below with totally bright skies followed by a period of warmer temperature going over zero degrees and bringing clouds and shitty weather but then eventually at last getting cold and very bright again"

18\_040: "with the temperatures far below zero almost no wind perceived except for a short period of a warm southern wind which has soon being replaced once again by colder weather and absolutely almost no wind"

14\_043: "after all the walking during the winter holidays and in krakow where I was mostly going from meeting to meeting and considering the problem of my left knee i walked considerably less this month also because of the very cold weather and the flu but did manage to walk to do grocery for my kid and his mother on the mall along the rail road and took my kid a couple of times in the city mostly around a park where i used to take him when he was little but also did manage to walk at last on a beautiful day on a frozen lake and make it on top of a small mountain there"

13\_029: "a painting conceived in my new apartment studio now that the situation has been stabilized and i no longer have to put my painting in process away but can leave it hanging on the wall and thus finally i was able to paint with the board standing vertically as i have always wished since it is in this position that the outcome of the project, the resulting drapes are meant to be shown meantime i also have been working more on mixing different colour in the same background and rather simplifying the palette of the layers interlacing each other resulting in only four main ones which again shift slightly in tonality having myself work harder on giving them different nuances"

02\_110: "pretty good nights of sleep in my new apartment living alone now after the traveling down south which has still particularly a repercussion with all the german and polish cities and environments i dream of but also dreaming about my family and my native environment which i also recently visited not to mention that this very environment where i no live is also quite affective with all the imigrants and my fear of bringing my kid here nonetheless also dreaming of some new girlfriend or a new pretty and young girl to kiss aside from some ugly one which i make love to with much hesitation"

07\_050: "at the sea side in kalingrad living in a old german town by the beach and meeting up with more workshop facilitator from sweden but also a drunk russian man celebrating a wedding in the hotel and a group of activists doing interventions in an old forest that is doomed to be cut down and here also meeting a dutch artist specialized in forestry and also a professor of my old american jewish girlfriend"

04\_034: "quite good air quality although i mostly kept indoor apart for a sunny weekend and some cloudy days spent more in the city roaming with my kid and going through a bit of the city traffic"

15\_034: "some pretty nice days alone outside in the sun walking and feeling most good but also some low energy days going to work and then be in my ex apartment attending to her house and my kid with whom i also had some very nice excursions in the city and some nice time even here in the south of town walking and also quite nice moments meeting up with old friends going to performances and even doing a performance with goralski who brought some energy despite the

depressing gray winter weather"

09\_065: "beside still fighting in syria and bombing in other parts of the middle east there were quite a few blasts mostly in asia and a small insurrection in thailand but also one small tsunami in the solomon islands making a few casualties as much as a few casualties made in belgium with an air crash which i read of scatterly once again not having an internet connection at home but mostly using the computer in my office at the university"

05\_039: "an albrecht durer inspired story after talking much in class about medieval art from the north and south of italy not mentioning the obvious ambiguities but also inspired by joseph beyus performance holding a dead hare thus set in south of germany but then having the hare turned into a playboy bunny to then connected to romeo and juliet story with the hair of the hare growing and from there and the speed of the hare catcing up with time connecting with the romolo and remo legend and the founding of rome and the wolf who fed them and the centaurs which at the end of the story turned out inverted and fulfilling a reversed oedipus complex of killing their mother and fucking their fathers"

17\_028: "still unemployed and in stockholm looking after my kid and talking walks and running and there mostly by the lake experiencing the clouds which i also reflect much on the dogs that people often take to walk there but have also many horses which we see going by a stable and women and dinosaurs probably from films"

06\_025: "a rather hard section of jogging with the winter on the way and the snow and at first a very cold weather which allowed me to run on the parking lot of an abandoned warehouse in front of my nw apartment but then with the ice and the melting snow i did went out to run once and felt a bit of a fever and concentrated to train indoor at the university gym instead where i finally discovered a step machine which i started using for my running as it does not have a motor and i can increase and decrease the speed every two hundred meters although it doesn't not allow me to go either too slow or too fast giving then rather moderate values"

14\_044: "despite the winter being at its peak i started my major hiking experiencing once more with my left knee not bothering me so much and with all i have to seat or stand otherwise at work and on the metro then from the beginning i took a major walk from nearby the university across a frozen lake and many suburbs and forest and across another lake which brought me to a immigrant ugly suburb yet beautifully located and then many a walk otherwise with my kid from the north part of town where the commuter rail station is and to the south part where the station to my commuter rail is but also a nice walk with him to åsmund's birthday discovering intuitively a very nice passage by the rail road to the south of town and then a beautiful panoramic path along

the cost walking all along also in the evening with the snow fall and then also walking with august again for small different commissions with a rented car in outside shopping malls and back from the metro station to his mother's place from where at last with a first day of spring i have walked all the way back to the city for hours across the still frozen small and big lakes"

16\_046: "a no longer so cold weather with the temperature oscillating around zero and then no longer the bright icy days of january but a constant homogenous cloudness which has lasted almost throughout all the period but the very end when at last there has been very sunny days and a sudden warmth making everything so pleasant and nice as an early sign of spring with all the snow now melting away and far longer days, turning everything more tolerable"

18\_041: "an unusual period with very little wind once again probably due to the cold winter season which has however brought in a warm wind in the end and slightly stronger wind which i experience on my way to the university on top of a hill and yet again very little wind considering all the time i have spent out also with my kid"

12\_041: "a more scattered possibility of recording with my head filled up with notions at school and the weather which none the less offered a couple of beautiful weekends where i have been out taking major walks across the frozen lakes and inevitably the better off suburbs where my kid lives with his mother after our separation of which i don't really think about anymore in my reflections but rather still perceive the social enslavement and a desire for a sublime nature"

01\_110: "a period started with a rediscovering of the pleasure of solitude and quite an enforcement by going out like a hunter living in the extreme yet bright nature lighting fires and cooking but then much routing stuff and gray weather at the university and to my son's place where i often sleep over and we try to do things in the captivations of the small apartment such as building a shelf till at last i made up my mind about all these savings and spent them to restructure my apartment so that i can only live in my room and rent out the rest thus we went getting all the wood and bathroom and kitchen stuff to rebuild my room and a separation wall with doors but also not forgetting my showroom of my exhibition which i then start assembling doing much final work and breaking with the inertia of to much intellectualizing at the university"

02\_111: "i have had regular night of sleep in my small studio which has now become more intimate and sound proof with finally a big door and all the renovation that i have started which has certainly affected my dreams as much as all the seminars i had to attend in the past month afraid of my philosophy professor assessment of my essays but also dreaming about my colleagues mostly girls from russia but particularly a swedish one with whom i get recurrent dreams in which we get affectionate which is rather the opposite feeling i am building up about my gambian black

room mate lamin which i really dislike in my dreams when i meet him out at pubs and he looks so ugly also many were the dreams related to my family back in italy which i barely saw in the last months but i have talked to on the phone and the mountain avalanche experience seems coming back but not so traumatically despite the fear for ice out on the streets and lastly my relative old villa and the family seems to also come back in the picture with also my cousin cecilia who i start to confuse for my ex wife"

07\_051: "on my way back to sweden after kalingrad and a time in my native mountains with absolutely no new acquaintances just old ones but then in sweden at the party meeting many new friends like the girlfriend of my colombian student ivan and another latina girl from mexico with some northern italian origins who i felt a bit attracted to and then a nice italian guy and his barcelona friend working for the internet music provider spotify to at last start my new work at the university and photographing a full of hope guy studying to be an actor but not really getting too much acquainted with my new colleagues with whom i keep a professional distance"

15\_035: "a period with some beautiful spring day and much time spent with my son having a good time resuming our small adventures but also a bit of frustrating time in his mother house hold waiting for her for the pick up and much frustrating time having to attend useless seminars with much of a beautiful weather outside but then also having nice evening at times socializing with my colleagues beside some moments of sadness particularly after baby seating my son and commuting back to my studio apartment where i have been working allot building which made me quite happy but also quite overworked and finally taking big walks alone or with my kid out in the surrounding nature increasing the energy level"

17\_029: "still in the city and unemployed taking my kid around for walks along the water or alone by the water stopping at the lake on my way to jacek and observing the clouds and detecting many aquatic things like birds and also dog and horses which correspond much to what i actually see"

09\_066: "i manage to check the news regularly even though i don't have an internet connection at home and have to do it in the office but nonetheless many are still the casualties in the syrian civil war and stillcar bombs in the middle east but also executions and chemical attacks and a bus accident killing forty in india"

14\_045: "quite much walking alone exploring the neighborhood in my now solitary weekends without my kid but also with him going back to my previous discoveries crossing the bridge to the opposite coasts and also walking with him still across the botanic garden still frozen lake and over a small mountain where i used to take him many years ago and through a cemetery and roads but then finally walking quite allot in berlin to because of a conference and rebelling to the idea of

seating walking a long way from the hostel to the house of culture and to the city but also through the nice tiergrten despite the harsh winter conditions"

16\_046: "very sunny weather with the snow starting to melt from the beginning and the temperature increasing again but then getting cold and snowy only for some days till the weather got sunny but the temperature did not really increase and it was very cold in berlin when i went for a conference and it was snowy and the wind was blowing through the clothes but finally also there the sun came"

18\_042: "with the increasing of the temperature and the approaching of the spring there has been much more wind experienced also quite allot in the city and in the forest where i have been taking many walks but then also very little wind as the temperature got down agin and much wind again in berlin where it was actually colder with a terrible cold wind probalbly coming in from russia"

05\_040: "a story written while on a nice week vacation with my kid alone going to bed with him and writing on this louse which as spread in his school but also bein affected by playing with the snow with my kid and his black little friend and a penitentiary i found walking on the other side of the river but much of the dandruff i also get in my hairs using an expensive shampoo at the gym at work which also might indicate a reawake ofmy libido now with the spring after a period os solitude and hibernation"

10\_070: "in cracow going to town to organize a small exhibitions and try to publish some of my work despite the harsh weather and also much walking to the suburbs to go to the dentist or helping jacek cousin teachin italian and confronting with the harsh reality of the soviet regime with all its ugly residential and industrial buildings and even the short nazi regime finding a totally desolated concentration camp by a very spiritual site with an ancient burial mound to then later in sweden find an amazing frozen landscape which i explore in several walks alone but also with august filming much on frozen lakes also during a walk alone which took me to another immigrant suburb"

10\_071: "in sweden still taking walks in the frozen landscape and filming as it was some sort of dutch landscape painting but less animated with fewer iceskaters venturing out and on top of it finding some nice new panormaic parts of stockholm with little august to later go to a conference in berlin and escape whenever i could to go our and film the city but ultimately falling in love with the tiergarden landscape and a strip of the city by the river which i often crossed on my way to the conference hall"

06\_026: "now running quite regularly in a step machine in the gym waiting for the ice to melt outside and getting a time a bit distracted by the music being playing at the readio or by the other

doctorate girl training and really not being able to go full speed as the machine starts moving around getting quite dangerous but at last finding the parking lot by my apartment almost without ice and making use of the nice weather to go run again feeling in fact quite fit aside from all the seating and standing which gets a bit painful for my knees"

08\_075: "picking of trash executed from the beginning in the city of stockholm with much snow also in copenhagen where i have been picking during a long pilgrimage to the mermaid despite again the wet and snow which has affected many of the collected stuff but then also walking from the airport to the city in bergamo without any cash and there finding a lot of trash dirty under the melted snow"

04\_036: "time spent in bigger cities like berlin finding it particularly clean with some traffic but a bit more suffocating being back in the southern suburb of stockholm with a still air and again the nearby truck factory and the highway but then also going back to my parents in northern italy and finding there even more polluted air with many cars and congestion around the old city center to finally going to visit my girlfriend in the netherlands and again find a rather clean air with moderate traffic outside of the pedestrian city center where anyway there are predominantly bikers"

08\_076: "trash collected on the sidewalk in bergamo italy with much immigrants and dirt towards the train station and then in krakow finding not so much trash and then having to pick it from the snow mostly towards the center consisting of flyers of not so good a quality even just photocopies and finally the more solid trash collected in sweden also in the sidewalk covered with snow"

08\_077: "still in sweden collecting trash mostly in the small immigrant suburb where i live and then in berlin for a conference picking despite again the snow and cold weather and the fact that it was hard to find time to walk alone or having to pick with other people around avoiding to lose dignity but anyway picking nonetheless particularly on a sunny day going to galleries with some south african girls"

15\_036: "feeling rather happy throughout this period of time being much engaged with social activities like a student conference in berlin where i also on the other hand started feeling rather upset about people in general but finally and most unexpectedly falling in love with myrthe in the very last day a few hours before my departure back to sweden and then being much engaged with her in our emotional affair and feeling rather hopeful for that with few moments of sadness and being most happy when being at my parents in italy although their mentality is rather oppressive but this looking forward the meeting of my love in the netherlands where we had a fantastic time and the happiness carried on until back in sweden i felt a bit sad but then got loaded again with

myrthe's e-mails and being with my son august"

09\_067: "checking the news while traveling much around europe or just at my office but again not in my studio apartment where there is no internet connection and thus be less well informed but anyhow reading about casualties once again in the middle east with dozen in syria but many in afghanistan and quite a lot still in muslim africa with also bus crashes around the world and a flood in argentina not to mention a less alarming spread of bird flu"

01\_111: "it took me sometime to get this photo panel accomplished due to the new computer i have bought and all the work i had to do to reconfigure my tools to the new system it operates but nonetheless it was not a too hard task and it somewhat characterizes my last few months in which i have invested a lot on new equipment particularly for the construction of my studio room making two independent living units out of my apartment and thus sharing for now my mantel with my african friend lamin and having him also to help me setting up the wall construction although he has been sawing directly on the wall and i had to later sand paper it and thus deciding to do things more by myself and with time also setting up the door frames with stucco and pausing my work to do actual work at the university and being with august to still enjoy the sunny winter and barbecue outside but finally going to a conference in berlin and using more buffet utensils and much my film camera to photograph new acquaintances and mostly film"

11\_071: "in our new apartment now getting used to the routine taking my kid to horse riding lessons and getting quite some ideas there but also at work much seated in my little office on my chair and working on the computer or in public toilettes but also quite sexually frustrated as well with my wife sort of ignoring me or ignoring each other also resulting in sexual ideas"

11\_072: "ideas got while in a quite melancholic moment of transition breaking up with liselott and going to a new life and a new apartment and taking many commuter trains which in a way characterizes this month production along with many aquatic birds and boats probably perceived in my new place close to the water"

16\_047: "still cold in berlin and later initially cold in stockholm too but very sunny weather till at least i went to italy and the weather there was cloudy and unusually cold but had nice days there too finally going out in tshirt and then going to the netherlands and also there finding beautiful enchanting spring weather to then go back to sweden and find minus degrees and cold till finally the spring set in bringing the first rain and the melting of the snow"

18\_043: "i have been exposed to the wind much being out but never really experienced any particularly strong wind despite initially in berlin and quite light otherwise in both italy and the netherlands and only lastly with the rising of the temperature being a little stronger in sweden"

14\_046: "walking not so intensively but mostly in already two occasions with the stroller first in italy with my nephew and my twin sister to the park and then with myrthe around utrecht and a bit more in the suburbs by the water and despite that walking in the city with first jacek going from the south part of town to the center where he lives or walking around the river through a castle but nothing really too long feeling still a bit of pain in my knee and getting special shoes for it back in italy where i have been walking in the fields around a small town while waiting for them"

02\_112: "a bit hard to write down my dreams with all the traveling around and writing in my journal on the computer later in the evening which certainly erases a bit of juice from my sunconscious but otherwise still manage to dream especially concerning my new relationship and maybe not really dreaming about myrthe yet but very related event with several making out events and things related to our experiences together but also with my parents and sister who i visit and her little kid anna and even beaver looking animals met on a walk"

07\_030: "still in stockholm unemployed walking around the suburban nature and getting much inspirations by the clouds seen many animals and natural figures but also robots and several times also roman soldiers"

01\_112: "a month of spring going much down with all my carpenting work and traveling for easter holiday to my family in italy there not doing much work but shop clothes with my mom and play much with my small nephew anna which i start really to like and then a weekend of love and total relaxtion with my beloved myrthe being much taken care of by her sweet hands to then start teaching to more than sixty students at the university and there using whiteboard markers but also much my metro card to commute to my son with who i have also played particularly in the science museum followed by another week with my girlfriend in the netherlands relaxing and lastly in new england where one weekend was spent pruning trees and cleaning up my greek friend and his boyfriend land down a creek in vermont aside for heavy filming in my old city of cambridge"

04\_037: "a pretty clean air month spent mostly in sweden with the bad weather keeping me and my friend davide mostly inside but then also very clean air in warmer netherlands with myrthe and much more polluted air in boston where i got to a conference and to take some time off ealking allot and thus being very exposed to the much traffic and gasses particularly when walking along the charles river mostly by conjestions of new cars"

09\_068: "still allot of minor killing in the middle east but also allot of media attention with a bombing in boston which only killed three but nonetheless took over all the news despite the hundreds dying for instance in bangladesh with a building collapse"

15\_037: "traveling to my love myrthe and feeling very happy with her and then also back home with davide my very old good friend coming to see me after years on the road in asia and giving me much inspiration and then traveling again to america but there getting melancholic revisiting the place i used to explore with my kid but then chatting of an on with myrthe and gaining more happiness and even managing to contact august via internet and talking to him as well"

16\_048: "initially in sweden with a very dreadful weather and quite cold but still at times some sunny days spent with davide after work playing in the park with august who took out his bike and later traveling over sea to new england in my old city of cambridge where this part was actualized and here finding an amazing weather like during a weekend in vermont with perfect blue sky and walking much around the city otherwise till the beginning of a conference with much colder but still nice weather and then again some heat to finally end up in new york city with rain and even thunder storms"

14\_047: "incredibly allot of walking first some bit in stockholm with davide but then all alone walking and re-exploring all directions of the great boston area starting from panagiotis' place in the middle of harvard and walking often down to my old mit campus in east cambridge and over to the places i used to explore with august as much as taking many of the walks i use to do with him also in new york walking over both brooklyn bridge and then in the evening with jason also down to manhattan and with jason also taking a nice walk in prospect park and alone aside from the usual broadway and despite the weather re-exploring central park through the wilderness feeling like a scotish exploring the highlands in search of the sound of a pipe"

18\_044: "allot of time spent out now with the coming of the spring and much more wind rising with th changing of temperatures in stockholm, admesterdam with myrthe and in boston where the long walking got me very exposed although the days of very strong wind were just a few particularly out on mount auburn cemetery from the top of the tower overlooking the boston area but also at my departure walking with the trolley to the subway and less so with the artificial wind created between the downtown blocks"

08\_078: "picking trash mostly in sweden with the snow melting but also shortly in the netherlands but not so systematically due to the fact that i was with myrthe and then more systematically in america walking the small towns surrounding boston"

08\_079: "once again walking around the places i used to explore when living in boston and finding many of the usual lottery and other trash often abundant in destituted areas where people try to change their luck but also many fliers once again in new york city around broadway despite the rain and some fliers inviting to streep teases but mostly musicals"

03\_057: "songs heard again while training and then also in berlin at the radio in the hostel while having breakfast and at home at my parents and some also for the first time in utrecht played with myrthe at her brother house not to mention that i have also started to be aware of these songs that i spontaneously sing almost in voluntary thus treating the subconscious as not me but someone else singing although this process of distantiation can be tricky"

10\_072: "in stockholm from the beginning filming around the little city of södertälje where i live and later going to my parents in italy filming around at parks and a bit in the city to then got to utrecht for the first time together with myrthe and filming on my way to her brother and in a beautiful day walking with her and her nephew to then make it back to stockholm and filming alone or with jacek or august mostly from the south of town from an elevated ridge from which the north of the city can be visible"

10\_073: "in stockholm and then filming also a bit in amsterdam and back in utrecht but moderately spending more romantic time with myrthe and later back to stockholm exploring a bit with davide before leaving for boston and filming quite a lot throughout the city exploring all the surroundings i used to explore as well as some new places"

06\_027: "running now a bit more often outside with the good weather and particularly after going to america and buying new running sneakers with special support for my left feet rolling a bit inward and a global positioning system watch which has finally allow me to run outside of confined perimeters and more wherever i want keeping a set distance and testing this in cambridge where this part of the project started along the charles river motivated by many other runners and continuing this practice in my stockholm suburb with the nice weather"

07\_052: "at my new work taking portraits of a few new colleagues but really not compromising my professional situation and keep a bit of a distance to them and thus as i would not friend them on a social media profile i also don't get in to photograph them but instead being out at a gallery event in the boheme part of town and meeting up with old friends and the danish artist working really hard on her animation piece and getting really moved of my compliments but also a special dark hair swedish who has been hiking with his australian wife down to odessa and doing very spiritual work in nature and then also a young and a bit naive london painter aside for my colleagues like my office mate roman from ukraine who is quite a nice fellow and a russian girl speaking italian and quite an athlete when it comes to cross country ski but even the lesbian maria who is a empowered feminist and dresses with all very femelish stuff for sure getting a like of it but also getting a like in being totally open minded and telling me of all her masturbation time thinking of her professors and in the same lines the austrian based italian artist valerio who got a

projection of a slick comedy on his naked ass and revealed himself later to me to be homosexual this along with a super boring and naive and plain swedish curator who i will meet even later without recognizing him"

03\_058: "songs heard still in the university gym but then very much traveling around again in myrthe's place in utrecht and as well as listening to my subconscious spontaneous arising of songs although once again that caused me much distress and i am now limiting to treat also the subconscious as other"

17\_031: "still unemployed living between the countryside and the suburbs of stockholm observing the clouds and again detaching horses and fishes but also this time angels and naked females as well as birds and dinosaurs even a few shooting guns and tanks"

10\_074: "shooting quite much around boston and mostly in new york avoiding a bit the actual city and at last ending mostly in central park finding quite a nice environment there with gothic like landscapes and eventually walking also with jason but not really filming much in places i have already explored particularly brooklin with my son with whom i took a nice walk with myrthe on his first visit here taking shots of nice sceneraies on the ridge in the south part of stockholm and then in the suburbs yet still being quite modest not to interrupt the flow with others"

04\_038: "starting the period in america with a quite nice air in a much colder boston but then going down to jason in brooklin and ending up in the much polluted southern part of manhattan with much traffic and finally escaping to central park and prospect park to catch some cleaner air and later going back to cambridge and much cleaner sweden experiencing pollution only at major crossings"

01\_113: "a day started in the states doing some domestic work at panagiotis apartment in cambridge like cooking and laundry but mostly being on the road and in fact being quite homey in jason's apartment in brooklin to then go back to sweden and doing much cleaning work in the house before myrthe's first visit to stockholm and really almost not photographing and doing barely nothing to photograph with her august around but just taking a sort of a sabbath and enjoying our love together to then teach a few classes with allot of electronic stuff show to three groups of students and regaining my active mood with drawings but also much cleaning in liselott apartment before coming to visit myrthe again in utrecht and taking it super easy after a period of stress"

15\_038: "a quite happy period first in the states and then with my students and myrthe coming over spending a beautiful first weekend together with august here in stockholm and be most happy but then feeling rather down in the following week getting quite oppressed with work and

actually very totally stressed but luckily going soon back to meet myrth in utrecht and there feeling very relaxed"

02\_113: "a period of much traveling and not so much dreaming with all the temporary staying in america and the jetlag and quite a bit of stress finally getting far more relaxed back home with myrthe coming to visit me and particularly me going to visit her and having most beautiful dreams but particularly very erotic ones with her after making up all the sleeping and letting go to all the stress around us concentrating on the two of us and making much love and just falling asleep right after also dreaming while with august but then watching involuntary a movie that turned out to be a horror stuff which caused much disturbance and wehad to interrupt"

16\_049: "most uncertain weather now coming back from the states and being in europe with few days of not so severe rain both in sweden and the netherlands and generally a rather coldish and unstable sunny weather with often nice beginnings and cloudy ends experiencing also a bit of the first storms due to the high current which has at last brought a bit of summer feeling"

18\_045: "a restless wind with the changing of the season at times getting really powerful likein my day of departure from cambridge and then being back in sweden spending quite much time outside like during myrthe first visit there kissing on the heading rock of a small island and then also being in utrecht with her and at times experiencing almost no wind but mostly always some wind even though generally not so powerful"

09\_069: "news read a bit scatered while travleing but mostly concerned with a bit of a phobia on factory fires and collapse like the one in bangladesh and china killing hundreds this aside for the on-going turbulence in islamic countries"

14\_048: "a huge amount of walking first much around stockholm with myrthe coming here for the first time and meeting august but also with a group of international students which i took around the old city and beyond around the big royal island taking also august and then also being in utrecht walking much with myrthe and even in amsterdam south also walking much in the middle of the summer night with the nordic light to get the train to the airport"

12\_042: "still quite scattered recording with much social happenings but managing at times to be alone particularly at a conference in berlin walking lonely in tiergarten or back at night but then also recording while walking to take the bus to the airport in the middle of the summer night to reach my dutch girlfriend myrthe who gave me some positivity which was later poisoned but much disatisfactions due to my teaching at work with some students cutting me off because of open mindness and consequently losing the possibility to teach and giving me quite some thoughts which i recorded also walking back and forth picking my kid and deciding again to become stoic and

spend little money to stay autonomous as much as i can"

10\_075: "walking and thus filming around the city in my neighborhood with my son but then also much walking in the netherlands and spain with myrthe with who i have walked very much and this time had very little refrain to film allot thus creating a nice account of our explorations through utrecht, south amsterdam, madrid and toledo, all around places with a certain historical interest and very appealing aside for the camera which is a bit too heavy and has a tendency of going out of focus"

13\_030: "very scattered painting after hanging the canvas with a new system blocked by screws perpendicularly on my equipment shelf finishing my painting with my kid asleep and me also experimenting by rotating the canvas in order to do the finishing in various curves i cannot reach otherwise and having the painting rather simplified"

04\_039: "for some time in madrid with myrthe doing much walking around the city and at times getting a bit of pollution particularly crossing the big roads of the spanish capitol but then back in sweden breathing clener air despite the factory polution in my neighborhood coming towards my apartment or the city according to the wind while walking with my kid but also experiencing very clean air with a long bus strike going all under my room now that i am sleeping where lamin used to sleep"

15\_039: "feeling great around myrthe and with parents reunited in madrid but then leaving again for sweden and being less happy despite some nice days spent with august and then jacek till finally being left alone for midsummer having also kicked lamin out and being most miserable also being the time away from my myrthe too long and having troubles to communicate with her till at last i made her to her place recovering my good mood even though jason came from an exhibition in paris and i started feeling poisoned about all the political trend in art excluding works like mine"

17\_032: "clouds seen in the park between august's school and our apartment in the little zoo park with chickens and sheeps certainly affecting my immagination but also quite many recurrent images of devils"

16\_050: "very cold beginning of the summer despite being for a time in madrid leaving a rather warm utrecht but then going back to a fairly rainy and cold and much unstable stockholm where at last the weather got a bit nicer and august was able even to swim for a short time but then going to holland and there finding cold and rainy weather getting better only towards the end"

18\_046: "being quite much out and experiencing the wind in spain while walking the many small inner roads of madrid and toledo with myrthe but then also back in sweden particularly in a day with august walking across the all town and in the royal hunting reserve to then experience far less

the wind anyhow never too strong going to stay with myrthe in the netherlands despite a one afternoon walking alone into utrecht's suburbs"

01\_114: "a month of alternated intense work and relaxation going with myrthe to madrid and doing alot of walking and filming and then being back in sweden doing almost no activity while attending the department's conference yet slowly and later being with august in my apartment and kicking lamin how to have a period together just with my kid while fixing the floors lamin has scratched and fixing the bed so that i can sleep there with both august and myrthe when she comes to visit in the future after which i spent some time with jacek also walking and playing some tennis to then later work really hard again on the apartment and finally went over to myrthe in utrecht mostly being in her room working on my laptop with jason who came to network here and waiting for the bad weather to stop"

14\_049: "walking alot despite the coldish beginning of the summer and throughouly exploring the city of madrid and toledo with my love myrthe but also with some of my relatives like my step sister giulia and my parents to then be back in stockholm for two weeks and again walking with august quite alot particularly for saving the money of the commuter thus walking from distant stations to his mother's house but also together to the city covering many kilometers from one side to the other of the swedish capital and even in my suburbs walking together to a beach i found in the nature is left of the big harbour to then be with myrthe in the netherlands and do small walks also with my american old friend jason but particularly one alone along the river out in the suburbs of utrecht and then together again with myrthe in her native city of breda walking from her mother place to the empty city center and around and even with her mother who like walking and the families of her two brothers in a forest nearby where they grew up"

07\_053: "living in stockholm and meeting people mostly in sweden like a gipsy man who took over our uppsala apartment on whom i had to check becoming his friend and talking about religion despite him being an ex boxer and a colleague at his dissertation party with a friend working for a union and very enthusiastic about my project but also a thai girl i met a jacek's birthday working with design and a very talkative man working in a church and very fond of italy with a very shy organist training on top in a very central church in stockholm where i also met a black guy from western africa who has left italy to look for jobs here and i invited him to eat an hamburger and later tried to help find a job as a sailor but without success"

09\_070: "aside for the usual bombs in the middle east several where the clashes and arrest in other muslim countries such as egypt but particularly north west china with the rebelling muslim minority there and some casualties in a forest fire in the states all news read rather regularly from

the internet at myrthe's place but not really at my place in stockholm where i still am in the process to get connected"

10\_076: "filming mostly in sweden walking around with my son and alone both in stockholm and in my suburb till finally ending up in the netherlands once again and filming there mostly in the city of utrecht but also in breda where myrthe grew up and there for the first time filming the dutch nature while going out with her family"

10\_077: "beginning to film now for the first time with myrthe in the city of antwerp while also filming myself filming and later back in utrecht also going on bike rides along the canal through small very nice villages and leaving later for england finding a most nice weather and beautiful landscape walking east and west of the university of warwick filming all through out small and middle size and big city like kenilworth and the much bombed coventry and ultimately birmingham really enjoying the modern public spaces there"

02\_114: "still quite on the road and thus also have not so many dreams but with moments of high density like being home in sweden with my kid affected by my african roommate lamin who i have just kicked out but also resting very much with my girlfriend myrthe both in spain where i also met my italian family again and started dreaming about them but mostly in holland where i also had a few sexual dreams even one where i came and starting to have a few dreams about biking after biking again in the dutch countryside but mostly walking after long walks accomplished in england through the countryside where few animals has affected me too but above all the colleagues and the giving lectures which has badly affected me after the bad evaluations i got from the students"

09\_071: "news mostly collected in utrecht using my girlfriend's wireless connection but also during a summer school in coventry england and at the airport reading the news from the papers but even on the night news in the terminal monitors finding out of a big deadly flood in india and using my mother's mobile phone at last at the sea side in northern italy reading more of the bomb attacks in iraq but mostly overall finding allot of deadly accidents in more civilized countries like a big train crash in canada and an airplane crash in america all causing very little casualties however"

04\_040: "quite clean air living with myrthe in tranquile utrecht and then going to birmingham and staying in the warwick university campus and breathing frash air rather than when walking into the city of coventry breathing the early morning traffic and then much breathed at airports spending the night in stockholm and smelling the airplane pollution while waiting for august and then again going to pick myrthe from the italian seaside that has very clean air to the airport through allot of traffic with trucks and jams"

15\_040: "a quite unstable period having to reasset continuously to different realities feeling rather

down probably based on the distance from my kid maybe emotionally accentuated by allot of love making with my love myrthe but mostly feeling rather depressed by academia having attended a conference in england with too much politics and having to regain my integrity by walking allot in the beautiful countryside finding back my soul and so also with myrthe having idillic bike ride in the woods and gaining much happiness and finally again feeling quite down when adjusting with my parents in the italian seaside but then getting happy again with myrthe and august on my side finding nice things to do in a wild beach like fishing crabs and building shelter despite the bad reactions of liselott since i did not manage to provide her a regular update on august due to the scarcity of internet connection"

14\_050: "in the nethralnds strolling with myrthe around utrecht but also visiting the city of antwerp and doing quite some walking with her there to then go to england and feeling like escaping the conference sedentary environment going for a major walk very early morning managing to reach the city of coventry from the warwick campus and later walking in an afternoon through the magnificent english landscape and forest reaching the side of the precious town of kingsworth till finally spending a short weekend with myrthe and her relative taking minor walks in the countryside after major bike rides and walking again with august and her in the sea side of lignano through the modern tourist center and much on the beach even at night with the full moon"

16\_051: "still a bit of cold weather also in belgium during and the netherlands but then going to england and finding a most amazing weather with the exception of only one day and also finding nice weather in the netherlands and a most amazing summer at the sea side in italy with much threat of thunder storms from the weather forecast but never experiencing one if not from the distance and at last not having to worry about the bad weather like in the previous summers in sweden"

18\_047: "experiencing very little strong wind but being out quite allot and in fact getting allot of wind variations but never so intense if not for a time waiting outside the airport but otherwise walking through the english ondulated landscape and experiencing light breeze and then no breeze below the small hills and really little wind experienced while at the italian seaside in lignano"

05\_042: "a fable with a water snake certainly inspired by the time with august on the swedish beach from which the story evolves to then get completely on the desert most likely influenced by all the middle east conflict with some sexual spice into it probably now added from my relationship with myrthe and all the love we make and much of a biblical middle point event going

through the most relevant world religions throughout the fable"

03\_059: "still attempting to also keep track of the songs spontaneously coming to my head but then let go to this treacky and disturbing attempt and goign back to exclusively registering the songs heard from the einvoroment particularly while in the states at supermarkets mostly and then back in sweden at the university gym but also with little august and myrthe around for some weekends here but also visiting the latter in utrecht and hearing again songs from her and the environment like restaurants and supermarkets"

07\_054: "again traveling to russia this time by boat and landing in saint petersurg for the first time and like a gogol character or turgenev wondering the city rather than the country and meeting a bit of characters like a guy selling hats and a too soft canadian couple to then go back to sweden and meet at last two really cool young swedes to which i sold my office chair as i have been in the phase of divorcing from my wife and needed money and really discovering how cool certain peple in sweden can also be like a guy making digital art and another who has lived as a street musicians but both ending up doing standard jobs and so also meeting a more pretentious greek swedish artist but kind of experienced with some new york living in the background and some theory to distinguish him from the standard educated swedish artists like an old woman i met at a far away opening who is up to cheramic making and really had a bad breath till at last meeting the colombian cousin of ivan at a small party"

03\_060: "very much in utrecht in the attic of my girlfriend myrthe listening a bit to her favorite songs like an american little known band but also hearing quite much the music played out in the city like for instance by the big belfry of the cathedral that started paying for more than an hour pop italian songs or on the streets from choirs and old music machines but also music heard on a trip with myrthe to madrid"

08\_080: "still some trash picked in the states and particularly during my time in new york with much flyers got around time square and broadway despite the rain but at last also starting to pick trash in the netherlands with the complicity of myrthe who actually became my carrier during our urban explorations and i place the picked trash on a side pocket of her backpack"

08\_081: "trash picked with myrthe on our trip to madrid and also in the city of toledo to then pick trash while walking with jacek in stockholm who also was photographing trash on our way to the midsummer celebration in town and later again in the netherlands picking more trash walking both alone and with myrthe and jason finding several nice stickers"

08\_082: "with myrthe once again back in the netherlands now picking trash also on our trip to antwerp where much coffee and bar related things were found on the large sidewalks and also

back in utrecht some arabic and fruit vendor related trash on the road to her brother where alot of muslims live"

08\_082: "in the netherlands again picking trash from the street during short walks with myrthe but then also leaving for a summer school in norther england and walking quite allot from the campus finding quite much trash in the destitued neighborhoods surrounding the city of coventry and finally picking trash in admsterdam mostly around the train station while walking with lovely myrthe"

01\_115: "a month started in the netherlands where i have worked hard on my Website making the entire archive available on the internet but also now got quite into cooking at myrth's place and doing the dishes or having to spray deodorant or turning on a parfume candle when using the bathroom we share with her roommate but beside also traveling with myrthe doing quite a few biking excursions and picnics with filming with cameras and typing ideas on my phone and one day even feeding her little nephew as i used to do with august to then later attend a sumer school in england and don't much then seating and listening but still trying to work o my Website and wake up really early to do some filming about my documentation methods while exploring the surrounding and using several utensils for the buffet at breakfast and in the evening to then go back shortly to utrecht and pickup august in sweden to go at the lignano sea side in north east italy where i started using heavely sun lotions and after sun and shampoos and had many keys to use to open both my place and my mother's place and cellar and still doing some filming and picnicing on the beach as myrthe also came over and the usual beach related activities with children toys and my little nephew anna with whom i dug holes together with august being however a bit afraid of the water for my camera and at last turning back home and resuming the work on my apartment with the dividing wall now that myrthe is soon to come over i might get a new roommate for some time to help jacek"

06\_028: "running done now with a global positioning system wat5ch i got in the states this to avoid sunning always in a circle as i used to but try to run out and see the distance to then memorize the time based on that and with this running along the river charles in cambridge with allot of other runners and a nice temperature and also back home doing even over eighteen laps than the usual twelve i do each time but then going on holiday first to myrthe in holland and then to the beach and not really running there but doing other physical exercises and really started running once back in my stockholm suburb apartment and this time switching to my previous watch to run in a circle instead and don't get all the magnetic field of the previous watch which also took me to unregular ground to compare the laps but having to buy a new cheap

chronometer watch after damaging the former with the rain and nonetheless doing good results and having no knee problems now that i am also enforcing my leg muscles with biking"

09\_072: "aside again for the many dying in muslims countries both in the troubled post revolution middle east and africa again the curse of derailing train like in spain which i read about on my parents newspaper not really having any good internet connection and having to go down to the beach on a site with free wireless to update myself other than that at last reading all the news from my very apartment which finally got a wireless connection since it was already included in the rent"

11\_073: "still quite sexually frustrated and getting a few more ideas in that rewspect but then transiting to a new life alone and this time feeling much boredom having to seat at seminars and doing much readings for my doctorate studies and reducing my ideas this way other than in the evning at supermarkets or going out using much of the commuter train and also finally some boat riding across the baltic with some ideas got there in the different post soviet cities"

11\_074: "being now completely independent and separated from my wife but still having to trouble doing courses and readings for the university getting a bit dry with my immagination until traveling first to danmark for a small conference getting ideas around the city and then in italy where an avalanche accident has somewhat affected me"

11\_075: "flying back and forth in europe with many ideas around planes and finally in cracow with quite some pollution in the air and all the life i experienced taking trams and wondering around getting ideas looking at monks and also while being at the dentist to then go back to sweden commuting back and forth through the city and getting a bit of ideas in the metro"

04\_041: "rather clean air back in sweden with always buses and small traffic in front of my apartment whose windows are open because of the summer and also due to the much rennovation work I did using paint and other a bit chemical smelly stuff and much traffic at time encountered in the stockholm city center which is completely under rennovation till at last getting to italy and inhaling a bit of the airport pollution but mostly in my native village of asiago getting quite congested due to the ferragosto holiday week and being myself with august and myrthe quite exposed to it driving with my mother's car otherwise breathing the super clean mountain air having to go quite high"

15\_041: "feeling not really at my best going to the sea side in italy with my kid and being quite down in mood from the beginning but then recovering very well also with myrthe and have a nice time all together to then move back to sweden and just getting myself really busy in the peak of the summer and having myrthe home spending some pleasent moments despite the rain catching

up with our moods and having to readjust again going to my native village in the alps with august surprisingly negative about all the walks feeling a bit disappointed that i could not give the best of my natural heritage both to him my son and myrthe my girlfriend with whom i might have had expectations to spend more time here in the future but finally also here readjusting quite well after a beautiful day rollerblading all the family in the beautiful valley along the brenta river and experience catharsis in the night of ferragosto dancing with both myrthe and august in a mountain town square before departing again from my love and my mountains"

09\_073: "news read well from the beginning with my new internet connection at home but then traveling to italy and having to read the news more in newspaper and whenever i got the chance to have an internet access through my mother's phone reading then about the many dead in the egyptian uprising and hearing about it on the radio while driving back from the airport where i left myrthe and then also on the plane with internet connection reading about the people dead in many water connected accidents such as floods and boat sinking"

16\_052: "a very nice swedish summer coming back from the italian sea side reaching the pick of the heat but anyway not really enjoying it being mostly at home doing carpenter work to receive at last myrthe in my apartment but then having a most dreadful raining weather and no possibility to bike together at last going back to the italian alps but finding also there the temperature a bit colder but nonetheless quite fresh and nice on the sunny mountain tops and actually only experiencing one single day of rain in which we took a walk with august in the clouds and then finding the sky most clear and the further dolomites very visible"

18\_048: "a bit more wind now back in scandinavia but still not much experienced as much time was spent doing carpentry work at home and seeing most the wind of the window on the trees outside and also biking and being able to annotate the wind on the mobile with one hand till finally going to the italian alps and experiencing little wind changes varying on one and another side of the peaks yet still not feeling much wind until my return to sweden"

14\_051: "not walking so much from the beginning after being at the italian sea side in the modern town of lignano with my kid and just keeping this time back in the stockholm suburbs renovating but then having myrthe as a guest and doing quite some walking both in the countryside with the car after picking her up at the airport and here in södertälje but also around stockholm with jacek and brett and then alone around the island of djursholm and back to their place to then continue our walks also with august in my native mountains climbing several places and walking also from my parents' place down to my native town of asiago despite my son being often a bit demotivated but at last going to the natural labyrinth of the castelloni and finding him most revived going up

without a break"

12\_043: "recordings did the times i could really be alone such as walking from august's apartment to the main station wanting to save money for the train ticket or particularly during a conference in england escaping when i could to explore the countryside and walk many miles reacting on the intellectual boredom and vanity of the conference and attempting to enforce myself through my own discipline and at last after long periods spent with my son august and my girlfriend myrthe mostly on holiday in italy being finally left alone in sweden and biking to some natural reserves where i could walk alone and pour out my thoughts again in relation to my situation conducting my own autonomous practice within a highly politicized and socialized academic environment"

02\_115: "it took me some time to compile this page of dreams traveling as i have been throughout the summer to many a places and we circumstances that had to adjust in my subconscious like my girlfriend who is coming more present and her country the netherlands together with the recurrent dreams about being at a campus or at a conference particularly with curators which in fact i did in england and even all the biking experiences i resumed this summer which affected some of my dreams at least in terms of places i have visited also now being in italy with my son to the beach and later to the mountains with my relatives which have gotten back together with some sexual dreams towards the end mostly with ugly girls on the screen even handicap which i have seen on the internet and kissing a girl who is taking more the shape of my girlfriend"

03\_061: "allot of music being heard at first with myrthe and even jason who was staying also in her attic in utrecht listening much to hip hop stuff "and even a band from south africa singing hard core stuff and despite this also much hearing myrthe singing the ilove you baby song to me and making up a whole new song herself to tell me how much she loved me and singing with her also biking me learning a dutch love song from an italian singer and her learning an italian old song about the sea side which kept recurring alos when we got on holiday there with august and got allot of songs hear around the italian sea resort like at the play grounds with songs belonging both to my childhood but even to my youth"

10\_078: "filming started in the city of utrecht where i have been with myrthe mostly working inside but taking bike excursions out with his brother's family and mother or by ourself to a distant small village selling pancakes and then going with august and later also myrthe to the italian sea side of lignano and seating much on the beach particularly on a wild beach by the river where we built a shelter and from there also exploring the night life but then moving again to sweden and doing small excursions out till myrte also came and we visited a bit of the country close to hear and the city to finally end up in my native highland in the alps and documenting much there the

beautiful scenarios of the surrounding"

17\_034: "quite many monkeys and elephants together with a few aquatic animals probably caused by my going to the lake and observing the clouds there but several also the chickens and particularly many the men laying"

01\_116: "a month passed working at first really hard at the apartment's wall and at last finally finishing the wall within the apartment and also investing quite allot of the tax money i got back to fix some used bikes but not really succeeding in time for when myrthe came to visit me stopping there my carpenter work and leaving with her and august to italy where we mostly took walks in which i have been taking allot of videos but also pictures with for my essays and from eating mostly outside with my parents but also cooking at home for francesco and his family playing also cards together and taking my parent's dog asia also out for a walk to then make it hom in sweden and really trying to work hard on my art work and on my thesis scanning pages of annotation and also fixing the internet cable to my archive through the walls and at last going back to the netherlands and with myrthe staying at her brother's place in maastricht visiting the beautiful city taking allo of videos and pictures"

07\_055: "still in stockholm now separeting from my wife and meeting people at my colombian student's ivan's party like his colombian cousins a bit stiff and all into normal jobs and family but also some swedish girls friends of him quite calm and also into nursing old people but not the less cute one who was into psychology and photographing ivan's girlfriend who is a singer and quite in love with him despite his careless for relationships and my turkish department technician at the univeristy who has been in charged to make a portrait of me for my job profile and a thai girl working at a thai shop where i go to buy the only tofu in town till at last photographing a swedish adopted pakistani man who sold me his son bed which i got with a truck for lamin at the time there was allot of snow and i was really moving out of my wife's apartment"

04\_042: "in stockholm mostly breathing the air of the truck factory with the wind blowing towards my apartment having the windows open still because of the heat and also the busses driving in the road below and generally all the traffic found going by bike but mostly being in the city center or traveling to myrthe in the netherlands and breathing the airplane fuel prior taking off to get much nicer air in maastricht and during our bike rides in belgium"

15\_042: "a very emotionally stable period spent mostly in sweden and really helped by the late summer sunny weather and by allot of biking alone but also in the weekend reaching very high feelings of well being particularly during a bike ride with myrthe in belgium and another with august and åsmund all of them promoted by the easiness of the late summer with little frustration

mostly due to technical difficulties like setting up my own server"

16\_053: "a surprise continuations of a summer which on the other hand had a late start and enjoying the nice weather both in my suburb biking quite often and in the netherlands exploring the very south biking there with myrthe also in belgium to then find a rather freezing day back in utrecht wearing my norwegian sweater and again very sunny in sweden despite a day of rain spent helping the finnish filmmaker friend mervi on her Website being also at the university off and on and seating out for lunch with all the swedish people almost not bearing the unusual heat and later enjoying the weather with my little august by the water and biking with my old colleague åsmund"

18\_049: "allot outdoor yet not so much wind perceived or at least not so powerful changes other than going by bike allot and feeling it this way mostly by changing location and moving from a place with no wind to a place with a bit of wind but nothing really remarkable bot in the netherlands and in sweden where i mostly been"

10\_079: "filming started out up in my native alps while hiking with august and myrthe but also while rollerblading in the beautiful valsugana valley below and then again a bit of video taking while in a natural labyrinth with augustalso then taking care about filming the whole experience and moving back to sweden discovering by bike many beautiful landscaes and filming then and also filming quite much in utrecht visiting myrthe but particularly while exploring the gorgeous city of maastricht with her starting from her brother house in the country and then hiting the medioeval walls and the ancient city center"

14\_052: "allot of motion with the good weather but often by bike both here in the stockholm suburbs and in maastricht where i took a nice walk with myrthe all around the city but then also biked into belgium and took several small walks in the various places we were reaching and the same here biking around the area and then exploring on foot mostly forests often quite inpractibale due to the damages of last year storm and walking also with august to the metro station from his place in the north of town and through the downtown but also with jacek and brett up a small mountain and in a natural reserve on the east of stockholm beside taking walks by myself in utrecht while myrthe was working"

09\_074: "news gathered mostly from the internet from my swedish apartment and also on my laptop walking up in the morning at august's place once and at myrthe's place reading news about still thepost-revolution arrest in egypt making a few deaths but mostly the nerve gas attack in syria which almost caused an new international conflict and again one more bus crash killing many this time in guatemala"

02\_116: "a proliferation of dreams now that i am not traveling and i have been very steady both in my swedish apartment and lately even in utrecht with possibly also a light sleep due to my back pains which has facilitated remembering of dreams that have been often reminiscences of my time in italy both at the sea side and on the mountains with many ones concerning both my girlfriend and son but also his mother and professors at the university with a few dreams also related to being going fast and being unable to move or being taken by a woman i don't like"

05\_043: "a fable written at last after a summer of moving around and not really being able to write fables with all the evening spent on holiday where however i have been observing many animals and still quite being impressed by the gull also by looking at a documentary with my son of a little sort from iceland and writing a fable where again the animal goes through a metamorphosis and at last restore all humans to eden but then turn all angels into evils and in this respect keep changing the courses of what would be otherwise immutable like the heavens"

17\_035: "cannot quite locate when and where i recorded these clouds since the file belonging to this month i realized to be containing all previous clouds that i have detected while living in the states and not as i thought in sweden but anyway almost on my way there so possibly while traveling to visit my biological father in montreal and around the ontario lake despite the days of perfect sun but also traveling with jacek in new england to vermont and maine detecting alot of newly born kids and a few naked women in sexual poses but even many exotic animals like cammels and sea horses with a final cloud of a boy playing videogame with a dinosaur head probably unconsciously connected to my son"

10\_080: "filming taking place from beginning in belgium finding the landscape quite brutal biking in a small vley but then really enjoying the strolling on the hills with my myrthe and filming that landscape to then shortly do some filming in the beautiful maastricht prior returning to sweden finding there an amazing weather and taking long bike rides to remote landscapes and even all the way to the university to also stay with august in the weekend at my place and go to our favorite beach by the water returning later to utrecht for a whole week spent mostly writing but also having possibilities to explore still the ancient charming city despite the rain and a sunny weekend with myrthe in amsterdam prior returning to sweden and getting into more biking explorations also with my old norwegian colleague åsmund going up a hill up stream and filming the amazing sunny landscape from there"

01\_117: "a month spent at home getting my head back into reading theoretical texts and recompiling them with pictures from my project so quite alot of time spent initially in this operation but also alot of biking after biking quite much with myrthe in the netherlands with

related activities including trying to fix a bike for august and resolving to steal an half broken one in front of the station repainting and changing the wheels to then go out both biking but mostly walking due to a little inflammation on my right foot to our favorite beach to light fires and barbequeing till at last meeting my supervisor at the university and getting hard in writings while staying with myrthe in her utrecht attic and doing little home improvements in my studio room like adding extra shelves and fixing a place where to do my paintings which i have finally resumed to at last doing allot of explorations with allot of picture taking and other parts of my documentation during a long weekend in berlin with myrthe and alone"

09\_075: "news read while in my studio but also in myrthe's utrecht attic and in the bedroom we had for some time in the berlin suburb always using my computer and reading much about still many deaths in the middle east but also quite some deadly turbulances in the center of africa and most strikingly an muslim attack to a mall in kenya but also natural calamities particularly in southern unitesd states and mexico"

12\_044: "quite many recordings of thoughts now after a rather long period having no possibility to walk alone and being really thoughtless but this time i had several possibilities to record going out with my bike and finally be able to reach nature from my industrialized suburb but also walking through it in the middle of the night and recording on my way to myrthe with and also while walking by lakes coming back from my son's apartment and feeling a big need to breath the autumn air and think about my situation at the university whether i should seek for more autonomy which has been also the issue of my walks while in berlin going early morning to check a spy tower station or walking at sunset in the orangerie of potsdam"

04\_043: "quite some clean air breath particularly while keeping in the utrecht attic writing but then always experiencing the bad air from the nearby factory while in my swedish apartment particularly with the nice weather walking with august on the other side of the bridge to our secret beach or going for a run until with myrthe again we spent along weekend in berlin finding little traffic but during an excursion i took to potsdam experiencing there a bit of a rush hour"

03\_062: "music heard while first with my son at the italian sea side taking him to small amusement parks and reviving some songs belonging to my youth but also songs to celebrate my birthday and later spending a period in sweden alone almost hearing no songs until myrthe's arrival and listening to her singing to me love songs and then traveling with her and august to my native mountains listening songs there from a traditional choir but also a cd with music in my mom's car while driving up a mountain covered in fog"

06\_029: "running not so much with the summer trips and much more activities taken noneteless

feeling healthy particularly after being down south at the sea side and also getting a bike thus training my leg muscles and attempting to record my speed biking but at last having an inflammation of my plantar fascis on my right foot and quitting all together but at last trying also to do running in the netherlands and only being able to resume it after much walking and outdoor in germany making me feel very healthy again"

15\_043: "a quite complicated period having to accept many new things like myrthe's social life and my supervisor imposing me a cannon and restricting my entire research plan which has generated allot of distress but nonetheless having great days with myrthe again feeling happy about writing at her attic before meeting the supervisor and also after during our trip to berlin but also being most happy trying to be very independent and taking amazing walks in the berlin outskirts which gave allot of energies till again getting my mood down in the sedentary university environment undecided whether to fight or let go to their impositions but getting at last to start the negotiations and also getting a hard time with august being most rebellious and unwilling to spend time with me"

16\_054: "still a nice autumn here in sweden but then experiencing the first rains particularly in the netherlands where i anyway had to write and finding again quite a nice weather back in sweden also being with august out by the water with no shirt enjoying the sun and latter also in berlin with myrthe finding a very nice weather but quite cold evenings like taking her to the station in the middle of the night and having to walk allot at sun rise to fully warm up and finally coming back to sweden with the weather also quite rainy but even some periods of sun which allowed me to be out running"

18\_050: "at last the autumn wind makes itself being felt particularly to begin with in the netherlands while being with myrthe like walking with his father and brother to check monuments around the city but also in sweden even just being shortly out from the university waiting for the commuter train but then also experiencing days of little wind but also days of much exposure being in berlin and getting morte of the artificial wind of the modern suburbs in which we were staying or just walking up and down the hills on the outskirt and finally in potsdam feeling the wind off and on because of the buildings"

14\_053: "allot of walking with the good weather biking to places and taking small walks like in a weekend with august and my old norwegian colleague åsmund but then being quite blocked due to again an inflammation of my plantar fasci on my right foot and finding slowly a way to walk again by taping up my foot to support walking and talking rather extensive walks with myrthe in utrecht and admsterdam to then also walk allot myself from nyköping to the airport and in berlin

with myrthe again from the south to the north of the city but also all alone to the american spy tower station in and across the woods to some rich neighborhood and then again in tiergarten like this past winter but also taking a quite large walk in potsdam feeling really good and free ofroaming from dusk todawn trying to recover my sanity after all thebrain washing i get from work"

11\_076: "back in cold but sunny sweden after poland and now slowly setting my head back into academia and two theory courses drying up my imagination but really working hard to get inspirations and ideas during my lonely weekends and with august getting ideas of winterish things but also related to the univeristy environment like the gipsy playing saxophone outside or from the boxing training in the gym and the coomuting with the train"

11\_077: "now really with my head in academia starting to affect my imagination as well with ideas relating to lectures and writing but also again ideas got from my lonely weekend walks in the nature lighting fires and being with my little son eating asian and getting there some ideas or again while waiting for the commuter train"

07\_056: "buying my new apartment from the son of a dead hungarian man who seemed rather open minded and with a good view on politics and photographing after the signing of the contract at his father apartment taking me there with his old car and recalling his father who died of heart conditions after a life of smoking and soon after regretting having accepted a roommate which i only got because i did not wish to be alone and end up filled with vices like my father but then getting a phone call from lamin who got living here immediately after leaving his auntie who had been adopting him from the gambia and soon be most generous with him but then realizing his exploiting nature both with the state and with me to then later taking him to a party of south americans in stockholm and meeting a very wierd argentinian dj who was however together with a brilliant swedish girl from the north unusually intelligent possibly also due to her long staying in south america and later going to copenhagen and being most tired of a student conference i have attended but nonetheless meeting a very brilliant danish girl doing interesting empirical work with students and going out with my old student maria and her colombian boyfriend who introduced me to a great german italian climber making money in danmark as a welder and then going in colombia to build an hostel for climbers down a peack and meeting other colombians and an malta born english guy while eating at a resturant in the hippy neighborhood in copenhagen"

09\_076: "News read mostly from my home computer looking at the yahoo world news website which starts to be more and more crowded with commercials and there finding out about allot of sinking particularly tragic ones with african immigrants trying to reach italy and a few airplane

crashes in asia killing dozens as well but also deadly stampades in india and the usual bomb attacks in iraq with very little said about the death still caused by the arab spring uprising and the atrocities in congo"

02\_117: "a very dream prolific month with a trip to berlin where my fear for punks and performers got me again after many years to rexplore the causes of my dreams and give an interpretation with photographic material about what daily event has affected those dreams i find more meaningful to explain and also keeping small general notes about the most emblematic characteristics of the month production noting how i dreamt quite recurrently about small kids such as my sister's small daughter and my girlfriend's small nephew also being affecte now by allot of videoconferencing with my parents and the latter but also dreaming much with my old son walking and reharsing our weekend walks to forests and museums but also being on a bike unable to stop and the autumn landscape that comes with it particularly the lakes where is too cold now to swim but still dreaming about swimming there hugging my girlfriend as we would make love"

18\_036: "clouds edited a bit on the move from both my stationary computer and my laptop while being in my apartment with both myrthe and august working in the kitchen not to wake up the latter and at my parents but still not quite clear about the period when the actual clouds where analyzed but most likely belonging to time I got back to sweden from the states detecting quite many animals like elephants but also smaller creatures like ants and scorpions possibly still affected by the autumn nature"

15\_044: "a period of initial distress still undecided about my future in academia and also still potentially depressing due to the academic environment and the procedures that comes with it but really finding a good enthusiasm in developing further my work and reaching a higher perfection which however made me also quite much struggle with the interface design of my project but at last getting a bit of distraction and easiness from myrthe who came here and provided me a good emotional stability also with little august with whom i spent allot of time after he pretended to be sick and in general again finding in the work for my project and a particularly in myrthe a peaceful ground particularly in our short visit to my parents roaming in the nice weather despite the family dentist removing a teeth and my mother getting violent with me and me getting violent with one of her rich friends insulting me at a dinner"

04\_044: "a rather polluted month still breathing the bad air of the nearby factorie next to my place and going on a picnic with august between a pharmaceutical factory and one making heat but also breathing the fresh air of the autumn taking walks by lakes before and after picking myrthe at the stockholm bus station and really experiencing the unusual stockholm traffic now

that many can afford cars and again enjoying a bit of the cold fresh autumn air before going to italy and experiencing much traffic both nearby the airport in treviso and particularly in vicenza taking walks with myrthe and finally breathing good air in venice and bad air again traveling by plane and at last really good air in the netherland spending a whole day out with august and myrthe and his mom at an amusement park in the forest"

01\_118: "after quite some traveling particularly in berlin that got me very active documenting also to interpret my dreams and get good pictures for my writings i had a full period at home working allot to redefine my project and particularly the website this after perceiving the discontent of my work from the university and also doing allot of work now to restructure my studio to host more potential outcomes of my project particularly seeking more physical and artistic production thu going with august to buy new construction material and getting back to some carpenting but also going to different places to buy a bit of old toys to make small sculptures of the figure i see in the clouds thus preparing for more production to come and also resuming the work out in the gym to keep my heart healthy after feeling some pain in my chest and at last again travling with myrthe this time to italy walking with their in the city and on the hills mostly documenting allot and in various manners"

14\_054: "not so much walking from the beginning after all the extensive walking in geramny but at last ending up walking quite a bit trying to enjoy the utumn air and dropping august to the boy scout to walk myself from the university to stockholm and all around it but also taking a small walk with a polish collegue during conference as he also had to walk allot for a disease that almost killed him and walking again in sweden with august and myrthe despite the weather but then finally finding a good weather in northern italy and walking a bit in treviso after landing and allot in vicenza the two of us and in venice with my stepfather who got us quite lost and disoriented and visiting the art biennial there going into funny shapes outdoor from one pavilion to another and so also during a day spent in an amusement park in the netherlands going even in a labyrith"

16\_055: "a rather cold weather coming back from sunny berlin and finding stockholm in the middle of the autumn with shorter days and nights of frost yet a few days of sun and being outdoor for walks and bike rides with myrthe in particular till we went together to my parents in northern italy to find a mighty weather getting around in shirt and finally back to sweden to make it soon back to the netherlands and literally finding a weather between the warm south and the cold north"

18\_051: "not too often out from the beginning experiencing the autumn wind but eventually exposing myself during walks and bike rides otherwise noticing the wind through the window of

my studio observing the bending trees but then going with myrthe to italy and experiencing a light wind particularly in venice visiting the saint mark belfry and then some wind in my visit with august to the netherland"

10\_081: "a month characterized first by a bit of stability writing on my dissertation in myrthe's attic but then rebelling to the academic conventions and really sat out exploring berlin with a great weather walking first in the city with myrthe filming new and already explored places but then setting forward alone from the city to the suburbs and filming many public spaces and also much nature particularly on the american spy station hills and through the forest and in rich neighborhoods but also to potsdam filming in the sansouci park and getting caught on a net to cross over to a typical east germany neighborhood"

10\_082: "films shot mostly in stockholm taking advantage of the great autumn weather while walking both with august and later with myrthe also going to northern italy and explore there for a short time the city of treviso and then mostly vicenza and venice yet without really concentrating on filming particularly in venice with my stepfather running ahead to show myrthe different locations despite the great silver light to film"

06\_030: "taking advantage of the last days of warm weather to go and run but soon ending up running in the university small gym always quite alone using the stepper machine which keeps my baricenter fixed and does not seem to harm my back and knees and here being quite regular other than at times having to rush to attend a seminar or even taking my son august while myrthe kept working in the university library and overall keeping a good condition and feeling very much better after the exercises eliminating the chest pains and particularly my stress"

13\_031: "painting executed really sporadically with all the summer trips and rearranging of my studio finally positioning the painting side at the far end under a strong light which will allow me to photograph the paintings under the same conditions and with a wooden small shelf to place the water and pencils now again painting much more simple and unified shapes with again these circular recurrent shapes and drop like falling blue intersecting with other diagonal layers swap in various levels but nonetheless with a quite worked out texture of many subtle nuances"

09\_077: "news collected quite much on the road and mostly from the internet both in sweden and at my parents place but also hearing from myrthe about a storm in the netherlands causing a few casualties and many a casualties also read of natural catastrophes in the philippines and minor one else where also with the usual deaths following attacks particularly in muslim countries"

15\_045: "a bit of a more emotionally unstable month with both the care i put in my project and in my body by going to the gym being really the stabilizers and bringing some energetic days with the

otherwise much gray weather both in sweden and the netherlans where i also took august and felt his influence with a day being most friendly and another being quite negative and making also myrthe rather negative too but then having nice weekends together with both him and lastly with myrthe finding quite an harmony together"

11\_078: "drawings executed in the autumn while traveling to myrthe in the netheralnds and having to look after august in sweden and thus not being very regular executing them but always finding some time to execute those ideas belonging instead to still the beginning of the year when i was leaving alone taking two university courses at once and being quite affected by the seating in the classroom with a few drawings related to it but mostly to the cold weather and the shopping at the big supermarket and the constant commuting by train to the university and to august together with allot of sexual ideas despite the fact that i have abstained from sex for many months then after the separation"

16\_056: "a rather grayish but relatively warm beginning of the winter yet quite rainy too from the beginning till august and i went for a small holiday in the netherlands finding a most amazing and warm weather followed also there by a bit of gray weather and also sun but with a cold winter to then come back to sweden and finding a long period of gray yet stable weather also once back in the netherlands finding a great sunny and warm day in rotterdam but then returning to sweden and finding that the temperature as dropped below zero and the weather got much nicer and sunny"

18\_052: "not too much wind from the beginning being with august in the netheralnds but experiencing much wind while walking with him in a forest of breda and then almost no wind back in sweden but on my way back to the netherlands where again the wind was not too strong although allot of subtle changes where felt in rotterdam while walking by the water and a bit stronger walking out of myrthe's attic to do some tai-chi by the river yet at last going back to sweden finding almost no wind but in the very end experiencing it quite strongly up on a cliff with august where it was impossible to light any proper fire"

02\_118: "dreams written from the begining while much traveling and yet being able to keep remebering my dreams like at my parents in italy being rather overtaken by a violent argument i had with a rich venetian woman and having a few dreams with violent content but also dreaming more often about myrthe and the way i exchange her for another girl and so also dreaming more frequently of my stepsister and her dog but turned into a dangerous one as well as fearing immigrants people in my apartment and even in bed with my son this after taking the metro with him and them to come here but also having nicer dreams with landscapes and hills despite the

constant fear of my supervisor and the academic environment and also the influence of video conferencing with myrth at night and even with my biological father whom i have not talked to in years"

05\_044: "story started in berlin while hosted by a gay couple and yet inspired by the cicadas found this summer in the italian sea side leaving their bodies attached to the trees and also much of the story then really much inspired by my situation in academia with the professors imposing their canons and somewhat demotivating the students which i wrote after some time and on a different notebook thinking to have left the previous notebook in berlin where i already once forgot some drawings but also concluding the story in a way by reversing the moral of the usual cicada that sings and than die in the winter not being hosted by the ants now having the cicada overcoming the diligency of the ants and even affecting the work of the ants once his singing is no longer heard"

14\_055: "a month characterized by not so much walking as the autumn has being a bit wet and i spent much time at home even though i did travel to the netherlands and i did manage there to take some nice walks first with august around utrecht and the to rotterdam taking a decent excursion by myself and later with sweet myrthe who joined me but then no other bigger walks were made other than a bit in the southern suburbs of stockholm and in stockholm with august and by myself but also with him on a nice day walking up a little cliff overlooking a lake"

04\_045: "pretty good air quality aside for a couple of days where i for instance walked with august along a big a trafficked road in stockholm to reach his mother and then also another experience of walking by a busy road with myrthe while in rotterdam trying to get around the city otherwise finding the air rather clean both in sweden and the netherlands and even not so bad in the airports now experiencing a clean wind blowing away the planes' emissions and not even feeling too much the pollution from the nearby factory while staying allot at home for the winter weather even though towards the end it was sunny and i being doing gymnasticcs in my little park inhaling good air"

17\_037: "still likely in the states and possibly employed at the university but nonetheless spending quite some time out observing many a clouds which from the beginning have much animal content with also a few kids but then shifts more to women with even a white woman being beaten by a black guy and more elegant ones but still presumably showing a bit of sexual repression on my side or provocations with all the female american colleagues wearing decollets"

03\_063: "a long period of songs mostly sung by myrthe like an in love bird while at his brother place in maastricht or biking down in belgium and walking on the hills there hearing her happy and

singing but then also songs heard from august singing in my apartment while constructing his virtual world and feeling very happy or also when myrthe came again to visit me in sweden hearing her singing and teaching me the dutch song of tumba tumba also while biking and ending there also in a church of hippies hearing some gospel singing there to then end up at my parents place and along with the constant singing of myrthe of love songs to me there hearing songs from the radio like when visiting my old best friend francesco in his country house"

01\_119: "a beginning of the month quite much dedicated to my still little son august taking him to the netherlands to both go to an amusement park there and later at a myrthe's old grandmother's birthday and thus doing small activities but then returning to sweden and setting off seriously both restructuring both my website and of consequence also finding new motivation to work on the show-case in my studio thus beginning do make a big murales on a wall representing my interface and building a little storage for my project in the closet where i was thinking to have the bathroom but hten having to go to the netherlands and spending my time there too working on my website and helping jason to move and build ikea furnitures in his new place getting a back pain but nonetheless going back to sweden and working hard on my studio show-case and also going to the gym and the office much regularly finding always something physical to do there as well like printing and stampling papers"

06\_031: "a good month of running quite constantly going regularly to the university and using the stepper machine there also taking august again letting him train with me and even after my only lecture this semester being filled with thoughts in my head while exercising but then going to the netheralnds and coming back with a back pain but still stretch allot and try to keep up the training mostly to avoid stress and a recurrent pain in the left part of my chest managing also by comining chinese gymnastic out in the park and running indoor but lastly getting again a bit of inflamation under my left foot which got me trying to train first bare foot and then on a cyclette for the first time"

08\_084: "trash collected on the sidewalk still despite the end of the summer both alone in sweden mostly in the immigrant city where i live and in the netherlands with myrthe walking extensively for instance in amsterdam but also alone around utrecht"

08\_085: "most of the trash collected in berlin taking advantage of the great weather there and collecting both the usual cards to for export of expensive cars but also much related to the october fest celebration there with many alchool relate fliers and disco events"

08\_086: "still collecting trash in berlin walking with myrthe in the northern part and then hitting alone the very west of berlin to end up in potsdam and then keep up a bit of urban walking and

side-walk collecting in stockholm and finally a bit in my parents town of vicenza"

09\_078: "aside from the many middle east news bringing constantly new casualties also other casualties in russia with an airplane crash and several building collapses causing many death in latvia and china and a few also in italy but even some dead in europe due to unusual bad weather and a hurricane killing several people but of which i have heard of from jacek and myrthe else reading mostly everything from the internet at home"

07\_057: "head shots taken while still in copenhagen at my colombian friens' place meeting their other colombian friends like a photographer who seemed quite interesting but then went off watching a football game and an colombian born italian german girl who was rather conventional a weird looking but then going with jacek for a tour in the dolomites and there meeting two old ladies after our avalanche accident hearing the story of the first one from perugia telling us how emberassed she was to look at naked soldiers bathing in the river during the great war and then another one in the empty hotel of a village by lake garda who actually has been working as a teacher in germany and has lost her fiance also in a mountain accident making her rather sorrowful hearing that we also risked our lives and there at the café of the hotel meeting a polish guy working as the tender and complaining about the italian situation despite him being very well off in such a paradise and then meeting an italian guy on the plane to sweden who like me had found a swedish girlfriend and was ready to settle up north and finally in the sudetic mountains in southern poland meeting one of jacek's friend named also jacek who was also a musicians and artist but with many introvert issues"

14\_056: "little walking resuming at full speed my activity at the university but also due to the unstable weather conditions and very little traveling aside for a visit to jacek in malmo with myrthe and august following him in his restless walk of the town to fulfill his gps walking project while i also had to take care of august and of filming so not really being able to concentrate and enjoy the walk and not really walking so much in stockholm again because of the winter stormy weather and the darkness but only walking once to reach august to the christmas marlet at his school"

15\_046: "a very emotionally unstable period with the winter darkness setting in and an hopeless feeling not knowing with whom and where my love myrthe goes out and at last being really back in love once again and deciding her to come to live with me making me most happy and also trying then to improve my ituation at the university taking bold steps in changing my supervisor for a more competent one and having myrthe coming here too and starting quite low but then getting fully emotional and with allot of feelings to share"

16\_057: "a period spent entirely in sweden facing a big whether change from a mighty autumn to harsh start of the winter with a large snow storm that august and i have expxpernced going down south to malmo where we even saw a blue thunder in the middle of the night and experiencing there the harsh windy climate of the south part of sweden to then come back to the much calmer weather of central east sweden and living mostly indoor with all the gloominess of a snowless wether getting too warm and rainy preanouncing a black christmas"

04\_046: "a period characterized by very clean air due to allot of wind cleaning up and mostly only smelling the neighbor factories while training out in the little park of the nighborhood and mostly be exposed to the car pollution when going to the city like in stockholm buying august scout equipment for christmas or walking to pick him up to the train station but otherwise experiencing either the sterile air inside the university where i anyway keep a window a bit open like also in my apartment sleeping with myrthe and needing extra oxygen or the much wind we have experienced when visiting jacek in malmo after the snow storm"

04\_046: "while the previous periods have been characterized by very little wind this one has been terribly windy bringing first allot of wind experienced on the way to august's christmas market through the fields and then bringing a snow storm which i faced with august and jacek down to the south of sweden which seems more affected by this weather and also getting much wind while walking with them and myrthe in malmo even getting my whole camera falling with the tripod and then getting back to stockholm with the winter which has not set in and experiencing a moment of calmness before getting more strong wind with a too warm winter temperature"

01\_120: "a pretty intensive month both getting ready for christmas and using up allot of my money to buy presents and also working hard on my studio finishing the murales and going quite further with other installation but other than that being quite much at the university where i have resumed teaching and thus spending idle hours listening to students presentations and only using markers but then having both august and myrthe over and letting go to all the work in the studio to travel to my parents in italy being at first confined in their mountain cottage during christmas working on my booklet with a video-game i have in made and then much filming and documenting exploring the surrounding historical cities also with jacek and brett"

01\_119: "very seldom dreams due to both the university situation with which i have been waking up instead of remembering my dreams and also due to all the traveling i did both with myrthe and jacek in northern italy but getting here more dreams about mountains and open spaces which i much lack in sweden been quite mostly indoor and in the dark"

10\_083: "still filming in italy while with myrthe and my parents in venice and making it back briefly

to sweden before getting back this time with august to the netherlands enjoying some nice weather but only being able to really consistently film on my return there alone having spent a whole sunny day in rotterdam doing several films in the modern spaces to the return to sweden"

10\_084: "films of public spaces from the beginning recorded in sweden despite the weather and the little exploration of public spaces which i actually resumed once again with myrthe particularly in northern italy exploring several cities and smaller historical towns but also taking advantage of the warm winter weather to explore several mountains"

06\_032: "running still in the gym despite again a back pain and also pain under the foot thus trying to run without shoes but still accomplishing good result as i have been very much willing to push out stress and work anger but also getting interrupted by the other international students with whom i have talked and lastly taking advantage of the warm winter to run outside and make a new track in the park where i do chinese gymnastics running twice perpendicularly to it to accomplish a lap on the grass rather than on the hard asphalt of the parking lot where i used to run in the neighborhood and also going there to run with august after the christmas break and being a bit stressed by him lastly to finish quickly"

13\_032: "painting executed in the far end wall of my studio now well equipped with all colors hanging on a little shelf at my waist and started also to get a bit freer in painting shapes that are more organic with still some subtractions of circular shapes from a water like layer coming from above but also enjoying to experiment with fine textures like adding dark orange on purple and gold on yellow and resuming the use of white and black mostly on the main gray background having also little of that colour left"

17\_038: "still possibly clouds captures in the summer spent traveling from new england and around the ontario lake with some rather sexual scenes possibly due to some frustration like at work but also with a few monkeys and many birds mixed with other human and animal elements"

09\_079: "news read mostly on the internet and quite unregularly while on vacation in northern italy but beside that news which are characterized by many casualties still in the middle east as usual but with many now also in central african countries where political and sectarian fighting is taking place and only a few casualties in western countries like in north america where the winter has been particularly rigid"

16\_058: "a month in which i experienced all sorts of weather like the gloomy and not too cold of sweden to then travel with myrthe to the alps and also there find that the winter has not started expecting a lot of snow at my parents' place at last getting so much rain that it went through the ceiling but then moving to the foot of the mountain and experiencing most sunny days in verona"

and latter the most gorgeous winter day in the island of the iseo lake with very good visibility of the alps and also a sunny day walking in the mountains to then get again rain and move back to the gloomy cloudiness of sweden but at last experiencing a sudden turn with a cold but sunny winter setting in with finally snow making the landscape very inviting and nice"

18\_054: "a start of the month with quite a strong wind experienced here in sweden while walking with myrthe and august in a small forest and almost getting struck by a timber eaten by a beaver which the wind made falling and then traveling to italy and experiencing there a super powerful wind in the mountains bringing hot air from the south and not the snow storm that was supposed to come and then experiencing a bit of wind while walking in venice but no more instances of wind particularly back in sweden where some wind has brought snow but has then calmed down"

11\_079: "ideas got with the beginning of the spring finally getting more out after the snowy winter and much time seated attending classes and taking now walks with august observing nature coming alive discovering a beach with beavers and getting ideas there but also still from lectures and time spent indoor and slowly also becoming affected by a new element in my life having found my love myrthe and traveling to her to enjoy the spring together but not really focusing on my project afraid of loosing focus from her"

14\_057: "allot of walking with the warm weather being in northern italy and exploring with both myrthe and later hjacek and brett allot of hisotrical places like verona and venice and brescia and bergamo but also fabulous natural sights like the island of the iseo lake and some valleys and mountains below and around my native highland being very inviting with the sunny weather at times and then coming back to sweden and only walking to enjoy the arrival of the snow and to get some work related distress out but mostly stopping to walk and keeping indoor"

15\_047: "emotionally very happy days traveling to italy with my love despite the long journey and the bad weather in the mountains now also feeling reassured about my future in academia and later much enjoying the italian cities despite only the presence of myrthe's mother that got a bit irritating but really getting enthusiast with also jacek after fantastic walks in amazing locations and getting quite down back in sweden but again very happy of the prospect of changing environment but at last being completely squeezed by my old supervisor and forced to go through them in order to improve my situation"

04\_047: "a beginning of the month being rather polluted having gone to northern italy with my love and at first experiencing the fresh air of the mountains turned even cleaner by an unusual winter storm and then moving below the mountains and exploring cities with much pollution like in verona parking far out not to pay for the parking and having to walk through big road but also

back in the mountains with much of a winter holiday traffic and later visiting other small cities with less pollution or no pollution at all like in the gorgeous iseo lake and finding clean air back in sweden with the cold weather and not going too often to the city"

13\_033: "painting executed rather rapidly having the need to distract myself from work related issues and being left at home with the snow out recovering the usual elements of the drop and of the grass but really now playing with colors and mixing different nuances yet without being too tedious about perfectly filling in the margins being my brush too big for it"

05\_045: "a story taking place in my former parents-in-law country house which was easy to reimagine in all its details and places but really inspired by the mice in myrthe's attic in utrecht and by the fact that i also call her sweetly a little mouse with some parts also inspired by the salami we got from my parents in italy and myrthe's little hairs of which she is a bit obsessed and the snow boots now that is winter thinking of the very hairy ones i used to see in italy"

07\_059: "winter days spent in poland meeting again all jacek's musicians friends spending new years eve with them by the czech mountains and getting quite admired by them for my drawings but also meeting jacek's cousin anna who talks really well italian and took me to her italian lessons in the high school where she teaches but then also meeting her less inspiring boyfriend who taught me some stretching exercises and even getting to know a latin american girl getting study money from sweden but living in poland to save and at last meeting a crazy experimental music girl friend of jacek from the north of poland"

01\_121: "a month spent doing mostly documenting activities in the first place being traveling around northern italy with myrthe and jacek and then coming back to stockholm and again not doing many activities with myrthe coming over for a few days and then not really undertaking any carpentry work but being often at the university trying to create new collaborations but also doing more distracting work not to think about my supervisor situation such as painting and drawing and even cooking less than usual when myrthe has been around"

02\_119: "a quite troubled month with first the traveling to italy in and then all the distress caused by university situation which got me often awake in the middle of the night while beginning to dream but then getting better by watching movies with myrthe and latter august and starting not to think about work and getting a few sexual dreams being mostly afraid that myrthe has sex with others or that i make love to ugly girls mostly inspired by the movies we watched but also dreaming quite much about mountains and the native highland i have recently explored with also dreams regarding the selling of my grandparents' house there to which i am informed through my father in canada and several dreams fearing that i am forgetting to pick up my son or that i have

abandoned him now that my future in sweden next him is very precarious"

03\_064: "not so many songs heard alone but mostly when being with myrthe and or august for instance going to the efterling amusement park all together and listening to sting on the way back or just singing military songs learned from my grandfather to myrthe's mother or hearing the dutch songs sang for myrthe's old grandmother at her hundred and two birthday then mostly hearing songs at the gym training and listening to a rock station to then gradually get in the chrstmas atmosphere and start hearing christmas songs like by the gypsi saxophonist at the entrance of the university escalator"

17\_039: "not really clear again as to when these clouds where observed but it is likely while being in the united states still spending the afternoons with august after school and detecting many prehistoric figures and allot of laying humans often in a sexual pose with small kids involved"

13\_034: "painting executed rather quickly now that i need time to get distracted from my bad supervisor situation at the university and here also trying to be rather clean in the shapes but articulating a bit the dropping blue using the perforated spheres in the yellow background as some sort of holders to the liquid using again the black and the silver with grass like green layer and alternating the soft gold yellow and pink backgrounds"

09\_080: "news read quite regularly on the internet at home yet not really finding any striking casualty news other than again an accident in canada where elders burnt to death and fighting in the central africa while most of all the other news are the rather redundant ones of the fighting in the middle east which is however escalating in egypt"

14\_058: "walking mostly in the city of stockholm with the snow and myrthe over for a few weeks showing her around the different parts of town but also taking a walk with my old supervisor up the river where i used to walk with august and latter also taking longer walks with little myrthe to also go to the shopping center near my suburb and to pick up the japanese mats in a distant warehouse but being later incapable to carry them any further and at last doing small walks by myself around the university during the single one day of sun this also to avoid my old colleagues and at last coming to utrecht and walking to myrthe's place and out to a restaurant with jason"

16\_059: "a quite okay beginning of the month with the winter turning properly cold and giving both snow and latter sun but then gradually turning mild again and bringing in several days with wind and snow to finally stabilizing but keeping rather gray and at last even getting above zero degrees and melting down the powdery snow bringing even rain till at last going to the netherlands and also finding a very mild temperature but again rain"

04\_048: "a pretty clean month spent also quite much out despite the winter finally kicking in but

bringing quite a clean air overall and little traffic even in the stockholm city where i often ended up with little myrthe and really only brathing bad air while jogging in the snow free parking lot with several trucks coming by or finally traveling to the netherlands after a long period and smelling the airplane fuel but getting a quite mild and very fresh air down in maastricht walking on the hills"

15\_048: "despite all the distress caused by my supervisor situation at the university attempting to get a new one feeling much love and intimacy with little myrthe on my side doing several small adventures together and then also trying to focus at hom on my own art like painting and drawing in order not to think about work and really getting stronger also conducting the research my own way and doing allot of other art work like editing videos or at last setting forth with learning how to make videogames with august but then feeling rather distressed of traveling to the netherlands and going to a mainstream musem and lastly becoming really happy of our statying in maastricht exploring the nice nature and enjoying my first sun in weeks feeling much love for myrthe"

18\_055: "an apperantly quite period with moderate wind and calm snow fall turned into more harsh weather bringing in more snow while being allot out particularly with myrthe showing her stockholm and picking the japanese mats for our bed and then experiencing less wind till at last coming to the netherlands and getting a first some wind calming during the evening but then much wins in maastricht while hiking on the hills with myrthe's relatives"

06\_033: "a quite regular period of running with little traveling and also the snow out which at first made me continue running in my little park going twice diagonally to it in order to accomplish my usual lap hurrying up at times to go to meetings but then having to switch to the parking lot with the melting of the snow and running there a few times despite the traffic pollution and the hard asphalt not good for my knees but lastly finding the snow completely melted and running again in the park this time only having to pay attention to the dog poo and keeping up good tempo"

03\_065: "still allot of love songs heard from myrthe who came over to sweden before christmas but also a few songs heard from my students showing and making advertisment campaigns and a bit of songs heard from august at his school for the christmas market but then going with myrthe to italy and hearing allot of songs from my little nephew anna and at my sister's dancing with her ut also the usual traditional christmas songs in the church of my native village asiago and while in the main hotel there working with myrthe on our laptops"

13\_035: "still being quite at home with the winter and avoiding the university so spending quite some time painting and keeping up the previous painting with the green grass and the yellowish background but this time making a circular subtraction in the middle without really any usual surface color but experimenting much with different colors mixed on the panel trying to reach

different shades and feeling like this painting is really an in between painting of two other paintings compressed as it is by the diagonal shapes on the sides and also playing with a pink semi circular shape not really paying too much attention to finish too well the borders"

05\_046: "a fable inspired by an evening spent with my kid driving down from a small mountain in my native highland with the road filled with toads and also possibly reflecting my state being taken up and down by providence and reflecting the many castles visited during our recent stay in italy and particularly to verona visited with myrthe with romeo and juliet being quite present in the story as much as the romeo and juliet disputes played by my two families however also coming out with many small genius inventions as the electrically control dead army of toads"

11\_080: "ideas got in my very first period in love with myrthe so other than the office related idea i got many ideas that are romance and sex oriented but also relating to all my traveling by plane to her and to my parents in italy with also the many arabs immigrants i encounter daily when taking the commuter"

11\_081: "still several airplane related ideas now going for a few weeks to boston and really making use of the weather taking long walks and observing the urban environment but then back to sweden getting again a few sexual ideas with myrthe visiting me and also some ideas at work like when going to the university gym"

01\_122: "a month spent getting quite much into my own research and thus doing quite allot of office related activities like printing at the university and having to use my card in order to access the printer and then photograph again the computer mouse going back to my office but also a month spent allot with august walking around and filming and in a few occasions at the swimming pool after many years but this time not bringing my camera along and only swimming with long periods without using any object as it is also the case for the few times i traveled to the netherlands at the beginning and at the end of the month"

16\_060: "a very nice weather experienced in maastricht walking the hills with myrthe's relatives and then going back to sweden to instead experience a constant gray weather and at last a day of snow to soon melt in rain but at last giving a one single day of sun in which august and i have been out for a short bikeride and a long walk in the woods to then experience gray cold weather again till at last i went to lovely myrthe in the netherland and got a very a sunny day feeling the spring coming back to us making us super in love to at last depart again and ending up in malmo for a course"

18\_056: "experiencing quite allot of winf from the beginning in the netherlands particularly during a little walk on the hills in maastricht with myrthe and her relatives which anyway opened up the

sky and got me sun after a long time and then back to sweden experiencing little wind but walking with august in the forest and getting at last a sunny day but then again experiencing little wind till at last going to the netherland again and getting some wind and also cloudless sky and the same going to very windy malmo being at the university there next to the ocean"

17\_040: "still not sure where i collected this clouds but probably now in sweden given the boats and aquatic things depicted here possibly captures while running or walking along the water and also a few knight related clouds and a few quite complex ones"

14\_059: "walking fairly enough particularly with august during his carnival holidays going far exploring a big natural reserve opposite to the harbour and also making new nice discoveries finding a little old village on a hill over södertaälje but also walking quite much with myrthe in the netherlands both at the beginning of the months when still in maastricht and the latter alone in eindhoven to then walk with her at the end of the month in utrecht and in a surrounding forest which we also reached biking as i did in sweden with august"

04\_049: "a month without so much pollution other than in few occasion when walking at the beginning in eindhoven waiting for the airplane and then just when running back in my neighborhood feeling the factories at the distance but other than that being rather indoor and getting good air beside when leaving august at his school and getting allot of pollution of all the rich people there with cars and smelling also the dust from all the granite stones put all over the city for the ice now completely melted"

15\_049: "a better month now that my university situation got adjusted still having a one period feeling shit coming back to sweden with the gray weather and august at home and no exercise but then making great discoveries with him and adventures in the neighborhood and feeling much better also with the weather getting more sunny and then going to the netherlands and feeling down having to face a bit the art society there but soon getting to feel very good after a bike ride with myrthe in the sun and latter joining a conference at the new university of the arts in stockholm and getting quite a few friends feeling happy also about my new supervisor stina"

09\_081: "news read quite regularly on-line and mostly related to minor death occurrences with several accidents like plane crashes and bus crashes but also the usual attacks and the syrian war that continues and other conflicts such as attacks in nigeria killing quite many but not really talked of"

10\_085: "films of public spaces started in the most beautiful panorama offered by the island of monteisola in the iseo lake and then continuing with the usual northern italian cities already explored like in venice and my sunny mountains to then get back to the awful scandinavian winter

mostly filming places showed to myrthe and the reaching her in the netherlands shortly to visit her brother in beautiful maastricht and filming there during a walk on the hills and latter in boring eindhoven with nothing really to be explored"

03\_066: "songs heard still while in italy listening to the radio in the many trips by car with jacek and myrthe singing and then also back in sweden listening to the songs on the radio and to august singing while playing video-games on my computer but also in the few weeks that myrthe spent here listening to her singing love songs to me and playing romantic music in the evening while dining"

02\_120: "a month with initially allot of dreams but then getting quite affected to at last completely burnt out from traveling and particularly skype conversations with my father provoking a few violent dreams and myrthe with whom we also tried to make love on the distance but nonetheless being also affected by all the academic reading and writings and at last be able to get more wet in my head by biking allot out with the new spring sun"

06\_034: "back to running in my little park after the snow melted and despite an initial cold and gray weather being a bit disturbed by a lady coming with her pitbul dog but then running again with the new spring sun and also august who found many little kindergarten friends to play with and even starting to feel an headache but then quickly resolve it by running and so also all the stiff legs i got seating for too long at my desk feeling in the end really great and also running with only my t-shirt despite all the parallel training done biking out to the nature"

14\_060: "walking with much now in malmö going with jacek to seminars and then quite allot with a portuguese philosopher i met at an oprning and walking with him and his egyptina friend all around the city but then also biking allot and latter exploring by feet the nice area around järna and lastly doing quite some walking in sunny utrecht trying to get over the traveling and also with myrthe while starting to perceive allot of worries about coming and leaving with me"

18\_057: "a month period started in the very windy city of malmö and then continued over to stockholm experiencing allot of wind particularly going by bike and being more or less exposed by it depending on the landscape and getting allot of wind when biking with myrthe and august on our way back from an antropophysic institute and during august's birthday when the weather got really dreadful and we tried to walk out but got some frozen wind welcoming us and finally getting to the netherlands experiencing some wind there despite the lovely weather and finally back to always windy malmö walking to the university with jacek and being quite exposed"

12\_045: "more recording of my thoughts gathered in very seldom occasions when left without august and myrthe thinking again about my intellectually constrained situation in academia but

also about my increasingly more difficult situation with myrthe who no longer wishes to live with me and recording more frequently as the spring comes out while walking to the mall but also in the forest behind august's apartment"

01\_123:"a quite active month not traveling so often and seriously now archiving all the physical outcomes of my project in boxes but also spending some lovely days out enjoying the sunny weather and biking quite allot even with august and for a whole night surviving as nomads and other than that spend time in utrecht with myrthe and there concentrating myself more on writing down papers for each part of my project and finding little energy going back to sweden but at last doing some major changes in my studio resuming the interactive wall project"

04\_050:"a month spent quite allot outside biking and inhaling some occasional traffic going on big road south of my place to reach the open country but particularly inhaling allot of the dust from all the gravel placed on the road in the winter and a few times also smelling the iron of the factories nearby but other than than that inhaling fresh air in utrecht despite the traffic found in the outskirts when biking with myrthe and the usual smell of the airplane gasoline when traveling"

15\_050:": "a period feeling rather burnt out but then finding back my focus with sunny days biking and feeling bad again with myrthe now deciding not to come over this fall and then getting much of a winter weather once again till at last feeling very good about biking out with august to the countryside despite a fight with a camping site owner and gaining much happiness to finally be allowed by my new supervisor to move on with my project in a more experimental way"

07\_059: "still in krakow meeting up with jacek's friend while he was already gone and going out mostly in the evening in bars talking to them about the hobbies they have to leave aside such as music but also meeting a very nice short girl who was also a musician and sang from her room while i was trying to organize an exhibition which brought me to talk to a curator of a new institute and then on my way back to sweden at night meeting an indian student very afraid of me since i walked to the road to the city center and latter meeting a swedish italian nice guy studying old history after which i met a finn swedish at an opening with quite allot of vitality and with whom we tried to do some exhibition again but never managed and at last meeting a cool colleague of jacek from manchester with allot of nice stories and quite nice political opinions revealing me many insights of old england"

09\_082: "news looked up regularly on the web switching at last to a new news website with less commercials and reading about rather big events such as a plane disappearing with hundreds people in the ocean near malasya and a big landslide in the states while also reading the usual attacks in the restless middle east but also finding quite many casualties reported in south

america"

17\_041: "i am not really sure where these clouds were examined possibly still in the states also given the amount of cowboys in imagined and also a few flying figures like a super hero but also a few fishes mostly incorporated in other creatures"

10\_086:"going out a bit more with the coming of the spring and filming public spaces with august being still in the city center of stockholm but also södertälje and there exploring in nice days the forest and countryside to the south also taking the bike and doing so alone and then also exploring again the southern swedish city of malmö with jacek and not really being able to film public spaces as much as i wanted to but on the other hand being left quite alone in utrecht with myrthe working and a very nice weather outside which has allowed me to again explore the little but very nice city"

05\_047: "a story inspired by a little duck i kept seeing with august when walking into town by the river and being most amazed by its physiognomy and also by an actual drunk who shared old muffins with all the other birds but somehow never feeding that duck i later found out to be called a sculp and being also quite impressed about its diving features and the fact that they are typical of this vikings region and the very river where they used to transport their bounty into a hidden island"

02\_122: "a month with some periods in which I could really have regular nights of sleep despite all the working late and traveling and now sleeping of mistaking my girlfriend for a blond girl and recurrently dreaming about the possible upcoming interview for a new job with my old english colleague but also dreaming of a suicide and several dreams inspired by the textures of the virtual environment i intend to create beside also the show room i am actually building and still feeling quite shocked about having myrthe's bag stolen with my camera and getting all the rumanian gypsies i see in town quite much disturbing my psyche and feeling also inspired by the places i have recently visited like karlstad reminding me of asiago but also the last visit to my parents who got me quite frustrated with their cars and sick dog"

16\_062: "beginning of the spring with sun picking up august in his island and then spending a wonderful weekend by bike even daring to camp out in the ocean despite the minus temperature at night which got ice on the tent but then finding a much worst weather and quite rainy on the west coast of stockholm where i went for a course till finally getting again quite some nice weather and a very sunny easter spent first with august biking to a movie theater and then with myrthe also walking in stockholm and biking along the water to a very beautiful little mountain from where to appreciate the super blue sky and sun even taking out our shirts"

18\_058: "not so much wind from the beginning experiencing first from the beginning biking with august in the nice weather and spending a weekend camping but then getting back to work and not really experiencing much wind till at last going to visit my parents in italy and experiencing quite some wind walking along a little lake with my sister and her daughter and lastly coming back to sweden and again spending quite some time with august for winter holiday this time also biking and feeling much wind also later spending the rest of the holiday here in sweden with myrthe feeling the wind during our walk with åsmund to a rose garden"

03\_067: "a month of songs started in utrecht with the bells of the ancient bellfry still playing songs and later continued in a family reunion in maastricht listening to myrthe's mother singing songs to little pepjn and also to his toys as the toys i used to listen from my son with who i spent several weekends still getting to hear myrthe singing also while videoconferencing but also hearing songs while in the swimming pool with august and having to memorize them as i could not write them on my phone in the water and then listening to myrthe again singing in utrecht and making me listen to several musical and pop songs i first thought cheesy but then got in my head and also playing more serious and existential songs like those of the pearl jams with jacek in his apartment with a guitar till finally getting back to stockholm and spending time with august listening to the ice cream trucks now back with the spring and going later to italy listening to all the songs sung by little anna and back in sweden listening to both the songs heard by august watching cartoons like family guy but also in the cinema together till at last getting all the songs sung by myrthe on her visit here"

14\_061: "quite allot of walking with the starting of a nice spring combined from the beginning with allot of biking to small forests that i explored on foot or to a camping site down in jarna with august but also taking a few walks in the peaceful karlstad where i had a course and then in vicenza where i visited my parents and particularly enjoyed wandering on the hills of monteviale where i once was painting for a whole summer walking also with francesco to the monteberico sanctuary after a little run but walking also quite allot back in södertälje with august going all the way across town and to the north part which i have never explored but only to end up to a mall with a print shop to later find a nice way back through the cemetery and the forest and also walking in stockholm with myrthe and åsmund enjoying the nice spring weather and ending up in beautiful djursholm"

04\_051: "a quite clean spring here in södertälje but still getting quite some pollution in stockholm when walking there and instead getting allot of fresh air in the small city of karlstad where i went for a course to later go to vicenza to my parents and inhaling allot of traffic there and also back in

sweden with august trying to reach a print shop in the north of town with a big road filled with cars to cross but then only smelling occasionally the factories nearby with everything a bit shut and tranquil because of easter holidays despite however a road nearby my apartment where they putting new asphalt which i could breath through the open windows and some biking i did particularly to the university"

15\_051: "still feeling bad about myrthe not coming over but getting gradually better just having a slight melancholy within me and enjoying my time in italy taking walks in the nature but still feeling bad about distant relationships till at last i got settle with it and accepted my lonely life with occasional time to share with august and myrthe and concentrate with my own work which gave me quite some satisfactions feeling rather euphoric about the show-room i am building in my apartment despite also being rejected to the university of the arts where i applied in the moment of deep crisis with academia but now feeling most relieved with my new supervisor and the possibility to switch to ethnography"

11\_082: "a summer month spent with myrthe mostly in the netherlands working and being quite affected but all our love making and thus getting many ideas in this respect but also still ideas related to flying and traveling and even of biking since with myrthe we did some nice excursion in the countryside"

11\_083: "a period initially spent in england attending a summer school and getting a few ideas related to that but also about all the walking i did there in the english landscape reaching nice medieval villages and latter again getting ideas related to flying and then with myrthe again biking in the netherlands but at last getting many ideas related to our staying at the beach at my parents place in italy"

08\_087: "trash mostly picked first while in the netherland walking alone and with myrthe around utrecht and also during a sunny day spent alone in rotterdam where i also picked small and nice casino cards and then picking after christmas in italy walking however mostly in nature or historical sites despite a day in the city of brescia but still being with myrthe and jacek and not really picking much"

08\_088: "still some trash picked during my christmas holiday in italy like during a nice visit with myrthe to the beautiful city of verona but mostly trash collected walking in sweden both in sötertälje and in stockholm where some snow has also fallen making the sidewalk really dirty and latter trash collected in the southern city of malmö that had no snow but allot of wind throwing all the trash around and collecting there quite much trash during my exploration of the little and gray city"

08\_089: "trash initially collected while in the netherlands walking mostly alone around utrecht and even in maastricht but lastly collecting most of the trash in sweden and in particular walking occasionally through the little downtown of södertälje despite still some occasional snow on the sidewalk and quite bad weather"

01\_124: "a month spent working really hard on my project now that my new supervisor stina is in favor of it and thus pushing quite much to construct my show-room making several times too many activities over the maximum amount i use for my layout and also while visiting my parents photographing way too many activities because of the many keys and doors to lock in their rich house house but also biking allot and doing allot of activities outdoor especially during the easter vacation with august with whom i also kept up working on my show-room and doing allot of purchases for it but then going down in activities with myrthe coming over and also concentrating on the construction of my virtual environment which wanted me mostly seated and in front of my computer but nonetheless also doing quite many activities at the university having to use my card to activate the printer and certainly increasing my activities also with the smart phone i got from my mother with which i now communicate to myrthe"

06\_035: "not so much running because of allot of biking but nonetheless going quite regularly out with the nice spring weather to the little park in the neighborhood and going also a few times in the evening with the days getting longer or right before a one lecture i gave and thus having to hurry but also feeling my legs tired for the training done at the gym and later feeling observed by a family with their kid enjoying the nice weather and when it got colder by a group of young arabs after i worked all day seated on my virtual game and feeling then still rather strong"

09\_083: "news read regularly and now getting quite redundant information about casualties in syria and other muslims countries such as nigeria but also with an escalating amount of deaths in the pro-russian parts of ukraine and again deaths caused by natural calamities in the states"

17\_042: "still not sure where i recorded these clouds but likely still while in the states walking with my kid and detecting here some nudities and a few cowboys with the figure of the horse coming back as well as other animals but also laptops which might indicate my psychological state then and makes me suspect that i could have already got back to sweden"

18\_059: "a bit of a turbulent month with quite some wind from the beginning doing quidong outside the university and then experiencing light changes biking alone outside of södertälje to finally get quite some wind with the changing of the weather and the wind bringing even snow and followed by relatively low wind spending much time inside coding my video-game but at last experiencing allot of wind walking through Amsterdam and seeing cardboards flying around but

finally experiencing quite little wind back in sweden"

16\_063: "very nice beginning of the month with warm sun followed by still allot of sun but temperatures going below zero at night followed by again a few days of very warm but cloudy weather cut down but a sudden cold temperature which even brought snow and then at last going to the netherlands for a conference and feeling warmer there but then experiencing much rainy days till at last going back to sweden again and find at least dryer weather but still cold till at last find a warm spring again"

14\_062: "a quite decent amount of walking this month initially biking and hiking in a natural reserve in södertälje and then going to the west coast of sweden for a course and doing small hiking there with jacek reaching a beautiful lake in alingsås and joining a conference in amsterdam thereafter having to walk quite a long way from the station to the zoo but really enjoying it also doing little walking in utrecht but particularly taking a major walk from my university having forgotten my card to train in the gym and really feeling i needed to move after much video game making i managed to finally reach a small mountain and return along the tullinge lake but also walking a bit through stockholm going to an opening to meet mikael and the rest of the swedish artists gang"

04\_052: "rather clean month with a bit of bad air inhaled biking but also inhaling some bad air going to the supermarket with all the trucks parked on the way and mostly keeping home and thus not being really exposed to bad air until i went to amsterdam for a conference and experiencing some traffic but overall allot of fresh wind taking all the pollution away till at last being back in stockholm and breathing bad air walking to a gallery opening and then again flying back to the netherlands and getting stuck in a traffic jam on the way to a wedding but nonetheless staying in utrecht with very clean air there in the city center"

02\_123: "a month proliferating with dreams despite working hard which on my virtual world which in fact opened up my brain with allot of visions bringing many dreams despite later being affected again by the university environment and another professor who did not want to pass an article i wrote and later still being very affected in my dreams of the virtual world i am programming and also by a clip i saw on the fighting in ukraine and even dreaming after flying back and forth to the netherlands being also quite inspired by some conversations i had at a conference there about lucid dreams and now paying attention to have all parts of my brain open before going to bed trying to keep it flowing"

09\_084: "news read rather regularly on the internet finding allot of casualties now in ukraine with the pro-russians attempting to split the country but also many dead in nigeria and a very dramatic

accident in turkey where a mine collapse killed hundreds as it killed also hundreds in india with a landslide and quite many also in the troubled north west of china that also wants its independence"

07\_060: "new acquaintances met now still living my life as a bachelor and going with my colombian student ivan to a performance festival where i met a crazy body artist from the north doing dangerous stuff with broken glass as well as a turkish student who was a bit obsessive but also meeting two great theater actors from montenegro that has facilitated a very nice workshop on improvisation and a german girl studying to be a curator with whom i tried to collaborate but never managed and finally people from an art fair for nonprofit galleries like a polish guy and a very nice austrian woman curating artists from morocco and quite a shy gallery assistant from south africa"

15\_052: "an overall emotionally nice month feeling good about working on my virtual world and then going to the quantified self conference in amsterdam gaining some honors although feeling also a bit stressed and getting angry with myrthe because she booked a trip with hanneke for the summer without telling me but then pacifying back together and only feeling a bit down about the weather but really getting back to feeling good with the nice almost summer weather feeling just melancholic about not being able to see august after he went with his mom to turkey for holidays"

01\_125: "a pretty active month with allot of work put from the beginning on my virtual world thus working allot with computers also in preparation for a conference in amsterdam with allot of traveling by airplane and train as well as by car going to a wedding with myrthe and not really doing much activities but allot of photographing of new acquaintances to later come back in sweden and work really hard also setting up a door in the little guest room to maybe host an exchange student after the summer and also building a shelf over the door but falling and hurting myself and taking it easy from then doing very little activities during myrthe's visit at the end of the month but allot of filming and photographing objects with a new camera after the old one had a malfunctioning button making it a bit frustrating to photograph"

05\_048: "fable inspired by my visit to a little pond with a bird watch tower also visited by many kids and later inspired perhaps by my sexual appetite growing much with the spring and sweet myrthe but then also getting allot of elements from new york and the ride i should to take to coney island where i finally locate all the fishes who transform into donkeys like in a pinocchio story"

16\_064: "a quite beautiful month at least from the beginning in the netherlands going with myrthe to a wedding in the breda countryside and finding an amazing blue sky also the day after and also

finding an excellent weather in sweden spending a day with august before he left for turkey and still enjoying the weather running in my little park but then experiencing a sudden cold and bad weather which took some time to get better and finally got warm again when myrthe came over and later i biked in the heat to the department summer retreat even sweating"

18\_060: "not so much wind wind to begin with in the netherlands but then going back to sweden and experiencing some wind to then not really experiencing much also due to the fact that i spent much time inside preparing my virtual world till at last myrthe came over and we did experience some wind visiting an island in the south and the nice little city of trosa but then don't experiencing too much wind till at last i went back to the island with august and jacek and also later biking a long way to the summer retreat by the sea"

09\_085: "a month characterized by several shootings in both europe and north america but also still allot of dead people in ukraine with the army going hard on the separatists and several bombs exploring even in thailand with a few deadly natural calamities like flooding in the middle east"

10\_087: "filming of public spaces started in utrecht with the spring starting to really and shine and allowing me to spend quite some time outside fascinated with the many different historical sites of the city of utrecht but also shortly going to malmö and documenting some of the modern and cold places there to then move back to stockholm and filming there with the nice weather going around with little august during the many spring holidays when we also camped out and also shortly back in italy exploring the hills where i was painting in my young years and falling in love with them and the mountain landscape in the background"

10\_088: "exploring beautiful stockholm in nice spring days walking with myrthe and filming all the beautiful sites now that the city has completely woke up from the gray winter and also going to the city of alingsås and exploring a bit there and filming the cute outskirts to then be back in the netherlands going every day to amsterdam and filming allot through my walks there to a conference site and also later filming in utrecht and particularly in breda the beautiful landscape with a fantastic weather"

14\_063: "quite allot of walking starting with my going around in utrecht also helping myrthe to go shopping beers and flowers for her birthday but also in the nice countryside of breda taking a walk out of a wedding and quite allot of walking otherwise in stockholm and södertälje during myrthe's visit walking to a museum in the north of the city and also walking in a nice small island and village in the south but also walking with august and exploring once again the farm village on top of södertälje and around the lake to the botanic garden till at last biking a long way to a conference and loosing my drawing with the map"

17\_043: "shapes of clouds executed at the beginning of the summer still a few years behind my annotations which i am still not sure to when they belong but anyway still finding quite some animals in the clouds like horses and sheep but also a few fishes eating or biting females"

03\_068: "still some recurrent songs heard walking up the university staircase from a gypsy player and italian love songs by battisti played with myrthe and later also songs played by jacek with his guitar during a retreat but mostly songs heard in the netherlands at first shopping for clothes with myrthe and then at her friend wedding where a long playlist of the couple favorite songs was played till at last coming back to sweden and hearing songs at the university gym radio and in a radio of a car i rented to spend some nice time with myrthe"

13\_036: "painted executed very slowly having started to cut in four all the other paintings to be archived in boxes but ultimately executing the painting while talking to my father on the phone and hearing all his prejudices against the world and keeping the line otherwise very simple focusing on few colors and again swapping them in the different layers"

04\_053: "a pretty clean summer month experiencing traffic crossing stockholm but then spending allot of time at home and finally experiencing allot of traffic biking to the university summer conference and especially biking back next to big mines with dusty trucks going in all directions and also inhaling the fresh asphalt of a road built next to my apartment and lastly also allot of the nearby factory pollution probably due to the wind blowing from the north and bringing in the bad air"

11\_084: "ideas got while still at the northern italian seaside going to the beach to tan and particularly finding a spot by a river with wind surfers and also being affected by going around the actual summer resort with allot of amusements for my kid to try and a few ideas related to traveling both by train and by car and later coming back to sweden to then leave for the alps a get a few mountain related ides there"

15\_053: "a quite stable month with some nice emotional states experienced with myrthe here in sweden going to a little island with the sun shining and the field in flower but then later getting not so happy because of the weather turning cold again and regaining some energies biking a long way to the department summer conference and feeling a bit depressed again of the academic stagnation but then undertaking a period of sharing allot my work with my on-line networks and feeling quite happy about the respond to finally have a nice period with august at his first boyscout camp only disliking all the long traveling we have to undertake"

02\_124: "a month with regular dreaming despite a bit of moving around and also the time spent in front of the computer or watching films like avatar or building my own game but also feeling quite

affected by the interviews and press coverage i got from different magazines as well as by august breaking his arm but also having quite a few sex related dreams with myrthe or again afraid to make love to the wrong girl and at last being affected by a boy scout camp and a rock concert"

06\_036: "a month of irregular running first having jacek sleeping over and trying to still exercise and going very fast this time but then having to also run later with the coming of the summer with two guys playing frisbee perpendicularly to my running trajectory and having to synchronize with them to also later having to run with a guy with two black girls tanning and wondering what i am up to but then also falling from a ladder at home while renovating the guest room and this time running with a pain on my lower leg till finally also starting to run in utrecht while at myrthe's place finding an excellent spot in a nearby park with a dirt road of the perfect size going around it but still mostly being fit of all my biking particularly with the new bike i got here with which i can go very fast"

01\_126: "a quite diverse week again characterized by allot of smart phone usage to keep in touch with myrthe but also characterized by two camping excursions going first with august to the boy scouts and using different tools there i did not use for a long time like a shovel to dig a hole for the compost and also camping with myrthe and their friends to a music festival and not really bringing my computer there nor being allowed to use my camera so using little objects but then spending the last period in utrecht being quite busy producing tshirts with my drawings and taking other small initiatives for my project but also keep up with my biking after having got a used bike with a set of small tools to repair it and also making sure to get some cooking going and use all of myrthe's kitchen several times to prepare good meals even for guests"

14\_064: "quite some walking despite all the biking did mostly to the department summer conference in a castle by the swedish coast where i have been exploring the surrounding and then in a swedish island with the boyscout following a transvestite scout through a trapper track and also walking with august in sodertälje to then leave for the netherlands and taking a major walk in the woods and fields behind a festival place where i have been camping with myrthe and her friends this to mostly reconstitute myself after all the rock musi and later doing minor walks in utrecht where i also got a bike and in the little town i have been biking to in the mean time to at last end up making small walks with myrthe crossing maastricht after visiting her brother and in dordrecht walking a long distance with many bags and camping stuff from an info center to a ferry and then in the small islands of the natural reserve of biesbosch which we reached by canoe"

16\_065: "quite a summerish month started with a beautiful sun biking all the way to the department summer conference in the perfectly blue sky and also getting a nice weather with

august during the boyscout camping in an island to latter experience a cold and cloudy weather and finally a nice summer heat attending a music festival in the netherlands and a colder and a bit rainy weather later coming back to utrecht which got me a bit depressed till i was able to bike out with more sunny but still cloudy weather and at last experiencing a fully sunny weather canoing with myrthe in a national park"

18\_061: "month with some cold polar wind to begin with mostly experienced it at the boyscout island where i was with august particularly on our way there which caused quite a harsh sea to be crossed and finally experiencing more gentle wind when in the netherlands like when i walked alone in the woods away from a music festival and particularly in all the biking i did around the city of utrecht going both to the east and later to the beautiful south with myrthe to at last experiencing a bit of wind while canoing"

09\_086: "a month highly characterized by allot of deaths in different parts of africa and still some in the arab countries mostly read about on my laptop while in the netherlands where however i could not connect to the internet so easily with my usb stick with the archive blocking the connection every time it was plugged in my laptop"

04\_054: "a quite okay month with not so much bad air other than the dust breathed in the concert i attended with myrthe and later also all the traffic smog inhaled while attempting to bike out of utrecht with my new bike and also some bad air inhaled while traveling by bus to a theater performance and by plane and car during our trip to italy"

15\_054: "a month full of strong and negative emotions to begin with feeling a bit captivated in myrthe's apartment and also experiencing strong cultural clashes with the many young party people in utrecht with a strong going out drinking culture which makes me feel very hopeless thinking of myrthe in the middle of it but then recovering love and poetry with small bike rides together and time spent also canoing in a natural reserve to then again feeling quite depressed about the gray summer weather and little response for an exhibition i am preparing"

17\_044: "clouds certainly observed while in stockholm and still figuring out what to do and often now taking small walks with august after school as well as often walking down to jacek's studio and looking at clouds mostly by the calm water side even when running and annotating the clouds in the back of the card i use to keep track of my speed tracking quite some aquatic animals as well as centaurs with some violent scenes"

07\_061: "portraits taken during a small art fair in stockholm with all non-profit gallery organizers with whom i have socialized while walking with a mask during a performance and meeting a kind of cool jewish musician with his own pavilion as well as some chinese tourist girls with whom i

tried to talk chinese and then meeting a really perverted woman from chicago who was really keen to invite me out and finally a strange couple operating in the island of gotland who wanted me to try to drink some polluted water for an art project"

10\_089: "videos shot for the great part in sweden with the coming of the good weather walking both with august but also with myrthe coming over and exploring with me a small lime stone island and the cute city of trosa but also very much stockholm and the surroundings also explored with august walking around a lake to the botanic garden and discovering new places by biking to the department conference and stopping at several locations to film till finally going to the netherlands and also there filming new places by reaching them by bike such as on a journey to culemborg"

16\_066: "a rather coldish summer with a nice beginning of the month canoing around the biesbosch with myrthe but then experiencing cold and rainy weather back in utrecht to then go shortly to sweden to pick up august and find an amazing sunny weather there and later going to italy and enjoying some nice weather and allot of rain during my friend alessandro's wedding but also quite some sun and heat on the beach with a few days of rain and storm like when visiting the ancient roman city of aquileia but also when visiting ravenna with myrthe to at last get a proper heat particularly back in sweden"

18\_062: "a month with relatively little wind yet started with some wind while in the netherlands going to an outdoor theater performance and then mostly wind when in italy on a beach particularly in the afternoons looking at the building up of clouds in the alps and particularly some strong wind with the coming of the quick summer storms to otherwise experience little or no wind"

14\_065: "allot of summer walking at first with myrthe in utrecht reaching small villages by bike and then taking a walk there before going to northern italy with her and august and reaching nice town like feltre where we also attempted to hike up a mountain and later walking in vicenza and even in the countryside place of my old art history professor nearby venice prior going to the sea side and taking a long walk there going across the pineta and back on the beach and at last visiting the aquileia walking with myrthe and august along the roman ruins of the harbour and later visiting the beautiful city of grado spending later a weekend exploring ravenna and mantua despite the rain"

09\_087: "month of news read while on the road particularly in italy reading many news in the newspaper or on myrthe's phone and finding very catastrophic events relating to airplanes like a tourist airplanes with many dutch people being shot down in ukraine and allot of air strikes killing

hundreds in the gaza strip aside for minor terrorist attack occurring in the middle east but also terrestrial accidents with deadly bus crashes in asia"

01\_127: "a month started in the netherland still working quite hard on my project following up to myrthe's working rhythm and thus working much on my computer but also taking breaks and going camping with a canoe but particularly doing activities related to biking and then going to my parents' summer place in italy and there doing consistently many activities relating to the beach such as putting sun cream or playing beach ball or simply ball with august and myrthe or putting my new sunglasses on and drinking from plastic bottles but also doing quite some cooking in the unusual bad weather and taking small breaks by car to explore a bit of historical places and being quite active documenting them despite having to pay some attention to august and myrthe and at last being robbed of both my smart phone and laptop thus depriving me of the possibility to update my project in the last days of vacation"

03\_069: "an intense period of songs first heard while driving with myrthe out in an island with a rented car then heard at the boy scouts camp with august where i felt a bit emotional about hearing the songs from his childhood and then also going to the netherlands and hearing songs there from myrthe and also at the concert we went together aside from again hearing the songs played by the utrecht bell tower and those sang by the dutch football fans during the world cup as well as some songs heard on a beach in a natural reserve reached with myrthe on a canoe to then going to italy with august and hearing songs from the radio also in bars and latter from francesco's daughter gemma and at alessandro's wedding and finally at the beach at my parents' place hearings songs both from myrthe and from various shops and places"

10\_090: "films shot from the beginning in the netherlands reaching different small towns around utrecht and even exploring a national park on a canoe before going with myrthe and august to italy and traveling to different towns like feltre and exploring also a bit of nature there before going to vicenza and filming the usual environments and then going to the sea side at my parents only seldom filming beside some nice explorations of the nearby roman cities of aquileia and grado and later going with myrthe to explore ravenna and mantua really now concentrating on filming public spaces after my laptop was stolen with all the films i made about the making of my project during the vacation"

02\_125: "a month with rather regular amount of dreams in the first place showing how bad i felt to be without august on vacation but then also showing my worries about loosing flights as well as reflecting all the driving we did in italy alone and with my parents as well as the different apartments we have rented in the different historical cities which has also played an influence in

my dreams as well as the fact that my laptop was stolen and i used my phone to typed for some type together with the expectation soon to receive an italian student who will be living in my apartment for half a year"

04\_055: "a quite clean month aside from being in italian cities like first walking in udine and then biking to the rather big sea side resort of bibbione meeting all the tourist traffic but particularly getting allot of traffic pollution driving to the ugly industrial area of the city of padua where my uncle has a little warehouse and otherwise inhaling clean air while at the sea side and not so much bad air traveling by airplane back to sweden where however i still smell the traffic outside while leaving the windows open because of the heat"

15\_055: "a quite stable month mostly spent in italy with august and myrthe finding a rather good equilibrium there and also doing rather healthy beach related activities like playing with them and also going on small excursion during bad weather and finding august a bit indisposed till at last traveling alone with myrthe to ravenna and establishing some intimate privacy there although getting my laptop stolen but not really being affected by it till at last coming home and feeling at first happy in my apartment with all the comfort but then experiencing a hard emotional period alone feeling hard to endure my distant relationship despite trying to be very healthy and disciplined until sweet myrthe came over to put my heart at peace and really enjoying each other company"

17\_046: "clouds recorded at the beginning of the winter while still unemployed in stockholm taking care of august and mostly bringing him to school and back spending most of time with him and getting probably affected by all the toys we play together"

11\_085: "ideas got first back in sweden at the end of the summer spending some time both with august and myrthe to then reach the latter in maastricht and spending a nice vacation there biking even to belgium and getting a few ideas from the nature there and also war monuments and getting some ideas also from all the love shared with myrthe"

11\_086: "ideas got while back in sweden now spending much time at the university but also spending some weeks at myrthe's place in utrecht now getting several erotic ideas form our time together but also ideas related to my traveling by airplane"

08\_090: "trash picked first visiting shortly my parents in italy taking walks alone and then going back to sweden and finally again to the netherlands where i still manage to pick up trash particularly with the weather getting less rainy and me walking long distances to reach a conference event in amsterdam"

08\_091: "trash initially picked in the netherland at the end of a beautiful sunny spring with the

strike of the trash pickers and street quite filled with garbage and then in sweden at the beginning of the summer to later go back to the netherland and bike alone to different small villages finding trash there on the sidewalk and even the nicely printed cv of an old artist"

08\_092: "trash collected from the beginning in the netherlands with the euphoria of the world cup rising and allot of national support around utrecht where i have been walking picking some trash also picking some in dordrecht on my way to a national park and finally going to italy with both myrthe and august and picking trash on a sidewalk along the sea or in the main city center finding trash from pizzerias and ice-cream places but not so much from discos as i had expected"

08\_093: "trash still picked in the northern italian sea side place of ligano but also visiting the more historical cities of aquileia and grado to the make it by car all the way to ravenna and picking trash there as well as in the beautiful city of mantua and at last in vicenza before coming back to sweden and taking small walks but finding very little trash"

05\_049: "fable inspired by some hobbies i saw at the beginning of the summer during some very beautiful days in sweden and then not really being able to write so much having gone to the netherlands and finishing the story after the holiday back in sweden getting certainly influenced by my reading of memory wheels based on zodiac signs and also using a new laptop to retype the fable but having to adjust to it being the keypad under the keyboard often making me write in other parts of the text"

12\_046: "thoughts recorded during the spring going to august or taking minor to large walks through swedish forests feeling quite puzzled as what to do with my future trying in this respect to be more independent from the university environment and also undergoing sentimental crisis feeling however strong of my walks particularly around the area of the tullinge lake even while carrying my bike down a steep cliff but also thoughts recorded during a very refreshing easter vacation in sunny italy finally rediscovering the hills next to my parents' place where i used to paint"

16\_067: "finally back in sweden after a coldish and rainish summer in the netherlands and then in italy and finding the weather unusually warm and super nice but then experiencing it getting much cloudier with occasional thunder storms and at last the rain coming right at myrthe's arrival but then also again some nice days of sun in which we went out at the beach behind the harbor and could even swim until it got too cold and at last it started to be quite cloudy feeling however quite warm in the last days whenever the sun shone"

07\_062: "a first new acquaintance met in stockholm and actually a quite famous researcher from the netherlands who studied in south africa and later moved to indianapolis to whom i have

presented my project and later went out for dinner and at last allot of cool young people met at an art conference in berlin like a guy from eastern europe but also two italian artists like a crazy one from venice who was really exposed for his age and a girl from south tyrol to then also meet another eastern european girl photographed in front of an orange light and a south african scholar with whom we went out to galleries and finally a cool artist from the philippines photographed out of the hostel where i was staying and a too serious girl from georgia studying in london to become a curator"

09\_088: "several working related casualties particularly in asia but mostly news read on the internet about the conflict in gaza as well as the one in east ukraine but even some natural calamities killing people in nepal and japan and several deadly accidents"

18\_063: "not so much wind from the beginning back in sweden with nice weather but only experiencing it mostly when biking around and at last experiencing quite strong winds with myrthe spending an afternoon at the beach with allot of cold wind and also experiencing quite some wind changes when exploring stockholm while waiting to pick up august feeling also quite some wind when going up to the university and taking a small walk around now recording the wind forces with my new smart phone"

14\_066: "taking a small walk to begin with biking down to a lake in södertälje and walking around finally keeping alone after a whole summer with myrthe and august and then walking during myrthe's visit despite having both to work but taking small breaks to go down town and also walking a bit in stockholm but mostly by myself really enjoying to cross the entire city and later exploring the djursholm island away from the tourists and at last also taking a decent walk from my university out in the natural surrounding"

01\_128: "a month spent entirely back in sweden mostly doing activities related to my thesis preparation like reading and writing which brought little actual physical activities also made less by the replacement of the camera made to make the films of public spaces and the phone to annotate my ideas and the shapes of the clouds and also the dictatophone to record my thoughts all replaced with a smart phone which reduces the amount of objects i then photograph while being outside despite now also wearing my sunglasses which in fact adds an outdoor activity but other than that only doing a little bit of physical work to clean up the room for my new italian room mate riccardo and also limiting now my activities in the apartment because of his presence but otherwise being very constant to go to the gym"

15\_056: "a month feeling rather good alone but having still a bit of trouble with the geographical distance with myrthe and finding from the beginning a good time collaborating with her on my t-

shirts and also generally during the opening where i showed them while feeling down about august who has not being willing to meet me but then again becoming strong reading stoic philosophy in particular marco aurelio and being happy hanging out with my new roommate riccardo and his foreign exchange students friends particularly during a walk in nature but getting a bit down again emotionally about the idea of having to endure the distance relationship for several years to come"

10\_091: "films shot partially with my old camera while still in italy rediscovering the beautiful city of mantua and later coming back to sweden and trying and finding a smart phone with a nice camera so switching to that one to make all my equipment more compact and this time having fun exploring and filming new public spaces particularly discovered while walking around stockholm like to the small show i had up north and filming with a broader angle and with a crisper image than the camera before thus also having to be careful not to film people in front of me especially acquaintances"

12\_047: "recording at last after a summer spent mostly with myrthe and august still however finding a few occasion to take a lonely walk and record my thinking escaping for example from a concert where i have been with myrthe's friends in the netherlands and then later having to wait to be back in sweden to be able to be alone and record my thoughts after biking to a lake and recording in the woods but also buying a new smart phone and replacing my old dictaphone with it to record a more crisp voice while walking through the island of djurgården and finding myself very at ease with the phone"

06\_037: "starting the running section now in utrecht at a nice little oval park outside the historical center but feeling low energy and resuming running only back in sweden also with myrthe at my place and following me to the park but then getting a stiff back and resuming my running with some pain also forgetting to speed up at last at my sixth lap but otherwise feeling physically rather good with regular training at the gym"

04\_056: "a rather clean month staying alot at home and smelling occasionally the nearby factories or the trucks while running outside but otherwise inhaling most smog while going to stockholm city center and getting overwhelmed not only by the traffic but by alot of the road works getting close to big trucks and smoking asphalt"

03\_070: "Songs heard still while at my parents' seaside place in lignano hearing a piano bar playing in a hotel and eventually going there to later also taking small trips by car with the rain and listening a bit to the radio but particularly to august singing for me nice swedish songs making me quite nostalgic and at last listening to the radio on the care traveling with myrthe first to ravenna"

and then to mantua hearing nice programs about old rock bands and asking her to annotate the songs for me or simply memorizing them while driving and she was asleep but also hearing the love songs she would sing for me"

17\_046: "in stockholm looking for a job with the winter setting in but being quite disciplined going running down to the lake and probably seeing clouds then and annotating them on the back of the piece of cardboard where i annotate my speed but also taking there small walks with august making him stay home from kindergarten and visiting a small farm and probably being inspired by it imaging several animals but also dragons and robots together with women at times naked"

02\_126: "a month of dreaming still characterized by the sea side experience with some water related dreams and later affected by my new smart phone but particularly also with my attempt to use a mnemonic technique to structure my thesis by using by grandmother's family villa which affected also my dreams and later in sweden being also affected by commuting on the train and by using facebook getting reminded of some old classmates particularly in preparation of a wedding and lastly also getting dreams quite affected by my attempt to buy an agricultural property by a lake in the alps"

16\_068: "a month spent to begin with in sweden with relatively sunny weather but a bit cold despite feeling quite warm in the sun and even taking a bath in the ocean while going on an excursion with the new exchange students from my university and finding a rather amazing weather at last staying with august at his mother's place before going to italy taking nice walk also on the hills without shirt and feeling very hot while in milan with myrthe but also experiencing a quite powerful storm walking back to my mother's place at night and at last coming back to sweden with a bit of a grayish weather culminating in a nice sunny sunday spent with august walking along a lake in the small village of gnesta"

14\_067: "quite some walking this month feeling to take a break from the much seating and writing and taking august to a station in the north of the city by his mother's house and walking along way from there back in the city despite the weather and also walking several time north of the city to put up a small exhibition with my t-shirts as well as walking with august back in södertälje to at last going down to italy for francesco's wedding and doing some walking there with myrthe following a bit of the pilgrimage route to the saint anthony church and walking quite much in my parents' city of vicenza as well as during a day in milan with myrthe at last walking through the entire city to finally take a very nice and quite long walk on the hills in the sun and surrounded by beautiful views despite the fog"

18\_064: "wind experienced mostly in sweden while walking to install a small exhibition and

generally not feeling any strong wind but up at my university particularly on one occasion doing quidong outside and otherwise experiencing very light wind also in italy walking quite allot but feeling very little"

10\_092: "walking quite a bit in stockholm with my new camera now easily making allot of films of public spaces with a broader view than my previous type of camera and thus also having to pay attention not to film the people right around me but also achieving a deeper vanishing point and now filming also natural spaces while taking a long walk back to the city and during nice sunny days to then go to italy and film quite allot there in my parents city of vicenza but also visiting padua with myrthe and particularly exploring intensively milan feeling also quite happy about the white balance and distant objects which where not well captured with the previous kind of camera"

10\_093: "filming still in italy to begin with in milan but also up on the beautiful hills to then also film a bit back in sweden particularly during a nice sunny day with august in the small city of gnesta and later going to the netherlands and filming quite intensively there prior visiting also gent in belgium but being a bit unable to film because of myrthe's father guiding us and at last going to the most beautiful iseo lake in search for a land to buy and there filming both from the montisola island and from the surroundings with the sun being nicely captured by my new smart phone camera despite the fact that now i can no longer automatically join the movie clips"

07\_063: "nice people met mostly at a conference in berlin and mostly curator art students from london like a nice italian girl together with her danish and indian colleague and another italian girl with whom we had an argument during a discussion as well as some nice guys like one from prague who used to go around with a big paper archive and a german student studying theater but also a quite famous chinese artist making calligraphy on bodies and a swedish philosopher studying with me with whom i hanged out during these days"

07\_063: "a month with several casualties caused by natural calamities particularly in asia with allot of rain but even a volcano explosion but never really causing too many casualties like bombing in the middle east and also in africa where numerous have died even though the news come very hidden on the website where i look for them and then also killing in central and south america"

15\_057: "a good month after the rainy summer enjoying the summerish autumn going to italy and opening up with francesco's wedding and some beautiful walks particularly on the hills of vicenza to then don't really liking the traveling by plane but anyway having a fantastic time with august walking by a lake and getting very happy together followed by my trip to the netherlands trying to keep writing and training but getting a bit in a bad mood particularly with the occasional bad

weather and at last getting more happy while traveling to belgium with myrthe's father and also thinking about my new land in italy and in fact getting allot of energy being at the iseo lake exploring it and seeking for a land meeting friendly folk and feeling really good but not of my trip back to sweden with the rain and gray weather awaiting me there but also a very nice august with who i spent a very happy weekend going down to the antroposophic center and also playing in playgrounds in stockholm"

01\_129: "a month with allot of traveling to italy to begin with photographing allot of keys and remote controls to enter my parents' fortress and later coming back to sweden and writing and thus really using many objects also as well as when traveling to the netherlands and later going back to italy to check a land to buy at the iseo lake and still using quite allot my smart phone till at last coming back to sweden and waking up very early every morning and in the complete darkness doing mostly computer work but also at last purchasing a van to fulfill my italian land plan"

04\_057: "a quite polluted month particularly in italy walking both in my parents' city of vicenza as well as in bigger cities like padua and milan to finally get back to sweden and also there experiencing allot of traffic walking to get some t-shirts back from an exhibition and at last going to the netherlands and traveling to belgium with myrthe's father finding quite some pollution there particularly in the city of utrecht and only finding fresh air back in italy searching for a land to buy in the iseo lake but even then breathing allot of traffic walking along the lake road without a sidewalk and in the city of brescia but also a bit coming back to sweden from the factories nearby my apartment"

05\_050: "a fable inspired by the fruit gnats i had at the end of the summer in my kitchen and also obviously quite inspired by the classic fable of the food in the tree but then also related to my experience of wasps in the swedish beaches and the experience of a concert i went to in the netherlands till at last getting quite inspired by the reading of one of marco aurelio's thought about the intellect being like a ray of light and relating thus to the pantheon"

14\_068: "a month of intense walking aside form back problems started in my trip to the netherlands where i walked both alone and with myrthe in utrecht but also went with her father and girlfriend to gent mostly following them around and at last also walking a bit in breda prior going to italy and exploring the east side of the iseo lake looking for a land to buy and making long stretches also from sale marasino where i stayed and sulzano where the agent was walking both an ancient roman road on the hills and the trafficked road by the water to at last come back to sweden and take small nice walks with august particularly in the atroposophic center of jarna and at last taking a long walk alone in gothenburg but also with myrthe walking particularly close to

the nice area of jarntorget prior going back to stockholm where i bought a van to sleep and work on my italian land but that i also plan to use to explore the surrounding and drive to august without having to walk too much through the city"

17\_047: "clouds recorded mostly while living in the stockholm suburb taking care of my kid and of myself going running by the lake and observing clouds there as well as in the time spent in the countryside preparing my land but also traveling to italy and taking walks there on the hills as well as going to cloudy austria for a conference and observing allot of flying humans with several animals some of them scary and a few naked bodies"

16\_069: "a quite sunny autumn almost feeling like summer when in utrecht and visiting gent in belgium but then also experiencing a turn of the weather while in breda and finally going to beautiful italy experiencing the summer there walking on the east coast of the iseo lake and also feeling very nice weather back in sweden which was rainy at first but then got nice while visiting gothenburg to then get worst again back in stockholm with occasional nice days"

18\_065: "a month with some wind experiences particularly while walking alone in breda and during a night spent on a hostel right next to the iseo lake with the wind almost reaping off the windows and at last experiencing peace till coming back to sweden and feeling allot of wind while in the antroposophic center of järna with august playing against the wind and recording allot of changes and finally mostly experiencing an autumn wind bringing down the leaves from the trees while in gothenburg particularly exploring high positions such as the forts on top of the many small hills"

11\_087: "a month spent mostly in the netherlands getting however several jesus related ideas but also spending a nice and sunny day in berlin getting several ideas there particularly also walking alone in the city and exploring extensively the suburbs before occupying more my brain with work related issues"

11\_088: "ideas probably also much influenced by my time spent with myrthe and away from her back in sweden feeling a bit frustrated of our distance and getting ideas from the ugly urban reality like the many charity asking gypsies but then also at last getting ideas going for a week in venice and checking the biennial there while also walking with myrthe around and also getting ideas simply by flying with airplanes"

09\_090: "a month with still allot of killing in the middle east particularly now that also the americans are bombing the islamic state advance and despite this also allot of dead people in africa where the ebola is spreading and even other natural calamities killing in the rest of the world"

15\_058: "a nice month with several exciting things like buying a new car and spending very nice weekends with august exploring the nature and getting the last autumn sun as well as spending a very nice weekend with myrthe in gothenburg despite feeling a bit disturbed by her friend rene and then also keeping feeling very happy about the new land in italy despite having a bit of troubles sleeping because of my bad back and finally really enjoying a car trip with myrthe all the way to the netherlands and feeling very cheerful with her but one bad day feeling shit for sleeping too little and being in the gray weather here alone"

04\_058: "nice air quality in sweden particularly on the west coast where i spent a nice short holiday to then be much indoor in my apartment with the rain out not really exposed to traffic but finally getting quite some traffic getting stuck in traffic jams on my way out of august's place and also on a two days trip with myrthe by car to the netherlands smelling gases while sleeping at a gas station in a rainy night and then going through big a trafficked city like hamburg and at last smelling good air in utrecht aside for some bad air at the mechanic and then on the plane on my way back to sweden"

10\_094: "a good amount of films shot in public spaces first of all in golden italy around the iseo lake while attempting to find a land to buy there and then back to gray sweden finding otherwise a nice weather on the west coast and film much there to later go back to the east coast and make some filming of public spaces making small excursions with august and also going back to his grandparents' city in uppsala and visiting the nice viking burial ground there to then drive away from sweden with myrthe and ending up visiting some interesting places like bremen in germany and later zwolle in the netherlands and there also extensively exploring den haag for the first time finding quite dreadful public spaces there to then explore the more gracious ones in delft"

02\_127: "a period alternating many dreams and little dreams due to traveling but nonetheless having many dreams related to my new land in italy bringing back the landscape to my dreams as well as my parents and also having violent dreams due to a few times i went training karate at the university where i also got badly influenced from the working environment and also getting dreams related to my new car and the trips i made with it giving back a landscape to my dreaming and finally getting influenced from a few movies watched with my kid particularly animation movies making certain of my dreams bizarre"

07\_064: "a period spent in berlin meeting alot of artist people such as some students from zurich but also a curator from taiwan and a few russian and african actors who i saw at a play as well as a weird girl from the philippines and a solar girl from spain who kept rather poor in berlin and then back in sweden a russian scholar"

01\_130: "a month spent initially in gothenburg exploring the city alone and with myrthe but not doing many indoor activities as we were hosted by her friend and then moving back to stockholm doing a lot of car related activities there such as removing the rust on the door of my new van and cleaning inside as well as doing a lot of office related activities also arranging to buy a land in the alps and finally driving all the way with myrthe to the netherlands and mostly driving unable to do many activities but then coming back to stockholm and working hard to finish the show room in my bedroom doing mostly electronic connections on various installed devices"

03\_071: "an intense period of songs started in italy at my parents place first going to buy a pair of english shoes listening to english love songs and later listening to my little nephew anna who has been transmitted the tradition of my grandfather bruno mountain songs and later listening to a lot of songs during my old best friend francesco's wedding even listening to old disco songs from our youth and then also listening to different songs while walking around milan and also back to sweden at my university gym where a new radio has been installed to then finally going to gothenburg and meeting myrthe there and hearing her singing a lot of songs to me"

16\_070: "A month finally experiencing the coming of the winter with the first nights of minus degrees and a period of warmth experienced going down in a lot of rain to the netherlands by car and then coming back to sweden and experiencing a few very sunny and bright days before the weather got bad again and at last even snowed while i was staying with august at his mother's place."

14\_069: "quite some walking this month now that i drove my van down to the netherlands with myrthe taking minor walks in small german towns and bremen but also in zwolle and lastly visiting the ugly city of den haag as well as the cute city of delft and just walking a lot in utrecht mostly to park the car without paying before at last coming back to sweden and having august for quite some time and doing quite some walking with him particularly in sodertalje and quite a lot also in his island but mostly to do grocery and take the metro without the proper ticket as i used to do when i had little money"

18\_066: "a period of wind experienced to begin with in a nice autumn day spent with august on the viking burial ground of uppsala to then experience a worsening of the weather with relative small wind till at last driving with myrthe down south and spending the night in ther german boarder with denmark sleeping in the van by the coast with a strong wind setting in that almost ripped the back door of the car and finally spending time in the netherlands with light winds experienced when walking around den haag and delft and also some minor wind experienced back in sweden during august sutumn vacation"

17\_048: "clouds documented in the beginning of the winter living in the stockholm suburb and hanging out a lot with august particularly after picking him from school taking small walks around the lake and also going running there and observing the clouds seeing now a lot of people standing on different animals and creatures"

15\_059: "an okay month despite all the rain and the distance with both august and myrthe gaining some energy coming to italy and talking to people walking a lot around venice but also feeling frustrated about the land looking around and don't really finding anything appealing also sleeping to little but finding moments of strength to keep up my search and getting really filled from the few but warm days of sun here"

04\_059: "a month with initially quite some clean air but then breathing a lot of the factory pollution out of my apartment in stockholm particularly during the autumn holidays spent with august and later breathing better air at his place despite the morning traffic with parents driving bug cars to leave their kids to school and finally breathing good air while in venice only inhaling some of the small ferries pollution and later inhaling a lot of bad traffic air in vicenza particularly while going around with my mother's car looking for a land and having to go through small roads with big trucks on my way to the hills and the alps"

09\_091: "a month with no so many reports of deaths and very scattered ones from all over the world with recurrent bus accidents in cantral america and asia but also bombers in nigeria killing many people for religious reasons as well as an outbreak of plague in madagascar but few deadly cataclysm beside land slides which i read of while in italy also submersed in rain"

01\_031: "a month started going early to italy and having a lot of activities there taking many pictures per day mostly due to all the small tasks i had to do for my mother and all the keys and remote controls i had to use to access the many different spaces and later going back to sweden and doing a lot of activities dismantling all my show room to rent my room to a sicilian guy with his girlfriend and finally going to myrthe's new place in the netherlands and also there doing quite many activities to help her getting settled particularly putting up many lights"

14\_070: "quite a lot of walking to begin with following my stepfather in venice and getting quite disoriented of all is intricate paths but then finally feeling more oriented walking alone and later doing a lot of small walks to check different lands to buy shortly next to iseo lake finding the terrain to steep and then north west of my parents city of vicenza where all my ancestors are approximately from and also doing a bit of walking in vicenza itself and brescia waiting for the airport bus to take me back to sweden where i did some walking with august despite the weather but also a bit walking in the netherlands and particularly in utrecht going up and down to different

print shops to prepare a show for dublin"

18\_067: "a tranquil month with little wind experienced from the beginning in venice and then at my parents while doing activities with them outdoor like walking or moving boxes from one garage to another but also checking around for a new land to buy and finally getting back to stockholm and experiencing a lot of wind but mostly by looking at it from my window giving the very bad weather and also finding a cold but much more tranquil wind in the netherlands taking small walks out of myrthe's new place"

16\_071: "a month started with italian bad weather particularly in venice with rain and exceptional high water yet still quite warm and in fact finding a beautiful solar weather in santa caterina nearby my native highland where i bought a little place to then come to sweden and find an awful bad weather but also some sun but very short days before moving back to the longer days of the netherlands however finding the temperature much more unbearable with the cold humidity and only one day of sun"

15\_060: "a quite okay month feeling happy about being with myrthe in our new and spacious place in utrecht increasing our life quality and also getting very enthusiast about the preparation of two big shows for next year as well as for my thesis writing and the help i get from my supervisors and mostly almost from the beginning feeling very happy about my new apartment in my native alps although feeling a sad to have to leave such an amazing place and generally feeling quite sick about traveling"

17\_049: "a christmas holiday spent in italy still with august and liselott enjoying the sun there and occasional clouds detecting several crocodiles as well as boats with also several skulls and skeletons and only a few naked women"

06\_038: "very little running done due to my physical conditions turned weaker by the swedish darkness and the traveling resulting also in a stiff back made only worst by running and also a frozen winter which anyway allowed me to run mostly while in the netherlands most of the time at the tea spoon park feeling quite well there with my purposely bought shoes and finding nice days to run"

02\_128: "a month with trouble sleeping and a lot of moving around but eventually at last having good dreams particularly related to my cottage and the surrounding alpine landscape but also quite inspired by movies i watched most of all with august and by the places where i slept like in the filthy studio that jacek rented me with some weird people also living there and myrthe new house in utrecht"

09\_092: "a month with small natural calamities but on the other hand a lot of small terrorist

attacks committed in the heart of civilized countries like australia and france making me quite indignant about how the islam business is turning out and beside that also much more fighting and unknown numbers of deaths against the islamic state and still people dying of ebola"

03\_072: "an autumn period of songs heard both in my new car reviving many opera discs and in the university gym listening to the radio but also while with august who started singing pop songs and with myrthe particularly in venice walking around with my stepfather and hearing many songs in the church and from outside buildings and even from people carrying trash as well as while being in vicenza at my parents hearing anna singing and the tv playing songs but then also mostly not hearing any music back in sweden and mostly hearing it while in the netherlands with myrthe singing in her new house"

04\_060: "a month mostly spent in the netherlands having no apartment of my own for some time and breathing mostly bad air while commuting with the bus to the airport and in the airport and otherwise finding decent air in the netherlands also going out to run but not so much good air in stockholm walking to the library and to august through quite some traffic"

08\_094: "trash collected in sweden mostly during election time finding most of it while walking in the nearby town of södertälje with several stands representing different parties but also finding different muslim related fliers and more commercial fliers after walking in stockholm amusement park"

08\_095: "still some trash collected in sweden at the beginning of the autumn with still some election related fliers but mostly commercial trash collected while at my parents' place in the small city of vicenza and even in padua walking around with myrthe"

08\_096: "some trash collected while in sweden walking through södertälje and stockholm but most of the trash found in the netherlands during my long staying there collecting fliers from both the utrecht sidewalk but also from breda walking alone while leaving myrthe to work"

08\_097: "walking mostly around the city of gothenburg while leaving myrthe with her friend and collecting quite some trash there like tourist fliers and later also picking some trash while in the netherlands mostly on my way to the park to run before the bad weather got picking trash quite difficult"

16\_072: "real gray and boring november weather in sweden but then going to the netherlands to find a nicer and crispier weather which also allowed me to go and run but then also experiencing and heavy storm driving to a small airport in germany and finding a beautiful sun while with august in his island followed by days of snow and a more interesting weather in stockholm with several sunny days allowing us to go for small walks and enjoying the few hours of light"

18\_068: "a month with relatively low wind and even quite warm wind experienced in the netherlands but also a very heavy wind driving to germany to catch a flight back to sweden where the wind was very low also when walking with august prior christmas and even during christmas back to the netherlands"

14\_071: "a month of little walking done mostly in utrecht and also a bit in the city of nijmegen but also a bit while in sweden walking through stockholm and with august in his island to do grocery and in södertälje during christmas where i also walked a long way with an heavy bag to the train station to reach myrthe for christmas day walking a bit in belgium with her and later in maastricht on our way to church"

01\_132: "a month started with little activities having no house where to live but then doing some work in myrthe's new house and also at august's place rearranging the room i made for him and then doing mostly computer work for my thesis and exhibitions to at last going to the netherlands for christmas eve and driving down to italy to do a lot of work in our new mountain cottage as well as doing outdoor work to clean up our fire wood place"

15\_061: "a month with a lot of readjusting to do having set my big room for rent and feeling a bit distressed to begin with to move to my guest room and later also feeling not so happy in the netherlands over christmas but slowly getting happier moving to my new house in the alps and feeling worry there about it but then having a very nice time with myrthe exploring around and feeling happy with one another later also feeling quite happy with a swedish artist friend over getting a bit scared of the mountain heights and feeling distressed about it over night"

05\_051: "story written over a long time and inspired by the winter animals and cows still observed while with my son and particularly relating to the american buffalo and my trip to buffalo cities a few years ago when i got really surprised of the strong american recession and the increasing repopulation of wild life"

04\_061: "a beginning of the month with no so much pollution other than mostly the usual bad air inhaled when walking with august next to the truck gallery next to my place in sweden and then also inhaling a bit of bad air driving down to italy but mostly inhaling a lot of smoke not being able to start the stove in my new mountain apartment till at last myrthe and i managed to get it going properly and finally mostly inhaling traffic pollution while driving her to the airport or simply walking with a swedish friend across vicenza after several days of fresh and pure air up high in the mountains"

11\_089: "ideas got while mostly in the netherlands spending a rather cold summer vacation with myrthe's working most of the time and getting quite some ideas related to our making love and to

generally and the dutch context also visiting the countryside and seeing mills there and later going to england and getting ideas exploring the countryside context there"

17\_050: "a month spent mostly with august picking him from school and also now walking particularly to the south of stockholm for some work there and observing clouds also while running or going over to jacek studio looking at cloud there by the lake detecting several knights and babies but also cowboys and different animals"

14\_072: "not so much walking to begin with due to the northern european weather but then driving with myrthe to our new mountain cottage in italy and walking quite a bit in the city of trento to then also visit my parents in asiago and taking a longer walk there and even trying to walk up the novegno mountain behind our place but don't really managing till at last having a swedish artist friend coming over and with him doing a lot of walking up also very much improvised up and down the mountains and even through the pasubio galleries till at last going back to sweden and doing a little walking with august in the gray södertälje prior visiting myrthe and talking nice small walk both in utrecht and later in maastricht also walking a bit with his brother on the hills"

16\_073: "a month with many different weathers driving with a snow storm to our mountain cottage in italy and then experiencing a very sunny period both in my native asiago and in santa caterina exploring the many mountains there and also experiencing the too hot winter weather in vicenza before going back to snowy sweden and later move to holland finding a cold humid weather with some nice sunny days"

18\_069: "experiencing a lot of strong wind particularly in the night in our mountain cottage in italy making all the trash out and even a roof covering some sand flying and also experiencing a strong wind walking with a swedish friend up the novegno mountain detecting many forces based on its exposure and at last also experiencing quite some wind both while in sweden and particularly in utrecht going out with myrthe for a pizza at night"

07\_065: "an italian guy met on my first visit to the netherlands going by train to visit myrthe and then a crazy and pervert finnish guy met on a walk with august to södertälje center before also meeting a few arabs again traveling back and forth to myrthe this time by train and at last people met while in boston for a conference such as an italian researchers who made his money doing internet administration and a pakistani writer introduced to me by my former neighbour blake as well as an estonian art critique and a waiter from the conference reception"

09\_093: "beside yet another airplane crash i heard of while in italy on vacation reading news on newspapers there this month was characterized by a lot of terror attacks causing several deaths

but also a lot of indignation particularly due to a shooting in a comic magazine office in france even if a lot of more people are dying every where else like still in syria but also in the ukraine"

03\_073: "music heard over christmas in maastricht while with myrthe's relative listening to kid's music which also was similar to swedish children songs i knew and then attending also the mass and hearing songs there and later in the car driving all the way to italy having myrthe writing down songs for me while i drove and also having myrthe singing several songs and even hearing italian songs from my youth at the restaurants and shops where we were mostly in the small town of schio"

06\_039: "finally resuming running now after the winter and all the traveling buying daily entrances at a gym in utrecht and running on an elliptical machine there but finding it way too easy and having to adjust it to make it more difficult but then also coming back to sweden and running on the elliptical trainer at the university gym doing good but then feeling a bit tired in the end too used to seating for my thesis"

01\_133: "a month started in my new cottage in the mountains doing a bit of fixing but also a lot of walking in the sun and mostly taking care of the lighting of the fire and later going shortly to sweden in my new little room but getting things working rather functionally doing activities in either my little room or the kitchen o the bathroom but feeling rather nervous in such a small environment with also little august and the snow out forcing us to keep inside but anyway managing later to go to the netherlands and spend a whole week not only on my thesis but also building a prototype of my case study and also doing a smaller version of it beck in sweden to then feel a bit lacking activities to do with both myrthe and august coming over"

15\_062: "a quite depressing month away from the sunny south and working hard both on my thesis but especially on a prototype of my tomb feeling quite down in the netherlands with myrthe working very late and feeling very nervous in my little room in sweden especially with little august but feeling at last happy for him after discovering that his mom found a rich guy"

12\_039: "an amazing amount of walking alone mostly from the metro station to my kid and his mother's flat in the wealthy part of town but also some exploring and recording of the run down industrial area where i am now moving and thus reflecting on this change also quite affected in may thinking by all my academic readings after a lecture in örebro university in the inland of sweden where i have also took a long night walk to the city now that i am more independent but also have far less securities and my future has not really any reference point"

18\_037: "much time spent outside in nature mostly walking and thus much wind experinced aside for some days indoor and yet very mighty wind except for the one experienced in a small

university town in the inland of the country where it was in fact quite powerful"

03\_054: "listening allot of new music like while driving in the car or partying with friends in a few instances using the internet to play revolutionary songs but mostly the songs came from a trip on a russian cruise where popular songs from the last two decades were constantly being played in corridors, waiting halls but also bathrooms, some songs also were recognized from street musicians like a russian jazz band playing american hits and two gypsies playing old italian hits"

01\_107: "the last period spent united with my family although silence has fallen between me and my now ex wife thus a paralysis of activities in the apartment despite I have still kept up with my digital archiving and much walking outside but also the building of a bed out of a door frame and on one occasion an excursion out with my kid with lighting of fire and barbecueing, aside from that back and forth to the university with the many transportations but also a few days in an other university the inland"

02\_108: "a big shift now that after ten years since the very beginning of the project i have separated from my swedish girl and went to live in the suburbs thus dreaming several times about my new place, about different girls, potential new girlfriends but also much time spent commuting and thus several train based dreams with some fear about the actual suburb where i have moved that has a bad reputation for immigrant crime, some dreams related to university assignments and supervisors but also a bit of dreaming about my soon christmas holiday at my parents and in poland with jacek and some birds related dreams influenced by my fable writings and at last some influence from my new black room-mate from talking allot about his motherland gambia"

07\_048: "leaving sweden after a party in the countryside where i met the girlfriend of a guy who used to come to my school in italy and then setting off to kaliningrad in russia meeting an egyptian guy also going to russia as is swedish working visa was expiring and then right in russia meeting some art curators one with rumanian roots and the other with german all being rilocated by the soviets to this non-land and then conducting a workshops with teenagers from the eastern block, a rather nice a diplomatic estonian and a girl from moskow but particularly a very nice girl from the northern karelia who spent a year in the united states and was much diplomatic but also much charming taking actor classes"

10\_067: "right back from the russian trip now taking walks around the city and the suburbs where my kid leaves which i am about to leave for an industrial suburb down south which i also explore particularly when the snow comes and i take advantage of some beautiful days in which i also walk long distances to save money and get into some nice landscapes like a winter lake where i used to take my kid"

08\_073: "in the old german prussia, now russian kalingrad doing a workshop and walking quite allot but really find quite little on the sidewalk aside for the city center and at night before the matrioska (old russian women with a handcarchief on their head) goes out and sweep the sidewalks, from prussia then going for a week to my native highland in the alps and picking a bit of trash in the touristic village to then return to sweden in our new apartment in a well-off island with really no much trash aside for the one i pick going to visit jacek in the center of town"

08\_074: "still in sweden picking very little trash now that we live in the suburbs yet picking some when going downtown to rent movies at the library but then also finding a bit of trash during a boat trip around the baltic in tallin and saint petersburg and helsinki, this despite the much snow which has really deteriorated the little i have found"

09\_062: "the conflict continues in the middle east and particularly syria although between the rebels and the dictator's army although the media no longer put much attention on it, but on other casualties again striking the much hit philippines but also central america and other minor accidents in third world countries but particularly a fire in bangladesh killing many hundreds workers"

14\_041: "now that i have moved to a new place in the southern suburbs several were the walks checking out the neighbourhood in minus degrees with frozen landscape and expecially walking down the center of the town by the river, not to mention some evening walking to buy some grocery in the middle of town and then go to the station where to visit my kid in the nort of stockholm several times a week, including few weeks with no money and trying to walk as much as possible, avoiding the public transport and enjoying the polar weather, thus also walking very long along rivers and bridges to save a few crowns also while carrying presents to my kid like new skies and shoes, ending up at last in a conference in copenhagen where i took a pilgrimage to the mermaid crossing the whole town from the central station and back, then also visiting an art museum in the country and exploring the shore despite all the rain and humidity and finally with some colombian friends taking me for a walk to an anarchist island in the city"

18\_038: "minus degrees but rather settled weather to which i have been exposed quite much in my outdoor walking except a day spent at home with a very strong wind outside bringing a powerful snow storm"

16\_042: "a strong setting in of the winter with the first snow turning the landscape all white and keeping up for several days with eventually a few all blue days and sunny and minus degrees much reminding me of my native alps despite the snow being very dry and the weather at times getting warmer but then going back to something they here call wolf winter from which i took a fre days

break by coming to the rainy and far more humid denmark for a conference where the snow has quickly melted"

07\_026: "still unemployed and taking my kid on nice walks by the lake where occasional clouds comes despite the very nice autumn and some clouds also while working on my vegetable land at his grandparents' farm, still imagining allot of flying birds as birds indeed in this season are migrating away from the approaching winter"

05\_037: "the character of this fable is based in venice and her longing for the mountains is actually my longing to my native alps from which i try to return after the failed swedish experience with my ex wife, their feminist obsession with masculinity, the whiteness also increased by the recent snow and the blackness really much represented by my new black room mate from gambia"

04\_032: "rather pure air despite the fact that i am now living in a more industrial part of town and have in the last month covered big distances on foot but the cold and nice weather has kept the air rather clean apart for some time spent in copenhagen with much polluted traffic and people smoking everywhere and then another period in italy having to walk from the airport to bergamo with quite a big load of traffic but then again bein up the alps and breath pure air particularly at very high altitudes like over two thousand meters with much thin air"

15\_032: "a period pierced by strong sadness, first in denmark after presenting my work and feeling rather misunderstood and then with my kid celebrating christmas alone prior departing from one another but then some good time spent with jacek hiking up the dolomites with thrill of being sucked in an avalanche which gave us much to talk about and was really rinvigorating and then home at my parents in the alps feeling rather okay but sometime a bit oppressed by the family environment spiced up by joyous relatives' dinners"

09\_063: "still more bombs and explosions in the middle east but also some crazy man shooting in usa and switzerland with a few accidents in the alps"

01\_108: "in my newly bought apartment now shared with lamin setting up first a room for him with a double bed then improoving a bit my own but mostly fixing up things without really spending much money and already paint up the room with the stuff i wish to produce otherwise being at the university despite not having any money to afford the metro ticket and having to walk long distances also to stay with my kid and do a little bit of renovation in her mother's apartment till i left for a small conference in copenhaghen and explored allot the city doing my archival projects to then seat for hours on at the boring conference feeling rather depressed but then going to italy driving quite much around the alps with jacek and then staying with my parents in my native mountains doing quite some crosscountry ski with my stepfather and finally joining

jacek in poland where i started editing allot of the accumulated video materialbut also explored and ending up at the boarder with check republic with his friends playing games, drawing and cooking with them"

07\_058: "in krakow with jacek and with his friends to the mountains for new years eve getting to know them all quite much in the music scene playing in bands like maci and lukas who got really to like my project and lukas' girl olla who speaks fluent swedish but then also meeting many of jacek's cousins like anya with whom i taught italian lessons at her school finding her really quite enthusiast and her athlete boyfriend with whom i might launch a commercial Website and his warsaw cousin who was into a tv channel of some sort but more introvert then also getting to know an huruguaian girl escaping from sweden and keeping it in the more affordable poland and at last martina the experimental musician really cool indeed collecting sounds in the city till late at night."

18\_039: "a month spent all traveling to denmark and then to my alps and then poland thus being quite exposed to the wind in all the outdoor excursions despite it no being so powerful but once walking up a small mountain the checz rebublic with the wind blowing throw the trees at various intensities and up a mound in krakow"

14\_042: "walking to catch a bus in the middle of the night corssing the industrial area where i live and then in italy having no money and walking from the bergamo airport to the station to then join jacek and walk him all around my parents' city of vicenza even up the hills at night and then in the dolomites on the high snow trying to reach some lakes but finally causing an avalnche and almost dying but then just simple walks also with my parents in my native highland down to asiago center and finally to krakow where despite my left knee hurting jacek took my on a long pilgrimage to a monastery by the big river but also across hills with wild dogs and finally some walking in the suddetic small mountains in the checz republic and much walking in the latter part up and down and across krakow to come back from the dentist in nowa hut and across desolated concentration camps coming back from a high school where i taught italian and then much walking to meet people and produce work for an upcoming exhibition including much getting lost in the city center with its surrounding looking pretty much the same and disorienting me"

16\_043: "in the icy cold yet dry sweden but then going down to italy finding snow but rather sunny and warm weather with some very nice days in the mountains but then some more cloudy ones in my native highlands always followed by sun though and then also find almost a spring weather in krakow in the checz rebublic followed by a much chillier weather with the temperature dropping below zero and much cloudy and snowy weather"

02\_109: "dreams i wrote while traveling and therefore not so regular but i did manage to get some good nights dream at my mother's place and at jacek's place particularly influenced by being with my parents in my native mountains where i got into an avalanche accident and in poland where i was walking with wild dogs around and i went to dentist"

10\_068: "filming in the emancipated suburbs of stockholm with the snow and then many filming all through the city of kopenhagen from the station to the harbour to then go to italy and film from the bergamo airport to the city and then my parents' city of vicenza and up on the dolomites with jacek where we were had an avalanche accident and in the beautiful south tirol filming in the gorgeous village of castelrotto and in bolzano at night to then go to a small village on the garda lake and back up to my parents in my native alps of the asiago highland where i had fewer chances of filming due to the crosscountry skies i used when being with my stepfather"

10\_069: "more filming in my native highland of asiago and also in the village itself to then go to krakow and finding a very nice spring-like weather to film on our way to a monastery along the main river and also in a small new year's eve journey to the sudetic mountains at the border with poland but also visiting and filming many destituted town around each boarder when finally the real winter sets in a film on my way to business in krakow ending up in desolated suburbs and even a concentration camp otherwise filming in the beautiful historical center and the big main square"

07\_049: "in prussia, meaning the most west russia or better the very isolated kaliningrad facilitating a worksho with students from all over russia and there meeting very interesting people like on a bus a guy from kazakistan now working as a nurse in germany and a very intelligent moskow guy which might have actually worked as an infiltrator and new otherwise quite much about opera but then also meeting the swedish facilitators like a half estonian guy looking and reasoning much like an aristocrat and a nice girl from skåne who was quite talented with crafting things but got quite wasted on cigarettes and alcohol and a polish young architect and a straight forward ukrainian girl who was also about to start her doctorate and had not so much nice views of sweden and the tasteless food there"

03\_055: "much eighties and nineties hits heard on the corridors and in the bathrooms and in the hallways and shops of a russian cruise during a last trip with my ex wife and son to then be rather isolated and musicless for sometime other than gipsies street musicians also dressing up like santa claus and playing christmas songs or a choir in kopenhagen singing the usual santa lucia but then also in the alps in italy hearing christmas music broadcasted in the square of a beautiful small town"

12\_040: "still reflecting on my recent trauma concerning the separation with my wife while now walking many a miles to reach my son having no money for the metro ticket but also now starting to walk and reflect about my new condition in the deep industrial and emancipated south of the city yet very solar and nice but also recording myself on few occasions in my native mountains where i could barely be alone with all the friends and relatives and later also some recordings in krakow crossing through portions of the soviet like suburbs and eventually ending up in a totally desolated concentration camp feeling deeply the horrible effect of all political regimes"

04\_033: "a period characterized by much pollution inhaled first on my trip over christmas down to the north of italy landing in bergamo and walking to the center from the airport inhaling much exhaustion gases and then also in my parents city taking jacek around and still breathing quite a bit of the traffic but then finally some fresh air up in the mountains from which i left to go to southern poland and find a totally stagnant air fully condensed with coal still used from soviet times to warm up many houses in the slightly depressed plateau where krakow lays and thus getting to breath that bad air with jacek really wanting to reach a monastery out of the city outskirts but then going to a much cleaner location in the small mountains of the alsazia region to then get back to krakow where the wind has blown and the real winter has sat in leaving a cleaner air yet still having a times to avoid the city traffic by walking from jacek's house to the center by the big river but at last coming to the totally fresh but icy cold air of sweden"

13\_028: "a painting started in the summer in my ex wife parent's farm in the house i have renovated among all sort of furnitures and boxes packed in the dining room awaiting to be moved to our new apartment yet being unable to complete the painting in such caotic conditions and with all the demands set on me from my ex wife's family and all the work required from them to clean up the attic of much of their trash but finally having to wait to move to my new studio/apartment and there at last being able to paint over the details of this painting which again shows this dropping mass over a more colorful background and a flouruscent spot which should be behind the mass but comes out with its irradiation plus a obliquos cut which is some sort of grass mountain like terrain over a more burning like sky in a diagonla which is more of descendance than a ascendance"

17\_027: "unemployed and in the stockholm suburbs with much time spent with my kid out walking around big body of water in the autumn and observing clouds from over small cliffs and reflected in the very lake where i also go often to run and get affected with many birds and aquatic creatures in my subconscious imagination but also many guns maybe due to the movies i rent occasionally or the russian literature teeling of duels i read"

15\_033: "a rather happy month with very little moments of low energy despite the fact that it is my first christmas holiday without my wife and kid but really now having most glorious days with jacek and his friends after all the readjustments of my trip to poland and then a rather quiet week running around printing my works in krakow and eventually also having a good time with other friends but finally feeling rather exhausted of social life particularly on my way back to sweden and to academia where really i have been trying to be alone and finally found peace in all the philosophical readings for my new courses"

03\_056: "songs heard from the beginning from my mother who was singing in our family mountain cabin to my sister small kid and then songs mostly heard while in poland with jacek's friends celebrating new years eve in a cabin on the hills and singing together in the kitchen or down in the basement dancing old hits and then on the car trip back to krakow but also in krakow at various cafés and with jacek's cousin the italian school teacher with whom we listened to many italian oldies i almost forgot about and were a new entry in my record of songs despite they have marked an age in my childhood but also songs we children sang we sung with her students and then back to sweden hearing songs from the radio now while training in the university gym"

11\_069: "in the beautiful andalucia getting inspired by the mountains and sea landscape, the churches but also by the time spent driving and on the airplane to then go back in our country house in sweden where i felt rather frustrated manifesting this through several pornographic ideas but also surrounded by the nature such as the cows and the insects and the golf players typical of the place not to mention the forest where i have attempted to camp"

11\_070: "in the old prussia getting inspired by the soviet cities but particularly again of all the flight and airplanes i had to take to then reach my native alps and getting many ideas there from the natural landscape but also in a roller coaster theme park where i spent the day with my son and his mother to then spend a day on an hot beach of lake garda getting quite some ideas there with all the people sun bathing and from there back to the less inspiring life in sweden where the harvest time had come"

09\_064: "more irregular now my checking of the news since i don't have an internet connection in my studio/apartment yet checking it at work and also hearing about for instance the disco fire killing hundreds on the metro but also on a public television where the french intervention in mali was broadcasted aside from it the usual terror attacks in the middle east making few casualties"

05\_038: "a fable conceived in the attic of jacek's father tedeus in krakow while being surrounded by many of his religious figures and crosses and all the still alive religion experienced in churches and monasteries still alive with monks and nuns describing this bird which is orange like the ones i

used to experience in north america but then also changes colors picking different new meanings like that of buddhist monk to that of a japanes emperor where he becomes the red sun himself and later refiguring the japanese second war world push towards america and the bomb picked like a mushroom by a god turned to a devil which contrary to the legend reaquire his divine state by falling rather than becoming lucifer and at last the story connects back to the beginning with the crucifixions of his sons angels devils and the use of the crosses as paddles to finally reach the easter island where easter can be ultimated"

01\_109: "in krakow almost half of the first month in jacek's family house feeling a bit frustrated of too much socializing and thus setting off doing grocery and cooking and washing my clothes but also making myself look nice but then turning hard into my project and production of my first drawing books spending much time at the print shop fixing up files with my own laptop and preparing models of a long banner of faces for a possible exhibition prior moving back to stockholm where i also there do grocery and cooking for my kid and start commuting quite allot using the blue card to access the public transport but also now using much my phone to annotate not only ideas but things i find interesting in the many texts i have to read which i try to compensate now getting back to my usual routine of also analogue producing my drawings and the painting i did not accomplish for long after traveling anyhow ending up doing quite many office routines like printing and stapling and organizing the mass of papers from the various mendatory courses"

16\_044: "leaving the humid and cloudy continental europe to find extremely bright weather in stockholm with the temperature going well below zero and reaching also far below with totally brigh skies followed by a period of warmer temperature going over zero degrees and bringing clouds and shitty weather but then eventually at last getting cold and very bright again"

18\_040: "with the temperatures far below zero almost no wid perceived except for a short period of a warm southern wind which has soon being replaced once again by colder weather and absolutely almost no wind"

14\_043: "after all the walking during the winter holidays and in krakow where I was mostly going from meeting to meeting and considering the problem of my left knee i walked considerably less this month also beacuse of the very cold weather and the flu but did manage to walk to do grocery for my kid and his mother on the mall along the rail road and took my kid a couple of times in the city mostly aroun a park where i used to take him when he was little but also did manage to walk at last on a beautiful day on a frozen lake and make it on top of a small mountain there"

13\_029: "a painting conceived in my new apartment studio now that the situation has been

stabilized and i no longer have to put my painting in process away but can leave it hanging on the wall and thus finally i was able to paint with the board standing vertically as i have always wished since it is in this position that the outcome of the project, the resulting drapes are meant to be shown meantime i also have been working more on mixing different colour in the same background and rather simplifying the palette of the layers interlacing eachother resulting in only four main ones which again shift slightly in tonality having myself work harder on giving them different nuances"

02\_110: "pretty good nights of sleep in my new apartment living alone now after the traveling down south which has still particularly a repercussion with all the german and polish cities and environments i dream of but also dreaming about my family and my native environment which i also recently visited not to mention that this very environment where i no live is also quite affective with all the imigrants and my fear of bringing my kid here nonetheless also dreaming of some new girlfriend or a new pretty and young girl to kiss aside from some ugly one which i make love to with much hesitation"

07\_050: "at the sea side in kalingrad living in a old german town by the beach and meeting up with more workshop facilitator from sweden but also a drunk russian man celebrating a wedding in the hotel and a group of activists doing interventions in an old forest that is doomed to be cut down and here also meeting a dutch artist specialized in forestry and also a professor of my old american jewish girlfriend"

04\_034: "quite good air quality although i mostly kept indoor apart for a sunny weekend and some cloudy days spent more in the city roaming with my kid and going through a bit of the city traffic"

15\_034: "some pretty nice days alone outside in the sun walking and feeling most good but also some low energy days going to work and then be in my ex apartment attending to her house and my kid with whom i also had some very nice escursions in the city and some nice time even here in the south of town walking and also quite nice moments meeting up with old friends going to performances and even doing a performance with goralski whihc brought some energy despite the depressing gray winter weather"

09\_065: "beside still fighting in syria and bombing in other parts of the middle east there were quite a few blasts mostly in asia and a small insurrection in thailand but also one small tsunami in the solomon islands making a few casualties as much as a few casualties made in belgium with an air crash which i read of scatterly once again not having an internet connection at home but mostly using the computer in my office at the university"

05\_039: "an albrecht durer inspired story after talking much in class about medieval art from the

north and south of italy not mentioning the obvious ambiguities but also inspired by joseph beyus performance holding a dead hare thus set in south of germany but then having the hare turned into a playboy bunny to then connected to romeo and juliet story with the hair of the hare growing and from there and the speed of the hare catcing up with time connecting with the romolo and remo legend and the founding of rome and the wolf who fed them and the centaurs which at the end of the story turned out inverted and fullfiling a reversed oedipus complex of killing their mother and fucking their fathers"

17\_028: "still unemployed and in stockholm looking after my kid and talking walks and running and there mostly by the lake experiencing the clouds which i also reflect much on the dogs that people often take to walk there but have also many horses which we see going by a stable and women and dinosaurs probably from films"

06\_025: "a rather hard section of jogging with the winter on the way and the snow and at first a very cold weather which allowed me to run on the parking lot of an abandoned warehouse in front of my nw apartment but then with the ice and the melting snow i did went out to run once and felt a bit of a fever and concentrated to train indoor at the university jym instead where i finally discovered a step machine which i started using for my running as it does not have a motor and i can increase and decrease the speed every twohundred meters although it doesn't not allow me to go either too slow or too fast giving then rather moderate values"

14\_044: "despite the winter being at its peak i started my major hiking experiencing once more with my left knee not bothering me so much and with all i have to seat or stand otherwise at work and on the metro then from the beginning i took a major walk from nearby the university across a frozen lake and many suburbs and forest and across another lake which brought me to a immigrant ugly suburb yet beautifully located and then many a walk otherwise with my kid from the north part of town where the commuter rail station is and to the south part where the station to my commuter rail is but also a nice walk with him to åsmund's birthaday discovering intuitively a very nice passage by the rail road to the south of town and then a beautiful panoramic path along the cost walking all along also in the evening with the snow fall and then also walking with august again for small different commissions with a rented car in outside shopping malls and back from the metro station to his mother's place from where at last with a first day of spring i have walked all the way back to the city for hours across the still frozen small and big lakes"

16\_046: "a no longer so cold weather with the temperature oscillating around zero and then no longer the bright icy days of january but a constant homogenous cloudness which has lasted almost throughout all the period but the very end when at last there has been very sunny days

and a sudden warmth making everything so pleasant and nice as an early sign of spring with all the snow now melting away and far longer days, turning everything more tolerable"

18\_041: "an unusual period with very little wind once again probably due to the cold winter season which has however brought in a warm wind in the end and slightly stronger wind which i experience on my way to the university on top of a hill and yet again very little wind considering all the time i have spent out also with my kid"

12\_041: "a more scattered possibility of recording with my head filled up with notions at school and the weather which none the less offered a couple of beautiful weekends where i have been out taking major walks across the frozen lakes and inevitably the better off suburbs where my kid lives with his mother after our separation of which i don't really think about anymore in my reflections but rather still perceive the social enslavement and a desire for a sublime nature"

01\_110: "a period started with a rediscovering of the pleasure of solitude and quite an enforcement by going out like a hunter living in the extreme yet bright nature lighting fires and cooking but then much routing stuff and gray weather at the university and to my son's place where i often sleep over and we try to do things in the captivations of the small apartment such as building a shelf till at last i made up my mind about all these savings and spent them to restructure my apartment so that i can only live in my room and rent out the rest thus we went getting all the wood and bathroom and kitchen stuff to rebuild my room and a separation wall with doors but also not forgetting my showroom of my exhibition which i then start assembling doing much final work and breaking with the inertia of too much intellectualizing at the university"

02\_111: "i have had regular night of sleep in my small studio which has now become more intimate and sound proof with finally a big door and all the renovation that i have started which has certainly affected my dreams as much as all the seminars i had to attend in the past month afraid of my philosophy professor assessment of my essays but also dreaming about my colleagues mostly girls from russia but particularly a swedish one with whom i get recurrent dreams in which we get affectionate which is rather the opposite feeling i am building up about my gambian black room mate lamin which i really dislike in my dreams when i meet him out at pubs and he looks so ugly also many were the dreams related to my family back in italy which i barely saw in the last months but i have talked to on the phone and the mountain avalanche experience seems coming back but not so traumatically despite the fear for ice out on the streets and lastly my relative old villa and the family seems to also come back in the picture with also my cousin cecilia who i start to confuse for my ex wife"

07\_051: "on my way back to sweden after kalingrad and a time in my native mountains with

absolutely no new acquaintances just old ones but then in sweden at the party meeting many new friends like the girlfriend of my colombian student ivan and another latina girl from mexico with some northern italian origins who i felt a bit attracted to and then a nice italian guy and his barcelona friend working for the internet music provider spotify to at last start my new work at the university and photographing a full of hope guy studying to be an actor but not really getting too much acquainted with my new colleagues with whom i keep a professional distance"

15\_035: "a period with some beautiful spring day and much time spent with my son having a good time resuming our small adventures but also a bit of frustrating time in his mother house hold waiting for her for the pick up and much frustrating time having to attend useless seminars with much of a beautiful weather outside but then also having nice evening at times socializing with my colleagues beside some moments of sadness particularly after baby seating my son and commuting back to my studio apartment where i have been working allot building which made me quite happy but also quite overworked and finally taking big walks alone or with my kid out in the surrounding nature increasing the energy level"

17\_029: "still in the city and unemployed taking my kid around for walks along the water or alone by the water stopping at the lake on my way to jacek and observing the clouds and detecting many aquatic things like birds and also dog and horses which correspond much to what i actually see"

09\_066: "i manage to check the news regularly even though i don't have an internet connection at home and have to do it in the office but nonetheless many are still the casualties in the syrian civil war and still car bombs in the middle east but also executions and chemical attacks and a bus accident killing forty in india"

14\_045: "quite much walking alone exploring the neighborhood in my now solitary weekends without my kid but also with him going back to my previous discoveries crossing the bridge to the opposite coasts and also walking with him still across the botanic garden still frozen lake and over a small mountain where i used to take him many years ago and through a cemetery and roads but then finally walking quite allot in berlin to because of a conference and rebelling to the idea of seating walking a long way from the hostel to the house of culture and to the city but also through the nice tiergarten despite the harsh winter conditions"

16\_046: "very sunny weather with the snow starting to melt from the beginning and the temperature increasing again but then getting cold and snowy only for some days till the weather got sunny but the temperature did not really increase and it was very cold in berlin when i went for a conference and it was snowy and the wind was blowing through the clothes but finally also there the sun came"

18\_042: "with the increasing of the temperature and the approaching of the spring there has been much more wind experienced also quite allot in the city and in the forest where i have been taking many walks but then also very little wind as the temperature got down agin and much wind again in berlin where it was actually colder with a terrible cold wind probalbly coming in from russia"

05\_040: "a story written while on a nice week vacation with my kid alone going to bed with him and writing on this louse which as spread in his school but also bein affected by playing with the snow with my kid and his black little friend and a penitentiary i found walking on the other side of the river but much of the dandruff i also get in my hairs using an expensive shampoo at the gym at work which also might indicate a reawake ofmy libido now with the spring after a period os solitude and hibernation"

10\_070: "in cracow going to town to organize a small exhibitions and try to publish some of my work despite the harsh weather and also much walking to the suburbs to go to the dentist or helping jacek cousin teachin italian and confronting with the harsh reality of the soviet regime with all its ugly residential and industrial buildings and even the short nazi regime finding a totally desolated concentration camp by a very spiritual site with an ancient burial mound to then later in sweden find an amazing frozen landscape which i explore in several walks alone but also with august filming much on frozen lakes also during a walk alone which took me to another immigrant suburb"

10\_071: "in sweden still taking walks in the frozen landscape and filming as it was some sort of dutch landscape painting but less animated with fewer iceskaters venturing out and on top of it finding some nice new panormaic parts of stockholm with little august to later go to a conference in berlin and escape whenever i could to go our and film the city but ultimately falling in love with the tiergarden landscape and a strip of the city by the river which i often crossed on my way to the conference hall"

06\_026: "now running quite regularly in a step machine in the gym waiting for the ice to melt outside and getting a time a bit distracted by the music being playing at the readio or by the other doctorate girl training and really not being able to go full speed as the machine starts moving around getting quite dangerous but at last finding the parking lot by my apartment almost without ice and making use of the nice weather to go run again feeling in fact quite fit aside from all the seating and standing which gets a bit painfull for my knees"

08\_075: "picking of trash executed from the beginning in the city of stockholm with much snow also in copenhagen where i have been picking during a long pilgrimage to the mermaid despite again the wet and snow which has affected many of the collected stuff but then also walking from

the airport to the city in bergamo without any cash and there finding a lot of trash dirty under the melted snow"

04\_036: "time spent in bigger cities like berlin finding it particularly clean with some traffic but a bit more suffocating being back in the southern suburb of stockholm with a still air and again the nearby truck factory and the highway but then also going back to my parents in northern italy and finding there even more polluted air with many cars and congestion around the old city center to finally going to visit my girlfriend in the netherlands and again find a rather clean air with moderate traffic outside of the pedestrian city center where anyway there are predominantly bikers"

08\_076: "trash collected on the sidewalk in bergamo italy with much immigrants and dirt towards the train station and then in krakow finding not so much trash and then having to pick it from the snow mostly towards the center consisting of flyers of not so good a quality even just photocopies and finally the more solid trash collected in sweden also in the sidewalk covered with snow"

08\_077: "still in sweden collecting trash mostly in the small immigrant suburb where i live and then in berlin for a conference picking despite again the snow and cold weather and the fact that it was hard to find time to walk alone or having to pick with other people around avoiding to lose dignity but anyway picking nonetheless particularly on a sunny day going to galleries with some south african girls"

15\_036: "feeling rather happy throughout this period of time being much engaged with social activities like a student conference in berlin where i also on the other hand started feeling rather upset about people in general but finally and most unexpectedly falling in love with myrthe in the very last day a few hours before my departure back to sweden and then being much engaged with her in our emotional affair and feeling rather hopeful for that with few moments of sadness and being most happy when being at my parents in italy although their mentality is rather oppressive but this looking forward the meeting of my love in the netherlands where we had a fantastic time and the happiness carried on until back in sweden i felt a bit sad but then got loaded again with myrthe's e-mails and being with my son august"

09\_067: "checking the news while traveling much around europe or just at my office but again not in my studio apartment where there is no internet connection and thus be less well informed but anyhow reading about casualties once again in the middle east with dozens in syria but many in afghanistan and quite a lot still in muslim africa with also bus crashes around the world and a flood in argentina not to mention a less alarming spread of bird flu"

01\_111: "it took me some time to get this photo panel accomplished due to the new computer i

have bought and all the work i had to do to reconfigure my tools to the new system it operates but nonetheless it was not a too hard task and it somewhat characterizes my last few months in which i have invested allot on new equipment particularly for the construction of my studio room making two independent living units out of my apartment and thus sharing for now my mantel with my african friend lamin and having him also to help me setting up the wall construction although he has been sawing directly on the wall and i had to latter sand paper it and thus deciding to do things more by myself and with time also setting up the door frames with stucco and pausing my work to do actual work at the university and being with august to still enjoy the sunny winter and barbecue outside but finally going to a conference in berlin and using more buffet utensils and much my film camera to photograph new acquaintances and mostly film"

11\_071: "in our new apartment now getting used to the routine taking my kid to horse riding lessons and getting quite some ideas there but also at work much seated in my little office on my chair and working on the computer or in public toilettes but also quite sexually frustrated as well with my wife sort of ignoring me or ignoring each other also resulting in sexual ideas"

11\_072: "ideas got while in a quite melancholic moment of transition breaking up with liselott and going to a new life and a new apartment and taking many commuter trains which in a way characterizes this month production along with many aquatic birds and boats probably perceived in my new place close to the water"

16\_047: "still cold in berlin and later initially cold in stockholm too but very sunnny weather till at least i went to italy and the wheather ther was cloudy and unusually cold but had nice days there too finally going out in tshirt and then going to the netherland and also there finding beautiful enchanting spring wheather to then go back to sweden and find minus degrees and cold till finally the spring sat in bringing the first rain and the melting of the snow"

18\_043: "i have been exposed to the wind much being out but never really experienced any particularly strong wind despite initially in berlin and quite light otherwise in both italy and the netherlands and only lastly with the rising of the temperature being a little stronger in sweden"

14\_046: "walking not so intensively but mostly in already two occasions with the stroller first in italy with my nephew and my twin sister to the park and then with myrthe around utrecht and a bit more in the suburbs by the water and despite that walking in the city with first jacek going from the south part of town to the center where he lives or walking around the river through a castle but nothing really too long feeling still a bit of pain in my knee and getting special shoes for it back in italy where i have been walking in the fields around a small town while waiting for them"

02\_112: "a bit hard to write down my dreams with all the traveling around and writing in my

journal on the computer later in the evening which certainly erases a bit of juice from my sunconscious but otherwise still manage to dream especially concerning my new relationship and maybe not really dreaming about myrthe yet but very related event with several making out events and things related to our experiences together but also with my parents and sister who i visit and her little kid anna and even beaver looking animals met on a walk"

07\_030: "still in stockholm unemployed walking around the suburban nature and getting much inspirations by the clouds seen many animals and natural figures but also robots and several times also roman soldiers"

01\_112: "a month of spring going much down with all my carpenting work and traveling for easter holiday to my family in italy there not doing much work but shop clothes with my mom and play much with my small nephew anna which i start really to like and then a weekend of love and total relaxtion with my beloved myrthe being much taken care of by her sweet hands to then start teaching to more than sixty students at the university and there using whiteboard markers but also much my metro card to commute to my son with who i have also played particularly in the science museum followed by another week with my girlfriend in the netherlands relaxing and lastly in new england where one weekend was spent pruning trees and cleaning up my greek friend and his boyfriend land down a creek in vermont aside for heavy filming in my old city of cambridge"

04\_037: "a pretty clean air month spent mostly in sweden with the bad weather keeping me and my friend davide mostly inside but then also very clean air in warmer netherlands with myrthe and much more polluted air in boston where i got to a conference and to take some time off ealking allot and thus being very exposed to the much traffic and gasses particularly when walking along the charles river mostly by conjestions of new cars"

09\_068: "still allot of minor killing in the middle east but also allot of media attention with a bombing in boston which only killed three but nonetheless took over all the news despite the hundreds dying for instance in bangladesh with a building collapse"

15\_037: "traveling to my love myrthe and feeling very happy with her and then also back home with davide my very old good friend coming to see me after years on the road in asia and giving me much inspiration and then traveling again to america but there getting melancholic revisiting the place i used to explore with my kid but then chatting of an on with myrthe and gaining more happiness and even managing to contact august via internet and talking to him as well"

16\_048: "initially in sweden with a very dreadful weather and quite cold but still at times some sunny days spent with davide after work playing in the park with august who took out his bike and

later traveling over sea to new england in my old city of cambridge where this part was actualized and here finding an amazing weather like during a weekend in vermont with perfect blue sky and walking much around the city otherwise till the beginning of a conference with much colder but still nice weather and then again some heat to finally end up in new york city with rain and even thunder storms"

14\_047: "incredibly allot of walking first some bit in stockholm with davide but then all alone walking and re-exploring all directions of the great boston area starting from panagiotis' place in the middle of harvard and walking often down to my old mit campus in east cambridge and over to the places i used to explore with august as much as taking many of the walks i use to do with him also in new york walking over both brooklyn bridge and then in the evening with jason also down to manhattan and with jason also taking a nice walk in prospect park and alone aside from the usual broadway and despite the weather re-exploring central park through the wilderness feeling like a scotish exploring the highlands in search of the sound of a pipe"

18\_044: "allot of time spent out now with the coming of the spring and much more wind rising with th changing of temperatures in stockholm, admsterdam with myrthe and in boston where the long walking got me very exposed although the days of very strong wind were just a few particularly out on mount auburn cemetery from the top of the tower overlooking the boston area but also at my departure walking with the trolley to the subway and less so with the artificial wind created between the downtown blocks"

08\_078: "picking trash mostly in sweden with the snow melting but also shortly in the netherlands but not so systematically due to the fact that i was with myrthe and then more systematically in america walking the small towns surrounding boston"

08\_079: "once again walking around the places i used to explore when living in boston and finding many of the usual lottery and other trash often abundant in destituted areas where people try to change their luck but also many fliers once again in new york city around broadway despite the rain and some fliers inviting to streep teases but mostly musicals"

03\_057: "songs heard again while training and then also in berlin at the radio in the hostel while having breakfast and at home at my parents and some also for the first time in utrecht played with myrthe at her brother house not to mention that i have also started to be aware of these songs that i spontaneously sing almost in voluntary thus treating the subconscious as not me but someone else singing although this process of distantiation can be tricky"

10\_072: "in stockholm from the beggining filming around the little city of södertälje where i live and later going to my parents in italy filming around at parks and a bit in the city to then got to

utrecht for the first time together with myrthe and filming on my way to her brother and in a beautiful day walking with her and her nephew to then make it back to stockholm and filming alone or with jacek or august mostly from the south of town from an elevated ridge from which the north of the city can be visible"

10\_073: "in stockholm and then filming also a bit in admsterdam and back in utrecht but moderately spending more romantic time with myrthe and later back to stockholm exploring a bit with davide before leaving for boston and filming quite allot throughout the city exploring all the surroundings i used to explore as well as some new places"

06\_027: "running now a bit more often outside with the good weather and particularly after going to america and buying new running sneakers with special support for my left feet rolling a bit inward and a global positioning system watch which has finally allow me to run outside of confined perimeters and more wherever i want keeping a set distance and testing this in cambridge where this part of the project started along the charles river motivated by many other runners and continuing this practice in my stockholm suburb with the nice weather"

07\_052: "at my new work taking portraits of a few new colleagues but really not compromising my professional situation and keep a bit of a distance to them and thus as i would not friend them on a social media profile i also don't get in to photograph them but instead being out at a gallery event in the boheme part of town and meeting up with old friends and the danish artist working really hard on her animation piece and getting really moved of my compliments but also a special dark hair swedish who has been hiking with his australian wife down to odessa and doing very spiritual work in nature and then also a young and a bit naive london painter aside for my colleagues like my office mate roman from ukraine who is quite a nice fellow and a russian gilr speaking italian and quite an atleth when it comes to cross country ski but even the lesbian maria who is a empowered feminist and dresses with all very femelish stuff for sure getting a like of it but also getting a like in being totally open minded and telling me of all her masturbation time thinking of her professors and in the same lines the austrian based italian artist valerio who got a projection of a slick comedy on his naked ass and revealed himself later to me to be homosexual this along with a super boring and naive and plain swedish curator who i will meet even later without recognizing him"

03\_058: "songs heard still in the university gym but then very much traveling around again in myrthe's place in utrecht and as well as listening to my subconscious spontaneous arising of songs although once again that caused me much distress and i am now limiting to treat also the subconscious as other"

17\_031: "still unemployed living between the countryside and the suburbs if stockholm observing the clouds and again detaching horses and fishes but also this time angels and naked females as well as birds and dinosaurs even a few shooting guns and tanks"

10\_074: "shooting quite much around boston and mostly in new york avoiding a bit the actual city and at last ending mostly in central park finding quite a nice environment there with gothic like landscapes and eventually walking also with jason but not really filming much in places i have already explored particularly brooklin with my son with whom i took a nice walk with myrthe on his first visit here taking shots of nice sceneraies on the ridge in the south part of stockholm and then in the subrubs yet still being quite modest not to interrupt the flow with others"

04\_038: "starting the period in america with a quite nice air in a much colder boston but then going down to jason in brooklin and ending up in the much polluted southern part of manhattan with much traffic and finally escaping to central park and prospect park to catch some cleaner air and later going back to cambridge and much cleaner sweden experiencing pollution only at major crossings"

01\_113: "a day started in the states doing some domestic work at panagiotis apartment in cambridge like cooking and laundry but mostly being on the road and in fact being quite homy in jason's apartment in brooklin to then go back to sweden and doing much cleaning work in the house before myrthe's first visit to stockholm and really almost not photographing and doing barely nothing to photograph with her august around but just taking a sort of a sabath and enjoying our love together to then teach a few classes with allot of electronic stuff show to three goups of students and regaining my active mood with crawings but also much cleaning in liselott apartment before coming to visit myrthe again in utrecht and taking it super easy after a period of stress"

15\_038: "a quite happy period first in the states and then with my students and myrthe coming over spending a beautiful first weekend together with august here in stockholm and be most happy but then feeling rather down in the following week getting quite oppressed with work and actually very totally stressed but luckily going soon back to meet myrth in utrecht and there feeling very relaxed"

02\_113: "a period of much traveling and not so much dreaming with all the temporary staying in america and the jetlag and quite a bit of stress finally getting far more relaxed back home with myrthe coming to visit me and particularly me going to visit her and having most beautiful dreams but particularly very erotic ones with her after making up all the sleeping and letting go to all the stress around us concentrating on the two of us and making much love and just falling asleep right

after also dreaming while with august but then watching involuntary a movie that turned out to be a horror stuff which caused much disturbance and we had to interrupt"

16\_049: "most uncertain weather now coming back from the states and being in europe with few days of not so severe rain both in sweden and the netherlands and generally a rather coldish and unstable sunny weather with often nice beginnings and cloudy ends experiencing also a bit of the first storms due to the high current which has at last brought a bit of summer feeling"

18\_045: "a restless wind with the changing of the season at times getting really powerful like in my day of departure from cambridge and then being back in sweden spending quite much time outside like during myrthe first visit there kissing on the heading rock of a small island and then also being in utrecht with her and at times experiencing almost no wind but mostly always some wind even though generally not so powerful"

09\_069: "news read a bit scattered while traveling but mostly concerned with a bit of a phobia on factory fires and collapse like the one in bangladesh and china killing hundreds this aside for the on-going turbulence in islamic countries"

14\_048: "a huge amount of walking first much around stockholm with myrthe coming here for the first time and meeting august but also with a group of international students which i took around the old city and beyond around the big royal island taking also august and then also being in utrecht walking much with myrthe and even in amsterdam south also walking much in the middle of the summer night with the nordic light to get the train to the airport"

12\_042: "still quite scattered recording with much social happenings but managing at times to be alone particularly at a conference in berlin walking lonely in tiergarten or back at night but then also recording while walking to take the bus to the airport in the middle of the summer night to reach my dutch girlfriend myrthe who gave me some positivity which was later poisoned but much disatisfactions due to my teaching at work with some students cutting me off because of open mindness and consequently losing the possibility to teach and giving me quite some thoughts which i recorded also walking back and forth picking my kid and deciding again to become stoic and spend little money to stay autonomous as much as i can"

10\_075: "walking and thus filming around the city in my neighborhood with my son but then also much walking in the netherlands and spain with myrthe with who i have walked very much and this time had very little refrain to film allot thus creating a nice account of our explorations through utrecht, south amsterdam, madrid and toledo, all around places with a certain historical interest and very appealing aside for the camera which is a bit too heavy and has a tendency of going out of focus"

13\_030: "very scattered painting after hanging the canvas with a new system blocked by screws perpendicularly on my equipment shelf finishing my painting with my kid asleep and me also experimenting by rotating the canvas in order to do the finishing in various curves i cannot reach otherwise and having the painting rather simplified"

04\_039: "for some time in madrid with myrthe doing much walking around the city and at times getting a bit of pollution particularly crossing the big roads of the spanish capitol but then back in sweden breathing clener air despite the factory polution in my neighborhood coming towards my apartment or the city according to the wind while walking with my kid but also experiencing very clean air with a long bus strike going all under my room now that i am sleeping where lamin used to sleep"

15\_039: "feeling great around myrthe and with parents reunited in madrid but then leaving again for sweden and being less happy despite some nice days spent with august and then jacek till finally being left alone for midsummer having also kicked lamin out and being most miserable also being the time away from my myrthe too long and having troubles to communicate with her till at last i made her to her place recovering my good mood even though jason came from an exhibition in paris and i started feeling poisoned about all the political trend in art excluding works like mine"

17\_032: "clouds seen in the park between august's school and our apartment in the little zoo park with chickens and sheeps certainly affecting my immagination but also quite many recurrent images of devils"

16\_050: "very cold beginning of the summer despite being for a time in madrid leaving a rather warm utrecht but then going back to a fairly rainy and cold and much unstable stockholm where at last the weather got a bit nicer and august was able even to swim for a short time but then going to holland and there finding cold and rainy weather getting better only towards the end"

18\_046: "being quite much out and experiencing the wind in spain while walking the many small inner roads of madrid and toledo with myrthe but then also back in sweden particularly in a day with august walking across the all town and in the royal hunting reserve to then experience far less the wind anyhow never to strong going to stay with myrthe in the netherlands despite a one afternoon walking alone into utrech's suburbs"

01\_114: "a month of alternated intense work and relaxation going with myrthe to madrid and doing allot of walking and filming and then being back in sweden doing almost no activity while attending the department's conference yet slowly and later being with august in my apartment and kicking lamin how to have a period together just with my kid while fixing the floors lamin has scratched and fixing the bed so that i can sleep there with both august and myrthe when she

comes to visit in the future after which i spent some time with jacek also walking and playing some tennis to then later work really hard again on the apartment and finally went over to myrthe in utrecht mostly being in her room working on my laptop with jason who came to network here and waiting for the bad weather to stop"

14\_049: "walking alot despite the coldish beginning of the summer and throughouly exploring the city of madrid and toledo with my love myrthe but also with some of my relatives like my step sister giulia and my parents to then be back in stockholm for two weeks and again walking with august quite alot particularly for saving the money of the commuter thus walking from distant stations to his mother's house but also together to the city covering many kilometers from one side to the other of the swedish capital and even in my suburbs walking together to a beach i found in the nature is left of the big harbour to then be with myrthe in the netherlands and do small walks also with my american old friend jason but particularly one alone along the river out in the suburbs of utrecht and then together again with myrthe in her native city of breda walking from her mother place to the empty city center and around and even with her mother who like walking and the families of her two brothers in a forest nearby where they grew up"

07\_053: "living in stockholm and meeting people mostly in sweden like a gipsy man who took over our uppsala apartment on whom i had to check becoming his friend and talking about religion despite him being an ex boxer and a colleague at his dissertation party with a friend working for a union and very enthusiastic about my project but also a thai girl i met a jacek's birthday working with design and a very talkative man working in a church and very fond of italy with a very shy organist training on top in a very central church in stockholm where i also met a black guy from western africa who has left italy to look for jobs here and i invited him to eat an hamburger and later tried to help find a job as a sailor but without success"

09\_070: "aside for the usual bombs in the middle east several where the clashes and arrest in other muslim countries such as egypt but particularly north west china with the rebelling muslim minority there and some casualties in a forest fire in the states all news read rather regularly from the internet at myrthe's place but not really at my place in stockholm where i still am in the process to get connected"

10\_076: "filming mostly in sweden walking around with my son and alone both in stockholm and in my suburb till finally ending up in the netherlands once again and filming there mostly in the city of utrecht but also in breda where myrthe grew up and there for the first time filming the dutch nature while going out with her family"

10\_077: "beginning to film now for the first time with myrthe in the city of antwerp while also

filming myself filming and later back in utrecht also going on bike rides along the canal through small very nice villages and leaving later for england finding a most nice weather and beautiful landscape walking east and west of the university of warwick filming all through out small and middle size and big city like kenilworth and the much bombed coventry and ultimately birmingham really enjoying the modern public spaces there"

02\_114: "still quite on the road and thus also have not so many dreams but with moments of high density like being home in sweden with my kid affected by my african roommate lamin who i have just kicked out but also resting very much with my girlfriend myrthe both in spain where i also met my italian family again and started dreaming about them but mostly in holland where i also had a few sexual dreams even one where i came and starting to have a few dreams about biking after biking again in the dutch countryside but mostly walking after long walks accomplished in england through the countryside where few animals has affected me too but above all the colleagues and the giving lectures which has badly affected me after the bad evaluations i got from the students"

09\_071: "news mostly collected in utrecht using my girlfriend's wireless connection but also during a summer school in coventry england and at the airport reading the news from the papers but even on the night news in the terminal monitors finding out of a big deadly flood in india and using my mother's mobile phone at last at the sea side in northern italy reading more of the bomb attacks in iraq but mostly overall finding allot of deadly accidents in more civilized countries like a big train crash in canada and an airplane crash in america all causing very little casualties however"

04\_040: "quite clean air living with myrthe in tranquile utrecht and then going to birmingham and staying in the warwick university campus and breathing frash air rather than when walking into the city of coventry breathing the early morning traffic and then much breathed at airports spending the night in stockholm and smelling the airplane pollution while waiting for august and then again going to pick myrthe from the italian seaside that has very clean air to the airport through allot of traffic with trucks and jams"

15\_040: "a quite unstable period having to reasset continuously to different realities feeling rather down probably based on the distance from my kid maybe emotionally accentuated by allot of love making with my love myrthe but mostly feeling rather depressed by academia having attended a conference in england with too much politics and having to regain my integrity by walking allot in the beautiful countryside finding back my soul and so also with myrthe having idillic bike ride in the woods and gaining much happiness and finally again feeling quite down when adjusting with my parents in the italian seaside but then getting happy again with myrthe and august on my side finding nice things to do in a wild beach like fishing crabs and building shelter despite the bad

reactions of liselott since i did not manage to provide her a regular update on august due to the scarcity of internet connection"

14\_050: "in the nethralnds strolling with myrthe around utrecht but also visiting the city of antwerp and doing quite some walking with her there to then go to england and feeling like escaping the conference sedentary environment going for a major walk very early morning managing to reach the city of coventry from the warwick campus and later walking in an afternoon through the magnificent english landscape and forest reaching the side of the precious town of kingsworth till finally spending a short weekend with myrthe and her relative taking minor walks in the countryside after major bike rides and walking again with august and her in the sea side of lignano through the modern tourist center and much on the beach even at night with the full moon"

16\_051: "still a bit of cold weather also in belgium during and the netherlands but then going to england and finding a most amazing weather with the exception of only one day and also finding nice weather in the netherlands and a most amazing summer at the sea side in italy with much threat of thunder storms from the weather forecast but never experiencing one if not from the distance and at last not having to worry about the bad weather like in the previous summers in sweden"

18\_047: "experiencing very little strong wind but being out quite allot and in fact getting allot of wind variations but never so intense if not for a time waiting outside the airport but otherwise walking through the english ondulated landscape and experiencing light breeze and then no breeze below the small hills and really little wind experienced while at the italian seaside in lignano"

05\_042: "a fable with a water snake certainly inspired by the time with august on the swedish beach from which the story evolves to then get completely on the desert most likely influenced by all the middle east conflict with some sexual spice into it probably now added from my relationship with myrthe and all the love we make and much of a biblical middle point event going through the most relevant world religions throughout the fable"

03\_059: "still attempting to also keep track of the songs spontaneously coming to my head but then let go to this treacky and disturbing attempt and goign back to exclusively registering the songs heard from the einvoroment particularly while in the states at supermarkets mostly and then back in sweden at the university gym but also with little august and myrthe around for some weekends here but also visiting the latter in utrecht and hearing again songs from her and the environment like restaurants and supermarkets"

07\_054: "again traveling to russia this time by boat and landing in saint petersburg for the first time and like a gogol character or turgenev wondering the city rather than the country and meeting a bit of characters like a guy selling hats and a too soft canadian couple to then go back to sweden and meet at last two really cool young swedes to which i sold my office chair as i have been in the phase of divorcing from my wife and needed money and really discovering how cool certain people in sweden can also be like a guy making digital art and another who has lived as a street musician but both ending up doing standard jobs and so also meeting a more pretentious greek swedish artist but kind of experienced with some new york living in the background and some theory to distinguish him from the standard educated swedish artists like an old woman i met at a far away opening who is up to ceramic making and really had a bad breath till at last meeting the colombian cousin of ivan at a small party"

03\_060: "very much in utrecht in the attic of my girlfriend myrthe listening a bit to her favorite songs like an american little known band but also hearing quite much the music played out in the city like for instance by the big belfry of the cathedral that started playing for more than an hour pop italian songs or on the streets from choirs and old music machines but also music heard on a trip with myrthe to madrid"

08\_080: "still some trash picked in the states and particularly during my time in new york with much flyers got around time square and broadway despite the rain but at last also starting to pick trash in the netherlands with the complicity of myrthe who actually became my carrier during our urban explorations and i place the picked trash on a side pocket of her backpack"

08\_081: "trash picked with myrthe on our trip to madrid and also in the city of toledo to then pick trash while walking with jacek in stockholm who also was photographing trash on our way to the midsummer celebration in town and later again in the netherlands picking more trash walking both alone and with myrthe and jason finding several nice stickers"

08\_082: "with myrthe once again back in the netherlands now picking trash also on our trip to antwerp where much coffee and bar related things were found on the large sidewalks and also back in utrecht some arabic and fruit vendor related trash on the road to her brother where a lot of muslims live"

08\_082: "in the netherlands again picking trash from the street during short walks with myrthe but then also leaving for a summer school in northern england and walking quite a lot from the campus finding quite much trash in the destituted neighborhoods surrounding the city of coventry and finally picking trash in amsterdam mostly around the train station while walking with lovely myrthe"

01\_115: "a month started in the netherlands where i have worked hard on my Website making the entire archive available on the internet but also now got quite into cooking at myrth's place and doing the dishes or having to spray deodorant or turning on a parfume candle when using the bathroom we share with her roommate but beside also traveling with myrthe doing quite a few biking excursions and picnics with filming with cameras and typing ideas on my phone and one day even feeding her little nephew as i used to do with august to then later attend a sumer school in england and don't much then seating and listening but still trying to work o my Website and wake up really early to do some filming about my documentation methods while exploring the surrounding and using several utensils for the buffet at breakfast and in the evening to then go back shortly to utrecht and pickup august in sweden to go at the lignano sea side in north east italy where i started using heavely sun lotions and after sun and shampoos and had many keys to use to open both my place and my mother's place and cellar and still doing some filming and picnicing on the beach as myrthe also came over and the usual beach related activities with children toys and my little nephew anna with whom i dug holes together with august being however a bit afraid of the water for my camera and at last turning back home and resuming the work on my apartment with the dividing wall now that myrthe is soon to come over i might get a new roommate for some time to help jacek"

06\_028: "running done now with a global positioning system wat5ch i got in the states this to avoid sunning always in a circle as i used to but try to run out and see the distance to then memorize the time based on that and with this running along the river charles in cambridge with allot of other runners and a nice temperature and also back home doing even over eighteen laps than the usual twelve i do each time but then going on holiday first to myrthe in holland and then to the beach and not really running there but doing other physical exercises and really started running once back in my stockholm suburb apartment and this time switching to my previous watch to run in a circle instead and don't get all the magnetic field of the previous watch which also took me to unregular ground to compare the laps but having to buy a new cheap chronometer watch after damaging the former with the rain and nonetheless doing good results and having no knee problems now that i am also enforcing my leg muscles with biking"

09\_072: "aside again for the many dying in muslims countries both in the troubled post revolution middle east and africa again the curse of derailing train like in spain which i read about on my parents newspaper not really having any good internet connection and having to go down to the beach on a site with free wireless to update myself other than that at last reading all the news from my very apartment which finally got a wireless connection since it was alaready included in

the rent"

11\_073: "still quite sexually frustrated and getting a few more ideas in that rewspect but then transiting to a new life alone and this time feeling much boredom having to seat at seminars and doing much readings for my doctorate studies and reducing my ideas this way other than in the evning at supermarkets or going out using much of the commuter train and also finally some boat riding across the baltic with some ideas got there in the different post soviet cities"

11\_074: "being now completely independent and separated from my wife but still having to trouble doing courses and readings for the university getting a bit dry with my immagination until traveling first to danmark for a small conference getting ideas around the city and then in italy where an avalanche accident has somewhat affected me"

11\_075: "flying back and forth in europe with many ideas around planes and finally in cracow with quite some pollution in the air and all the life i experienced taking trams and wondering around getting ideas looking at monks and also while being at the dentist to then go back to sweden commuting back and forth through the city and getting a bit of ideas in the metro"

04\_041: "rather clean air back in sweden with always buses and small traffic in front of my apartment whose windows are open because of the summer and also due to the much rennovation work I did using paint and other a bit chemical smelly stuff and much traffic at time encountered in the stockholm city center which is completely under rennovation till at last getting to italy and inhaling a bit of the airport pollution but mostly in my native village of asiago getting quite congested due to the ferragosto holiday week and being myself with august and myrthe quite exposed to it driving with my mother's car otherwise breathing the super clean mountain air having to go quite high"

15\_041: "feeling not really at my best going to the sea sidein italy with my kid and being quite down in mood from the beginning but then recovering very well also with myrthe and have a nice time all together to then move back to sweden and just getting myself really busy in the peak of the summer and having myrthe home spending some pleasent moments despite the rain catching up with our moods and having to readjust again going to my native village in the alps with august surprisingly negative about all the walks feeling a bit disappointed that i could not give the best of my natural heritage both to him my son and myrthe my girlfriend with whom i might have had expectations to spend more time here in the future but finally also here readjusting quite well after a beautiful day rollerblading all the family in the beutiful valley along the brenta river and experience catharsis in the night of ferragosto dancing with both myrthe and august in a mountain town square before departing again from my love and my mountains"

09\_073: "news read well from the beginning with my new internet connection at home but then traveling to italy and having to read the news more in newspaper and whenever i got the chance to have an internet access through my mother's phone reading then about the many dead in the egyptian uprising and hearing about it on the radio while driving back from the airport where i left myrthe and then also on the plane with internet connection reading about the people dead in many water connected accidents such as floods and boat sinking"

16\_052: "a very nice swedish summer coming back from the italian sea side reaching the peak of the heat but anyway not really enjoying it being mostly at home doing carpenter work to receive at last myrthe in my apartment but then having a most dreadful raining weather and no possibility to bike together at last going back to the italian alps but finding also there the temperature a bit colder but nonetheless quite fresh and nice on the sunny mountain tops and actually only experiencing one single day of rain in which we took a walk with august in the clouds and then finding the sky most clear and the further dolomites very visible"

18\_048: "a bit more wind now back in scandinavia but still not much experienced as much time was spent doing carpentry work at home and seeing most the wind of the window on the trees outside and also biking and being able to annotate the wind on the mobile with one hand till finally going to the italian alps and experiencing little wind changes varying on one and another side of the peaks yet still not feeling much wind until my return to sweden"

14\_051: "not walking so much from the beginning after being at the italian sea side in the modern town of lignano with my kid and just keeping this time back in the stockholm suburbs renovating but then having myrthe as a guest and doing quite some walking both in the countryside with the car after picking her up at the airport and here in södertälje but also around stockholm with jacek and brett and then alone around the island of djursholm and back to their place to then continue our walks also with august in my native mountains climbing several places and walking also from my parents' place down to my native town of asiago despite my son being often a bit demotivated but at last going to the natural labyrinth of the castelloni and finding him most revived going up without a break"

12\_043: "recordings did the times i could really be alone such as walking from august's apartment to the main station wanting to save money for the train ticket or particularly during a conference in england escaping when i could to explore the countryside and walk many miles reacting on the intellectual boredom and vanity of the conference and attempting to enforce myself through my own discipline and at last after long periods spent with my son august and my girlfriend myrthe mostly on holiday in italy being finally left alone in sweden and biking to some natural reserves"

where i could walk alone and pour out my thoughts again in relation to my situation conducting my own autonomous practice within a highly politicized and socialized academic environment"

02\_115: "it took me some time to compile this page of dreams traveling as i have been throughout the summer to many a places and we circumstances that had to adjust in my subconscious like my girlfriend who is coming more present and her country the netherlands together with the recurrent dreams about being at a campus or at a conference particularly with curators which in fact i did in england and even all the biking experiences i resumed this summer which affected some of my dreams at least in terms of places i have visited also now being in italy with my son to the beach and later to the mountains with my relatives which have gotten back together with some sexual dreams towards the end mostly with ugly girls on the screen even handicap which i have seen on the internet and kissing a girl who is taking more the shape of my girlfriend"

03\_061: "allot of music being heard at first with myrthe and even jason who was staying also in her attic in utrecht listening much to hip hop stuff "and even a band from south africa singing hard core stuff and despite this also much hearing myrthe singing the ilove you baby song to me and making up a whole new song herself to tell me how much she loved me and singing with her also biking me learning a dutch love song from an italian singer and her learning an italian old song about the sea side which kept recurring alos when we got on holiday there with august and got allot of songs hear around the italian sea resort like at the play grounds with songs belonging both to my childhood but even to my youth"

10\_078: "filming started in the city of utrecht where i have been with myrthe mostly working inside but taking bike excursions out with his brother's family and mother or by ourself to a distant small village selling pancakes and then going with august and later also myrthe to the italian sea side of lignano and seating much on the beach particularly on a wild beach by the river where we built a shelter and from there also exploring the night life but then moving again to sweden and doing small excursions out till myrte also came and we visited a bit of the country close to hear and the city to finally end up in my native highland in the alps and documenting much there the beautiful scenaries of the surrounding"

17\_034: "quite many monkeys and elephants together with a few aquatic animals probably caused by my going to the lake and observing the clouds there but several also the chickens and particularly many the men laying"

01\_116: "a month passed working at first really hard at the apartment's wall and at last finally finishing the wall within the apartment and also investing quite allot of the tax money i got back to fix some used bikes but not really succeeding in time for when myrthe came to visit me stopping

there my carpenter work and leaving with her and august to italy where we mostly took walks in which i have been taking allot of videos but also pictures with for my essays and from eating mostly outside with my parents but also cooking at home for francesco and his family playing also cards together and taking my parent's dog asia also out for a walk to then make it hom in sweden and really trying to work hard on my art work and on my thesis scanning pages of annotation and also fixing the internet cable to my archive through the walls and at last going back to the netherlands and with myrthe staying at her brother's place in mastricht visiting the beautiful city taking allo of videos and pictures"

07\_055: "still in stockholm now separeting from my wife and meeting people at my colombian student's ivan's party like his colombian cousins a bit stiff and all into normal jobs and family but also some swedish girls friends of him quite calm and also into nursing old people but not the less cute one who was into psychology and photographing ivan's girlfriend who is a singer and quite in love with him despite his careless for relationships and my turkish department technician at the univeristy who has been in charged to make a portrait of me for my job profile and a thai girl working at a thai shop where i go to buy the only tofu in town till at last photographing a swedish adopted pakistani man who sold me his son bed which i got with a truck for lamin at the time there was allot of snow and i was really moving out of my wife's apartment"

04\_042: "in stockholm mostly breathing the air of the truck factory with the wind blowing towards my apartment having the windows open still because of the heat and also the busses driving in the road below and generally all the traffic found going by bike but mostly being in the city center or traveling to myrthe in the netherlands and breathing the airplane fuel prior taking off to get much nicer air in maastricht and during our bike rides in belgium"

15\_042: "a very emotionally stable period spent mostly in sweden and really helped by the late summer sunny weather and by allot of biking alone but also in the weekend reaching very high feelings of well being particularly during a bike ride with myrthe in belgium and another with august and åsmund all of them promoted by the easiness of the late summer with little frustration mostly due to technical difficulties like setting up my own server"

16\_053: "a surprise continuations of a summer which on the other hand had a late start and enjoying the nice weather both in my suburb biking quite often and in the netherlands exploring the very south biking there with myrthe also in belgium to then find a rather freezing day back in utrecht wearing my norwegian sweater and again very sunny in sweden despite a day of rain spent helping the finnish filmmaker friend mervi on her Website being also at the university off and on and seating out for lunch with all the swedish people almost not bearing the unusual heat and

later enjoying the weather with my little august by the water and biking with my old colleague åsmund"

18\_049: "allot outdoor yet not so much wind perceived or at least not so powerful changes other than going by bike allot and feeling it this way mostly by changing location and moving from a place with no wind to a place with a bit of wind but nothing really remarkable bot in the netherlands and in sweden where i mostly been"

10\_079: "filming started out up in my native alps while hiking with august and myrthe but also while rollerblading in the beautiful valsugana valley below and then again a bit of video taking while in a natural labyrinth with augustalso then taking care about filming the whole experience and moving back to sweden discovering by bike many beautiful landscaes and filming then and also filming quite much in utrecht visiting myrthe but particularly while exploring the gorgeous city of maastricht with her starting from her brother house in the country and then hiting the medioeval walls and the ancient city center"

14\_052: "allot of motion with the good weather but often by bike both here in the stockholm suburbs and in maastricht where i took a nice walk with myrthe all around the city but then also biked into belgium and took several small walks in the various places we were reaching and the same here biking around the area and then exploring on foot mostly forests often quite inpractibale due to the damages of last year storm and walking also with august to the metro station from his place in the north of town and through the downtown but also with jacek and brett up a small mountain and in a natural reserve on the east of stockholm beside taking walks by myself in utrecht while myrthe was working"

09\_074: "news gathered mostly from the internet from my swedish apartment and also on my laptop walking up in the morning at august's place once and at myrthe's place reading news about still thepost-revolution arrest in egypt making a few deaths but mostly the nerve gas attack in syria which almost caused an new international conflict and again one more bus crash killing many this time in guatemala"

02\_116: "a proliferation of dreams now that i am not traveling and i have been very steady both in my swedish apartment and lately even in utrecht with possibly also a light sleep due to my back pains which has fascilitated remembering of dreams that have been often reminescences of my time in italy both at the sea side and on the mountains with many ones concerning both my girlfriend and son but also his mother and professors at the university with a few dreams also related to being going fast and being unable to move or being taken by a woman i don't like"

05\_043: "a fable written at last after a summer of moving around and not really being able to

write fables with all the evening spent on holiday where however i have been observing many animals and still quite being impressed by the gull also by looking at a documentary with my son of a little sort from iceland and writing a fable where again the animal goes through a metamorphosis and at last restore all humans to eden but then turn all angels into evils and in this respect keep changing the courses of what would be otherwise immutable like the heavens"

17\_035: "cannot quite locate when and where i recorded these clouds since the file belonging to this month i realized to be containing all previous clouds that i have detected while living in the states and not as i thought in sweden but anyway almost on my way there so possibly while traveling to visit my biological father in montreal and around the ontario lake despite the days of perfect sun but also traveling with jacek in new england to vermont and maine detecting alot of newly born kids and a few naked women in sexual poses but even many exotic animals like cammels and sea horses with a final cloud of a boy playing videogame with a dinosaur head probably unconsciously connected to my son"

10\_080: "filming taking place from beginning in belgium finding the landscape quite brutal biking in a small vley but then really enjoying the strolling on the hills with my myrthe and filming that landscape to then shortly do some filming in the beautiful maastricht prior returning to sweden finding there an amazing weather and taking long bike rides to remote landscapes and even all the way to the university to also stay with august in the weekend at my place and go to our favorite beach by the water returning later to itrecht for a whole week spent mostly wiritng but also having possibilities to explore still the ancient charming city despite the rain and a sunny weekend with myrthe in amsterdam prior returning to sweden and getting into more biking explorations also with my old norwegian colleague åsmund going up a hill up stream and filming the amazing sunny landscape from there"

01\_117: "a month spent at home getting my head back into reading theoretical texts and recompiling them with pictures from my project so quite alot of time spent initially in this operation but also alot of biking after biking quite much with myrthe in the netherlands with related activities including trying to fix a bike for august and resolving to steal an half broken one in front of the station repainting and changing the wheels to then go out both biking but mostly walking due to a little inflammation on my right foot to our favorite beach to light fires and barbequeing till at last meeting my supervidor at the university and getting hard in writings while staying with myrthe in her utrcht attic and doing little home improvements in my studio room like adding extra shelves and fixing a place where to do my paintings which i have finally resumed to at last doing alot of explorations with alot of picture taking and other parts of my documentation

during a long weekend in berlin with myrthe and alone"

09\_075: "news read while in my studio but also in myrthe's utrecht attic and in the bedroom we had for some time in the berlin suburb always using my computer and reading much about still many deaths in the middle east but also quite some deadly turbulances in the center of africa and most strikingly an muslim attack to a mall in kenya but also natural calamities particularly in southern unitesd states and mexico"

12\_044: "quite many recordings of thoughts now after a rather long period having no possibility to walk alone and being really thoughtless but this time i had several possibilities to record going out with my bike and finally be able to reach nature from my industrialized suburb but also walking through it in the middle of the night and recording on my way to myrthe with and also while walking by lakes coming back from my son's apartment and feeling a big need to breath the autumn air and think about my situation at the university whether i should seek for more autonomy which has been also the issue of my walks while in berlin going early morning to check a spy tower station or walking at sunset in the orangerie of potsdam"

04\_043: "quite some clean air breath particularly while keeping in the utrecht attic writing but then always experiencing the bad air from the nearby factory while in my swedish apartment particularly with the nice weather walking with august on the other side of the bridge to our secret beach or going for a run until with myrthe again we spent along weekend in berlin finding little traffic but during an excursion i took to potsdam experiencing there a bit of a rush hour"

03\_062: "music heard while first with my son at the italian sea side taking him to small amusement parks and reviving some songs belonging to my youth but also songs to celebrate my birthday and later spending a period in sweden alone almost hearing no songs until myrthe's arrival and listening to her singing to me love songs and then traveling with her and august to my native mountains listening songs there from a traditional choir but also a cd with music in my mom's car while driving up a mountain covered in fog"

06\_029: "running not so much with the summer trips and much more activities taken noneteless feeling healthy particularly after being down south at the sea side and also getting a bike thus training my leg muscles and attempting to record my speed biking but at last having an inflammation of my plantar fascis on my right foot and quitting all together but at last trying also to do running in the netherlands and only being able to resume it after much walking and outdoor in germany making me feel very healthy again"

15\_043: "a quite complicated period having to accept many new things like myrthe's social life and my supervisor imposing me a cannon and restricting my entire research plan which has generated

allot of distress but nonetheless having great days with myrthe again feeling happy about writing at her attic before meeting the supervisor and also after during our trip to berlin but also being most happy trying to be very independent and taking amazing walks in the berlin outskirts which gave allot of energies till again getting my mood down in the sedentary university environment undecided whether to fight or let go to their impositions but getting at last to start the negotiations and also getting a hard time with august being most rebellious and unwilling to spend time with me"

16\_054: "still a nice autumn here in sweden but then experiencing the first rains particularly in the netherlands where i anyway had to write and finding again quite a nice weather back in sweden also being with august out by the water with no shirt enjoying the sun and latter also in berlin with myrthe finding a very nice weather but quite cold evenings like taking her to the station in the middle of the night and having to walk allot at sun rise to fully warm up and finally coming back to sweden with the weather also quite rainy but even some periods of sun which allowed me to be out running"

18\_050: "at last the autumn wind makes itself being felt particularly to begin with in the netherlands while being with myrthe like walking with his father and brother to check monuments around the city but also in sweden even just being shortly out from the university waiting for the commuter train but then also experiencing days of little wind but also days of much exposure being in berlin and getting morte of the artificial wind of the modern suburbs in which we were staying or just walking up and down the hills on the outskirt and finally in potsdam feeling the wind off and on because of the buildings"

14\_053: "allot of walking with the good weather biking to places and taking small walks like in a weekend with august and my old norwegian colleague åsmund but then being quite blocked due to again an inflammation of my plantar fasci on my right foot and finding slowly a way to walk again by taping up my foot to support walking and talking rather extensive walks with myrthe in utrecht and admsterdam to then also walk allot myself from nyköping to the airport and in berlin with myrthe again from the south to the north of the city but also all alone to the american spy tower station in and across the woods to some rich neighborhood and then again in tiergarten like this past winter but also taking a quite large walk in potsdam feeling really good and free ofroaming from dusk todawn trying to recover my sanity after all thebrain washing i get from work"

11\_076: "back in cold but sunny sweden after poland and now slowly setting my head back into academia and two theory courses drying up my imagination but really working hard to get

inspirations and ideas during my lonely weekends and with august getting ideas of winterish things but also related to the univeristy environment like the gipsy playing saxophone outside or from the boxing training in the gym and the coomuting with the train"

11\_077: "now really with my head in academia starting to affect my imagination as well with ideas relating to lectures and writing but also again ideas got from my lonely weekend walks in the nature lighting fires and being with my little son eating asian and getting there some ideas or again while waiting for the commuter train"

07\_056: "buying my new apartment from the son of a dead hungarian man who seemed rather open minded and with a good view on politics and photographing after the signing of the contract at his father apartment taking me there with his old car and recalling his father who died of heart conditions after a life of smoking and soon after regretting having accepted a roommate which i only got because i did not wish to be alone and end up filled with vices like my father but then getting a phone call from lamin who got living here immediately after leaving his auntie who had been adopting him from the gambia and soon be most generous with him but then realizing his exploiting nature both with the state and with me to then later taking him to a party of south americans in stockholm and meeting a very wierd argentinian dj who was however together with a brilliant swedish girl from the north unusually intelligent possibly also due to her long staying in south america and later going to copenhagen and being most tired of a student conference i have attended but nonetheless meeting a very brilliant danish girl doing interesting empirical work with students and going out with my old student maria and her colombian boyfriend who introduced me to a great german italian climber making money in danmark as a welder and then going in colombia to build an hostel for climbers down a peack and meeting other colombians and an malta born english guy while eating at a resturant in the hippy neighborhood in copenhagen"

09\_076: "News read mostly from my home computer looking at the yahoo world news website which starts to be more and more crowded with commercials and there finding out about allot of sinking particularly tragic ones with african immigrants trying to reach italy and a few airplane crashes in asia killing dozens as well but also deadly stampades in india and the usual bomb attacks in iraq with very little said about the death still caused by the arab spring uprising and the atrocities in congo"

02\_117: "a very dream prolific month with a trip to berlin where my fear for punks and performers got me again after many years to rexplore the causes of my dreams and give an interpretation with photographic material about what daily event has affected those dreams i find more meaningful to explain and also keeping small general notes about the most emblematic

characteristics of the month production noting how i dreamt quite recurrently about small kids such as my sister's small daughter and my girlfriend's small nephew also being affecte now by allot of videoconferencing with my parents and the latter but also dreaming much with my old son walking and reharsing our weekend walks to forests and museums but also being on a bike unable to stop and the autumn landscape that comes with it particularly the lakes where is too cold now to swim but still dreaming about swimming there hugging my girlfriend as we would make love"

18\_036: "clouds edited a bit on the move from both my stationary computer and my laptop while being in my apartment with both myrthe and august working in the kitchen not to wake up the latter and at my parents but still not quite clear about the period when the actual clouds where analyzed but most likely belonging to time I got back to sweden from the states detecting quite many animals like elephants but also smaller creatures like ants and scorpions possibly still affected by the autumn nature"

15\_044: "a period of initial distress still undecided about my future in academia and also still potentially depressing due to the academic environment and the procedures that comes with it but really finding a good enthusiasm in developing further my work and reaching a higher perfection which however made me also quite much struggle with the interface design of my project but at last getting a bit of distraction and easiness from myrthe who came here and provided me a good emotional stability also with little august with whom i spent allot of time after he pretended to be sick and in general again finding in the work for my project and a particularly in myrthe a peaceful ground particularly in our short visit to my parents roaming in the nice weather despite the family dentist removing a teeth and my mother getting violent with me and me getting violent with one of her rich friends insulting me at a dinner"

04\_044: "a rather polluted month still breathing the bad air of the nearby factorie next to my place and going on a picnic with august between a pharmaceutical factory and one making heat but also breathing the fresh air of the autumn taking walks by lakes before and after picking myrthe at the stockholm bus station and really experiencing the unusual stockholm traffic now that many can afford cars and again enjoying a bit of the cold fresh autumn air before going to italy and experiencing much traffic both nearby the airport in treviso and particularly in vicenza taking walks with myrthe and finally breathing good air in venice and bad air again traveling by plane and at last really good air in the netherland spending a whole day out with august and myrthe and his mom at an amusement park in the forest"

01\_118: "after quite some traveling particularly in berlin that got me very active documenting also to interpret my dreams and get good pictures for my writings i had a full period at home working

allot to redefine my project and particularly the website this after perceiving the discontent of my work from the university and also doing allot of work now to restructure my studio to host more potential outcomes of my project particularly seeking more physical and artistic production thu going with august to buy new construction material and getting back to some carpenting but also going to different places to buy a bit of old toys to make small sculptures of the figure i see in the clouds thus preparing for more production to come and also resuming the work out in the gym to keep my heart healthy after feeling some pain in my chest and at last again travling with myrthe this time to italy walking with their in the city and on the hills mostly documenting allot and in various manners"

14\_054: "not so much walking from the beginning after all the extensive walking in geramny but at last ending up walking quite a bit trying to enjoy the utumn air and dropping august to the boy scout to walk myself from the university to stockholm and all around it but also taking a small walk with a polish colleague during conference as he also had to walk allot for a disease that almost killed him and walking again in sweden with august and myrthe despite the weather but then finally finding a good weather in northern italy and walking a bit in treviso after landing and allot in vicenza the two of us and in venice with my stepfather who got us quite lost and disoriented and visiting the art biennial there going into funny shapes outdoor from one pavilion to another and so also during a day spent in an amusement park in the netherlands going even in a labyrith"

16\_055: "a rather cold weather coming back from sunny berlin and finding stockholm in the middle of the autumn with shorter days and nights of frost yet a few days of sun and being outdoor for walks and bike rides with myrthe in particular till we went together to my parents in northern italy to find a mighty weather getting around in shirt and finally back to sweden to make it soon back to the netherlands and literally finding a weather between the warm south and the cold north"

18\_051: "not too often out from the beginning experiencing the autumn wind but eventually exposing myself during walks and bike rides otherwise noticing the wind through the window of my studio observing the bending trees but then going with myrthe to italy and experiencing a light wind particularly in venice visiting the saint mark belfry and then some wind in my visit with august to the netherland"

10\_081: "a month characterized first by a bit of stability writing on my dissertation in myrthe's attic but then rebelling to the academic conventions and really sat out exploring berlin with a great weather walking first in the city with myrthe filming new and already explored places but then setting forward alone from the city to the suburbs and filming many public spaces and also

much nature particularly on the american spy station hills and through the forest and in rich neighborhoods but also to potsdam filming in the sansouci park and getting caught on a net to cross over to a typical east germany neighborhood"

10\_082: "films shot mostly in stockholm taking advantage of the great autumn weather while walking both with august and later with myrthe also going to northern italy and explore there for a short time the city of treviso and then mostly vicenza and venice yet without really concentrating on filming particularly in venice with my stepfather running ahead to show myrthe different locations despite the great silver light to film"

06\_030: "taking advantage of the last days of warm weather to go and run but soon ending up running in the university small gym always quite alone using the stepper machine which keeps my baricenter fixed and does not seem to harm my back and knees and here being quite regular other than at times having to rush to attend a seminar or even taking my son august while myrthe kept working in the university library and overall keeping a good condition and feeling very much better after the exercises eliminating the chest pains and particularly my stress"

13\_031: "painting executed really sporadically with all the summer trips and rearranging of my studio finally positioning the painting side at the far end under a strong light which will allow me to photograph the paintings under the same conditions and with a wooden small shelf to place the water and pencils now again painting much more simple and unified shapes with again these circular recurrent shapes and drop like falling blue intersecting with other diagonal layers swap in various levels but nonetheless with a quite worked out texture of many subtle nuances"

09\_077: "news collected quite much on the road and mostly from the internet both in sweden and at my parents place but also hearing from myrthe about a storm in the netherlands causing a few casualties and many a casualties also read of natural catastrophes in the philippines and minor one else where also with the usual deaths following attacks particularly in muslim countries"

15\_045: "a bit of a more emotionally unstable month with both the care i put in my project and in my body by going to the gym being really the stabilizers and bringing some energetic days with the otherwise much gray weather both in sweden and the netherlands where i also took august and felt his influence with a day being most friendly and another being quite negative and making also myrthe rather negative too but then having nice weekends together with both him and lastly with myrthe finding quite an harmony together"

11\_078: "drawings executed in the autumn while traveling to myrthe in the netherlands and having to look after august in sweden and thus not being very regular executing them but always finding some time to execute those ideas belonging instead to still the beginning of the year when

i was leaving alone taking two university courses at once and being quite affected by the seating in the classroom with a few drawings related to it but mostly to the cold weather and the shopping at the big supermarket and the constant commuting by train to the university and to august together with allot of sexual ideas despite the fact that i have abstained from sex for many months then after the separation"

16\_056: "a rather grayish but relatively warm beginning of the winter yet quite rainy too from the beginning till august and i went for a small holiday in the netherlands finding a most amazing and warm weather followed also there by a bit of gray weather and also sun but with a cold winter to then come back to sweden and finding a long period of gray yet stable weather also once back in the netherlands finding a great sunny and warm day in rotterdam but then returning to sweden and finding that the temperature as dropped below zero and the weather got much nicer and sunny"

18\_052: "not too much wind from the beginning being with august in the netheralnds but experiencing much wind while walking with him in a forest of breda and then almost no wind back in sweden but on my way back to the netherlands where again the wind was not too strong although allot of subtle changes where felt in rotterdam while walking by the water and a bit stronger walking out of myrthe's attic to do some tai-chi by the river yet at last going back to sweden finding almost no wind but in the very end experiencing it quite strongly up on a cliff with august where it was impossible to light any proper fire"

02\_118: "dreams written from the begining while much traveling and yet being able to keep remebering my dreams like at my parents in italy being rather overtaken by a violent argument i had with a rich venetian woman and having a few dreams with violent content but also dreaming more often about myrthe and the way i exchange her for another girl and so also dreaming more frequently of my stepsister and her dog but turned into a dangerous one as well as fearing immigrants people in my apartment and even in bed with my son this after taking the metro with him and them to come here but also having nicer dreams with landscapes and hills despite the constant fear of my supervisor and the academic environment and also the influence of video conferencing with myrth at night and even with my biological father whom i have not talked to in years"

05\_044: "story started in berlin while hosted by a gay couple and yet inspired by the cicadas found this summer in the italian sea side leaving their bodies attached to the trees and also much of the story then really much inspired by my situation in academia with the professors imposing their canons and somewhat demotivating the students which i wrote after some time and on a different

notebook thinking to have left the previous notebook in berlin where i already once forgot some drawings but also concluding the story in a way by reversing the moral of the usual cicada that sings and than die in the winter not being hosted by the ants now having the cicada overcoming the diligency of the ants and even affecting the work of the ants once his singing is no longer heard"

14\_055: "a month characterized by not so much walking as the autumn has being a bit wet and i spent much time at home even though i did travel to the netherlands and i did manage there to take some nice walks first with august around utrecht and the to rotterdam taking a decent excursion by myself and later with sweet myrthe who joined me but then no other bigger walks were made other than a bit in the southern suburbs of stockholm and in stockholm with august and by myself but also with him on a nice day walking up a little cliff overlooking a lake"

04\_045: "pretty good air quality aside for a couple of days where i for instance walked with august along a big a trafficked road in stockholm to reach his mother and then also another experience of walking by a busy road with myrthe while in rotterdam trying to get around the city otherwise finding the air rather clean both in sweden and the netherlands and even not so bad in the airports now experiencing a clean wind blowing away the planes' emissions and not even feeling too much the pollution from the nearby factory while staying allot at home for the winter weather even though towards the end it was sunny and i being doing gymnasticcs in my little park inhaling good air"

17\_037: "still likely in the states and possibly employed at the university but nonetheless spending quite some time out observing many a clouds which from the beginning have much animal content with also a few kids but then shifts more to women with even a white woman being beaten by a black guy and more elegant ones but still presumably showing a bit of sexual repression on my side or provocations with all the female american colleagues wearing decollets"

03\_063: "a long period of songs mostly sung by myrthe like an in love bird while at his brother place in maastricht or biking down in belgium and walking on the hills there hearing her happy and singing but then also songs heard from august singing in my apartment while constructing his virtual world and feeling very happy or also when myrthe came again to visit me in sweden hearing her singing and teaching me the dutch song of tumba tumba also while biking and ending there also in a church of hippies hearing some gospel singing there to then end up at my parents place and along with the constant singing of myrthe of love songs to me there hearing songs from the radio like when visiting my old best friend francesco in his country house"

01\_119: "a beginning of the month quite much dedicated to my still little son august taking him to

the netherlands to both go to an amusement park there and later at a myrthe's old grandmother's birthday and thus doing small activities but then returning to sweden and setting off seriously both restructuring both my website and of consequence also finding new motivation to work on the show-case in my studio thus beginning do make a big murales on a wall representing my interface and building a little storage for my project in the closet where i was thinking to have the bathroom but hten having to go to the netherlands and spending my time there too working on my website and helping jason to move and build ikea furnitures in his new place getting a back pain but nonetheless going back to sweden and working hard on my studio show-case and also going to the gym and the office much regularly finding always something physical to do there as well like printing and stamping papers"

06\_031: "a good month of running quite constantly going regularly to the university and using the stepper machine there also taking august again letting him train with me and even after my only lecture this semester being filled with thoughts in my head while exercising but then going to the netheralnds and coming back with a back pain but still stretch allot and try to keep up the training mostly to avoid stress and a recurrent pain in the left part of my chest managing also by coming chinese gymnastic out in the park and running indoor but lastly getting again a bit of inflamation under my left foot which got me trying to train first bare foot and then on a cyclette for the first time"

08\_084: "trash collected on the sidewalk still despite the end of the summer both alone in sweden mostly in the immigrant city where i live and in the netherlands with myrthe walking extensively for instance in amsterdam but also alone around utrecht"

08\_085: "most of the trash collected in berlin taking advantage of the great weather there and collecting both the usual cards to for export of expensive cars but also much related to the october fest celebration there with many alchool relate fliers and disco events"

08\_086: "still collecting trash in berlin walking with myrthe in the northern part and then hitting alone the very west of berlin to end up in potsdam and then keep up a bit of urban walking and side-walk collecting in stockholm and finally a bit in my parents town of vicenza"

09\_078: "aside from the many middle east news bringing constantly new casualties also other casualties in russia with an airplane crash and several building collapses causing many death in latvia and china and a few also in italy but even some dead in europe due to unusual bad weather and a huricane killing several people but of which i have heard of from jacek and myrthe else reading mostly everything from the internet at home"

07\_057: "head shots taken while still in copenhagen at my colombian friens' place meeting their

other colombian friends like a photographer who seemed quite interesting but then went off watching a football game and an colombian born italian german girl who was rather conventional a weird looking but then going with jacek for a tour in the dolomites and there meeting two old ladies after our avalanche accident hearing the story of the first one from perugia telling us how emberassed she was to look at naked soldiers bathing in the river during the great war and then another one in the empty hotel of a village by lake garda who actually has been working as a teacher in germany and has lost her fiance also in a mountain accident making her rather sorrowful hearing that we also risked our lives and there at the café of the hotel meeting a polish guy working as the tender and complaining about the italian situation despite him being very well off in such a paradise and then meeting an italian guy on the plane to sweden who like me had found a swedish girlfriend and was ready to settle up north and finally in the sudetic mountains in southern poland meeting one of jacek's friend named also jacek who was also a musicians and artist but with many introvert issues"

14\_056: "little walking resuming at full speed my activity at the university but also due to the unstable weather conditions and very little traveling aside for a visit to jacek in malmo with myrthe and august following him in his restless walk of the town to fulfill his gps walking project while i also had to take care of august and of filming so not really being able to concentrate and enjoy the walk and not really walking so much in stockholm again because of the winter stormy weather and the darkness but only walking once to reach august to the christmas marlet at his school"

15\_046: "a very emotionally unstable period with the winter darkness setting in and an hopeless feeling not knowing with whom and where my love myrthe goes out and at last being really back in love once again and deciding her to come to live with me making me most happy and also trying then to improve my ituation at the university taking bold steps in changing my supervisor for a more competent one and having myrthe coming here too and starting quite low but then getting fully emotional and with allot of feelings to share"

16\_057: "a period spent entirely in sweden facing a big whether change from a mighty autumn to harsh start of the winter with a large snow storm that august and i have epxperinced going down south to malmo where we even saw a blue thunder in the midlle of the night and experiencing there the harsh windy climate of the south part of sweden to then come back to the much calmer weather of central east sweden and living mostly indoor with all the gloominess of a snowless wether getting too warm and rainy preanouncing a black christmas"

04\_046: "a period characterized by very clean air due to allot of wind cleaning up and mostly only

smelling the neighbor factories while training out in the little park of the neighborhood and mostly be exposed to the car pollution when going to the city like in stockholm buying august scout equipment for christmas or walking to pick him up to the train station but otherwise experiencing either the sterile air inside the university where i anyway keep a window a bit open like also in my apartment sleeping with myrthe and needing extra oxygen or the much wind we have experienced when visiting jacek in malmo after the snow storm"

04\_046: "while the previous periods have been characterized by very little wind this one has been terribly windy bringing first allot of wind experienced on the way to august's christmas market through the fields and then bringing a snow storm which i faced with august and jacek down to the south of sweden which seems more affected by this weather and also getting much wind while walking with them and myrthe in malmo even getting my whole camera falling with the tripod and then getting back to stockholm with the winter which has not set in and experiencing a moment of calmness before getting more strong wind with a too warm winter temperature"

01\_120: "a pretty intensive month both getting ready for christmas and using up allot of my money to buy presents and also working hard on my studio finishing the murales and going quite further with other installation but other than that being quite much at the university where i have resumed teaching and thus spending idle hours listening to students presentations and only using markers but then having both august and myrthe over and letting go to all the work in the studio to travel to my parents in italy being at first confined in their mountain cottage during christmas working on my booklet with a video-game i have in made and then much filming and documenting exploring the surrounding historical cities also with jacek and brett"

01\_119: "very seldom dreams due to both the university situation with which i have been waking up instead of remembering my dreams and also due to all the traveling i did both with myrthe and jacek in northern italy but getting here more dreams about mountains and open spaces which i much lack in sweden been quite mostly indoor and in the dark"

10\_083: "still filming in italy while with myrthe and my parents in venice and making it back briefly to sweden before getting back this time with august to the netherlands enjoying some nice weather but only being able to really consistently film on my return there alone having spent a whole sunny day in rotterdam doing several films in the modern spaces to the return to sweden"

10\_084: "films of public spaces from the beginning recorded in sweden despite the weather and the little exploration of public spaces which i actually resumed once again with myrthe particularly in northern italy exploring several cities and smaller historical towns but also taking advantage of the warm winter weather to explore several moutains"

06\_032: "running still in the gym despite again a back pain and also pain under the foot thus trying to run without shoes but still accomplishing good result as i have been very much willing to push out stress and work anger but also getting interrupted by the other international students with whom i have talked and lastly taking advantage of the warm winter to run outside and make a new track in the park where i do chinese gymnastics running twice perpenducularly to it to accomplish a lap on the grass rather than on the hard asphalt of the parking lot where i used to run in the neighborhood and also going there to run with august after the christmas break and being a bit stressed by him lastly to finish quickly"

13\_032: "painting executetd in the far end wall of my studio now well equipped with all colors hanging on a little shelf at my waist and started also to get a bit freer in painting shapes that are more organic with still some subtractions of circular shapes from a water like layer coming from above but also enjoying to experiment with fine textures like adding dark orange on purple and gold on yellow and resuming the use of white and black mostly on the main gray background having also little of that colour left"

17\_038: "still possibly clouds captures in the summer spent traveling from new england and around the ontario lake with some ratheer sexual scenes possibly due to some frustration like at work but also with a few monkeys and many birds mixed with other human and animal elements"

09\_079: "news read mostly on the internet and quite unregularly while on vacation in northern italy but beside that news which are characterized by many casualties still in the middle east as usual but with many now also in central african countries where political and sectarian fightingis taking place and only a few casualties in western countries like in north america where the winter has been particularly rigid"

16\_058: "a month in which i experienced all sorts of weather like the gloomy and not too cold of sweden to then travel with myrthe to the alps and also there find that the winter has not started expecting allot of snow at my parents' place at last getting so much rain that it went through the ceilling but then moving to the foot of the mountain and experiencing most sunny days in verona and latter the most gorgeous winter day in the island of the iseo lake with very good visibility of the alps and also a sunny day walking in the mountains to then get again rain and move back to the gloomy cloudiness of sweden but at last experiencing a sudden turn with a cold but sunny winter setting in with finally snow making the landscape very inviting and nice"

18\_054: "a start of the month with quite a strong wind experienced here in sweden while walking with myrthe and august in a small forest and almost getting struck by a timber eaten by a beaver which the wind made falling and then traveling to italy and experiencing there a super powerful

wind in the mountains bringing hot air from the south and not the snow storm that was supposed to come and then experiencing a bit of wind while walking in venice but no more instances of wind particularly back in sweden where some wind has brought snow but has then calmed down"

11\_079: "ideas got with the beginning of the spring finally getting more out after the snowy winter and much time seated attending classes and taking now walks with august observing nature coming alive discovering a beach with beavers and getting ideas there but also still from lectures and time spent indoor and slowly also becoming affected by a new element in my life having found my love myrthe and traveling to her to enjoy the spring together but not really focusing on my project afraid of loosing focus from her"

14\_057: "allot of walking with the warm weather being in northern italy and exploring with both myrthe and later hjacek and brett allot of hisotrical places like verona and venice and brescia and bergamo but also fabulous natural sights like the island of the iseo lake and some valleys and mountains below and around my native highland being very inviting with the sunny weather at times and then coming back to sweden and only walking to enjoy the arrival of the snow and to get some work related distress out but mostly stopping to walk and keeping indoor"

15\_047: "emotionally very happy days traveling to italy with my love despite the long journey and the bad weather in the mountains now also feeling reassured about my future in academia and later much enjoying the italian cities despite only the presence of myrthe's mother that got a bit irritating but really getting enthusiast with also jacek after fantastic walks in amazing locations and getting quite down back in sweden but again very happy of the prospect of changing environment but at last being completely squeezed by my old supervisor and forced to go through them in order to improve my situation"

04\_047: "a beginning of the month being rather polluted having gone to northern italy with my love and at first experiencing the fresh air of the mountains turned even cleaner by an unusual winter storm and then moving below the mountains and exploring cities with much pollution like in verona parking far out not to pay for the parking and having to walk through big road but also back in the mountains with much of a winter holiday traffic and later visiting other small cities with less polution or not polution at all like in the gorgeous iseo lake and finding clean air back in sweden with the cold weather and not going to often to the city"

13\_033: "painting executed rather rapidly having the need to distract myself from work related issues and being left at home with the snow out recovering the usual elements of the drop and of the grass but really now playing with colors and mixing different nuances yet without being to tedious about perfectly filling in the margins being my brush to big for it"

05\_045: "a story talking place in my former parents-in-law country house which was easy to reimagining in all its details and places but really inspired by the mice in myrthe's attic in utrecht and by the fact that i also call her sweetly a little mouse with some parts also inspired by the salami we got from my parents in italy and myrthe's little hairs of which she is a bit obsessed and the snow boots now that is winter thinking of the very hairy ones i used to see in italy"

07\_059: "winter days spent in poland meeting again all jacek musicians friends spending new years eve with them by the czech mountains and getting quite admired by them for my drawings but also meeting jacek's cousin anna who talks really well italian and took me to her italian lessons in the high school where she teaches but then also meeting her less inspiring boyfriend who taught me some stretching exercises and even getting to know a latin american girl getting study money from sweden but living in poland to save and at last meeting a crazy experimental music girl friend of jacek from the north of poland"

01\_121: "a month spent doing mostly documenting activities in the first place being traveling around northern italy with myrthe and jacek and then coming back to stockholm and again not doing many activities with myrthe coming over for a few days and then not really undertaking any carpentry work but being often at the university trying to create new collaborations but also doing more distracting work not to think about my supervisor situation such as painting and drawing and even cooking less than usual when myrthe has been around"

02\_119: "a quite troubled month with first the traveling to italy in and then all the distress caused by university situation which got me often awake in the middle of the night while beginning to dream but then getting better by watching movies with myrthe and latter august and starting not to think about work and getting a few sexual dreams being mostly afraid that myrthe has sex with others or that i make love to ugly girls mostly inspired by the movies we watched but also dreaming quite much about mountains and the native highland i have recently explored with also dreams regarding the selling of my grandparents' house there to which i am informed through my father in canada and several dreams fearing that i am forgetting to pick up my son or that i have abandoned him now that my future in sweden next him is very precarious"

03\_064: "not so many songs heard alone but mostly when being with myrthe and or august for instance going to the efterling amusement park all together and listening to sting on the way back or just singing military songs learned from my grandfather to myrthe's mother or hearing the dutch songs sang for myrthe's old grandmother at her hundred and two birthday then mostly hearing songs at the gym training and listening to a rock station to then gradually get in the chrsitmas atmosphere and start hearing christmas songs like by the gypsi saxophonist at the

entrance of the university escalator"

17\_039: "not really clear again as to when these clouds were observed but it is likely while being in the united states still spending the afternoons with august after school and detecting many prehistoric figures and allot of laying humans often in a sexual pose with small kids involved"

13\_034: "painting executed rather quickly now that i need time to get distracted from my bad supervisor situation at the university and here also trying to be rather clean in the shapes but articulating a bit the dropping blue using the perforated spheres in the yellow background as some sort of holders to the liquid using again the black and the silver with grass like green layer and alternating the soft gold yellow and pink backgrounds"

09\_080: "news read quite regularly on the internet at home yet not really finding any striking casualty news other than again an accident in canada where elders burnt to death and fighting in the central africa while most of all the other news are the rather redundant ones of the fighting in the middle east which is however escalating in egypt"

14\_058: "walking mostly in the city of stockholm with the snow and myrthe over for a few weeks showing her around the different parts of town but also taking a walk with my old supervisor up the river where i used to walk with august and latter also taking longer walks with little myrthe to also go to the shopping center near my suburb and to pick up the japanese mats in a distant warehouse but being later incapable to carry them any further and at last doing small walks by myself around the university during the single one day of sun this also to avoid my old colleagues and at last coming to utrecht and walking to myrthe's place and out to a restaurant with jason"

16\_059: "a quite okay beginning of the month with the winter turning properly cold and giving both snow and latter sun but then gradually turning mild again and bringing in several days with wind and snow to finally stabilizing but keeping rather gray and at last even getting above zero degrees and melting down the powdery snow bringing even rain till at last going to the netherlands and also finding a very mild temperature but again rain"

04\_048: "a pretty clean month spent also quite much out despite the winter finally kicking in but bringing quite a clean air overall and little traffic even in the stockholm city where i often ended up with little myrthe and really only brathing bad air while jogging in the snow free parking lot with several trucks coming by or finally traveling to the netherlands after a long period and smelling the airplane fuel but getting a quite mild and very fresh air down in maastricht walking on the hills"

15\_048: "despite all the distress caused by my supervisor situation at the university attempting to get a new one feeling much love and intimacy with little myrthe on my side doing several small adventures together and then also trying to focus at hom on my own art like painting and drawing

in order not to think about work and really getting stronger also conducting the research my own way and doing allot of other art work like editing videos or at last setting forth with learning how to make videogames with august but then feeling rather distressed of traveling to the netherlands and going to a mainstream museum and lastly becoming really happy of our staying in maastricht exploring the nice nature and enjoying my first sun in weeks feeling much love for myrthe"

18\_055: "an apparently quite period with moderate wind and calm snow fall turned into more harsh weather bringing in more snow while being allot out particularly with myrthe showing her stockholm and picking the japanese mats for our bed and then experiencing less wind till at last coming to the netherlands and getting a first some wind calming during the evening but then much wins in maastricht while hiking on the hills with myrthe's relatives"

06\_033: "a quite regular period of running with little traveling and also the snow out which at first made me continue running in my little park going twice diagonally to it in order to accomplish my usual lap hurrying up at times to go to meetings but then having to switch to the parking lot with the melting of the snow and running there a few times despite the traffic pollution and the hard asphalt not good for my knees but lastly finding the snow completely melted and running again in the park this time only having to pay attention to the dog poo and keeping up good tempo"

03\_065: "still allot of love songs heard from myrthe who came over to sweden before christmas but also a few songs heard from my students showing and making advertisement campaigns and a bit of songs heard from august at his school for the christmas market but then going with myrthe to italy and hearing allot of songs from my little nephew anna and at my sister's dancing with her ut also the usual traditional christmas songs in the church of my native village asiago and while in the main hotel there working with myrthe on our laptops"

13\_035: "still being quite at home with the winter and avoiding the university so spending quite some time painting and keeping up the previous painting with the green grass and the yellowish background but this time making a circular subtraction in the middle without really any usual surface color but experimenting much with different colors mixed on the panel trying to reach different shades and feeling like this painting is really an in between painting of two other paintings compressed as it is by the diagonal shapes on the sides and also playing with a pink semi circular shape not really paying too much attention to finish too well the borders"

05\_046: "a fable inspired by an evening spent with my kid driving down from a small mountain in my native highland with the road filled with toads and also possibly reflecting my state being taken up and down by providence and reflecting the many castles visited during our recent stay in italy and particularly to verona visited with myrthe with romeo and juliet being quite present in the

story as much as the romeo and juliet disputes played by my two families however also coming out with many small genius inventions as the electrically control dead army of toads"

11\_080: "ideas got in my very first period in love with myrthe so other than the office related idea i got many ideas that are romance and sex oriented but also relating to all my traveling by plane to her and to my parents in italy with also the many arabs immigrants i encounter daily when taking the commuter"

11\_081: "still several airplane related ideas now going for a few weeks to boston and really making use of the weather taking long walks and observing the urban environment but then back to sweden getting again a few sexual ideas with myrthe visiting me and also some ideas at work like when going to the university gym"

01\_122: "a month spent getting quite much into my own research and thus doing quite allot of office related activities like printing at the university and having to use my card in order to access the printer and then photograph again the computer mouse going back to my office but also a month spent allot with august walking around and filming and in a few occasions at the swimming pool after many years but this time not bringing my camera along and only swimming with long periods without using any object as it is also the case for the few times i traveled to the netherlands at the beginning and at the end of the month"

16\_060: "a very nice weather experienced in maastricht walking the hills with myrthe's relatives and then going back to sweden to instead experience a constant gray weather and at last a day of snow to soon melt in rain but at last giving a one single day of sun in which august and i have been out for a short bikeride and a long walk in the woods to then experience gray cold weather again till at last i went to lovely myrthe in the netherland and got a very a sunny day feeling the spring coming back to us making us super in love to at last depart again and ending up in malmo for a course"

18\_056: "experiencing quite allot of winf from the beginning in the netherlands particularly during a little walk on the hills in maastricht with myrthe and her relatives which anyway opened up the sky and got me sun after a long time and then back to sweden experiencing little wind but walking with august in the forest and getting at last a sunny day but then again experiencing little wind till at last going to the netherland again and getting some wind and also cloudless sky and the same going to very windy malmo being at the university there next to the ocean"

17\_040: "still not sure where i collected this clouds but probably now in sweden given the boats and aquatic things depicted here possibly captures while running or walking along the water and also a few knight related clouds and a few quite complex ones"

14\_059: "walking fairly enough particularly with august during his carnival holidays going far exploring a big natural reserve opposite to the harbour and also making new nice discoveries finding a little old village on a hill over södertaälje but also walking quite much with myrthe in the netherlands both at the beginning of the months when still in maastricht and the latter alone in eindhoven to then walk with her at the end of the month in utrecht and in a surrounding forest which we also reached biking as i did in sweden with august"

04\_049: "a month without so much pollution other than in few occasion when walking at the beginning in eindhoven waiting for the airplane and then just when running back in my neighborhood feeling the factories at the distance but other than that being rather indoor and getting good air beside when leaving august at his school and getting allot of pollution of all the rich people there with cars and smelling also the dust from all the granite stones put all over the city for the ice now completely melted"

15\_049: "a better month now that my university situation got adjusted still having a one period feeling shit coming back to sweden with the gray weather and august at home and no exercise but then making great discoveries with him and adventures in the neighborhood and feeling much better also with the weather getting more sunny and then going to the netherlands and feeling down having to face a bit the art society there but soon getting to feel very good after a bike ride with myrthe in the sun and latter joining a conference at the new university of the arts in stockholm and getting quite a few friends feeling happy also about my new supervisor stina"

09\_081: "news read quite regularly on-line and mostly related to minor death occurrences with several accidents like plane crashes and bus crashes but also the usual attacks and the syrian war that continues and other conflicts such as attacks in nigeria killing quite many but not really talked of"

10\_085: "films of public spaces started in the most beautiful panorama offered by the island of monteisola in the ideo lake and then continuing with the usual northern italian cities already explored like in venice and my sunny mountains to then get back to the awful scandinavian winter mostly filming places showed to myrthe and the reaching her in the netherlands shortly to visit her brother in beautiful maastricht and filming there during a walk on the hills and latter in boring eindhoven with nothing really to be explored"

03\_066: "songs heard still while in italy listening to the radio in the many trips by car with jacek and myrthe singing and then also back in sweden listening to the songs on the radio and to august singing while playing video-games on my computer but also in the few weeks that myrthe spent here listening to her singing love songs to me and playing romantic music in the evening while

dining"

02\_120: "a month with initially allot of dreams but then getting quite affected to at last completely burnt out from traveling and particularly skype conversations with my father provoking a few violent dreams and myrthe with whom we also tried to make love on the distance but nonetheless being also affected by all the academic reading and writings and at last be able to get more wet in my head by biking allot out with the new spring sun"

06\_034: "back to running in my little park after the snow melted and despite an initial cold and gray weather being a bit disturbed by a lady coming with her pitbul dog but then running again with the new spring sun and also august who found many little kintergarten friends to play with and even starting to feel an headache but then quickly resolve it by running and so also all the stiff legs i got seating for too long at my desk feeling in the end really great ans also running with only my t-shirt despite all the parallel training done biking out to the nature"

14\_060: "walking with much now in malmö going with jacek to seminars and then quite allot with a portugese philosopher i met at an oprning and walking with him and his egyptina friend all around the ciy but then also biking allot and latter exploring by feet the nice area around järna and lastly doing quite some walking in sunny utrecht trying to get over the traveling and also with myrthe while starting to perceive allot of worries about coming and leaving with me"

18\_057: "a month period started in the very windy city of malmö and then continued over to stockholm experiencing allot of wind particularly going by bike and being more or less exposed by it depending on the landscape and getting allot of wind when biking with myrthe and august on our way back from an antopophysic institute and during sugust's birthday when the weather got really dreadful and we tried to walk out but got some frozen wind welcoming us and finally getting to the netherlands experiencing some wind there despite the lovely weather and finally back to always windy malmö walking to the university with jacek and being quite exposed"

12\_045: "more recording of my thoughts gathered in very seldom occasions when left without august and myrthe thinking again about my intellectually constrained situation in academia but also about my incresingly more difficult situation with myrthe who no longer wishes to live with me and recording more frequently as the spring comes out while walking to the mall but also in the forest behind august's apartment"

01\_123:"a quite active month not traveling so often and seriously now archiving all the physical outcomes of my project in boxes but also spending some lovely days out enjoying the sunny weather and biking quite allot even with august and for a whole night surviving as nomads and other than that spend time in utrecht with myrthe and there concentrating myself more on writing

down papers for each part of my project and finding little energy going back to sweden but at last doing some major changes in my studio resuming the interactive wall project"

04\_050:"a month spent quite allot outside biking and inhaling some occasional traffic going on big road south of my place to reach the open country but particularly inhaling allot of the dust from all the gravel placed on the road in the winter and a few times also smelling the iron of the factories nearby but other than than that inhaling fresh air in utrecht despite the traffic found in the outskirts when biking with myrthe and the usual smell of the airplane gasoline when traveling"

15\_050:": "a period feeling rather burnt out but then finding back my focus with sunny days biking and feeling bad again with myrthe now deciding not to come over this fall and then getting much of a winter weather once again till at last feeling very good about biking out with august to the countryside despite a fight with a camping site owner and gaining much happiness to finally be allowed by my new supervisor to move on with my project in a more experimental way"

07\_059: "still in krakow meeting up with jacek's friend while he was already gone and going out mostly in the evening in bars talking to them about the hobbies they have to leave aside such as music but also meeting a very nice short girl who was also a musician and sang from her room while i was trying to organize an exhibition which brought me to talk to a curator of a new institute and then on my way back to sweden at night meeting an indian student very afraid of me since i walked to the road to the city center and latter meeting a swedish italian nice guy studying old history after which i met a finn swedish at an opening with quite allot of vitality and with whom we tried to do some exhibition again but never managed and at last meeting a cool colleague of jacek from manchester with allot of nice stories and quite nice political opinions revealing me many insights of old england"

09\_082: "news looked up regularly on the web switching at last to a new news website with less commercials and reading about rather big events such as a plane disappearing with hundreds people in the ocean near malaysia and a big landslide in the states while also reading the usual attacks in the restless middle east but also finding quite many casualties reported in south america"

17\_041: "i am not really sure where these clouds were examined possibly still in the states also given the amount of cowboys in imagined and also a few flying figures like a super hero but also a few fishes mostly incorporated in other creatures"

10\_086:"going out a bit more with the coming of the spring and filming public spaces with august being still in the city center of stockholm but also södertälje and there exploring in nice days the forest and countryside to the south also taking the bike and doing so alone and then also exploring

again the southern swedish city of malmö with jacek and not really being able to film public spaces as much as i wanted to but on the other hand being left quite alone in utrecht with myrthe working and a very nice weather outside which has allowed me to again explore the little but very nice city"

05\_047: "a story inspired by a little duck i kept seeing with august when walking into town by the river and being most amazed by its physiognomy and also by an actual drunk who shared old muffins with all the other birds but somehow never feeding that duck i later found out to be called a sculp and being also quite impressed about its diving features and the fact that they are typical of this vikings region and the very river where they used to transport their bounty into a hidden island"

02\_122: "a month with some periods in which I could really have regular nights of sleep despite all the working late and traveling and now sleeping of mistaking my girlfriend for a blond girl and recurrently dreaming about the possible upcoming interview for a new job with my old english colleague but also dreaming of a suicide and several dreams inspired by the textures of the virtual environment i intend to create beside also the show room i am actually building and still feeling quite shocked about having myrthe's bag stolen with my camera and getting all the rumanian gypsies i see in town quite much disturbing my psyche and feeling also inspired by the places i have recently visited like karlstad reminding me of asiago but also the last visit to my parents who got me quite frustrated with their cars and sick dog"

16\_062: "beginning of the spring with sun picking up august in his island and then spending a wonderful weekend by bike even daring to camp out in the ocean despite the minus temperature at night which got ice on the tent but then finding a much worst weather and quite rainy on the west coast of stockholm where i went for a course till finally getting again quite some nice weather and a very sunny easter spent first with august biking to a movie theater and then with myrthe also walking in stockholm and biking along the water to a very beautiful little mountain from where to appreciate the super blue sky and sun even taking out our shirts"

18\_058: "not so much wind from the beginning experiencing first from the beginning biking with august in the nice weather and spending a weekend camping but then getting back to work and not really experiencing much wind till at last going to visit my parents in italy and experiencing quite some wind walking along a little lake with my sister and her daughter and lastly coming back to sweden and again spending quite some time with august for winter holiday this time also biking and feeling much wind also later spending the rest of the holiday here in sweden with myrthe feeling the wind during our walk with åsmund to a rose garden"

03\_067: "a month of songs started in utrecht with the bells of the ancient bellfry still playing songs and later continued in a family reunion in maastricht listening to myrthe's mother singing songs to little pepjn and also to his toys as the toys i used to listen from my son with who i spent several weekends still getting to hear myrthe singing also while videoconferencing but also hearing songs while in the swimming pool with august and having to memorize them as i could not write them on my phone in the water and then listening to myrthe again singing in utrecht and making me listen to several musical and pop songs i first thought cheesy but then got in my head and also playing more serious and existential songs like those of the pearl jams with jacek in his apartment with a guitar till finally getting back to stockholm and spending time with august listening to the ice cream trucks now back with the spring and going later to italy listening to all the songs sung by little anna and back in sweden listening to both the songs heard by august watching cartoons like family guy but also in the cinema together till at last getting all the songs sung by myrthe on her visit here"

14\_061: "quite allot of walking with the starting of a nice spring combined from the beginning with allot of biking to small forests that i explored on foot or to a camping site down in jarna with august but also taking a few walks in the peaceful karlstad where i had a course and then in vicenza where i visited my parents and particularly enjoyed wandering on the hills of monteviale where i once was painting for a whole summer walking also with francesco to the monteberico sanctuary after a little run but walking also quite allot back in södertälje with august going all the way across town and to the north part which i have never explored but only to end up to a mall with a print shop to later find a nice way back through the cemetery and the forest and also walking in stockholm with myrthe and åsmund enjoying the nice spring weather and ending up in beautiful djursholm"

04\_051: "a quite clean spring here in södertälje but still getting quite some pollution in stockholm when walking there and instead getting allot of fresh air in the small city of karlstad where i went for a course to later go to vicenza to my parents and inhaling allot of traffic there and also back in sweden with august trying to reach a print shop in the north of town with a big road filled with cars to cross but then only smelling occasionally the factories nearby with everything a bit shut and tranquil because of easter holidays despite however a road nearby my apartment where they putting new asphalt which i could breath through the open windows and some biking i did particularly to the university"

15\_051: "still feeling bad about myrthe not coming over but getting gradually better just having a slight melancholy within me and enjoying my time in italy taking walks in the nature but still

feeling bad about distant relationships till at last i got settle with it and accepted my lonely life with occasional time to share with august and myrthe and concentrate with my own work which gave me quite some satisfactions feeling rather euphoric about the show-room i am building in my apartment despite also being rejected to the university of the arts where i applied in the moment of deep crisis with academia but now feeling most relieved with my new supervisor and the possibility to switch to ethnography"

11\_082: "a summer month spent with myrthe mostly in the netherlands working and being quite affected but all our love making and thus getting many ideas in this respect but also still ideas related to flying and traveling and even of biking since with myrthe we did some nice excursion in the countryside"

11\_083: "a period initially spent in england attending a summer school and getting a few ideas related to that but also about all the walking i did there in the english landscape reaching nice medieval villages and latter again getting ideas related to flying and then with myrthe again biking in the netherlands but at last getting many ideas related to our staying at the beach at my parents place in italy"

08\_087: "trash mostly picked first while in the netherland walking alone and with myrthe around utrecht and also during a sunny day spent alone in rotterdam where i also picked small and nice casino cards and then picking after christmas in italy walking however mostly in nature or historical sites despite a day in the city of brescia but still being with myrthe and jacek and not really picking much"

08\_088: "still some trash picked during my christmas holiday in italy like during a nice visit with myrthe to the beautiful city of verona but mostly trash collected walking in sweden both in sötertälje and in stockholm where some snow has also fallen making the sidewalk really dirty and latter trash collected in the southern city of malmö that had no snow but allot of wind throwing all the trash around and collecting there quite much trash during my exploration of the little and gray city"

08\_089: "trash initially collected while in the netherlands walking mostly alone around utrecht and even in maastricht but lastly collecting most of the trash in sweden and in particular walking occasionally through the little downtown of södertälje despite still some occasional snow on the sidewalk and quite bad weather"

01\_124: "a month spent working really hard on my project now that my new supervisor stina is in favor of it and thus pushing quite much to construct my show-room making several times too many activities over the maximum amount i use for my layout and also while visiting my parents

photographing way too many activities because of the many keys and doors to lock in their rich house house but also biking allot and doing allot of activities outdoor especially during the easter vacation with august with whom i also kept up working on my show-room and doing allot of purchases for it but then going down in activities with myrthe coming over and also concentrating on the construction of my virtual environment which wanted me mostly seated and in front of my computer but nonetheless also doing quite many activities at the university having to use my card to activate the printer and certainly increasing my activities also with the smart phone i got from my mother with which i now communicate to myrthe"

06\_035: "not so much running because of allot of biking but nonetheless going quite regularly out with the nice spring weather to the little park in the neighborhood and going also a few times in the evening with the days getting longer or right before a one lecture i gave and thus having to hurry but also feeling my legs tired for the training done at the gym and later feeling observed by a family with their kid enjoying the nice weather and when it got colder by a group of young arabs after i worked all day seated on my virtual game and feeling then still rather strong"

09\_083: "news read regularly and now getting quite redundant information about casualties in syria and other muslims countries such as nigeria but also with an escalating amount of deaths in the pro-russian parts of ukraine and again deaths caused by natural calamities in the states"

17\_042: "still not sure where i recorded these clouds but likely still while in the states walking with my kid and detecting here some nudities and a few cowboys with the figure of the horse coming back as well as other animals but also laptops which might indicate my psychological state then and makes me suspect that i could have already got back to sweden"

18\_059: "a bit of a turbulent month with quite some wind from the beginning doing quidong outside the university and then experiencing light changes biking alone outside of södertälje to finally get quite some wind with the changing of the weather and the wind bringing even snow and followed by relatively low wind spending much time inside coding my video-game but at last experiencing allot of wind walking through Amsterdam and seeing cardboards flying around but finally experiencing quite little wind back in sweden"

16\_063: "very nice beginning of the month with warm sun followed by still allot of sun but temperatures going below zero at night followed by again a few days of very warm but cloudy weather cut down but a sudden cold temperature which even brought snow and then at last going to the netherlands for a conference and feeling warmer there but then experiencing much rainy days till at last going back to sweden again and find at least dryer weather but still cold till at last find a warm spring again"

14\_062: "a quite decent amount of walking this month initially biking and hiking in a natural reserve in södertälje and then going to the west coast of sweden for a course and doing small hiking there with jacek reaching a beautiful lake in alingsås and joining a conference in amsterdam thereafter having to walk quite a long way from the station to the zoo but really enjoying it also doing little walking in utrecht but particularly taking a major walk from my university having forgotten my card to train in the gym and really feeling i needed to move after much video game making i managed to finally reach a small mountain and return along the tullinge lake but also walking a bit through stockholm going to an opening to meet mikael and the rest of the swedish artists gang"

04\_052: "rather clean month with a bit of bad air inhaled biking but also inhaling some bad air going to the supermarket with all the trucks parked on the way and mostly keeping home and thus not being really exposed to bad air until i went to amsterdam for a conference and experiencing some traffic but overall allot of fresh wind taking all the pollution away till at last being back in stockholm and breathing bad air walking to a gallery opening and then again flying back to the netherlands and getting stuck in a traffic jam on the way to a wedding but nonetheless staying in utrecht with very clean air there in the city center"

02\_123: "a month proliferating with dreams despite working hard which on my virtual world which in fact opened up my brain with allot of visions bringing many dreams despite later being affected again by the university environment and another professor who did not want to pass an article i wrote and later still being very affected in my dreams of the virtual world i am programming and also by a clip i saw on the fighting in ukraine and even dreaming after flying back and forth to the netherlands being also quite inspired by some conversations i had at a conference there about lucid dreams and now paying attention to have all parts of my brain open before going to bed trying to keep it flowing"

09\_084: "news read rather regularly on the internet finding allot of casualties now in ukraine with the pro-russians attempting to split the country but also many dead in nigeria and a very dramatic accident in turkey where a mine collapse killed hundreds as it killed also hundreds in india with a landslide and quite many also in the troubled north west of china that also wants its independence"

07\_060: "new acquaintances met now still living my life as a bachelor and going with my colombian student ivan to a performance festival where i met a crazy body artist from the north doing dangerous stuff with broken glass as well as a turkish student who was a bit obsessive but also meeting two great theater actors from montenegro that has facilitated a very nice workshop"

on improvisation and a german girl studying to be a curator with whom i tried to collaborate but never managed and finally people from an art fair for nonprofit galleries like a polish guy and a very nice austrian woman curating artists from morocco and quite a shy gallery assistant from south africa"

15\_052: "an overall emotionally nice month feeling good about working on my virtual world and then going to the quantified self conference in amsterdam gaining some honors although feeling also a bit stressed and getting angry with myrthe because she booked a trip with hanneke for the summer without telling me but then pacifying back together and only feeling a bit down about the weather but really getting back to feeling good with the nice almost summer weather feeling just melancholic about not being able to see august after he went with his mom to turkey for holidays"

01\_125: "a pretty active month with allot of work put from the beginning on my virtual world thus working allot with computers also in preparation for a conference in amsterdam with allot of traveling by airplane and train as well as by car going to a wedding with myrthe and not really doing much activities but allot of photographing of new acquaintances to later come back in sweden and work really hard also setting up a door in the little guest room to maybe host an exchange student after the summer and also building a shelf over the door but falling and hurting myself and taking it easy from then doing very little activities during myrthe's visit at the end of the month but allot of filming and photographing objects with a new camera after the old one had a malfunctioning button making it a bit frustrating to photograph"

05\_048: "fable inspired by my visit to a little pond with a bird watch tower also visited by many kids and later inspired perhaps by my sexual appetite growing much with the spring and sweet myrthe but then also getting allot of elements from new york and the ride i should to take to coney island where i finally locate all the fishes who transform into donkeys like in a pinocchio story"

16\_064: "a quite beautiful month at least from the beginning in the netherlands going with myrthe to a wedding in the breda countryside and finding an amazing blue sky also the day after and also finding an excellent weather in sweden spending a day with august before he left for turkey and still enjoying the weather running in my little park but then experiencing a sudden cold and bad weather which took some time to get better and finally got warm again when myrthe came over and later i biked in the heat to the department summer retreat even sweating"

18\_060: "not so much wind to begin with in the netherlands but then going back to sweden and experiencing some wind to then not really experiencing much also due to the fact that i spent much time inside preparing my virtual world till at last myrthe came over and we did experience

some wind visiting an island in the south and the nice little city of trosa but then don't experiencing too much wind till at last i went back to the island with august and jacek and also later biking a long way to the summer retreat by the sea"

09\_085: "a month characterized by several shootings in both europe and north america but also still allot of dead people in ukraine with the army going hard on the separatists and several bombs exploring even in thailand with a few deadly natural calamities like flooding in the middle east"

10\_087: "filming of public spaces started in utrecht with the spring starting to really and shine and allowing me to spend quite some time outside fascinated with the many different historical sites of the city of utrecht but also shortly going to malmö and documenting some of the modern and cold places there to then move back to stockholm and filming there with the nice weather going around with little august during the many spring holidays when we also camped out and also shortly back in italy exploring the hills where i was painting in my young years and falling in love with them and the mountain landscape in the background"

10\_088: "exploring beautiful stockholm in nice spring days walking with myrthe and filming all the beautiful sites now that the city has completely woke up from the gray winter and also going to the city of alingsås and exploring a bit there and filming the cute outskirts to then be back in the netherlands going every day to amsterdam and filming allot through my walks there to a conference site and also later filming in utrecht and particularly in breda the beautiful landscape with a fantastic weather"

14\_063: "quite allot of walking starting with my going around in utrecht also helping myrthe to go shopping beers and flowers for her birthday but also in the nice countryside of breda taking a walk out of a wedding and quite allot of walking otherwise in stockholm and södertälje during myrthe's visit walking to a museum in the north of the city and also walking in a nice small island and village in the south but also walking with august and exploring once again the farm village on top of södertälje and around the lake to the botanic garden till at last biking a long way to a conference and loosing my drawing with the map"

17\_043: "shapes of clouds executed at the beginning of the summer still a few years behind my annotations which i am still not sure to when they belong but anyway still finding quite some animals in the clouds like horses and sheep but also a few fishes eating or biting females"

03\_068: "still some recurrent songs heard walking up the university staircase from a gypsy player and italian love songs by battisti played with myrthe and later also songs played by jacek with his guitar during a retreat but mostly songs heard in the netherlands at first shopping for clothes with myrthe and then at her friend wedding where a long playlist of the couple favorite songs was

played till at last coming back to sweden and hearing songs at the university gym radio and in a radio of a car i rented to spend some nice time with myrthe"

13\_036: "painted executed very slowly having started to cut in four all the other paintings to be archived in boxes but ultimately executing the painting while talking to my father on the phone and hearing all his prejudices against the world and keeping the line otherwise very simple focusing on few colors and again swapping them in the different layers"

04\_053: "a pretty clean summer month experiencing traffic crossing stockholm but then spending allot of time at home and finally experiencing allot of traffic biking to the university summer conference and especially biking back next to big mines with dusty trucks going in all directions and also inhaling the fresh asphalt of a road built next to my apartment and lastly also allot of the nearby factory pollution probably due to the wind blowing from the north and bringing in the bad air"

11\_084: "ideas got while still at the northern italian seaside going to the beach to tan and particularly finding a spot by a river with wind surfers and also being affected by going around the actual summer resort with allot of amusements for my kid to try and a few ideas related to traveling both by train and by car and later coming back to sweden to then leave for the alps a get a few mountain related ides there"

15\_053: "a quite stable month with some nice emotional states experienced with myrthe here in sweden going to a little island with the sun shining and the field in flower but then later getting not so happy because of the weather turning cold again and regaining some energies biking a long way to the department summer conference and feeling a bit depressed again of the academic stagnation but then undertaking a period of sharing allot my work with my on-line networks and feeling quite happy about the respond to finally have a nice period with august at his first boyscout camp only disliking all the long traveling we have to undertake"

02\_124: "a month with regular dreaming despite a bit of moving around and also the time spent in front of the computer or watching films like avatar or building my own game but also feeling quite affected by the interviews and press coverage i got from different magazines as well as by august breaking his arm but also having quite a few sex related dreams with myrthe or again afraid to make love to the wrong girl and at last being affected by a boy scout camp and a rock concert"

06\_036: "a month of irregular running first having jacek sleeping over and trying to still exercise and going very fast this time but then having to also run later with the coming of the summer with two guys playing frisbee perpendicularly to my running trajectory and having to synchronize with them to also later having to run with a guy with two black girls tanning and wondering what i am

up to but then also falling from a ladder at home while renovating the guest room and this time running with a pain on my lower leg till finally also starting to run in utrecht while at myrthe's place finding an excellent spot in a nearby park with a dirt road of the perfect size going around it but still mostly being fit of all my biking particularly with the new bike i got here with which i can go very fast"

01\_126: "a quite diverse week again characterized by allot of smart phone usage to keep in touch with myrthe but also characterized by two camping excursions going first with august to the boy scouts and using different tools there i did not use for a long time like a shovel to dig a hole for the compost and also camping with myrthe and their friends to a music festival and not really bringing my computer there nor being allowed to use my camera so using little objects but then spending the last period in utrecht being quite busy producing tshirts with my drawings and taking other small initiatives for my project but also keep up with my biking after having got a used bike with a set of small tools to repair it and also making sure to get some cooking going and use all of myrthe's kitchen several times to prepare good meals even for guests"

14\_064: "quite some walking despite all the biking did mostly to the department summer conference in a castle by the swedish coast where i have been exploring the surrounding and then in a swedish island with the boyscout following a transvestite scout through a trapper track and also walking with august in sodertälje to then leave for the netherlands and taking a major walk in the woods and fields behind a festival place where i have been camping with myrthe and her friends this to mostly reconstitute myself after all the rock musi and later doing minor walks in utrecht where i also got a bike and in the little town i have been biking to in the mean time to at last end up making small walks with myrthe crossing maastricht after visiting her brother and in dordrecht walking a long distance with many bags and camping stuff from an info center to a ferry and then in the small islands of the natural reserve of viesbosch which we reached by canoe"

16\_065: "quite a summerish month started with a beautiful sun biking all the way to the department summer conference in the perfectly blue sky and also getting a nice weather with august during the boyscout camping in an island to latter experience a cold and cloudy weather and finally a nice summer heat attending a music festival in the netherlands and a colder and a bit rainy weather later coming back to utrecht which got me a bit depressed till i was able to bike out with more sunny but still cloudy weather and at last experiencing a fully sunny weather canoing with myrthe in a national park"

18\_061: "month with some cold polar wind to begin with mostly experienced it at the boyscout island where i was with august particularly on our way there which caused quite a harsh sea to be

crossed and finally experiencing more gentle wind when in the netherlands like when i walked alone in the woods away from a music festival and particularly in all the biking i did around the city of utrecht going both to the east and later to the beautiful south with myrthe to at last experiencing a bit of wind while canoing"

09\_086: "a month highly characterized by allot of deaths in different parts of africa and still some in the arab countries mostly read about on my laptop while in the netherlands where however i could not connect to the internet so easily with my usb stick with the archive blocking the connection every time it was plugged in my laptop"

04\_054: "a quite okay month with not so much bad air other than the dust breathed in the concert i attended with myrthe and later also all the traffic smog inhaled while attempting to bike out of utrecht with my new bike and also some bad air inhaled while traveling by bus to a theater performance and by plane and car during our trip to italy"

15\_054: "a month full of strong and negative emotions to begin with feeling a bit captivated in myrthe's apartment and also experiencing strong cultural clashes with the many young party people in utrecht with a strong going out drinking culture which makes me feel very hopeless thinking of myrthe in the middle of it but then recovering love and poetry with small bike rides together and time spent also canoing in a natural reserve to then again feeling quite depressed about the gray summer weather and little response for an exhibition i am preparing"

17\_044: "clouds certainly observed while in stockholm and still figuring out what to do and often now taking small walks with august after school as well as often walking down to jacek's studio and looking at clouds mostly by the calm water side even when running and annotating the clouds in the back of the card i use to keep track of my speed tracking quite some aquatic animals as well as centaurs with some violent scenes"

07\_061: "portraits taken during a small art fair in stockholm with all non-profit gallery organizers with whom i have socialized while walking with a mask during a performance and meeting a kind of cool jewish musician with his own pavilion as well as some chinese tourist girls with whom i tried to talk chinese and then meeting a really perverted woman from chicago who was really keen to invite me out and finally a strange couple operating in the island of gotland who wanted me to try to drink some polluted water for an art project"

10\_089: "videos shot for the great part in sweden with the coming of the good weather walking both with august but also with myrthe coming over and exploring with me a small lime stone island and the cute city of trosa but also very much stockholm and the surroundings also explored with august walking around a lake to the botanic garden and discovering new places by biking to

the department conference and stopping at several locations to film till finally going to the netherlands and also there filming new places by reaching them by bike such as on a journey to culemborg"

16\_066: "a rather coldish summer with a nice beginning of the month canoing around the biesbosch with myrthe but then experiencing cold and rainy weather back in utrecht to then go shortly to sweden to pick up august and find an amazing sunny weather there and later going to italy and enjoying some nice weather and allot of rain during my friend alessandro's wedding but also quite some sun and heat on the beach with a few days of rain and storm like when visiting the ancient roman city of aquileia but also when visiting ravenna with myrthe to at last get a proper heat particularly back in sweden"

18\_062: "a month with relatively little wind yet started with some wind while in the netherlands going to an outdoor theater performance and then mostly wind when in italy on a beach particularly in the afternoons looking at the building up of clouds in the alps and particularly some strong wind with the coming of the quick summer storms to otherwise experience little or no wind"

14\_065: "allot of summer walking at first with myrthe in utrecht reaching small villages by bike and then taking a walk there before going to northern italy with her and august and reaching nice town like feltre where we also attempted to hike up a mountain and later walking in vicenza and even in the countryside place of my old art history professor nearby venice prior going to the sea side and taking a long walk there going across the pineta and back on the beach and at last visiting the aquileia walking with myrthe and august along the roman ruins of the harbour and later visiting the beautiful city of grado spending later a weekend exploring ravenna and mantua despite the rain"

09\_087: "month of news read while on the road particularly in italy reading many news in the newspaper or on myrthe's phone and finding very catastrophic events relating to airplanes like a tourist airplanes with many dutch people being shot down in ukraine and allot of air strikes killing hundreds in the gaza strip aside for minor terrorist attack occurring in the middle east but also terrestrial accidents with deadly bus crashes in asia"

01\_127: "a month started in the netherland still working quite hard on my project following up to myrthe's working rhythm and thus working much on my computer but also taking breaks and going camping with a canoe but particularly doing activities related to biking and then going to my parents' summer place in italy and there doing consistently many activities relating to the beach such as putting sun cream or playing beach ball or simply ball with august and myrthe or putting

my new sunglasses on and drinking from plastic bottles but also doing quite some cooking in the unusual bad weather and taking small breaks by car to explore a bit of historical places and being quite active documenting them despite having to pay some attention to august and myrthe and at last being robbed of both my smart phone and laptop thus depriving me of the possibility to update my project in the last days of vacation"

03\_069: "an intense period of songs first heard while driving with myrthe out in an island with a rented car then heard at the boy scouts camp with august where i felt a bit emotional about hearing the songs from his childhood and then also going to the netherlands and hearing songs there from myrthe and also at the concert we went together aside from again hearing the songs played by the utrecht bell tower and those sang by the dutch football fans during the world cup as well as some songs heard on a beach in a natural reserve reached with myrthe on a canoe to then going to italy with august and hearing songs from the radio also in bars and latter from francesco's daughter gemma and at alessandro's wedding and finally at the beach at my parents' place hearing songs both from myrthe and from various shops and places"

10\_090: "films shot from the beginning in the netherlands reaching different small towns around utrecht and even exploring a national park on a canoe before going with myrthe and august to italy and traveling to different towns like feltre and exploring also a bit of nature there before going to vicenza and filming the usual environments and then going to the sea side at my parents only seldom filming beside some nice explorations of the nearby roman cities of aquileia and grado and later going with myrthe to explore ravenna and mantua really now concentrating on filming public spaces after my laptop was stolen with all the films i made about the making of my project during the vacation"

02\_125: "a month with rather regular amount of dreams in the first place showing how bad i felt to be without august on vacation but then also showing my worries about loosing flights as well as reflecting all the driving we did in italy alone and with my parents as well as the different apartments we have rented in the different historical cities which has also played an influence in my dreams as well as the fact that my laptop was stolen and i used my phone to typed for some type together with the expectation soon to receive an italian student who will be living in my apartment for half a year"

04\_055: "a quite clean month aside from being in italian cities like first walking in udine and then biking to the rather big sea side resort of bibbione meeting all the tourist traffic but particularly getting allot of traffic pollution driving to the ugly industrial area of the city of padua where my uncle has a little warehouse and otherwise inhaling clean air while at the sea side and not so much

bad air traveling by airplane back to sweden where however i still smell the traffic outside while leaving the windows open because of the heat"

15\_055: "a quite stable month mostly spent in italy with august and myrthe finding a rather good equilibrium there and also doing rather healthy beach related activities like playing with them and also going on small excursion during bad weather and finding august a bit indisposed till at last traveling alone with myrthe to ravenna and establishing some intimate privacy there although getting my laptop stolen but not really being affected by it till at last coming home and feeling at first happy in my apartment with all the comfort but then experiencing a hard emotional period alone feeling hard to endure my distant relationship despite trying to be very healthy and disciplined until sweet myrthe came over to put my heart at peace and really enjoying each other company"

17\_046: "clouds recorded at the beginning of the winter while still unemployed in stockholm taking care of august and mostly bringing him to school and back spending most of time with him and getting probably affected by all the toys we play together"

11\_085: "ideas got first back in sweden at the end of the summer spending some time both with august and myrthe to then reach the latter in maastricht and spending a nice vacation there biking even to belgium and getting a few ideas from the nature there and also war monuments and getting some ideas also from all the love shared with myrthe"

11\_086: "ideas got while back in sweden now spending much time at the university but also spending some weeks at myrthe's place in utrecht now getting several erotic ideas from our time together but also ideas related to my traveling by airplane"

08\_090: "trash picked first visiting shortly my parents in italy taking walks alone and then going back to sweden and finally again to the netherlands where i still manage to pick up trash particularly with the weather getting less rainy and me walking long distances to reach a conference event in amsterdam"

08\_091: "trash initially picked in the netherland at the end of a beautiful sunny spring with the strike of the trash pickers and street quite filled with garbage and then in sweden at the beginning of the summer to later go back to the netherland and bike alone to different small villages finding trash there on the sidewalk and even the nicely printed cv of an old artist"

08\_092: "trash collected from the beginning in the netherlands with the euphoria of the world cup rising and allot of national support around utrecht where i have been walking picking some trash also picking some in dordrecht on my way to a national park and finally going to italy with both myrthe and august and picking trash on a sidewalk along the sea or in the main city center finding

trash from pizzerias and ice-cream places but not so much from discos as i had expected"

08\_093: "trash still picked in the northern italian sea side place of ligano but also visiting the more historical cities of aquileia and grado to the make it by car all the way to ravenna and picking trash there as well as in the beautiful city of mantua and at last in vicenza before coming back to sweden and taking small walks but finding very little trash"

05\_049: "fable inspired by some hobbies i saw at the beginning of the summer during some very beautiful days in sweden and then not really being able to write so much having gone to the netherlands and finishing the story after the holiday back in sweden getting certainly influenced by my reading of memory wheels based on zodiac signs and also using a new laptop to retype the fable but having to adjust to it being the keypad under the keyboard often making me write in other parts of the text"

12\_046: "thoughts recorded during the spring going to august or taking minor to large walks through swedish forests feeling quite puzzled as what to do with my future trying in this respect to be more independent from the university environment and also undergoing sentimental crisis feeling however strong of my walks particularly around the area of the tullinge lake even while carrying my bike down a steep cliff but also thoughts recorded during a very refreshing easter vacation in sunny italy finally rediscovering the hills next to my parents' place where i used to paint"

16\_067: "finally back in sweden after a coldish and rainish summer in the netherlands and then in italy and finding the weather unusually warm and super nice but then experiencing it getting much cloudier with occasional thunder storms and at last the rain coming right at myrthe's arrival but then also again some nice days of sun in which we went out at the beach behind the harbor and could even swim until it got too cold and at last it started to be quite cloudy feeling however quite warm in the last days whenever the sun shone"

07\_062: "a first new acquaintance met in stockholm and actually a quite famous researcher from the netherlands who studied in south africa and later moved to indianapolis to whom i have presented my project and later went out for dinner and at last allot of cool young people met at an art conference in berlin like a guy from eastern europe but also two italian artists like a crazy one from venice who was really exposed for his age and a girl from south tyrol to then also meet another eastern european girl photographed in front of an orange light and a south african scholar with whom we went out to galleries and finally a cool artist from the philippines photographed out of the hostel where i was staying and a too serious girl from georgia studying in london to become a curator"

09\_088: "several working related casualties particularly in asia but mostly news read on the internet about the conflict in gaza as well as the one in east ukraine but even some natural calamities killing people in nepal and japan and several deadly accidents"

18\_063: "not so much wind from the beginning back in sweden with nice weather but only experiencing it mostly when biking around and at last experiencing quite strong winds with myrthe spending an afternoon at the beach with allot of cold wind and also experiencing quite some wind changes when exploring stockholm while waiting to pick up august feeling also quite some wind when going up to the university and taking a small walk around now recording the wind forces with my new smart phone"

14\_066: "taking a small walk to begin with biking down to a lake in södertälje and walking around finally keeping alone after a whole summer with myrthe and august and then walking during myrthe's visit despite having both to work but taking small breaks to go down town and also walking a bit in stockholm but mostly by myself really enjoying to cross the entire city and later exploring the djursholm island away from the tourists and at last also taking a decent walk from my university out in the natural surrounding"

01\_128: "a month spent entirely back in sweden mostly doing activities related to my thesis preparation like reading and writing which brought little actual physical activities also made less by the replacement of the camera made to make the films of public spaces and the phone to annotate my ideas and the shapes of the clouds and also the dictatophone to record my thoughts all replaced with a smart phone which reduces the amount of objects i then photograph while being outside despite now also wearing my sunglasses which in fact adds an outdoor activity but other than that only doing a little bit of physical work to clean up the room for my new italian room mate riccardo and also limiting now my activities in the apartment because of his presence but otherwise being very constant to go to the gym"

15\_056: "a month feeling rather good alone but having still a bit of trouble with the geographical distance with myrthe and finding from the beginning a good time collaborating with her on my t-shirts and also generally during the opening where i showed them while feeling down about august who has not being willing to meet me but then again becoming strong reading stoic philosophy in particular marco aurelio and being happy hanging out with my new roommate riccardo and his foreign exchange students friends particularly during a walk in nature but getting a bit down again emotionally about the idea of having to endure the distance relationship for several years to come"

10\_091: "films shot partially with my old camera while still in italy rediscovering the beautiful city

of mantua and later coming back to sweden and trying and finding a smart phone with a nice camera so switching to that one to make all my equipment more compact and this time having fun exploring and filming new public spaces particularly discovered while walking around stockholm like to the small show i had up north and filming with a broader angle and with a crisper image than the camera before thus also having to be careful not to film people in front of me especially acquaintances"

12\_047: "recording at last after a summer spent mostly with myrthe and august still however finding a few occasion to take a lonely walk and record my thinking escaping for example from a concert where i have been with myrthe's friends in the netherlands and then later having to wait to be back in sweden to be able to be alone and record my thoughts after biking to a lake and recording in the woods but also buying a new smart phone and replacing my old dictaphone with it to record a more crisp voice while walking through the island of djurgården and finding myself very at easy with the phone"

06\_037: "starting the running section now in utrecht at a nice little oval park outside the historical center but feeling low energy and resuming running only back in sweden also with myrthe at my place and following me to the park but then getting a stiff back and resuming my running with some pain also forgetting to speed up at last at my sixth lap but otherwise feeling physically rather good with regular training at the gym"

04\_056: "a rather clean month staying allot at home and smelling occasionally the nearby factories or the trucks while running outside but otherwise inhaling most smog while going to stockholm city center and getting overwhelmed not only by the traffic but by allot of the road works getting close to big trucks and smoking asphalt"

03\_070: "Songs heard still while at my parents' seaside place in lignano hearing a piano bar playing in a hotel and eventually going there to later also taking small trips by car with the rain and listening a bit to the radio but particularly to august singing for me nice swedish songs making me quite nostalgic and at last listening to the radio on the care traveling with myrthe first to ravenna and then to mantua hearing nice programs about old rock bands and asking her to annotate the songs for me or simply memorizing them while driving and she was asleep but also hearing the love songs she would sing for me"

17\_046: "in stockholm looking for a job with the winter setting in but being quite disciplined going running down to the lake and probably seeing clouds then and annotating them on the back of the piece of cardboard where i annotate my speed but also taking there small walks with august making him stay home from kindergarten and visiting a small farm and probably being inspired by

it imaging several animals but also dragons and robots together with women at times naked"

02\_126: "a month of dreaming still characterized by the sea side experience with some water related dreams and later affected by my new smart phone but particularly also with my attempt to use a mnemonic technique to structure my thesis by using by grandmother's family villa which affected also my dreams and later in sweden being also affected by commuting on the train and by using facebook getting reminded of some old classmates particularly in preparation of a wedding and lastly also getting dreams quite affected by my attempt to buy an agricultural property by a lake in the alps"

16\_068: "a month spent to begin with in sweden with relatively sunny weather but a bit cold despite feeling quite warm in the sun and even taking a bath in the ocean while going on an excursion with the new exchange students from my university and finding a rather amazing weather at last staying with august at his mother's place before going to italy taking nice walk also on the hills without shirt and feeling very hot while in milan with myrthe but also experiencing a quite powerful storm walking back to my mother's place at night and at last coming back to sweden with a bit of a grayish weather culminating in a nice sunny sunday spent with august walking along a lake in the small village of gnesta"

14\_067: "quite some walking this month feeling to take a break from the much seating and writing and taking august to a station in the north of the city by his mother's house and walking along way from there back in the city despite the weather and also walking several time north of the city to put up a small exhibition with my t-shirts as well as walking with august back in södertälje to at last going down to italy for francesco's wedding and doing some walking there with myrthe following a bit of the pilgrimage route to the saint anthony church and walking quite much in my parents' city of vicenza as well as during a day in milan with myrthe at last walking through the entire city to finally take a very nice and quite long walk on the hills in the sun and surrounded by beautiful views despite the fog"

18\_064: "wind experienced mostly in sweden while walking to install a small exhibition and generally not feeling any strong wind but up at my university particularly on one occasion doing quidong outside and otherwise experiencing very light wind also in italy walking quite allot but feeling very little"

10\_092: "walking quite a bit in stockholm with my new camera now easily making allot of films of public spaces with a broader view than my previous type of camera and thus also having to pay attention not to film the people right around me but also achieving a deeper vanishing point and now filming also natural spaces while taking a long walk back to the city and during nice sunny

days to then go to italy and film quite allot there in my parents city of vicenza but also visiting padua with myrthe and particularly exploring intensively milan feeling also quite happy about the white balance and distant objects which where not well captured with the previous kind of camera"

10\_093: "filming still in italy to begin with in milan but also up on the beautiful hills to then also film a bit back in sweden particularly during a nice sunny day with august in the small city of gnesta and later going to the netherlands and filming quite intensively there prior visiting also gent in belgium but being a bit unable to film because of myrthe's father guiding us and at last going to the most beautiful iseo lake in search for a land to buy and there filming both from the montisola island and from the surroundings with the sun being nicely captured by my new smart phone camera despite the fact that now i can no longer automatically join the movie clips"

07\_063: "nice people met mostly at a conference in berlin and mostly curator art students from london like a nice italian girl together with her danish and indian colleague and another italian girl with whom we had an argument during a discussion as well as some nice guys like one from prague who used to go around with a big paper archive and a german student studying theater but also a quite famous chinese artist making calligraphy on bodies and a swedish philosopher studying with me with whom i hanged out during these days"

07\_063: "a month with several casualties caused by natural calamities particularly in asia with allot of rain but even a volcano explosion but never really causing too many casualties like bombing in the middle east and also in africa where numerous have died even though the news come very hidden on the website where i look for them and then also killing in central and south america"

15\_057: "a good month after the rainy summer enjoying the summerish autumn going to italy and opening up with francesco's wedding and some beautiful walks particularly on the hills of vicenza to then don't really liking the traveling by plane but anyway having a fantastic time with august walking by a lake and getting very happy together followed by my trip to the netherlands trying to keep writing and training but getting a bit in a bad mood particularly with the occasional bad weather and at last getting more happy while traveling to belgium with myrthe's father and also thinking about my new land in italy and in fact getting allot of energy being at the iseo lake exploring it and seeking for a land meeting friendly folk and feeling really good but not of my trip back to sweden with the rain and gray weather awaiting me there but also a very nice august with who i spent a very happy weekend going down to the antroposofic center and also playing in playgrounds in stockholm"

01\_129: "a month with allot of traveling to italy to begin with photographing allot of keys and

remote controls to enter my parents' fortress and later coming back to sweden and writing and thus really using many objects also as well as when traveling to the netherlands and later going back to italy to check a land to buy at the iseo lake and still using quite allot my smart phone till at last coming back to sweden and waking up very early every morning and in the complete darkness doing mostly computer work but also at last purchasing a van to fulfill my italian land plan"

04\_057: "a quite polluted month particularly in italy walking both in my parents' city of vicenza as well as in bigger cities like padua and milan to finally get back to sweden and also there experiencing allot of traffic walking to get some t-shirts back from an exhibition and at last going to the netherlands and traveling to belgium with myrthe's father finding quite some pollution there particularly in the city of utrecht and only finding fresh air back in italy searching for a land to buy in the iseo lake but even then breathing allot of traffic walking along the lake road without a sidewalk and in the city of brescia but also a bit coming back to sweden from the factories nearby my apartment"

05\_050: "a fable inspired by the fruit gnats i had at the end of the summer in my kitchen and also obviously quite inspired by the classic fable of the food in the tree but then also related to my experience of wasps in the swedish beaches and the experience of a concert i went to in the netherlands till at last getting quite inspired by the reading of one of marco aurelio's thought about the intellect being like a ray of light and relating thus to the pantheon"

14\_068: "a month of intense walking aside from back problems started in my trip to the netherlands where i walked both alone and with myrthe in utrecht but also went with her father and girlfriend to gent mostly following them around and at last also walking a bit in breda prior going to italy and exploring the east side of the iseo lake looking for a land to buy and making long stretches also from sale marasino where i stayed and sulzano where the agent was walking both an ancient roman road on the hills and the trafficked road by the water to at last come back to sweden and take small nice walks with august particularly in the atropospheric center of jarna and at last taking a long walk alone in gothenburg but also with myrthe walking particularly close to the nice area of jarntorget prior going back to stockholm where i bought a van to sleep and work on my italian land but that i also plan to use to explore the surrounding and drive to august without having to walk too much through the city"

17\_047: "clouds recorded mostly while living in the stockholm suburb taking care of my kid and of myself going running by the lake and observing clouds there as well as in the time spent in the countryside preparing my land but also traveling to italy and taking walks there on the hills as well as going to cloudy austria for a conference and observing allot of flying humans with several

animals some of them scary and a few naked bodies"

16\_069: "a quite sunny autumn almost feeling like summer when in utrecht and visiting gent in belgium but then also experiencing a turn of the weather while in breda and finally going to beautiful italy experiencing the summer there walking on the east coast of the iseo lake and also feeling very nice weather back in sweden which was rainy at first but then got nice while visiting gothenburg to then get worst again back in stockholm with occasional nice days"

18\_065: "a month with some wind experiences particularly while walking alone in breda and during a night spent on a hostel right next to the iseo lake with the wind almost reaping off the windows and at last experiencing peace till coming back to sweden and feeling allot of wind while in the antroposopic center of järna with august playing against the wind and recording allot of changes and finally mostly experiencing an autumn wind bringing down the leaves from the trees while in gothenburg particularly exploring high positions such as the forts on top of the many small hills"

11\_087: "a month spent mostly in the netherlands getting however several jesus related ideas but also spending a nice and sunny day in berlin getting several ideas there particularly also walking alone in the city and exploring extensively the suburbs before occupying more my brain with work related issues"

11\_088: "ideas probably also much influenced by my time spent with myrthe and away from her back in sweden feeling a bit frustrated of our distance and getting ideas from the ugly urban reality like the many charity asking gypsies but then also at last getting ideas going for a week in venice and checking the biennial there while also walking with myrthe around and also getting ideas simply by flying with airplanes"

09\_090: "a month with still allot of killing in the middle east particularly now that also the americans are bombing the islamic state advance and despite this also allot of dead people in africa where the ebola is spreading and even other natural calamities killing in the rest of the world"

15\_058: "a nice month with several exciting things like buying a new car and spending very nice weekends with august exploring the nature and getting the last autumn sun as well as spending a very nice weekend with myrthe in gothenburg despite feeling a bit disturbed by her friend renate and then also keeping feeling very happy about the new land in italy despite having a bit of troubles sleeping because of my bad back and finally really enjoying a car trip with myrthe all the way to the netherlands and feeling very cheerful with her but one bad day feeling shit for sleeping to little and being in the gray weather here alone"

04\_058: "nice air quality in sweden particularly on the west coast where i spent a nice short holiday to then be much indoor in my apartment with the rain out not really exposed to traffic but finally getting quite some traffic getting stuck in traffic jams on my way out of august's place and also on a two days trip with myrthe by car to the netherland smelling gases while sleeping at a gas station in a rainy night and then going through big a trafficked city like hamburg and at last smelling good air in utrecht aside for some bad air at the mechanic and then on the plane on my way back to sweden"

10\_094: "a good amount of films shot in public spaces first of all in golden italy around the iseo lake while attempting to find a land to buy there and then back to gray sweden finding otherwise a nice weather on the west coast and film much there to later go back to the east coast and make some filming of public spaces making small excursions with august and also going back to his grandparents' city in uppsala and visiting the nice viking burial ground there to then drive away from sweden with myrthe and ending up visiting some interesting places like bremen in germany and later zwolle in the netherlands and there also extensively exploring den haag for the first time finding quite dreadful public spaces there to then explore the more gracious ones in delft"

02\_127: "a period alternating many dreams and little dreams due to traveling but nonetheless having many dreams related to my new land in italy bringing back the landscape to my dreams as well as my parents and also having violent dreams due to a few times i went training karate at the university where i also got badly influenced from the working environment and also getting dreams related to my new car and the trips i made with it giving back a landscape to my dreaming and finally getting influenced from a few movies watched with my kid particularly animation movies making certain of my dreams bizarre"

07\_064: "a period spent in berlin meeting allot of artist people such as some students from zurich but also a curator from taiwan and a few russian and african actors who i saw at a play as well as a weird girl from the philippines and a solar girl from spain who kept rather poor in berlin and then back in sweden a russian scholar"

01\_130: "a month spent initially in gothenburg exploring the city alone and with myrthe but not doing many indoor activities as we were hosted by her friend and then moving back to stockholm doing a lot of car related activities there such as removing the rust on the door of my new van and cleaning inside as well as doing a lot of office related activities also arranging to buy a land in the alps and finally driving all the way with myrthe to the netherlands and mostly driving unable to do many activities but then coming back to stockholm and working hard to finish the show room in my bedroom doing mostly electronic connections on various installed devices"

03\_071: "an intense period of songs started in italy at my parents place first going to buy a pair of english shoes listening to english love songs and later listening to my little nephew anna who has been transmitted the tradition of my grandfather bruno mountain songs and later listening to a lot of songs during my old best friend francesco's wedding even listening to old disco songs from our youth and then also listening to different songs while walking around milan and also back to sweden at my university gym where a new radio has been installed to then finally going to gothenburg and meeting myrthe there and hearing her singing a lot of songs to me"

16\_070: "A month finally experiencing the coming of the winter with the first nights of minus degrees and a period of warmth experienced going down in a lot of rain to the netherlands by car and then coming back to sweden and experiencing a few very sunny and bright days before the weather got bad again and at last even snowed while i was staying with august at his mother's place."

14\_069: "quite some walking this month now that i drove my van down to the netherlands with myrthe taking minor walks in small german towns and bremen but also in zwolle and lastly visiting the ugly city of den haag as well as the cute city of delft and just walking a lot in utrecht mostly to park the car without paying before at last coming back to sweden and having august for quite some time and doing quite some walking with him particularly in sodertalje and quite a lot also in his island but mostly to do grocery and take the metro without the proper ticket as i used to do when i had little money"

18\_066: "a period of wind experienced to begin with in a nice autumn day spent with august on the viking burial ground of uppsala to then experience a worsening of the weather with relative small wind till at last driving with myrthe down south and spending the night in ther german boarder with denmark sleeping in the van by the coast with a strong wind setting in that almost ripped the back door of the car and finally spending time in the netherlands with light winds experienced when walking around den haag and delft and also some minor wind experienced back in sweden during august sutumn vacation"

17\_048: "clouds documented in the beginning of the winter living in the stockholm suburb and hanging out a lot with august particularly after picking him from school taking small walks around the lake and also going running there and observing the clouds seeing now a lot of people standing on different animals and creatures"

15\_059: "an okay month despite all the rain and the distance with both august and myrthe gaining some energy coming to italy and talking to people walking a lot around venice but also feeling frustrated about the land looking around and don't really finding anything appealing also sleeping

to little but finding moments of strength to keep up my search and getting really filled from the few but warm days of sun here"

04\_059: "a month with initially quite some clean air but then breathing a lot of the factory pollution out of my apartment in stockholm particularly during the autumn holidays spent with august and later breathing better air at his place despite the morning traffic with parents driving bug cars to leave their kids to school and finally breathing good air while in venice only inhaling some of the small ferries pollution and later inhaling a lot of bad traffic air in vicenza particularly while going around with my mother's car looking for a land and having to go through small roads with big trucks on my way to the hills and the alps"

09\_091: "a month with no so many reports of deaths and very scattered ones from all over the world with recurrent bus accidents in cantral america and asia but also bombers in nigeria killing many people for religious reasons as well as an outbreak of plague in madagascar but few deadly cataclysm beside land slides which i read of while in italy also submersed in rain"

01\_031: "a month started going early to italy and having a lot of activities there taking many pictures per day mostly due to all the small tasks i had to do for my mother and all the keys and remote controls i had to use to access the many different spaces and later going back to sweden and doing a lot of activities dismantling all my show room to rent my room to a sicilian guy with his girlfriend and finally going to myrthe's new place in the netherlands and also there doing quite many activities to help her getting settled particularly putting up many lights"

14\_070: "quite a lot of walking to begin with following my stepfather in venice and getting quite disoriented of all is intricate paths but then finally feeling more oriented walking alone and later doing a lot of small walks to check different lands to buy shortly next to iseo lake finding the terrain to steep and then north west of my parents city of vicenza where all my ancestors are approximately from and also doing a bit of walking in vicenza itself and brescia waiting for the airport bus to take me back to sweden where i did some walking with august despite the weather but also a bit walking in the netherlands and particularly in utrecht going up and down to different print shops to prepare a show for dublin"

18\_067: "a tranquil month with little wind experienced from the beginning in venice and then at my parents while doing activities with them outdoor like walking or moving boxes from one garage to another but also checking around for a new land to buy and finally getting back to stockholm and experiencing a lot of wind but mostly by looking at it from my window giving the very bad weather and also finding a cold but much more tranquil wind in the netherlands taking small walks out of myrthe's new place"

16\_071: "a month started with italian bad weather particularly in venice with rain and exceptional high water yet still quite warm and in fact finding a beautiful solar weather in santa caterina nearby my native highland where i bought a little place to then come to sweden and find an awful bad weather but also some sun but very short days before moving back to the longer days of the netherlands however finding the temperature much more unbearable with the cold humidity and only one day of sun"

15\_060: "a quite okay month feeling happy about being with myrthe in our new and spacious place in utrecht increasing our life quality and also getting very enthusiast about the preparation of two big shows for next year as well as for my thesis writing and the help i get from my supervisors and mostly almost from the beginning feeling very happy about my new apartment in my native alps although feeling a sad to have to leave such an amazing place and generally feeling quite sick about traveling"

17\_049: "a christmas holiday spent in italy still with august and liselott enjoying the sun there and occasional clouds detecting several crocodiles as well as boats with also several skulls and skeletons and only a few naked women"

06\_038: "very little running done due to my physical conditions turned weaker by the swedish darkness and the traveling resulting also in a stiff back made only worst by running and also a frozen winter which anyway allowed me to run mostly while in the netherlands most of the time at the tea spoon park feeling quite well there with my purposely bought shoes and finding nice days to run"

02\_128: "a month with trouble sleeping and a lot of moving around but eventually at last having good dreams particularly related to my cottage and the surrounding alpine landscape but also quite inspired by movies i watched most of all with august and by the places where i slept like in the filthy studio that jacek rented me with some weird people also living there and myrthe new house in utrecht"

09\_092: "a month with small natural calamities but on the other hand a lot of small terrorist attacks committed in the heart of civilized countries like australia and france making me quite indignant about how the islam business is turning out and beside that also much more fighting and unknown numbers of deaths against the islamic state and still people dying of ebola"

03\_072: "an autumn period of songs heard both in my new car reviving many opera discs and in the university gym listening to the radio but also while with august who started singing pop songs and with myrthe particularly in venice walking around with my stepfather and hearing many songs in the church and from outside buildings and even from people carrying trash as well as while

being in vicenza at my parents hearing anna singing and the tv playing songs but then also mostly not hearing any music back in sweden and mostly hearing it while in the netherlands with myrthe singing in her new house"

04\_060: "a month mostly spent in the netherlands having no apartment of my own for some time and breathing mostly bad air while commuting with the bus to the airport and in the airport and otherwise finding decent air in the netherlands also going out to run but not so much good air in stockholm walking to the library and to august through quite some traffic"

08\_094: "trash collected in sweden mostly during election time finding most of it while walking in the nearby town of södertälje with several stands representing different parties but also finding different muslim related fliers and more commercial fliers after walking in stockholm amusement park"

08\_095: "still some trash collected in sweden at the beginning of the autumn with still some election related fliers but mostly commercial trash collected while at my parents' place in the small city of vicenza and even in padua walking around with myrthe"

08\_096: "some trash collected while in sweden walking through södertälje and stockholm but most of the trash found in the netherlands during my long staying there collecting fliers from both the utrecht sidewalk but also from breda walking alone while leaving myrthe to work"

08\_097: "walking mostly around the city of gothenburg while leaving myrthe with her friend and collecting quite some trash there like tourist fliers and later also picking some trash while in the netherlands mostly on my way to the park to run before the bad weather got picking trash quite difficult"

16\_072: "real gray and boring november weather in sweden but then going to the netherlands to find a nicer and crispier weather which also allowed me to go and run but then also experiencing and heavy storm driving to a small airport in germany and finding a beautiful sun while with august in his island followed by days of snow and a more interesting weather in stockholm with several sunny days allowing us to go for small walks and enjoying the few hours of light"

18\_068: "a month with relatively low wind and even quite warm wind experienced in the netherlands but also a very heavy wind driving to germany to catch a flight back to sweden where the wind was very low also when walking with august prior christmas and even during christmas back to the netherlands"

14\_071: "a month of little walking done mostly in utrecht and also a bit in the city of nijmegen but also a bit while in sweden walking through stockholm and with august in his island to do grocery and in södertälje during christmas where i also walked a long way with an heavy bag to the train

station to reach myrthe for christmas day walking a bit in belgium with her and later in maastricht on our way to church"

01\_132: "a month started with little activities having no house where to live but then doing some work in myrthe's new house and also at august's place rearranging the room i made for him and then doing mostly computer work for my thesis and exhibitions to at last going to the netherlands for christmas eve and driving down to italy to do a lot of work in our new mountain cottage as well as doing outdoor work to clean up our fire wood place"

15\_061: "a month with a lot of readjusting to do having set my big room for rent and feeling a bit distressed to begin with to move to my guest room and later also feeling not so happy in the netherlands over christmas but slowly getting happier moving to my new house in the alps and feeling worry there about it but then having a very nice time with myrthe exploring around and feeling happy with one another later also feeling quite happy with a swedish artist friend over getting a bit scared of the mountain heights and feeling distressed about it over night"

05\_051: "story written over a long time and inspired by the winter animals and cows still observed while with my son and particularly relating to the american buffalo and my trip to buffalo cities a few years ago when i got really surprised of the strong american recession and the increasing repopulation of wild life"

04\_061: "a beginning of the month with no so much pollution other than mostly the usual bad air inhaled when walking with august next to the truck gallery next to my place in sweden and then also inhaling a bit of bad air driving down to italy but mostly inhaling a lot of smoke not being able to start the stove in my new mountain apartment till at last myrthe and i managed to get it going properly and finally mostly inhaling traffic pollution while driving her to the airport or simply walking with a swedish friend across vicenza after several days of fresh and pure air up high in the mountains"

11\_089: "ideas got while mostly in the netherlands spending a rather cold summer vacation with myrthe's working most of the time and getting quite some ideas related to our making love and to generally and the dutch context also visiting the countryside and seeing mills there and later going to england and getting ideas exploring the countryside context there"

17\_050: "a month spent mostly with august picking him from school and also now walking particularly to the south of stockholm for some work there and observing clouds also while running or going over to jacek studio looking at cloud there by the lake detecting several knights and babies but also cowboys and different animals"

14\_072: "not so much walking to begin with due to the northern european weather but then

driving with myrthe to our new mountain cottage in italy and walking quite a bit in the city of trento to then also visit my parents in asiago and taking a longer walk there and even trying to walk up the novegno mountain behind our place but don't really managing till at last having a swedish artist friend coming over and with him doing a lot of walking up also very much improvised up and down the mountains and even through the pasubio galleries till at last going back to sweden and doing a little walking with august in the gray södertälje prior visiting myrthe and talking nice small walk both in utrecht and later in maastricht also walking a bit with his brother on the hills"

16\_073: "a month with many different weathers driving with a snow storm to our mountain cottage in italy and then experiencing a very sunny period both in my native asiago and in santa caterina exploring the many mountains there and also experiencing the too hot winter weather in vicenza before going back to snowy sweden and later move to holland finding a cold humid weather with some nice sunny days"

18\_069: "experiencing a lot of strong wind particularly in the night in our mountain cottage in italy making all the trash out and even a roof covering some sand flying and also experiencing a strong wind walking with a swedish friend up the novegno mountain detecting many forces based on its exposure and at last also experiencing quite some wind both while in sweden and particularly in utrecht going out with myrthe for a pizza at night"

07\_065: "an italian guy met on my first visit to the netherlands going by train to visit myrthe and then a crazy and pervert finnish guy met on a walk with august to södertälje center before also meeting a few arabs again traveling back and forth to myrthe this time by train and at last people met while in boston for a conference such as an italian researchers who made his money doing internet administration and a pakistani writer introduced to me by my former neighbour blake as well as an estonian art critique and a waiter from the conference reception"

09\_093: "beside yet another airplane crash i heard of while in italy on vacation reading news on newspapers there this month was characterized by a lot of terror attacks causing several deaths but also a lot of indignation particularly due to a shooting in a comic magazine office in france even if a lot of more people are dying every where else like still in syria but also in the ukraine"

03\_073: "music heard over christmas in maastricht while with myrthe's relative listening to kid's music which also was similar to swedish children songs i knew and then attending also the mass and hearing songs there and later in the car driving all the way to italy having myrthe writing down songs for me while i drove and also having myrthe singing several songs and even hearing italian songs from my youth at the restaurants and shops where we were mostly in the small town of

schio"

06\_039: "finally resuming running now after the winter and all the traveling buying daily entrances at a gym in utrecht and running on an elliptical machine there but finding it way too easy and having to adjust it to make it more difficult but then also coming back to sweden and running on the elliptical trainer at the university gym doing good but then feeling a bit tired in the end too used to seating for my thesis"

01\_133: "a month started in my new cottage in the mountains doing a bit of fixing but also a lot of walking in the sun and mostly taking care of the lighting of the fire and later going shortly to sweden in my new little room but getting things working rather functionally doing activities in either my little room or the kitchen o the bathroom but feeling rather nervous in such a small environment with also little august and the snow out forcing us to keep inside but anyway managing later to go to the netherlands and spend a whole week not only on my thesis but also building a prototype of my case study and also doing a smaller version of it beck in sweden to then feel a bit lacking activities to do with both myrthe and august coming over"

15\_062: "a quite depressing month away from the sunny south and working hard both on my thesis but especially on a prototype of my tomb feeling quite down in the netherlands with myrthe working very late and feeling very nervous in my little room in sweden especially with little august but feeling at last happy for him after discovering that his mom found a rich guy"

04\_062: "not so much bad air to begin with being mostly at home and also while in the netherlands walking around maastricht and experiencing little traffic and mostly experiencing much more traffic walking through stockholm and also driving august around while he is sick and then breathing quite clean air back home other than little traffic walking mostly in town"

02\_129: "a winter month with a lot of movies watched affecting my imagination but also an intermediate period spent very much out in the alps getting back the mountain landscape but particularly the snow to then come back here in sweden and getting quite affected in my dreams by my new roommates and particularly a sicilian guy with which we talked a lot about his village"

12\_048:"recording mostly while in italy searching for a land in the amazing environment around the lake iseo where i took very long walks in the sun going from one village to another along the coast but also in the beautiful monte isola before finally finding a place in alps nearby my native highlands and taking solitary walks there in between having other guests over and really appreciating the sublime altitude and the sun while still reflecting on my human condition"

10\_095: "films shot over a month in the netherlands visiting a few other cities than utrecht but then going to venice for the architectural biennial and not really filming too much because of the

rainy weather but then finding a more stable weather still exploring for a place to by in northern italy and then spending time off and on in sweden mostly taking small walks with august to finally film back in the netherlands particularly in utrecht"

17\_051: "a month characterized by a lot of women seen in the clouds as well as a lot of open african animals mouths with several heads and skulls and a skeleton all captured during a cold winter month spent entirely in stockholm writing proposals at the library as well as taking small walks to pick little august at school or out running by the frozen water"

14\_073: "Not much walking to begin with because of the snow and bad weather and even a flu but then getting soon better and taking long walks by myself and a bit with august around town mostly with the excuse to go shopping but also walking with him on a beautiful day in stockholm all along the water to the ethnographic museum and at last flying to dublin and here taking very extensive walks first in the city going also in very bad neighborhoods and later with other artists of the exhibition i was taking part of but then taking solitary walks going by bus to the wiklow mountains exploring a beautiful valley there"

16\_074: "finally a colder temperature bringing snow but also a long period of overcast to begin with keeping me a bit depressed inside and with a bit of a flu also having myrthe and august over but at last finding a very nice cold weather with the later and spending time out in the sun walking through stockholm and at last coming to dublin finding a much warmer weather and generally some overcast with little rain and some sun"

18\_070: "snow in sweden begin with and some wind but not too much and really feeling it going a bit around with myrthe at second hand shops but particularly during a walk with august through all of stockholm and at last going to dublin and experiencing little wind in my first days there mounting an installation"

09\_094: "a month with still some killing in the ukraine conflict as well as several people dead fighting with and against islamists mostly in africa but also in the yemen and even another air crash in asia as well as an islamist attack in peaceful europe"

07\_066: "faces captured while in boston mingling with academics from a conference like a too agreeable canadian professor but also a waiter there with greek and swedish parents and weird lady telling me to bike to her place along the coast and find a cave where to meditate but also another artist erasing all the faces of her dead father in the pictures she finds of him and a brazilian gilr met downtown handing fliers to then go to new york and meet a very interesting pipe player in central park where i followed his sound in the wood there and an austrian political artist doing an intership with my friend jason to at last meet a nice man from vermont on my way back

to europe"

15\_063: "feeling very shit from the beginning while in sweden and feeling only a bit relief talking to my roommates and experiencing the first winter sun despite a short flu and then going to dublin for an exhibit and start feeling much happier there only feeling a bit down while with myrthe but then recovering myself during a long walk on the irish cliffs and not feeling the best back in my mountain house in italy to slowly growing more steady and happy about all home improvements i have carried on"

01\_134: "a lot of activities to begin with building a small model for my vehicle and later decreasing my amount of activities getting to travel to dublin for an exhibition and mostly do a lot of exploring there to then fly shortly back to sweden and then to my little mountain place there doing a lot of renovating activities like readjusting the already existing furnitures and painting them as well as cementing the chimney but also in the end doing a little relaxing with myrthe"

04\_063: "a month with no so much bad air to begin with but then experiencing a lot of bad air in the first place going to dublin and walking in the city and its outskirts breathing a lot of traffic particularly with the big and old buses and then traveling to italy and breathing in the first place the smoke of the wooden stove that did not want start and then the dust of all the renovation i accomplished particularly using a very bad chemical to paint the floor which i immediately took away finding how bad it was but other than that breathing the fresh air of the alps"

10\_096: "filming started in sweden with the coming of the winter and then going shortly for christmas in the netherlands before taking a long journey by car with myrthe to italy and stopping in trento to film there and then in the little town of schio where our new mountain cottage is but also filming up the mountains like in my beautiful highland and in the mountains above the cottage hiking with a swedish friend to then return to snowy sweden and soon make it to the netherlands and then to ireland exploring mostly dublin"

05\_052: "a fable affected also by my feeling old and leaving in sweden without light also feeling a lot of sexual frustration keeping alone in my tiny room after a sunny winter holiday in italy with myrthe and also now starting to see wrinkles on my very face"

14\_074: "a month with intermittent periods of no walking and a lot of walking like in dublin putting up an exhibition and then taking long walks not only in the city but also in nature going with a bus to the wicklow range and in particular walking for a whole day on the beautiful coast and then in italy not really doing any walking but at last taking a small excursion with myrthe by our mountain cottage and later taking a hike by myself up the novegno mountain as well as walking back and forth in vicenza prior going to milan and taking a long walk all around it there

and a smaller walk coming back to sweden and going from august's place to the metro"

16\_075: "an okay weather in dublin to begin with experiencing in one day all sorts of weathers while by the coast and at last the usual irish rain before going to my mountain cottage in italy and finding a bit of a cold but quite sunny weather getting increasingly nice despite small snow storms and terrible strong winds at night but then also enjoying the milan sun over a day and then back to sweden finding an amazing weather particularly spent with august in his apartment"

18\_071: "very windy to begin with walking on the irish coast by beautiful cliffs next to the ocean and then going to my mountain cottage and experiencing little wind to begin with but very strong and powerful winds in the night getting me at last also an headache and finally going to sweden and experiencing a pleasant weather but a few winds"

03\_074: "a long period in which i heard music at intermittent points like driving a rented car from the airport to my apartment in sweden and then in the netherlands at the birthday of myrthe's brother also listening to his little daughter singing and occasionally hearing my new italian roommate singing songs to at last going to italy and eating at a restaurant in the mountains hearing old disco songs and also with myrthe visiting me there and singing songs as if she was a radio coming up with a song for many things i said"

17\_052: "clouds captured still in the long swedish winter spending a lot of time with my kid after school and running alone in the morning by the lake with again several aquatic elements like fishes and ducks but also a snake and a few cowboys and some naked women"

09\_095: "a month with news read mostly on the internet but also in the normal news while being in the alps and in holland finding a lot of deaths in islamic states with even terror attacks but also quite a few accidents around the world like with helicopters and buses and a cyclone and again a shooting in scandinavia"

02\_130: "very hard to have a regular night of sleep in the last period moving much around getting the irish landscape and the socializing i did in dublin while opening a new show in my dreams to then move in my mountain cottage and getting a lot of the landscape back in as well as the animals and the renovation i did there with even a few rare sex dreams and dreaming only a little about my work and my supervisor but at last getting more dreams flowing talking to people at night like a dutch man passionate about italy and hearing his stories as much as meeting my american curator friend and watching in general several movies both with myrthe and with august getting many new characters in the dreams"

15\_064: "an overwhelming start of the month with a lot of journalists contacting me while up in the mountains making my heart somewhat close and a bit preoccupying myrthe visiting me but

then feeling happy again planning my show-room in the alps although also getting quite dark overworking with a shelf I wanted to put instead of the big bed and then going to the netherlands and feeling good despite getting back pain after running and then at last having a very nice sunny weekend with myrthe walking randomly around"

04\_064: "to begin with experiencing pollution while driving around in vicenza and also a bit in the town of schio below my mountain cottage but mostly breathing good and fresh air up on the mountains and even in milan despite walking all throughout it and then breathing quite some bad air going in the stockholm suburbs to look for a rabbit for august and breathing relatively clean air in the netherlandds other than when driving to belgium to meet a professor and getting there a bit stuck in traffic and even breathing good air while in amsterdam but not that good commuting back to sweden and breathing the airplane emission through the air conditioning"

01\_135: "a month started in italy working really hard in my mountain cottage now deciding to build my show-room there despite myrthe still wanting me to do things in the netherlands and now building also a wall with a shelf to host my archival boxes while also preparing the living room to host all my devices and later going shortly back to sweden and doing quite some cleaning in liselott's apartment and then working only a little in the netherlands on my archival model running around to organize a small exhibit there and finally going back to sweden using not so many objects particularly while traveling until at last coming back to italy and resuming all my work with a lot of traveling by car to get equipment and the extra phone i use to check my e-mails"

16\_076: "a period now really feeling the spring with several days of sun but also quite cold particularly in the netherlands where i also felt the warm sun going out running and walking with myrthe but also experienced cloudy mornings to only find the sun in the afternoon and then going back to sweden to find a dreadful weather despite one day spent walking after a conference in katrineholm and at last experiencing italy warm and burning sun but also even snow up in my mountain cottage with sweet myrthe who brought the cold weather"

18\_072: "a day with relatively little wind spent initially with august feeling wind around his neighborhood and then in utrecht walking up and down the city to prepare my upcoming exhibit but particularly when back in sweden feeling quite a cold wind to then appreciate relatively little wind in italy and then the usual heavy night wind in the mountains but also waiting to pick up myrthe in mestre"

14\_075: "quite some walking at first exploring a bit august's neighborhood in sweden walking with him around the wood behind his house and then walking to the metro station but also walking a bit in stockholm with jacek and then much in utrecht particularly during a sunny day getting lost

with myrthe in utrecht and also in amsterdam before going to italy and walking there twice to monte enna and not so much with a lot of renovation undergoing"

10\_097: "filming made to begin with exploring both the irish urban environment but particularly a most beautiful nature like reaching the wiklow mountains by bus and exploring a bit there but particularly walking a long way along the coast filming beautiful landscapes to then return briefly to sweden and then go to my shelter in the italian alps filming also there the beautiful nature as well as scenes from the city of schio and vicenza but mostly of milan taking many videos there of public spaces transforming with the world expo coming up and finally also filming the usual places in utrecht going up and down to fix my exhibition"

09\_096: "still lot of casualties in muslim countries afflicted by conflict like in syria as well as now in yemen where the president was removed but particularly shocking the news of a german pilot committing suicide crashing a plane with many kids in the france alps and beside that also a lot of sinking boats and again mulism terrorists shooting innocents in a university campus in kenya"

06\_040: "a period with very scattered running at first waiting for the snow to melt away and then feeling stressed with my thesis but also stiff in my back proven by all the seating however feeling quite trained and energized with all the walking also in the alps and at last going for the eliptical at the university to avoid pressing my back"

04\_065: "a month with bad air mostly experienced driving around the ocean of cars in the northern italian cities like in vicenza looking for a bag to transport my prints but also in the little city of schio buying things for my little mountain shelter and otherwise breathing the good spring air of the mountains also traveling with myrthe by train to other cities like padua and then driving in sweden with a rented car to visit august but finding good air there as well as in the netherlands visiting also the city of dordrecht and breathing the ocean air"

15\_065: "a month starting feeling really bad with my mother doing very bad propaganda against me and generally cutting me out but then

feel nice to be reunited with myrthe and not so nice about all the parying around her house but finally tuning very well with her and

nice conference people to at last going to frankfurt feeling very good amount mounting my installation but not so good about having

received little press coverage and at last feeling very happy at the opening with all the other artists"

10\_098: "filming in public spaces mostly in the netherlands walking up and down utrecht to fix a

gallery show there but also in  
amsterdam with sweet myrthe and even going a bit intuitively out of the utrecht outskirts to then  
be briefly in sweden exploring and  
filming katrineholm during a conference to finally go to italy mostly taking short walks in the  
mountains but also in vicenza and  
particularly in padua finding a beautiful weather there and then going to the netherlands again  
taking a nice walk and filming the  
beautiful landscape around dordrecht as well as filming outside of breda and all the way into  
belgium to at last going to frankfurt for  
a show and filming the city as well as a southern village next to the black forest where i stayed  
with a german artist"

17\_053: "still in sweden again spending time running out by the lake and observing the clouds  
form there as well as when picking august  
at school observing many angels and birds but as well much aquatic creatures and an boat"

08\_098: "trash picked while in sweden and later visiting myrthe in the netherlands but picking  
very little because of the weather and mostly in utrecht and maastricht but also belgium where  
the weather was better"

08\_099: "trash picked while in italy mostly walking up and down the little town of schio not too far  
from my mountain cottage but also back in sweden despite the winter weather"

08\_100: "still some trash picked in italy particularly from my parents' city of vicenza but also much  
picked in dublin walking extensively throughout all areas of the city finding interesting fliers with  
the irish old celtic language"

08\_101: "most of this trash picked in dublin making use of the partially good and dry winter  
weather finding quite some religious and political fliers and very dirty trash walking in the filthy  
suburbs not paying any attention to the people observing me feeling however a bit worry to be  
recognized by the stuff from the museum where i have exhibited"

08\_102: "trash picked partially in ireland also exploring town in the north of dublin but mostly  
while in utrecht walking up and down the city to experiment with the work for my coming up  
exhibitions"

08\_103: "only few trash picked in italy and in sweden before going back to the netherlands and  
taking advantage of the good weather to pick quite some trash there prior going to germany for a  
show"

08\_104: "trash entirely picked while exploring the city of frankfurt where i was for a show and

trying to pick extensively despite being afraid to get dirty prior entering the museum premises but then hitting the road alone and picking quite some trash"

01\_136: "a month started in italy working in my show-room in the mountains and then really much characterized by a lot of exhibitions mounting first in the netherlands and then in germany where i did not really use so many tools keeping long hours in a frankfurt museum setting up my photo panels but also doing in this respect little cooking and too much socializing with other people only starting to use more objects upon coming back to august in sweden having to clean after him and his rabbits"

14\_076: "quite some walking in italy but mostly in the netherlands feeling quite frustrated for all the traveling and mounting of the exhibition and taking there a long walk along a river from breda to belgium but also walking much in utrecht going to the gallery where i had the exhibition and to cas and petra's place in the arab quarter as well as walking a lot in frankfurt first with the german artist florian mehnert there and also in his countryhouse in the black forest and then alone back in frnakfurt going long down the river mainz"

11\_090: "period also spent dedicated to my thesis and getting a few ideas attending a course in the small city of karlstad taking a few walks by myself there and on the train but also while in stockholm keeping up with my drawings and getting several ideas while making other drawings"

11\_091: "several ideas got while going back and forth to the netherlands attending a conference there but mostly while at myrthe's friend wedding feeling bored and filling my head with ideas as well as when actually flying and commuting back to stockholm where i also had teaching related ideas"

11\_092: "ideas mostly got with the good season while in sweden biking freely to a conference and fantasizing but also spending a few days with august and myrthe renting a car and visiting a few islands before going to the netherlands and getting ideas there while for instance several days at a concert and going later to maastricht taking some walks there and getting a few ideas"

16\_077: "a month started finding an amazing weather in my mountain shelter in italy and later going to the netherlands finding it sunny but cold despite a day of heat before going to frankfurt and finding an amazing warm weather there for several days in a row while i kept mostly inside installing my work in a museum and later experiencing a colder and grayer weather almost as if in preparation to my return to cold but also quite sunny sweden"

18\_073: "a period started in the alps again experiencing a lot of night wind and then far less wind back in sweden shortly to visit august but still some wind while in the netherlands particularly when walking through the sea city of dordrecht and later even in utrecht for some time before

going to put up an exhibit in frankfurt and experiencing a lot of wind changes there mostly in the modern downtown channeling a lot of air but also later in mainz with the weather getting colder and a bit in the black forest near switzerland while hiking with my german freind florian"

02\_131: "a period with a lot of exhibitions affecting quite much my dreams and getting me stressed to finish them but also feeling quite affected also of the new artist friends met while in germany and later also feeling quite affected by liselott new boyfriend taking up the role of the father now for august and finally going to the mountains and getting some landscape back in my dreams but also conflicts with my mother"

05\_053: "a fable quite much set in the amazonia and then shifting on to the artic and then to new york to finally end up in japan and lastly asia playing with the idea of this leave like animal skating over water surfaces and mutating into different stages and being quite much persecuted by others more bigger entities to finally become big himself and transform into a big dragon taking his revenge"

13\_037: "taking a very long time to accomplish this painting after giving up my whole room to alberto and kate and not really feeling able to paint in the small room but seldom taking the painting out from below the bed and painting it on the table in the little time i spent back home after traveling to many exhibitions"

13\_038: "starting to feel fed up about all the screens and technologies i resumes my painting activity despite again being in way too small a place but managing however to do some painting on the table under the bed afraid to however making it dirty with paint"

04\_066: "relatively good air quality breath in frankfurt while walking back and fort to the exhibit and also visiting with florian his house in the south of germany to then be back in sweden smelling the dust of trucks cleaning up all the grouse from the winter roads to then travel both to italy and later to london smelling a lot of traffic there and feeling very unhealthy walking by the heavy traffic and completely getting back to fresh air again staying with august in his apartment"

16\_078: "a month started in italy finding it really foggy but quite warm and later going to london finding a much colder and rainy weather until at last experiencing some nice heat and sun walking extensively along the thames and at last coming to sweden finding the worst of weathers always turning into a cold overcast and rain experienced while with august at his place and to finish going to the netherlands finding a much nicer temperature and many days turning into sun particularly experienced while walking around with myrthe"

18\_074: "wind experienced while in italy exploring some beautiful palladian villas with myrthe and also the wind while walking up the novegno mountain to then also experience london cold wind

and later some mighty wind back in stockholm always getting stronger up at my university particularly with the bad spring weather and finally experiencing subtle wind in the netherlands going around looking for houses to purchase"

09\_097: "many dead people due to natural calamities particularly in nepal after an earthquake and still casualties in the arabic countries including now yemen ut also several dead people in north america"

17\_054: "still a lot of clouds detected during a long period in stockholm unemployed and yet enjoying the sunny cold winter now observing many snails and turtles but mostly horses and riding scenes with a few naked women always laying and a few war related images"

01\_137: "a month with not so much activities with again quite some traveling going first to my alpine shelter and doing no work there as myrthe's father was also visiting and then going to london doing mostly walking and not so much activities before returning briefly to sweden to teach and doing mostly university related activities and thereafter going to the netherlands looking for a house with myrthe and lastly doing a lot of work in the end packing and even demolishing the things i built in my swedish apartment also driving them to the dump"

14\_077: "a lot of walking in various places to begin with in italy visiting some palladio's villas by thiene with myrthe and then also walking with her and her father on the novegno mountain finding a nice way to go all around it and then walking very much in london going from all the way from the center to the docks and back following mostly the thames river to then also do quite some walking in utrecht taking advantage of the holidays and walking also with jason to the italian ice cream place and also walking with sweet mythe to check a few places to buy like in amsterdam and in culemborg but also walking in rotterdam where i gave a lecture and back in stockholm"

06\_041: "running quite okay with the coming of the spring but again with too much traveling and taking advantage of some sunny days in the netherlands to run the day before my opening and even back in södertälje prior going to another opening in frankfurt and later also a couple of times running in the university gym even if my back got more stiff and at last i was also talking to an italian secretary"

15\_066: "a period feeling the disillusion of many of my exhibitions and particularly missing my new artists friends back in the continent getting quite depressed of the swedish weather and being left alone by august now spending his weekend with his new family but then getting happier making plan with myrthe about getting a place together despite our uncertainties"

03\_075: "songs mostly heard while being with myrthe and having her singing songs over and over like a little radio particularly while on holiday together in the alps and also hearing songs visiting

my old friends partying on the hills and then also experiencing the same with august also getting quite lyric and even listening to freddy mercury together and beside hearing songs while in belgium and later in frankfurt but also at the university gym"

07\_067: "people met at the university like an italian scholar from emilia romagna and his feelo phd student from germany but also a russian visitor and many other visitors coming to stockholm for a conference particularly studying in london and photographing them after taking them on a long excursion around stockholm ending up in the rose garden"

04\_067: "a month spent with quite good air coming from outside but cleaning up my apartment before renting it and facing quite some dust particularly removing the inner wall i had previously constructed and beside that spending a short period with clean air in utrecht prior going briefly back to sweden and taking my parents' friends for a refreshing walk to finally ending up in san francisco and experiencing already the traffic there coming out of the airport and later biking from sunnyvale to mountainview and back on busy roads"

16\_079: "a month experiencing a very awful swedish weather helping alberto to move from the apartment and driving several times to the dump with trash to throw and a beating rain hoping to find a great weather in california but in fact experiencing the cloudy and rainy san francisco alternating with the heat of sunnyvale particularly during a bike ride and walk in rancho san antonio and also experiencing bad weather in santa cruz prior moving all together to san francisco and getting mostly bad and windy weather requiring me to get a second hand jersey"

18\_075: "not so much wind to begin with but up on the university and walking around stockholm with a group of italians friends of my parents but mostly while with august in his apartment and in later while in malmö fro a supervision to then going to san francisco for a show and not so much experiencing any wind while walking and biking a lot in the southern and sunny suburbs but at last experiencing a lot of cold wind in the city particularly in for mason right in front of alcatraz where the venue was located"

15\_067: "a month feeling frustrated to begin with taking up alberto's paranoia after he was left by his girlfriend and then feeling quite frustrated staying in an american family in san francisco and finally feeling better walking the nice hills of rancho san antonio and biking a long way and at last feeling quite stable while working at the exhibit back in the city and getting quite flattered about all the compliments after the opening but getting quite unhappy back in cold and rainy sweden and feeling happy again only with august"

08\_105: "trash picked first while briefly in italy mostly with myrthe scouting small towns next to our mountain place and picking a lot of it from a clothes market and then going in london and at

first finding very little trash walking down the gentrified city but then finding much more going to the suburbs and walking up and down the entire city"

08\_106: "still most trash picked while in london particularly walking on busy and dirty road but then also some trash picked back in sweden prior going to san francisco and only finding very little trash in the gentrified suburbs home to many tech companies"

08\_107: "trash found while at last left alone in san francisco walking also through the city of berkley and later while with jacek"

08\_108: "all trash picked while staying in a dormitory of a very crapy neighborhood in san francisco going up and down the dirty streets finding many disco flyers and some lottery tickets signs of misery"

08\_109: "trash found still living in san francisco and this time walking extensively with jacek several times across the city going all through fort mason to our dormitory in folsom and then to mission finding all sort of fliers and really working hard picking a lot of the californian trash with also some funny stuff and again several club related promotion"

14\_078: "walking a great deal first in holland walking both in utrecht and in rotterdam with little myrthe and then in sweden walking in malmö after a supervision but also in stockholm taking an old group of italians around before goign to california and walking there in the southern suburbs of san francisco but also on the nice and dry hills up and down a few trails before actually walking very extensively throughout san francisco both alone and with jacek going really across all sides and neighborhoods"

09\_098: "still a lot of bombing in muslim countries but also some shooting and natural casualties in the united states and a big capsizing in china with other minor deaths all around the world and reading of this while myself on the road in california"

11\_093: "ideas gathered at the beginning of the summer first while in the netherlands trying to make the most of the time there and then going to italy traveling with myrthe and august in the mountains and attending an old friends' wedding gathering there some ideas"

11\_094: "ideas mostly generated in italy while at my parents' summer resort at the sea side both spending time at the beach but also exploring with myrthe and august taking occasional walks and getting overstimulated by the many tourist attractions"

17\_055: "transfigurations executed while traveling in california and representing the shapes i have tracked in clouds while in stockholm mostly applying for jobs and having a rather ordinary life picking my kid at school and running and observing many clouds in these occasions but also eventually getting affecte by italy with a few clouds related to my time there getting closer back to

my parents"

01\_138: "a month doing a lot of renovation work to the apartment i am now leaving in stockholm and preparing to move out of sweden but also then going to san francisco and doing a lot of explorations and very little activities beside the few day setting up the exhibit with jacek and lastly coming back to sweden to be with august and doing more domestic activities there cooking for him and playing"

02\_132: "another month with far less dreams on average sleeping quite a lot with myrthe but then again with several trips particularly to the states getting violent dreams leaving in a dormitory of a scary neighborhood and feeling jealous of myrthe also in my dreams as well as reflecting my sexual frustrations but also the future uncertainties of having to move to the netherlands and having to leave my son with whom i spent a whole week"

16\_080: "back from the coldish san francisco spending very hot days with my little august in his apartment and making the most out of the super sunny swedish weather before going to italy and finding a very hot but too humid air and a lot of heat generated clouds btu a little cooler in our alpine shelter before a bit of rain has opened up the sky giving a few very blue sky days before again the heat has made the mountains barely visible but also experiencing far less degrees going up the mountains and far more degrees going by car with myrthe in the low land"

18\_076: "unpleasant wind while in cold san francisco to then come back to europe and experience a nice soft wind both in sweden while with august and later with myrthe in the alps really awaiting for a little breeze to bring some fresh air in the mist of the heat and experiencing mostly a little stronger wind while up in tall mountains and down in valleys particularly during a day spent swimming at a dige"

04\_068: "a month started in san francisco biking through some traffic trying to reach a natural reserve and then getting a bit of traffic while walking with jacek from our dormitory all the way to fort mason where we organized an exhibit but anyway getting a quite cold and refreshing air before coming back to a warm sweden spending time with august in the clean air there and only getting to inhale some bad air biking with him to see a movie in a mall under construction and lastly while in italy in the traffic of the small town at the feet of our mountain"

14\_079: "walking at first alone in stockholm while august played with his neighbour friend and then very extensively in my italian place in the place exploring quite some new things with myrthe like walking to the sumano mountain and the pasubio always choosing easy road not to tire her too much and occasionally taking small walks in the villages below and in a sculptural park searching for a place where to build my cathedral"

15\_068: "a period with a lot of frustration in sweden in my son's apartment mitigated at last back in italy getting some positive vibe also hanging out with local artists but at last deciding to fully concentrate on the netherlands giving up my dream to build my temple back in italy and shutting a lot of the communication here feeling otherwise pretty good despite some suffering due to the increasing distance with my son"

10\_099: "videos captured first while in frankfurt taking time off to explore the surroundings walking along the mainz and then going to first italy talking walks with myrthe's father and his companion on the mountains above our shelter and then going to london also there taking extensive lonely walk filming both by the thames and around the city before going back to sweden and filming a bit there as well as in the netherlands"

10\_100: "videos of public spaces shot most entirely while in san francisco first in the southern suburbs with a little excursion to the hills and a little bit of santa cruz but then exploring the actual city taking extensive with jacek walking from fort mason conference center back to our dormitory and even going to the more progressive parts like castro"

01\_139: "a nice summer month started first with a frustrating period in august's old apartment recovering from the california trip and doing a lot of household stuff but then coming to my alpine shelter and there utilizing different tools to work on our vegetable garden but also to dismantle old wood deposits in front and in the back of the house while taking very nice walks and also getting a hat to protect me from the sun when visiting venice"

09\_099: "a month with news read sporadically while in italy and with very little internet access mostly reading news while in internet cafés and finding again mostly many casualties in the middle east and other islamic states now that also turkey joined the fight"

07\_068: "people met to begin with at the small conference organized by university for london students and also a dutch student met at the reception who worked shortly as a babysitter for august and then an argentinian couple met while introducing for the first time myrthe to my small sister giulia in madrid and also other people met there like an old man whose name i guessed while walking in a nice square"

05\_054: "fable written during a long period at the beginning of the summer after a rather frustrating traveling to the states and being a long period apart from myrthe feeling also some sexual frustration and experiencing all the homosexual scene of san francisco but also the ocean"

17\_056: "still in stockholm now also traveling more often to italy reconnecting with my parents and spending time in the countryside pruning apple trees and observing the clouds there beside also while with my kid picking him from school and taking some walks with him with the spring"

seeing many animals and humans seating or standing next to them as well as infants"

16\_081: "a warm summer in the italian alps during the village festivity but then also experiencing the colder weather of the higher mountains but also the too hot weather of venice which we walked across to visit the art biennial and then also experiencing heavy summer storms and some rain before going for a longer walk and sleep over a rifugio in the higher mountains finding both a lot of clouds to walk across and some morning sun before going back down to our mountain shelter and experiencing heat once again"

14\_080: "a great deal of walking exploring with myrthe much of the mountains around us going to both the scary summano ridges and the pasubio galleries to even making it across in the trentino territory and circumnavigate the austrian and italian teeth on the way back but also taking a long walk across venice to check the biennale with my old friend davide and taking minor walks visiting smaller towns with myrthe's mother and her companion"

04\_069: "a month of clean air spent up in the mountains with some bad air breat only driving down to do grocery and from the neighbour using old caterpillars to build a parking behind our house and then breathing the very good air fro up high the top of high mountains before breathing a lot of bad air picking agust at the airport and then taking him and the other contrada's kids to the gardaland amusement park"

15\_069: "feeling happy with my kid around me and the nice sun although sleeping to little and quite disliking visiting my parents in my too touristic native highland and then being happy about the possibility to maybe acquiring some terrains near the mountain shelter with all the nice festivities there to at last feeling sad having to depart from my kid and drive back to the netherlands feeling confused about where to start building my cathedral"

18\_077: "a month fully spent in the alps experiencing quite light summer wind on the tops of various mountains explored with myrthe and really only feeling strong wind during an occasional storm and with the rain hitting us while crossing over the pasubio mountain"

09\_100: "a month with news read regularly online recording several casualties due to natural catastrophes but also a large explosion in china killing many and quite a few deaths with accidents and clashes but above all an increasing amount of migrant dying during their crossing via land and sea to europe"

01\_140: "in the mountains to begin with doing a lot of hiking with the newly bought sticks but also some driving to take august from the airport and keeping up the life there looking after the vegetable garden and feeling a bit overwhelmed with domestic work as soon as myrthe left resuming as well my technical work waking up early to update my project and then doing a whole

day of driving to the netherlands and there having not so much to do but cooking and writing but also trying to do other small things like welding a loose piece in myrthe's bike"

02\_133: "finally taking it easy with traveling and only staying in my mountain shelter relaxing and dreaming at last beside the last period getting little sleep while with august due to a barn for sale nearby which really tempted me and eventually goign more into sleeping while in the netherlands despite having the television affecting me there and particularly the new of many immigrants reaching the heart of europe"

14\_031: "walking to begin with with august and taking it easy going on small hikes around the summano mountain and then to the nearby enna mountain avoiding a big hike in recoaro due to a small injury he had on his arm and then coming to the netherlands and doing relatively little movement feeling quite unhealthy about being captivated in utrecht beside small walks in maastricht and a larger one alone in amsterdam"

10\_101: "films shot while looking for a land to purchase and filming many a mountain landscapes while hiking with myrthe also for several day in a row exploring further territories in the trentino area but also spending quite some time going back to places we already being like the small towns at the feet of the alps where we took her parents as well as venice"

04\_070: "clean air in the mountains beside small trips taken to august for example to the touristic asiago to see my parents inhaling some tourist traffic and then also smelling the tractors of my mountain neighbours but mostly getting a lot of bad air getting stuck in the german traffic while driving to the netherlands and there having to get adjusted to the not so clean air in amsterdam and maastricht but also while running out in the city and then soldering myrthe's broken bike with silver sticks"

17\_057: "still in stockholm searching for a job and taking care of my kid speding time out with him and also running and observing the clouds and annotating them first on the paper where i can track of my speed seeing a lot of flying objects and animals"

16\_082: "last days of summer and very nice clear weather in santa caterina with august also experiencing a very strong storm and at last a colder temperature to then drive up to holland and find some initial pleasant weather there and then quite some rain and even a storm making me switching to a very indoor life"

18\_078: "not so much wind experienced while on vacation in the italian alps with august beside some wind while in a valley going to a dam to swim and then going to holland and experiencing quite some wind there while in maastricht to later experiencing far less wind also beginning to be quite indoor spending most of my time writing"

15\_070: "a month characterized by a lot of unsettlement not knowing if myrthe will get the loan to buy the new house and also finding it hard to readapt to indoor life after a nice summer in the alps but finding some moments of freedom biking with jason and then with august before finally moving all my things to the netherlands and finding little good prospect there but the good reception of my work at the quantified self conference"

06\_042: "slowly getting back to run after a long summer with a lot of walking in the mountains and feeling the need for some movement buying at last a proper watch to measure my heart beat with a band attached around my chest and being able to go for longer runs both in utrecht by myself and a few times with myrthe for very short runs in which she often stopped and at last also running in the forest behind august's house taking advantage of the nice sunny days"

06\_043: "back in the netherlands running again to subdue the otherwise too sedentary and indoor life going also during a rainy late afternoon and later for a major one hour run mostly keeping next to a river to quickly get out of utrecht and reach the green fields some forest where i often took a break to pee and do some gymnastics"

07\_069: "folk met in the summer first at a department conference asking a russian colleague to be photographed and then meeting myrthe's half english lesbian colleague while in the netherlands before going to the university of warwick in england and there photographing my former second supervisor after a walk together in a nice medieval village as well as a cool american ethnographer and a crazy game developer and a young couple along also with a quite straightforward danish student"

03\_077: "a month with many songs heard from myrthe singing out every word or sentence i would tell her and also singing recurrently an italian religious song while driving from one place to another in the mountains but also hearing our old neighbour gianna singing as well as while at an amusement park with august and all the contrada gang hearing songs at the rides but also singing together on the trip back by van and again hearing a lot of radios on the car driving to the netherlands trying to mentally annotate all the songs from the radio unable to type them down when driving and then in utrecht hearing a whole concert from the bells of the cathedral replaying freddy mercury main hits and later hearing songs at myrthe's friends forty years wedding celebration"

09\_101: "a lot of other death in islamic countries read now on the online news but also watching television at myrthe's place and finding here also about a large stampede in saudi arabia during an islamic pilgrimage killing again hundreds"

18\_079: "wind experienced in the netherlands with quite some rain and a wind blowing out my

umbrella while going to a conference in amsterdam and then traveling all the way to sweden by car experiencing the strong wind while crossing the big bridges but at last finding a peaceful climate while with august in his island and experiencing wind on my way back to the netherlands where i mostly felt no wind spend most of my time indoor or just out running or little wind experience while with myrthe visiting a concentration camp and then at last while walking alone in amsterdam in a sunny sunday"

01\_141: "a month started in the netherlands again forcing myself to readapt to the city life after the summer in the mountains and also having to drive a long way to august where i refurbished is old room painting white and back to the netherlands bringing all my archive along to finally put up a small exhibit during a conference in amsterdam and trying to be active in the apartment cooking before going to berlin by train seating a long time as well as during my department conference making very little activities"

04\_071: "quite much bad air inhaled driving from the netherlands to sweden particularly going through big german cities and then also driving back and particularly walking in dutch cities like searching for some material for myrthe and biking with her looking for a pavement for our house and then particularly bad air inhaled in berlin walking from alexander platz all the way to neukölln to visit an artist friend"

06\_044: "at first taking advantage of the warm september days after the rain to run by the river in utrecht and out of the city but forgetting once my heart rate watch off and then getting back pain most due to the running and going very slowly to at last only run with myrthe for a short time to a new park at night and finally having little sleep while in berlin for my back and going still out in the dark to run the monument street"

05\_055: "a fable taking place completely in the context of my mountain cottage where i learned a lot about animals this summer seeing many but also talking to an old man in the contrada telling me about hawks and also inspired by the many eggs the chickens there would produce as well as the once holly mountains shaped like volcanoes"

14\_082: "managing a lot of walking beside a lot of driving from the netherlands to sweden and back but anyhow covering a lot of utrecht also while running pushing myself more into the countryside but also in industrial areas to buy things for myrthe and following her to the east of the netherlands walking there in small villages and to a concentration camp as well as in the city of deventer while in sweden walking a bit with jacek in malmö and much more with august in djursholm and in a natural reserve we reached by car to later get back in holland and take a long walk with gary wolf in amsterdam to discuss about our next exhibit together and going back there

a week later in a very sunny day and waling down the amstel and to the museum area to the join myrthe and cross the tourist sex and drugs roads"

16\_083: "driving from the netherlands to sweden going through all sorts of weathers and at last coming to a really beautiful djursholm where i spent my time with august enjoying the sun and only experiencing one day of bad weather before leaving again for the netherlands through an awful rain and finding quite a warm weather there and some cold weather later going with myrthe to the east of the country where she had to work at a museum only finding nice weather there after trying to be out in my morning run"

09\_102: "again news read on the internet with mostly casualties coming from fighting in the middle east and particularly in yemen but also minor causes of death around the world with few natural calamities and some accidents and collapses"

04\_071: "quite some bad air inhaled this month driving the car from the netherlands to sweden and back going through polluted germany and then also breathing bad air in the netherlands walking outside of the city to buy things for myrthe and also biking with her to warehouse to look for constr4uction materials but most of all breathing very bad air while in berlin talking a long walk from alexander platz to neuköln at night with a lot immigrants driving old polluting cars"

17\_058: "still in sweden seeing a lot of flying objects and not so many nudes but quite some agitated figures with war related equipment"

15\_071: "a month getting my hopes a bit high and low about living in the netherlands nonetheless feeling good about my work there with the quantified self and feeling very good when in berlin meeting my colleagues also having recovered my morning yoga after many years feeling the endorphin contributing to my mood improved also by an important presentation at the hasselblad foundation in gothenburg where i got quite upset with a turkish artist but feeling nice spending time with august playing soccer and walking instead of going to school like in the old days and not feeling so good about going to italy to sign the contract for my land finding a depressing weather"

16\_084: "a nice weather to begin with traveling by train to berlin and then flying to a very sunny sweden finding only a few days of cold overcast particularly going to the hasselblad foundation in gothenburg also by train and then going with jacek to italy to buy an old barn and fields and finding a really terrible rainy weather particularly in trento where we had a lecture to at last coming to the netherlands to renovate the culemborg house finding very little days of sun but a nice and stable temperature to work"

18\_080: "experiencing a quite windy berlin to begin with walking as much as i could in between a conference with my department and then also experiencing a very strong wind while with august

in our djursholm apartment and later while in gothenburg at the hasselblad foundation to then find very pleasant and almost windless days both in italy where i went shortly to buy a property and to lecture as well as in the netherlands where i started rennovating our new house"

01\_142: "a month started in sweden fixing the small room for august and i and then doing little activities while presenting my work at the hasselblad foundation before going very shortly to italy to sign the contract for my new land there and then coming to holland and working very hard renovating our new house pulling up all the old floor and replacing the bad beams learning to use many new machines and also doing quite some brick work underneath all the new wooden pavement"

02\_134: "dreams affected by all the arrangements made to purchase my land in the alps and also by the buying of myrthe's house but particularly by a lot of the news watched in the evening with images of the immigrants coming to europe and other programs showing freaks and also affecting my dreams but finally getting quite affected by a lot of the renovation work in myrthe's new house making me very physical and dreaming long also avoiding a lot of the phones and computers usually erasing my dreams as well as dreaming frequently about driving the car after the moving and the using often of my van in the evening traffic"

04\_072: "nice clean air to begin with in djursholm at august's place also experiencing the traffic of expensive cars going biking and then almost no traffic while exploring the city of gothenburg during a conference at the hasselblad foundation to later go briefly to italy and experiencing a lot of traffic driving a rented car in the highway between trento and venice to quickly make it to holland and help myrthe renovating her new house breathing there both the dust of the old wood and the impregnation for the new beams of the floor as well as the cement i tried to mix wearing a mask but unable to avoid it completely like all the nails i have been sawing"

10\_102: "filming mostly in the beautiful higher plateaus of the alps next to my place walking across the pasubio mountains with myrthe until rifugio lancia and the also with august filming from the heigh of priaforá and later driving to the netherlands filming both utrecht and amsterdam but also the countryside during a bike ride with jason before driving to sweden and staying with august"

10\_103: "filming started in sweden during a walk with august and continued in the netherlands where i drove back and had the opportunity to explore amsterdam during a beautiful sunny day as well as the little town of coevorden where myrthe had a workshop before going together to deventer and later to berlin where i took some lonely walks before and after my department gathering prior my return to sweden where i have explored gothenburg during my conference at

the hasselblad foundation as well as walking alone in djursholm and with august making him skip school during a sunny day"

08\_110: "very little trashed picked in the summer in the mountains and picking more on my return to the netherlands walking a bit around utrecht and then leaving for sweden by car and picking some trash there"

08\_111: "trash picked mostly during my time in amsterdam both walking to a conference and taking advantage of a very sunny sunday without myrthe to cross the whole city from the outskirts to the city center finding a lot of trash mostly tourist related"

08\_112: "dirty trash found in berlin during a small department conference walking with my trolley from the station to the hotel in the center and picking quite some trash walking out to meet a friend in the very arabic neighborhoods and daring to pick there quite some dirty stickers and noodles bags"

09\_103: "many more casualties read on the news from islamic countries despite renovating our new house in holland without internet and reading only later on the news about a muslim attack on a russian plane and also about a big earthquake in already threatened afghanistan"

12\_049: "recordings of thoughts mostly captured to begin with in my new mountain place in the alps enjoying the sublime solitude there and then doing a lot of audio recordings while in ireland mostly going to the wicklow mountains and then along the beautiful coast experiencing all sort of weathers and reflecting on my transitory situation to then again go back alone in my mountain shelter taking solitary walks there"

12\_050: "recordings of my thoughts done still while in italy walking around alone in search for a nice location for my cathedral but later also while in sweden walking back and forth to my son and lastly during my trip to the united states taking long walks alone in mountain view by the bay next to all the big corporations"

12\_051: "still recordings from california walking alone before actually meeting jacek and then recordings from my mountain shelter while having small breaks from being with others walking ahead of them in the pasubio mountains or exploring my new properties reaching them before sunset and at last recording in sweden taking advantage of nice days and walking in the forest behind august's apartment"

11\_095: "ideas i got while traveling with myrthe in my home town at my best friend's wedding and later while in sweden all by myself enjoying the spring also while in the netherlands with myrthe and alone again walking in the sunny city of gothenburg getting many ideas before driving together to holland"

07\_070: "an young british italian met after a fantastic walk in the english countryside waiting for the bus to take me back to warwick and an angry british scholar met there who anyway liked my work and wanted to hear more about it before traveling to italy and staying with my parents in my native highland and photographing his friends and their daughter working as a financial advisor in africa but also a venetian rich lady and her lover who i later came to despise really much and lastly an old man helping in a mountain shelter of a friend who was persuaded by my stepfather to cook for us even though his wife died"

05\_056: "fable written still inspired by the animals and creatures encountered during the summer while with myrthe looking for fireflies in the black summer nights in the mountains and written mostly while with august and in the netherlands trying to recover my working discipline but unable to write continuously due to all the traveling in between and the moving from one place to another"

11\_096: "not so many ideas had during the autumn with both august and myrthe driving with the latter all the way to the netherlands and getting ideas then but also coming back to sweden and getting ideas while taking august and his friends around for halloween"

15\_072: "a month feeling energized by the work in myrthe's house but then feeling quite depressed with the bad weather setting in and myrthe being often to work till late and also many bad discussions had with my mother and then with jacek about the apartment feeling at last much better being in fact with jacek and august in sweden despite the gray weather"

11\_097: "ideas got while in venice with myrthe and then alone after walking with my stepfather thinking in terms of the many religious events as well as the love making with myrthe and ideas got again while pretty bored back in sweden attending a colleague's seminar"

16\_085: "a very nice autumn to begin with renovating myrthe's house in culemborg and feeling quite warm at times even staying with my t-shirt and appreciating the sun during lunch breaks and during a very nice first of november day strolling in breda's forest before settling in the house and getting a hell of a gray weather turning me very depressed until i moved to stockholm where i found an incredibly sunny weather lasting only a day before a gray but dry november weather sat back"

18\_081: "an initially calm month renovating myrthe's house in the netherlands with a light gentle wind suddenly increasing towards the end with the weather getting worst and me talking solitary walks by the river and later climbing to the studio upstairs having no steps experiencing the very strong wind with the window spanking hard and finally moving to a much calmer stockholm climate"

17\_059: "clouds observed with the coming of the better weather resuming my teaching in stockholm and applying for new positions elsewhere while still keeping my usual schedule of picking august up at school and going to run in the morning making these moments good to observe clouds this time with several aggressive animals like dinosaurs and a few naked women"

04\_073: "a month inhaling very bad air cutting bricks to fit a new door in myrthe's house and making a lot of dust and then finally taking a break from renovating enjoying the late winter weather but also mixing off and on cement for minor works and removing all the isolation from the attic to at last breath some bad air flying to sweden and there mostly breathing the fresh cold winter air with some traffic of the expensive cars mostly next to my son's school"

14\_084: "a month characterized by very little walking due to a lot of renovation work for myrthe's house in the netherlands and taking most walks in the cute city of culemborg and a larger walk during a nice november day in the breda's forest before going to sweden and walking extensively there taking august to karate training and going to do grocery in the far supermarket with a freezing temperature but also managing small lonely walk around the nearby forest and lakes as well as walking in stockholm to buy a suitcase"

13\_039: "the last painting executed in the too small half room of my suburb apartment in stockholm really not managing to have enough space to paint and anyway having to wait all summer to move all my work by car to the netherlands where i finally recreated a small corner and finished the painting cleaning up the lines"

09\_104: "a month characterized by a sorrowful islamic state attack in the city of paris killing a hundred of tolerant young people much dividing the public opinion given also the little solidarity for other islamic state attacks like in lebanon and with also other deaths around the world with collapses and drowning"

01\_143: "a month started in our new house in the netherlands suddenly feeling quite depressed as i did not manage to do much work with the bad weather and all the furniture inside but nonetheless managing to plant fruit trees and starting to build the bike shelter outside and then going to sweden and doing a lot of cooking and cleaning not only for august but also for jacek and brett and at last coming back to the netherlands resuming my work building a missing wall in the kitchen and dismantling and mounting a big closet in the bedroom"

02\_135: "better nights sleep now with a proper bedroom both at august's place getting affected by some cheap soap operas with a lot of homosexual humor and then in the netherlands being strongly affected by my physical work renovating and particularly all my cement related work and my land in italy and the project i want to do there but also about all the terrorist attacks from the

news"

03\_078: "a period with quite some songs heard at on of myrthe's friends wedding and then much of it driving to sweden and back listening also to some old cds of lucio battisti which kept awake driving all the way through scandinavia at night and then taking notes of myrthe singing like a radio every sentence i would make and noting songs while at a chinese hairdresser in utrecht but also by august singing and from the movies we watched together to then be briefly in italy hearing songs at my usual café and in the netherlands while at shops and during a bask festival"

13\_040: "painting done entirely in my newly set-up studio in culemborg finally spending some time with it every morning using cheering up colors out of the gray winter weather and even turning it upside down to better paint the margins"

15\_073: "a month feeling happy while in stockholm with both august and jacek around overcoming temporary depressions taking long walks and at last coming to the netherlands enjoying the warmer weather and finding pleasure in working but for a very dreadful day helping myrthe fetching old furniture around but nonetheless having enough of a big world around me to keep me busy and happy although not enjoying very much all the social obligations i had to attend with myrthe in the weekend"

16\_086: "a weather started in a very bright and sunny stockholm turned really cold but still very sunny walking my kid to karate before going back to the netherlands and find a warmer temperature beside one cold and gray day spent in harnem exploring the surrounding forest and then experiencing mostly a quite nice nd warm weather allowing me to spend quite much time outside building a bike shed and to walk a bit by the river going a bit beyond what i had previously explored"

18\_082: "a nice weather and low wind in the rich neighborhood of djursholm staying with my kid and being often outside before going to the netherlands and experiencing hard wind in my very big walk around the city of harnem and then again back in utrecht driving around to fetch old furniture with a wind almost blocking our van with a trailer attached and then little to no wind during my days spent doing brick work outside and more wind going to meet hanneke in amsterdam and later in breda at one of myrthe's uncles funeral"

14\_085: "taking advantage of the too warm winter with great days of sun and walking extensively from the stockholm university along the botanical garden and back in the beautiful djursholm as well as walking there up and down to take my kid to karate and latter going back to the netherlands doing mostly renovation works but also managing an extensive walk exploring the forest over the city of arnhem and as well walking in amsterdam at night with myrthe to reach

hanneke's place from the central station and walking a bit in culemborg going along the river and trying to explore new paths through the fields but ending up in too residential and industrial areas where i also had to walk to pick up our car"

09\_105: "news read on-line detecting most casualties in syria with now a lot of nations bombarding terrorists but also civilians and other deaths with more terrorist attacks in the united states but mostly in the middle east and more rebel fighting in african countries as well as drowning immigrants in the mediterranean and minor natural catastrophes around the world"

04\_074: "a month with a lot of fresh wind living in a very low pollution town in holland but nonetheless experiencing inhaling quite some cement and lime while mixing them and the synthetic cheap color used by myrthe to paint the pillar in our bedroom as well as the metal of the broken stair to the attic i cut out before going back to fresh air and filling my lungs going with the race bike"

17\_060: "another month of looking at the clouds most certainly while in stockholm walking to work to the academy and spending the rest of my time either running or with august seeing many different exotic animals and males as well as females interacting with them"

01\_144: "a month initially spent in the netherlands doing very good work on my project resuming paintings and drawings but also doing much work in the house and in particular building the bike shelter mixing and using kilos of cement to then fly to sweden and doing quite some activities there cooking and cleaning but not so much while supervising and at last coming to italy and using for the first time in a long time a chainsaw learning to fell big trees and working with myrthe to make nice wood of them to make space to my cathedral"

10\_104: "films of public spaces shot during a beautiful autumn spending quite some time both walking in sweden mostly in and around djursholm and the beautiful water side and the netherlands filming my tiny beautiful town of culemborg with the beautiful perspective of the main square as well as the beautiful forest of breda but even the urban environment like in amsterdam before going back to sweden"

07\_071: "people met in sweden in the first place at the university a nice guy from england but with his parents from rome and then a girl also living in sweden but from genoa who i met in the metro and a polish graphic designer whom i hosted to help me with a website but never getting anything concrete from him and at last myrthe's friends met in the netherlands like hanneke and her boyfriend coeh photographed in amsterdam but also her crazy friend from rotterdam and an old landscape architect who had her studio below us and spoke italian"

05\_057: "a story inspired by a fox i once saw in the swedish forest next to my son's apartment and

the disease i heard it carries infecting all the blueberries but nonetheless also finding that the overall story is very much a reflection of my inner state ready to realize my art work in the field i bought in the mountains but somewhat having to spend my time elsewhere with myrthe"

12\_052: "recordings of thoughts accomplished while exploring the wide countryside and walking along the wild river next to our new house in culemborg reflecting on my situation of living in quasi-exiled particularly from a germanic academia and pushing my idea of autonomous systems and the crafting of more intuitive philosophical systems"

16\_087: "weather characterized by a way too warm temperature both in the netherlands and in sweden but not so much in italy finding quite cold and humid nights in my highland but feeling a very nice and sunny in our mountain cottage eating outside and working with tshirt overlooking all the clouds and smog of the flatland where it did not rain for more than two months until it started snowing and finding also snow and a very cold weather on my way back to sweden with nonetheless bright days"

18\_083: "a month with very little wind and too warm air in general feeling only a bit while taking walks in stockholm preparing for a small christmas celebration with august and then eventually flying to italy and experiencing almost no wind in the mountains but in some colder days and in particular spots like in valleys or in the historical downtown of schio"

15\_074: "a month started in sweden with stockholm feeling happy with august despite watching too much tv and a day with him feeling a little down but then going to italy and finding some pleasure finally working on my land although worrying a bit about myrthe getting a bit bored and getting too focused on cutting trees feeling not so well worrying that i will never make it to live there and getting in a little crisis coming back to stockholm with myrthe being often out but feeling playful and happy with august and also with jacek around"

02\_136: "some good nights of sleep and dreams while in our house in culemborg but then getting affected by a psycho film watched with myrthe and later by movies watched with august in sweden prior christmas now getting my head quite into my italian land and particularly the field i have been cleaning up from trees"

09\_106: "a month spent between the netherlands and sweden reading news on the internet but then going to italy and having little possibility to check the many small incidents around the world and some major controversial punishment expeditions against the islamic state with minor casualties for several suicide bomb attacks"

13\_041: "painting executed in my tiny studio in culemborg speeding up to finish it before traveling to august and later to italy not really painting all the details but feeling with satisfied with the

dynamic of the shapes"

14\_086: "a month started with walking quite a lot while in sweden taking advantage of the nice winter weather and crossing back and forth the rich neighborhood of my kid and later taking smaller walks while in the netherlands exploring the river next our house and on a gray day in utrecht waiting to get on a plane and walking with august several times prior christmas despite him not being so happy about crossing stockholm and at last going to the italian alps doing mostly work in my new field and not so much walking"

03\_079: "listening to some songs while at jacek's exhibition and then back in holland taking a long walk in arnhem and at last waiting for myrthe in an italian bar listening to a lot of song there and also later in culemborg both sung by myrthe like a little radio and at a chinese restaurant but even many songs from films watched also with august in sweden getting more in the christmas atmosphere there annotating many songs from shops and souvenirs places while walking in the city"

04\_075:"a month with pure air from the mountains but quite some pollution below it due to little air and also gases inhaled when using the motorsaw to clean up the field to host my Virtual cathedral and inhaling much better air later cutting wood by hand and at last traveling to sweden getting the bad airport air and the clean one of the quite traffic free in djursholm to then get back to the netherland and getting quite some clean air there walking but some bad air lighting the fire with the dirty wood remaining from the old floor"

13\_042: "painting done quite quickly an increasing winter chill from my little studio in culemborg feeling quite delighted to have to paint and take breaks from all the seating but nonetheless paying not too much attention to details and using quite much the bigger brush as well as elastic bands on wach corner to prevent the painting from banding"

11\_098: "ideas got while in italy walking around and enjoying the warm winter scenery particularly when going up the pasubio military galleries with a swedish artist friend and then getting ideas while back in sweden"

11\_099: "many ideas while in stockholm mostly about the many immigrants and gypsies in the cold winterish city and then ideas while in the netherlands with myrthe"

17\_061: "a month still in sweden unemployed yet very much walking and exploring the local nature with my kid and seeing many dynamic shapes in the clouds with eagles and moving vehicles"

07\_072: "new acquaintances met in the first place in a off hand berlin suburb rented by an homosexual couple making a business out of it with the mother of one of the two whom myrthe

and i doubted she was a female and then meeting one of the other artists doing the doctorate at my department inviting me for dinner in her very central place to talk bad about all the professors and also taking a photo of the gypsy man in front of the university after he demanded quite some money from me for his wife and meeting a very nice eastern european old man who cultivates the land in front of august's apartment and taking a ride with him on the metro listening to his lifestyle and the way he kept so old eating everything and then meeting an homosexual polish scholar after he was demolished by the professors in my department taking him out of compassion for a walk and taking the photo of the hair dresser in my parents' city after she told me how she had to send her son to australia to motivate him to work and at last meeting the colombian adopted journalist boyfriend of a one of myrthe's friend in rotterdam"

06\_045: "trying now to run along the river in culemborg but at last giving up because of the back pain and looking for a bike to train instead and compensate with all the carpenter work finding the racing bike of my old roommate and now wrapping the heart beat belt on my chest recording my ride down to a small village and back taking advantage of the nice days but finding too little variety in the resulting heart beats also feeling much tempted to stop and enjoy the beautiful landscape"

01\_145: "a month started high up in my field cleaning up to make space for the building to host my project using my motor-chain and doing small picnic with myrthe and then soon traveling to sweden keeping a whole week at august's place but mostly doing teaching and later going to culemborg working hard on my own project as well as being often outdoor using some sunny days to build up the bike shelter with the remaining bricks and building many wooden crates to place all my photo panels"

16\_088: "a month started in sweden experiencing very cold but sunny weather and some snowfall to then come to the netherlands also experiencing a bit of snowfall and the cold weather visiting the german city of aachen before staying all the time in culemborg enjoying a warmer weather with sunny days taking walks and working on a bike shelter but then also some rough yet still quite warm weather with rain and much wind"

18\_084: "a month spent mostly in the netherlands experiencing almost no wind even if spending quite some time walking along the river and finally feeling an increasing wind working outside laying bricks on our bike shelter till at last getting days of very strong wind making biking quite hard and at last delaying my flight to sweden"

14\_087: "taking quite some walks mostly in the netherlands exploring both the east and the west side of the river in culemborg and then with myrthe walking in maastricht during her brother's birthday taking a small walk with her relatives on the hills and later going to aachen and walking all

around it despite the cold weather and also walking again from the central station in amsterdam to the very south where hanneke lives and after a week despite the rain also checking out the small city of amersfoort prior attending arjan's birthday"

15\_075: "a month to begin with feeling very split about where i belong going to the netherlands after sweden and italy and recovering by taking long walks but then getting sad about august not liking school and missing me and recovering my strength building crates for my prints and at last having some good deal of energy while in sweden playing with august and meeting refugees from syria"

05\_058: "a fable improvised inspired by the black bird couple getting upset of the bike shelter i put up next to their bush in the netherlands and also inspired by again my feeling of being a foreigner in the netherlands filled with many birds and big clouds"

09\_107: "news collected looking at the internet and finding a lot of casualties with shooting and death caused by religious fanatics aside from minor events like sinking boats and epidemics"

02\_137: "a month with regular dreams taking vitamins to relax my back still getting flashes about my property in the alps and then dream more frequently about my life up north getting quite affected by the news watched on the television in the evening but also the case-study i will have to soon do in the mountains"

12\_053: "recording accomplished walking up and down the river here in holland taking advantage of beautiful sunny days but also cold and windy reflecting on my situation now departed from sweden and academia finding at last some peace of mind and also recording while in sweden despite the cold there walking alone in the forest and to the supermarket"

13\_044: "painting done during my short stay in the netherlands between a cold period spent in sweden and going finally to italy to rennovate the barn and spending now little time painting the margins as well as now finishing the blue color having to cut the tube to get the remaining paint out before going to the netherlands and spending a weekend there breathing fresh paint but also the clean air by the river"

04\_076: "a pretty clean month with only few exposures to traffic mostly in stockholm working on my thesis and my project waiting for the winter to go by but also building plywood crates for my photo panel sawing them and breathing the glue inside and working in sunny days mixing mortar outside breathing the cement and then in sweden to play with august cutting accidentally a fibergalss tube smelling all the chemical and breathing the fresh paint while renovating a small room for him in the netherlands as well as experiencing the rotterdam traffic in a one day visit to the art fair"

10\_105: "filming public space during a beautiful autumn in sweden really much enjoying my son's rich neighborhood and also exploring the netherlands following myrthe to arnhem and taking an exploring extensively there despite the cold weather to then go back again to a sunny sweden and later to italy for a very sunny christmas vacations keeping mostly in the alps and at last reaching sweden again finding a frozen landscape and hard to film with my hands freezing"

10\_106: "filming of public spaces done mostly in culemborg exploring the beautiful dutch surrounding and being much in nature before exploring with myrthe the german city of aachen much destroyed by the war and also going to stockholm filming there despite the cold weather and exploring around during my walks in the city as well as in my son's neighborhood"

18\_085: "a month started in sweden experiencing little wind beside a one day walking in stockholm and then no wind at all going back to holland but again during a walk along the dyke and similarly renovating my barn in italy only perceiving little wind"

14\_088: "walking quite a lot alone around august's place exploring the forest and the neighborhood but also in stockholm crossing the city from the east station to the central and in holland keeping up my walks up and down the river to later go to italy but doing very little walking mostly to check my field and then to reach the train station in vicenza"

16\_089: "another month going first from a rather cold and wet winter weather in stockholm to the warmer dutch weather where i anyway experienced a bit of snow but still was able to even go out by bike and then finally keeping a whole week renovating in the mountains and feeling a very nice temperature getting quite hot in the afternoon and then cold again at night with several beautiful days unlike the gray days at my return to the netherlands with one last very bright day"

09\_108: "yet another month dominated with islamic terrorism casualties and other minor casualties read on the news mostly on the internet with a break while being up in the mountains renovating"

01\_146: "a quite intense month started in sweden doing mostly domestic work and then going briefly to the netherlands before doing a lot of work in my barn in the mountains removing all the floors and placing the hay making paths in our steep garden and then also doing a lot of work back in the netherlands fixing a room for august as well as doing much improvement with the bike shed while working hard on my project"

13\_045: "painting executed during a week time while back in the netherlands ready to depart again for italy and this time using exclusively the big brush not paying too much attention for the borders nor for too little painted areas now also starting to finish many colors"

07\_073: "people met to begin with in the netherlands like the boyfriend of one of myrthe's friend"

and the croatian father of a gallerist friend with whom i spoke dialect during an opening and then also photographing myrthe's youngest brother and a sicilian man selling hats and renting a place to my friend jason in utrecht to then go back to sweden and hooking up to an exchange student from belgium and in italy to the son of an old family friend winning quite some motocross competitions and at last a swedish italian couple met in the middle of the night on their way to italy"

05\_059: "fable inspired by the fountain next to my mountain cottage but actually locating it up the portule mountain in my native highland and this time really maintaining the character in the same place for a long time before actually setting the narrative in motion and a return in the mountain after corruption which seems to signify my own return"

15\_076: "a month with troubles started with august small rebellion about being with his mother and me trying to get her straight and less drawn into her work learning from the writings of seneca which also got to control my emotions and being very stoic in my week spent in italy emptying the barn of all the rotten floor and feeling happy there of its people at last feeling sad to leave the barn and coming to the netherlands where i anyway kept very active and found my happiness again not without some issues with myrthe and later having a very happy small vacation with august"

08\_113: "trash picked mostly while being in holland and in the netherlands taking quite some breaks there from going out and mostly concentrating on renovation work"

08\_114: "trash picked moving around in the late fall being both in berlin to meet my colleagues as well as in italy to buy the rest of my property and in sweden going from there back to the netherlands mostly keeping indoor for renovation and otherwise finding trash in the little city of culemborg"

08\_115: "still trash found while in italy visiting only very shortly the small city below my mountain cottage and mostly picking trash in culemborg but also during a long walk through the arab neighborhood in rotterdam walking from the art fair to the train station"

08\_116: "trash picked in the netherlands with myrthe visiting amsterdam and taking a long walk there by myself reaching all the way the west of the city through an intensively arab neighborhood with quite some trash"

08\_117: "trash picked partially while at my parents in italy arranging for the renovation of my barn and then in the netherlands with august walking around mostly amsterdam with him picking trash like in the old days during his short vacation"

06\_046: "recording my heart beats with my racing bike going now down stream on the river dike

while in culemborg but facing often a strong wind and going shortly for only my highest beat but then getting back to running on the side of the asphalt going back to my usual recording every minute the average heart beat"

13\_046: "painting executed on the fly prior going to italy and using only a thick brush with many colors almost finishing and painting both the blue big drop as well as the circle"

10\_107: "public spaces filmed during intense walks both in rotterdam and in amsterdam with small intervals both in the beautiful and sunny culemborg mostly exploring the river side and then also shortly in italy with a last trip there by car filming shortly the beautiful northern side of the alps"

04\_077: "a month of intense bad air first started renovating the barn in the alps demolishing two dusty ceiling and removing all the old hay but also using the chainsaw and later in the netherlands finding quite some traffic while in amsterdam and breathing cement building the bike shed and later getting some pollution but also some good air biking out of den haag with august and myrthe to the beach and lastly breathing the bad traffic air driving all the way from the netherlands to the alps"

17\_062: "clouds observed in sweden but also in krakow organizing a workshop there with jacek and spending quite some time roaming the city to then go back to my usual routine in stockholm observing clouds while running by the lake and picking my son at school but also while in the countryside"

02\_138: "a period started in the netherlands recovering my good sleeping patterns but still dreaming quite much about my italian property and feeling quite affected by television but then moving to italy to actually start renovating and taking a long time to recover my good sleeping pattern facilitated by a bed heater softening my stiff back in the cold mountain nights"

03\_080: "several songs heard from the beginning with myrthe singing and watching a dysney movie while in the mountains and then also listening to jacek playing guitar as well as the last release of david bowie album before his death and back in holland spending a day in amersfoort listening the bell playing the freddy mercury as well as music herd while waiting for my tires to be replaced and lastly in italy hearing old gianna at times singing briefly old songs as well as hearing her television while going briefly in her house"

18\_086: "a month with little wind to begin with experienced while building the bike shed outside of myrthe's house in the netherlands and then feeling more wind while with august there walking by the river or biking out of den haag on the beach and then driving to italy and experiencing much wind while on the most eastern end of venice while feeling little to no wind renovating my

barn in the mountains"

16\_090: "a very intense month with at first a nice warm sun in the netherlands turned into a brief snow and then days spent with august there with all kinds of weather before changing replacing my tyres for the summer and driving to italy finding sun but a lot of snow in the alps and even in my property to then get immediate days of warm sun melting the snow in no time but cold nights spent without any heating"

14\_089: "walks taken in the netherlands going again by the river and then with august exploring a bit of amsterdam and later walking in den haag and on the beach there to finally come to italy and following my stepfather in the labyrinth of venice loosing several times my sense of orientation and also going for a one day exploration of padua finding very interesting sites i never visited and later walking quite little in the mountains mostly doing renovation work beside one day following my aunt over the city of marostica reaching the village where my grandmother was born and where she is buried"

07\_074: "people met in italy while on christmas vacation renting a house with myrthe and jacek at the foot of my highland and meeting folk particularly on a day of an excursion over the mountain that made me rediscover the tretto region and getting a ride down by one of a lonely woman from padua and later driving to my highland to deliver some medicine for my uncle to send to my sick father and meeting his neighbour with her son"

17\_063: "a month moving to the swedish countryside and observing most of the clouds there beside a wonderful holiday in madrid and then traveling with the family to andalucia observing some clouds also while in the wonderful sierra nevada"

01\_147: "a month started in holland conducting much of my discipline beside some time spent with august touring around and also with him finishing the bike shed before traveling by car to italy and there starting to work alone on the foundation of the barn digging a lot aside for some breaks with my parents and later with myrthe in venice and ultimately doing a lot of planting of fruit trees"

09\_109: "still a lot of killing in muslim countries with several attacks now also striking the heart of europe again looking at the news most seldom being up in the mountains and going to my old neighbour to watch the news particularly after the terror attacks"

15\_077: "a memorable yet straining month doing a lot of physical work in my alpine barn bringing me in a rather stable emotional state reading regularly seneca and feeling strong within with some moments of delusions with the works never actually starting and again some issues with myrthe wanting to go to a festival but then spending a nice weekend together also in venice where my

temper got high with the locals skipping queues at the ferry but then being a little crazy roaming the city without my parents and feeling happy of the fruit garden i planted despite all the elders keeping me under surveillance telling what not to do"

04\_078: "a month started in the mountains breathing the bad air produced by the new stove dropping on the iron plate and then experiencing quite some traffic driving to visit my grandmother's grave and later to vicenza after the fresh air of the mountains and also followed by the nice air in sweden mostly breath while indoor and later going out for walks and for a bike ride but facing quite some traffic as well as the dust from the winter gravel"

16\_091: "a month started in the mountains with sun but still the cold air coming from the mountains filled with snow and then at last getting a little rain and experiencing warmth of middays particularly while in venice and at last going to sweden to find at first a very cold and gray weather but later sun warming up the minus degree nights and going to the beach also with august to enjoy the crystal air and at last coming back to italy finding more rain and even a storm making all the fields very green"

18\_087: "a month with little or no wind but cold coming from the mountains filled with snow and then experiencing quite some wind back in sweden finding a rather harsh weather and then total calm making a most still landscape"

14\_090: "a month with still some walking despite most of the time spent renovating the barn in the alps and there taking a one day of break walking to the nice branzome cliff and taking more walks visitng my parents both in vicenza and later in venice walking very extensively and quite much improvising with myrthe and at last in sweden taking advantage of the nice blue sky to walk several times the old train road in djursholm taking me straight to the beach and walking both with jacek and later with august circumnavigating the rich neighborhood and at last going by foot all the way to the central station to catch the bus to the airport"

05\_060: "fable composed over a long period of time feeling much inspired about sweden and in particular my ex-wife's grandfather living alone by a lake fishing and coming up quite many times about suicide possible inspired by the dark weather there but also by the sardine i know more often use in my pasta sauce"

07\_075: "at last photographing myrthe's mother during her visit to italy and then meeting folk traveling back to sweden like a russian circus performer and an italian student to then get more in the academic environment and meeting a spanish guy studying political science and an italian designer also doing her doctorate degree and at last meeting cool people attending an artistic research conference like a dutch portuguese singer and a canadian art professor"

17\_064: "still clouds recorded while in the swedish countryside having given up the stockholm apartment taking long lonely walks"

15\_078: "a month feeling frustrated of my split situation having to travel to sweden and there feeling quite fed up about brett but then happy with little august and then also happy to see the improvements with the barn in italy feeling much better to work alone without the carpenters but working too hard with some issues with myrthe getting overworked and liselott breaking up with her rich boyfriend then feeling better with the company of davide despite a fight with my old alcoholic neighbour forcing me to buy alcohol for her"

01\_148: "a month with much renovation work in the barn filling my days and almost neglecting all my other projects as well as other people despite a whole week spent in sweden teaching and staying with august after an appendix operation and working with two local carpenters back in italy but at last running out of money and working alone plastering walls but also improving the garden outside cutting small trees to use to build a path"

04\_079: "a month started in sweden inhaling a lot of pollution walking from august place to the train station and then spending all my time renovating and inhaling the fresh cement of the new floors in the barn as well as mixing a lot of lime mortar and smelling some as well as using my chainsaw to free the garden of the rotten wood from the previous floors and exposing myself to the traffic whenever driving down for some shopping or driving to my parents in the polluted city of vicenza"

09\_110: "news looked up very seldom being mostly in the mountains renovating my barn and checking italian news only focusing on local things however managing to check the internet off and on and reading there of mostly deadly natural calamities like many landslides and earthquakes"

16\_092: "a month with predominantly bad weather in the mountains with several showers coming in but also a few days of hot sun turned at times into stormy and windy weather but nonetheless not bothering about it being mostly in the barn renovating"

18\_088: "a month spent in the mountains renovating with not so much wind to begin with bringing a cold air but then experiencing increasingly more with one day in particular with a very strong wind ripping off the nylon cover closing the window of the barn and then progressively stopping"

02\_140: "a long period spent in the mountains renovating and being very influenced in my dream about all the plastering and stone setting but also feeling a bit nightmarish about a viper i killed and interrupted with my late morning dreams by the rooster every day despite watching no

television and spending the last part of my time with my old friend davide now confusing him in my dreams with my polish friend jacek and my cousin"

14\_091: "a month with very little walking with the spring weather being quite bad spending my time entirely in the mountains renovating the barn and only going out for a one big walk around novegno with myrthe and davide and minor walks with daniela and elena showing davide the enna fort and a rock climbing cliff near the contrada beside that only taking davide with myrthe across vicenza to the train station"

07\_076: "people met to begin with during an artistic research conference like a portuguese philosopher and an egyptian dancer with whom i spent a first summer day in sweden and met a swedish couple by a river before going to meet jacek in malmö and meeting there his swedish roommate who liked to travel the world and the participants to a workshop at the university"

06\_047: "heart beats recorded through my watch biking in sweden using my ex wife old bike and trying to cover some kilometers between my permanence in italy with only physical work and not really any aerobic work"

15\_079: "a period feeling quite happy in the mountains with davide and later myrthe although getting a bit stressed driving quite much and back in sweden feeling happy about getting things working although feeling nervous with liselott in the same apartment and happy to be in gothenburg mounting the exhibit but also tired"

09\_111: "casualties recorded having continuous access on on-line news mostly in sweden checking them also with my mobile and on television at an hotel during an exhibition feeling quite shocked about the continuous killing in syria and other islamic countries but also recording a few natural catastrophes"

01\_149: "a month with a lot of work in the mountains to begin with plastering the walls and later painting the cement floor with blue resin but also taking some time off with myrthe planting our garden and building a staircase to it before going to sweden to teach and later to gothenburg to install twelve years worth of photo panels but taking it easy back in stockholm spending my evenings playing soccer with august"

06\_048: "still doing all my training biking avoiding any running due to my back and using mostly liselott old bike to do my training but then get stiff back muscles and loosing the bike after she used to go out drinking now fixing a bike i once found with august and using that to bike to the beach back and forth several time also taking august with me and teaching him how to go very fast through the forest paths"

06\_049: "taking advantage of the beautiful days here in sweden and biking back and forth to the

beach with august's mountain bike and going also with him following on his electric bike and then also getting a flat tire and biking all the way to the mall with liselott electric bike but getting very little heart beat going with it"

12\_054: "thoughts recorded mostly in sweden walking around the forest behind august's apartment and the railroad to the beach now feeling quite at ease at last with all the world's transformations and power games feeling mostly immersed in my present without much expectations nor anxieties"

10\_109: "starting filming in stockholm during beautiful days of spring getting close to the very calm water and then going to renovate in italy but filming quite little while in the mountains mostly working indoor and later exploring quite a lot of venice again even though my stepfather kept on my side and at last coming back to sweden again finding good weather spending a lot of time out both in nature and in the city"

10\_110: "again in sweden now filming extensively in the city of gothenburg waiting to inaugurate a show and exploring quite much with another artist mishka going as far as the islands and the returning to stockholm finding a beautiful weather now also filming a lot of the city and also the beach in djursholm"

18\_089: "a month experiencing very strong wind to begin with on my way to sweden from italy and finding quite a cold weather becoming increasingly warmer but with still a lot of wind also being very much out experiencing it particularly in gothenburg waiting for the opening of a show and later back in stockholm biking and walking to the beach"

16\_093: "quite bad weather in italy but then coming to sweden and find it really dry and beautiful also visiting liselott's countryside after many years to evaluate august new school there and finding an amazing weather feeling very hot but then at the end experiencing more cold wind but still going to the beach and to swim"

17\_065: "still in sweden in the summer looking at clouds and find both meditative and angry shapes possibly reflecting my situation there feeling at times happy for my new position at the university but also frustrated of life with my parents-in-law"

14\_092: "a lot of walking in venice with my stepfather to begin with following him near the tobacco factory and walking round and around as if he was going with cross-country skis and then walking a lot in sweden going all the way to an artist meeting nearby a lake where we once lived and walking extensively both in stockholm and in djursholmen going several times to the beach through the old railroad and then back walking by the lake but also walking much in gothenburg waiting to open a show and exploring the city both alone and with a british artist"

mishka and then also walking on my way to my old curator friend björn walking to gamla uppsala and then with him to uppsala"

04\_080: "a month started in the mountains breathing much poison painting the floors of the exhibition hall and then experiencing the fresh air of sweden going first in gothenburg for an exhibition finding it really fresh but then experiencing the traffic of stockholm city center as well as the traffic walking in the pretty djursholm with many rich people driving big cars"

06\_050: "biking in sweden with august to begin with going very fast through the old railway down to djursholm to get to eat an ice-cream and biking later in the netherlands feeling really frustrated for the rain by finally fixing the bike shed and at last getting a pump to fill the air of my old touring bike i brought from sweden and also finding the right key to unlock it and going fast for a ride downstream the beautiful lek river and then back"

13\_047: "painting executed after a long time away from my studio in the netherlands and running out of the most covering blue color i had now using a darker blue officially only now using the big brush and dismissing the smaller one"

06\_051: "taking a long bike ride in up the lek river despite the uncertain weather and going as far as reaching the beautiful amsterdam-rhine channel and eventually crossing it to go further but at last having to go back really fast with the rain starting to drop"

13\_048: "painting kept quite simple without feeling tempted to add much to it and executed rather fast during my short permanence in the netherlands now finally getting some extra bottle of new color and keeping up painting big drops pierced with black holes"

06\_052: "going for a solitary long bike ride to the city of buren following the map and really going against the wind at times but nonetheless managing quite well at a decent speed to reach the beautiful little city and then ride back to culemborg going even faster on the way back avoiding to stop too much to photograph all the interesting countryside animals and architecture"

07\_070: "a nice chinese tourist met on a train on my way back by train to stockholm and a yugoslavian guy met in karlstad while walking along the river who showed me the photos of his hometown and then a spanish doctorate student who has been always curious about my project as well as a southern italian girl met on my way to the airport at night and a guy from trieste met on the plane for the second time with his girlfriend living in sweden and a famous hockey player now coach of the södertälje swedish team and then two italians met while going out in the evening with my old time friend francesco one of them without a hand"

03\_081: "music heard to begin with driving through germany to reach my barn in the alps and recording the titles with my voice on the phone to avoid accidents and then music listened while

attending mass in venice with my parents and later songs heard from old gianna kidding with me in the mountains and from myrthe while she helped me with the vegetable garden as well as when with her and davide we went to a café in schio to connect to the internet"

05\_061: "fable about a pelican reflecting still my frequent traveling by plane but the enetirely set in a buddhist temple in china probably feeling affected by my experience of duck restaurant there but also my reading of jesuits missions in the east and much relating this story on the change of the bird skim from white to black to golden"

09\_112: "several minor casualties read regularly on the internet both in sweden and lastly in holland having there also access to television and following up a most deadly terror attack killing forty homosexuals in the states and beside it keeping up the recording of minor casualties in more islam related terror"

15\_080: "a month started in sweden feeling quite overtaken but a big show in gothenburg with not really much coming out of it in terms of promotion and also feeling hurt by myrthe during a big rave concert there but then gaining happiness hanging out with a very fun british artist and back in stockholm getting quite bored and quite intolerant of the mass in liselott's apartment but happy about settling august in the countryside and checking out his new school there and at last having some nice days in the netherlands biking quite a lot and then in italy only working hard on my case-study"

17\_066: "still a lot of animals seeing while in the swedish countryside spending a cold summer there and seeing mostly exotic animals interacting with humans both young and old and even naked females"

02\_040: "a period of okay sleep feeling quite affected first by an important exhibition and the artists i met there and then by the movies i watched while in sweden and later going to the netherlands getting quite influenced in my dreams about myrthe's work related stress and finally being most influenced by all the carpentering in my barn in the alps"

16\_094: "leaving sweden that it was quite cold and rainy to come to the netherlands and also find it quite rainy but nonetheless biking a lot and experiencing the ever changing weather to then come to italy and find it very warm and feeling happy to be up the mountains although experiencing there also a very hot a humid day making the back of the basement floor in the barn all wet"

01\_150: "a month with not so much tools used to begin with trapped in august's swedish apartment and then going to the netherlands being very productive with my project doing a lot of painting an scanning and biking almost every day to at last come to my barn and working very

hard from very early to very late cutting and building and painting my archive as well as putting up gyps walls with isolation to keep the room warm"

14\_093: "walking quite extensively back and forth to the beach in the beautiful djursholm and later mostly biking while in the netherlands but also walking a bit in the small towns i reached and also walking mostly to the supermarket in culemborg and taking a walk with myrthe in utrecht before coming to italy and walking there in vicenza reaching francesco's house and in santa caterina only walking up to my field up the mountain to check the sunset"

11\_101: "ideas got during a small break in italy and then mostly in london attending seminars but mostly taking long and lonely walks from the east side to the city and then to the netherlands before again going to sweden"

11\_102: "ideas got first in sweden quite affected also by commuting and the gypsies in the metro but then flying to san francisco and getting quite some ideas both while exploring a rancho san antonio and in santa cruz taking my host's kid to the rides"

11\_103: "ideas got while in the mountains in italy climbing up several tops but also visiting the art biennial in venice and getting few ideas there"

04\_081: "very clean air to begin with while in holland often biking from culemborg to other small villages but then reaching italy and finding a dreadful traffic in vicenza and later going to the mountains to build my archive using a smelly synthetic paint and cutting wooden boards with much formaldehyde as well as impregnating the structure to put the gyps panels and also breathing in the isolation while all the time being ventilated by the fresh mountain air"

10\_111: "films of public spaces shot while in sweden walking back and forth stockholm but also uppsala after many years going all the way to the viking burial ground and then in the netherlands mostly biking but also exploring small villages like buren and later utrecht while waiting for myrthe to check her students' exhibit"

07\_078: "people met at first while at a media and communication retreat dinning with a rather succesful yemenese professor and other doctorate students and then meeting a lot of people at my first quantified self conference such as one of the organizers and a volunteer who knew my old jewish girlfriend and but also other people i started talking to like a girl from venice and a russian living in the states"

15\_081: "a month being quite tight trying to finish the work in the barn for my case-study and later feeling quite distressed at myrthe's arrival but then being able to relax also with august around taking some proper days of vacation and also progressing in the barn feeling i can make it despite being completely alone"

18\_091: "a month spent in the mountains and enjoying the summer weather but also experiencing a most heavy powerful storm bending trees but nonetheless spending most of my time renovating the barn inside and experiencing a little bit more wind while taking occasional walks up the local mountains"

16\_095: "experiencing quite some different summer weather from the very hot and sticky one particularly going down the mountains and a drier still burning sun however with frequent storms in the evening and an heavy one blocking with hail the barn roof and making water coming inside but then also experiencing a colder weather going up the pasubio mountain and clouds with sunny afternoons"

09\_113: "beside all the killing in the muslim country now a lot of terror attacks throughout the world with brutal manners such as driving a truck through a crowd of tourists but also a failed a coup in turkey causing hundreds of deaths and war in south sudan as well as natural calamities particularly due to heavy rain in east asia"

14\_094: "a month with initially no walks spending all my time renovating and then walking with myrthe every morning somewhere nearby our contrada and later to work at the village festivity and then walking also with august and hanneke in the novegno mountain reaching the pria forá and later doing the usual round of the pasubio mountain with august and myrthe being very trained and fast and beside that doing small walks in the summer resorts of jesolo and caorle the day i picked up myrthe and later august at the venice airport"

17\_067: "shapes of clouds recorded in my last summer in the swedish countryside getting really bored and frustrated now observing many animals both while in the farm as well as when walking alone in the fields making use of the long days"

01\_151: "a month with an extreme amount of work in the barn in the alps setting up both the archive as well as the viewing room spending most of my time there isolating the ceiling and dedicating a lot of time to paint it all white and beside that doing minor works in the garden helping myrthe to plant flowers as well as building a staircase with the left over chestnut wood from the old ceiling and a big table but also taking a few walks"

04\_082: "a month with less bad air despite being in the mountains renovating and breathing quite some pollution going down to the airport to pick up myrthe and later august finding some traffic on the highway and beside that breathing some dust cleaning the roof of the barn and lastly one day painting three more parts of the archive using synthetic color but nonetheless also breathing good air taking walks like to the pasubio and around the novegno"

12\_055: "recordings done mostly while in sweden walking alone in the forest next to my son's

apartment but also walking to the city and walking along the river in culemborg stopping however to record due to a lot of renovation work in the alps only recording my thoughts there walking up to my field and there mostly reflecting on my courageous attempt to build a home to my project also affected by much reading of seneca"

02\_141: "pretty good dreaming in the mountains without having to travel much and with myrthe on my side making my sleep longer and having quite some renovation related dreams as well as about mountains and my neighbours there but also assimilating some of the bad news about terrorism and still dragging some memories from my museum show and at last having several car related dreams after a lot driving"

15\_082: "a month struggling a lot having to finish the case-study for my thesis here in the mountains and then also to cope with myrthe and august not going very well to begin with nonetheless being able to take nice breaks during nice walks in the novegno and feeling relief after finishing to paint all the little museum set-up and opening it to the others"

16\_096: "a summer month in the alps with quite some heat but also a lot of storms making at times the air much colder particularly in the evening but also experiencing very sunny and very clear days with absolutely no rain and at last also going with august to the sea side in the south of the river po and there experiencing a very hot weather"

18\_092: "a summer month spent in the mountains and experiencing an increasingly strong wind culminating in a day in which it was very powerful and then the rest of the month diminishing with only a day of storm and sudden wind"

14\_095: "a month spent in the alps doing several walks despite having to finish the case-study for my doctorate and walking the usual mountains of novegno and pasubio and enna but also taking small trips to see a fossil location close to verona and later driving with august to the sea side of emilia romagna visiting the city of ferrara and walking large stretches of beaches and the nice tourist town of lido degli estensi but also crossing the river and exploring porto garibaldi before going back and visiting rovigio despite august unwillingness"

03\_082: "songs recognized over a long period started in sweden with august getting a new little dog and singing songs to him and also songs recognized while at the gym in gothenburg while setting up a show and staying at a hotel but then going to holland and beside myrthe's singing also recording several songs during the street bbq before going to italy and hearing songs from both daniela and old gianna but also at restaurants and bars and during the town festivity and at last for my birthday"

04\_083: "a month spent inhaling less bad air first painting the archive room both with the

synthetic black color and then the ceilings using yellow but also attempting to trim twice the field for my cathedral before driving with august to the sea side and finding relatively little traffic enjoying the sea air there and at last driving august to the airport finding a lot of traffic there and starting to cut the doors to the archive making a lot of powder but at last taking nice walks and even bike rides in the mountain with jaek and bret breathing fresh air before driving with myrthe through france back to the netherlands and getting stuck twice in heavy traffic"

06\_053: "heart beats recorded first while biking in the netherlands going with myrthe for a long ride to buren and back and then at last finally manage to take my old mountain bike from my parents' place and setting up also bikes for jacek and brett to go for a little ride down to mountain enna and back after brett got a flat tire using alberto's mountain bike and up the hill reaching a very high beat"

17\_068: "still in the swedish countryside experiencing a very rainy summer with many clouds to observe while growing quite frustrated of being unable to build the case-study for my upcoming thesis and taking several walks on the old railroad observing there many clouds"

01\_152: "a month stepping down from building and renovating and mostly now concentrating on having a bit of holiday in the mountains with myrthe and august and also traveling with the later to the seaside spending some days sleeping in the car and not doing many activities then but mostly editiing the interviews conducted on my case-study and at last taking big hikes with jacek and brett also doing very little activities but looking after our new little cat nero scooping out his pooh and so forth till at last traveling by car through france back to the netherlands with nero and myrthe on board"

11\_104: "getting ideas despite the renovation work and all the traveling especially by train from the netherlands to berlin and later to gothenburg to meet the curator of a future show at hasselblad but also staying in the nice djursholm with august"

11\_105: "a period with a lot of ideas taking a break from all the renovation work in culemborg and taking nice inspiring walk alone in a forest in breda during a very sunny november day and getting also many ideas staying longer in bed and later walking in arnhem for a whole day exploring the surrounding"

10\_112: "public spaces started to be filmed while briefly in holland before going to the alps in italy and there not moving so much due to my intense renovation of my barn but managing to film while walking with myrthe and her friends and later august in the mountains taking nice shots particularly from the pasubio despite some problem with the now two years old smart phone that kept restarting and also filming different water sites where i took myrthe and august to swim as

well as my native highland of asiago before setting off for a trip with august south filming the city of ferrara"

10\_113: "a period filming more intensively after the intense work renovating my barn in the mountains and filming the small town of comacchio and later the lido degli estensi where i stayed with august exploring and sleeping in the van before going back and taking more walks this time with jacek and brett finding an excellent weather particularly climbing the carega mountain and later the pasubio finding spectacular views and at last leaving the alps and driving with myrthe through france filming grenoble and later the small town where ferdinand cheval's palace is located"

08\_118: "trash picked both in the netherlands and italy but then mostly in sweden taking advantage of the good spring weather going around the streets of stockholm"

08\_119: "staying mostly in italy and picking casually trash up in schio after small breaks from renovating and in vicenza while transiting to make small stops at my parents"

08\_120: "trash picked both in stockholm but also during my spring visit at my parents in venice now considering the streets by the canals like sidewalks"

08\_121: "a period of many travels between sweden and italy where i have been building my case-study and picking trash quite casually in both places"

08\_122: "being mostly in gothenburg mounting my exhibition there at the hasselblad foundation and taking time off to go pick trash around the city with many a evening parties and much trash to pick early morning"

08\_123: "taking lonely walks in stockholm avoiding to take the metro through the city center and going through the rich part of town finding several nice cards like a birthday card and also the business card of an old curator friend"

08\_124: "trash picked mostly walking in the southern part of stockholm again mostly going around alone and not feeling afraid to pick up very dirty things like napkins"

08\_125: "trash picked while gradually going from sweden to italy through the netherlands and picking casually no going so much to big cities but mostly staying in culemborg and later in schio"

08\_126: "picking trash while in italy during the summer and particularly during a trip with august to some adriatic beaches going around with him at night waiting for the noise to stop and getting ready to sleep in the back of our van"

08\_127: "trash picked still during the italian summer holiday but also visiting on our way back french cities like grenoble and dijon walking a lot but finding not so much trash"

07\_079: "people got to know at my first quantified self conference in amsterdam and meeting for

the first time morris with whom we had much in common including our childhood in montreal and meeting other people into quantifying but also one of the organizers really finding my project more special than the others"

13\_050: "a painting started before the summer and then left hanged in my studio during my time in italy renovating my barn and at last finished on my way back at the end of the summer with many tubes of colors now finishing keeping rather simple all the surfaces"

09\_114: "in the mist of a lot of casualties still related to islamic terror a big earthquake in central italy killing hundreds and hearing about it while also in italy with limited access to the internet"

05\_062: "fable written over the course of the summer working quite hard on the archive and thus feeling quite exhausted to write in the evening particularly also with myrthe on my side and friends but getting anyway the inspiration from a documentary on lemurs seen with august and feeling quite amazed of their dancing ability"

15\_083: "spending some nice time with august doing a small holiday at the sea side in central italy but then going back to renovate and feeling quite bad about all the chemicals and dust till at last getting some nice walk with jacek and brett uplifting me and also traveling through france with myrthe and biking in holland only experiencing bad days there stuck in the house with bad weather or traveling too late at night to sweden"

18\_093: "a month spent a lot outdoor with a strong morning wind cleaning up the sky in norther italy and allow me and jacek to take beautiful walks also very up high in the carega cliff and then leaving italy traveling through france experiencing quite some wind in culemborg but lastly reaching sweden and experiencing only little wind there"

16\_097: "very sunny italy at last with several days of clear sky after a small period of rain spent with jacek and brett and then experiencing an incredible heat traveling by car through southern france and some good weather in the netherlands but also rain and big clouds and colder weather in sweden which soon turned too warm for this season"

02\_142: "a period with an increasing amoutn of dreams at last able to relax and sleep deeply after the heard work in the mountains and getting quite affected at first from all the driving also on the way back to the netherlands and all the biking i did there but also about the thesis approaching and very much by the new cat we adopted which kept appearing in my dreams and lastly getting much affected by a period spent in august's empty apartment watching movies at night and getting quite much sex and violent content in my brain"

14\_096: "a month with a lot of walking in italy at last with brett and jacek doing both the usual novegno round but then also the sumano ridge and later the much awaited carega finding a

fantastic day but feeling afraid of the altitude and then traveling with myrthe through france and stopping in several places to take a walk despite having our new little cat in the car and walking in grenoble and then in the small town of ferdinand cheval but also in the beautiful dijon and later in nancy to finally reach the netherlands and mostly do biking there aside for one long walk from amstel to amsterdam central also exploring for the first time the west of town and later in sweden walking very extensively alone and in a sunny sunday with august throughout the all of stockholm"

04\_084: "a month with clean air to begin with in holland taking nice bike rides but then breathing some bad air painting the outdoor furniture and later driving to breda in a bit of a traffic but lastly going to sweden and taking long walks there in the city breathing quite some pollution particularly one afternoon with a gathering of old american cars and another afternoon walking out to the mall and breathing dust from construction works"

12\_056: "thoughts recording through out the summer having too much work to do with the archive and at last walking extensively but mostly with myrthe and august and later with jacek and brett and almost never alone till at last making an effort back in the netherlands to go out alone and record myself"

07\_080: "people met during my first quantified self conference mostly talking to those at the stands promoting their technologies and then people met during a wedding in the breda countryside getting to know for the first time myrthe's friends and feeling happy to socialize after the success of the quantified self conference"

10\_114: "public spaces filmed from the beginning in the beautiful dijon exploring with myrthe while traveling back to the netherlands and then filming nancy in the following day till at last returning to culemborg and filming a bit there and then extensively during my exploration of amsterdam before arriving in sweden and filming around stockholm"

10\_115: "a month spent in sweden recording extensively around the city of stockholm taking advantage of the sunny autumn days but also being very often in the city to meet my supervisor and walking as much from one destination to another and at last going to uppsala to visit august and spending the afternoon there with him"

06\_054: "biking to begin with all the way from schio up to my mountain place reaching very high heart beat rates despite the wrong pedals meant for special shoes making the ascendance hard and then reaching the netherlands and starting to bike also there but going quite slow during a morning ride to the south of culemborg reaching a small little river with an amazing landscape and stopping several times to film it but then going very fast to catch up with myrthe"

08\_128: "trash picked while in the french city of nancy with myrthe filming me and later some

trash picked back in culemborg and later in amsterdam"

08\_129: "trash picked while walking extensively in amsterdam through all the city and to the east finding several tourist related fliers and then picking trash while in stockholm"

08\_130: "picking trash while in stockholm especially during a beautiful day spent with august in town going mostly to the southern side finding there a lot of trash also given the very dry days with no wind"

08\_131: "trash picked waiting long days to meet my supervisor in stockholm and walking extensively particularly from the east to the west of town but also from the city center to the north mostly to reach the public library"

08\_132: "trash picked partially with august visiting him in uppsala and spending the entire day out unable to go inside any shop because of his dog and later trash found walking extensively from the middle of brussels to etterbek"

08\_133: "trash still picked while in brussels this time with myrthe walking around the upper city with her father but also having to walk back and forth from the police station to a distant place where our van was towed"

13\_051: "painting left unfinished during my trip to sweden and then finally executed upon my return using quite some red despite having already brown in the painting and covering some more articulated parts making simpler"

11\_106: "ideas got while in holland in a period spent getting inspired by some carpentering work and time spent with myrthe and her friends but also time spent later traveling to sweden and teaching there prior christmas vacations"

01\_153: "a month with some activities to begin with in culemborg making finally use of my studio there and then getting in stuck in sweden for several weeks with very little to do but walk staying in august's now empty apartment and finally coming back to the netherlands resuming a bit of work on the house and working mostly on my project"

05\_063: "fable written after a summer in the mountains after finding with august a dead mole and burring it but writing the story in the netherlands where i started talking with myrthe about having new kids while also experiencing much rising conflict in the world"

17\_069: "still in the swedish countryside experiencing a lot of bad summer weather with a lot of clouds to interpret with many animals and humans but also several vehicles"

13\_052: "painting executed while in the netherlands after a long time stuck in sweden now a bit careful to use too similar colors like red and brown but keeping up the yellow and black stripes across homogeneous surfaces"

06\_055: "going very fast on my bike after a period of only walking in sweden and now going from culemborg to utrecht down the river and up reaching several moments of high speed and heart beat yet going a little slower days later getting my bike from the train depot and biking back this time through the countryside and taking the ferry across the bridge"

15\_084: "a period having to get used to life indoor feeling quite hard to live alone in sweden but keeping up with a lot of walking and feeling happier with jacek around and then finding peace back in the netherlands with myrthe despite having not so good night sleep and getting moody during the day with possibly my stiff back behind all this"

13\_053: "painted executed in my study trying to simplify all the colors and surfaces from the previous painting and finishing it right on time before leaving for sweden also beginning to finish both the light blue and the green paint and trying to use them before they dry up after i cut the containers open"

09\_115: "news checked very often both on television as well as on-line being now in the netherlands with constant tv and internet access and reading of many casualties in the middle east but also some deadly natural catastrophes particularly in haiti where the record of a thousand people were killed"

18\_094: "a month started in sweden with a lot of wind experienced during a long walk from the south to the north of the city across a big bridge and over stockholm most exposed points and then finding little wind while in belgium but then more wind in culemborg with some chill air coming in and lastly going back to sweden finding there a cold and windy air walking around the city of uppsala"

14\_097: "getting stuck in sweden waiting for my supervisor to revise my manuscript and taking long walk in stockholm growing from one side to the other of the city and then also walking from djursholm to täby and around the forest finding beautiful days but also walking in uppsala fetching august at the swimming pool and walking with him into the city and at last exploring extensively the city of brussels walking from the center to etterbeek and back in the center with myrthe but also to the very suburbs to pick our towed car and at last going back to culemborg and talking only small walks there and mostly biking and taking smaller walks like in buren an on my way to sweden in amsterdam despite having a trolley to push around"

16\_098: "finding a beautiful autumn weather in sweden and spending a lot of time out and then going to belgium and experiencing a way too warm weather for the season till at last going to holland and finding a cooler weather getting increasingly quite cold with nonetheless some beautiful days and at last almost feeling like turning on the heater and reaching back sweden"

finding almost a winter weather with hands getting cold walking around uppsala"

12\_057: "recording done while getting in stuck in stockholm waiting to meet my supervisor and spending several days alone walking in the forest and in the outskirts of the city finally meeting august and mistakenly erasing part of my recordings while waiting for his mother but then coming back to sweden and walking back and forth for an entire day on the old railroad to his country house where i started recording my thoughts now reflecting on my plan there to deposit my work"

04\_085: "a month inhaling with some bad air while exploring brussels and later back to the pure dutch countryside inhaling only at times bad air mounting the living room door and plastering the wall where the old door used to stand and breathing bad air reaching utrecht by bike but then going back to sweden finding very clean fresh air in uppsala taking extensive walks but then also inhaling the bad stockholm air particularly sleeping in a dormitory next to a busy street and finally returning to the netherlands only working in my study breathing fine air"

02\_143: "a good month with relatively good amount of dreams sleeping mostly in our dutch house having some nightmares mostly related to our new cat but also getting a good night sleep and many dreams while in uppsala waiting to meet august and getting quite influenced about him and going to swimming pool together but also feeling affected by a film watched with him and a murderer series watched with myrthe at alst also dreaming extensively about my mountain place and the people there"

13\_054: "painting executed enjoying the time in my study and enjoying standing up from my desk after too much computer work and still maintaining a large spot of red and a nice yellow line cutting across the paint now keeping surfaces very simple with many of my colors coming to an end"

09\_115: "a month again following quite carefully the news with constant internet and tv access in myrthe's place and hear watching a tremendous hurricane hitting haiti and then florida but also following all the raging battles in the middle east now feeling like coming to an end with aleppo and mosul being besieged"

13\_055: "painting executed during a quite time in my culemborg study in between many trips ahead and being quite satisfied about the colors and the creation of two circular cuts on the blue liquid shape bringing yellow and red forward"

07\_081: "people initially met during a nice birthday party of myrthe out of her old utrecht apartment getting to know their art historian background and then getting to know one of my students leaving for ventral america as a volunteer and a transvestite boyscout leader during a summer retreat in a small island with my son and finally coming back to the netherland meeting

one of myrthe's drug addict friends at a festival and visiting danielle in her breda apartment to get to know better her art work"

05\_064: "fable inspired by a huge snake saw with august while walking down my barn to the village and getting to know that it is not harmful and later reading that it has been used as a logo by doctors and basing my story on these facts inventing this fable with my mind in the mountain village"

15\_085: "a quite happy month spent in holland plastering the walls and feeling energetic beside the time spent reviewing my thesis loosing quite some energy but also feeling happy in sweden leaving in hostels and walking a lot and having a good time with august in uppsala and getting also a lot of energy from my upcoming trip to india with davide"

01\_154: "a month with quite some seating to finalize my doctorate thesis but nonetheless managing to do some work in culemborg plastering in several occasion the living room walls and also spending a week in sweden this time living in a rented room and a dormitory but still managing to do some activities"

16\_099: "experiencing gray days in stockholm but also a sunny autumn day in uppsala walking to meet august in ramsta and then experiencing a mild weather in the netherlands with only one single day of rain and mostly cloudy but with some beautiful and warm days towards the end going at last around in t-shirt despite the late season"

14\_098: "walking extensively while in uppsala visiting the places i used to go to with little august and finally also walking more than twenty kilometers to see him shortly after school in his grandparents' forest and walking also in stockholm alone and with jacek sleeping in a dormitory in the city center but walking quite little back in holland despite one day crossing a nice desert to visit a radio building and taking minor walks in culemborg mostly with myrthe going down the river and otherwise taking minor walks in towns reached by car or by bike"

18\_095: "experiencing wind first in uppsala walking many kilometers on the old railroad to meet my son in his grandparents' countryside place and then experiencing relatively little wind while in the netherlands if not for a day spent in den haag getting much wind walking among the skyscrapers"

10\_116: "filming of public spaces mostly taking space while in brussels exploring both alone and later with my girlfriend and father to then move to the netherlands and film the beautiful landscape next to our house but also in amsterdam to later move to sweden and walking extensively filming in uppsala revisiting the places i used to go to with little august"

13\_056: "painting executed in my culemborg study still enjoying taking breaks from seating and

maintaining quite much the appearance of the previous painting also introducing a triangle together with the usual circle making almost like a facial symmetry and keeping up both the red and the black"

13\_057: "hastening to do the last painting before my journey to india having no possibility to do more painting for several months and there now exploring different geometrical shapes putting a large black triangle in the back and cutting the blue liquid connecting all my paintings with a square"

09\_117: "news followed regularly while in holland checking both the internet and television but also an app on my phone and reading about both the war in syria and its many casualties but also minor casualties in western countries and several hundred immigrants drawing in the mediterranean"

04\_086: "a month breathing gyps to begin with plastering the walls in myrthe's living room and then also sawing the old steps of the previous staircase to burn it in the fire and later also starting to dismantle inside the chicken house breathing there all the dust but also going for small walks breathing the nice air by the river and in a national park in belgium despite all the traffic to get to maastricht from there and finally in sweden breathing mostly the cold and snowy air sleeping at the hostel and then in uppsala before traveling to danmark breathing the small airplane air"

17\_070: "the very last month spent in the swedish country side now spending a beautiful last vacation with my son and his mother in my native village traveling to beautiful garda lake and hiking in the mountains observing the clouds there and then back in sweden moving to djursholm and spending a few nice afternoons swimming at the lake and seeing many monster like characters in the clouds"

10\_117: "filming a bit in sweden but mostly in the netherlands taking some days off with myrthe and exploring beautiful sites in the nature mostly over arnhem but also visiting different dutch cities like going to den haag several times to fix my visa for india"

10\_118: "filming started in stockholm using a cheap camera phone in preparation to my trip to india however experiencing a bit of shakiness due to the autofocus and filming both there in stockholm with the snow and later in aarhus taking a day off from the exhibition making and exploring the coastline to then reach italy and film the beautiful bologna and later venice and spending time there also exploring a bit despite jacek being around and shortly go up to the mountains to later fly to india and film there amazing public space yet still experiencing shakiness in the videos i did taking quite a few risks being the only white there"

16\_100: "a month experiencing several weathers first in the mild netherlands with quite some rain

but then going to stockholm finding there cold snow making walking quite hard and going to uppsala to be with august finding there a more dry snow to then go to denmark finding a wet but now free weather like in venice later with my parents experiencing much fog despite a sunny day spent in the mountains to fix jacek a house there and lastly coming to the heat of india with a dry weather being based on the high plateau"

15\_087: "a month feeling generally happy despite ll the critic from the academic environment about my work feeling good about my nomadic life meeting good friends in the hostel in stockholm and spending a good time with august and later also in aarhus for a show meeting people as well as energizing myself with a long walk prior coming to india and feeling the excitement there spreading my energy to students but feeling quite depressed about all the pollution in the big city of bengalore at last escaping with davide the coast and feeling happy with him beside eating very little and loosing much energy at times"

18\_096: "a month started with a little holiday spent with myrthe experiencing a bit of wind first in a nice walk in a belgian national park and then in maastricht to later experience a bit of wind in culemborg and then while in stockholm and later uppsala experiencing a bit more wind in denmark exploring the coast and lastly almost very little wind while in the south of india probably triggered by high rises at the university apartment where i spent a few nights"

01\_155: "a month pausing my carpenter work in myrthe's house and taking a small vacation with her traveling a bit around the netherlands and soon going to sweden living in an hostel and later in my old neighbours' small house using managing to use many objects nonetheless and later being a few days in the netherlands to mount a show using there several objects to mount my photo panels lastly being shortly at my parents' in venice to reach india there using extensively my new camera after discarding my new phone to film public spaces but also managing to use other objects doing my own laundry"

14\_100: "a month with some walking to begin with myrthe exploring a natural reserve in belgium and then walking in maastricht with the kids to later go to sweden covered with snow and experiencing there very little walking also with august and later flying to aarhus denmark for a show and taking a day off walking really far to maasgard and back along the beautiful coastline and later walking with many heavy backpack in bologna and a bit in venice and in the mountains with jacek to at last leave for india walking there much in the city of bengalore fully exploring the very trafficked and polluted but at times charming suburbs and walking in minor places along the coast in kerala while in a ashram mostly to go to the train station or down the beach to meet some poor fishermen"

02\_144: "dreams influenced by my time spent in the netherlands still dreaming of the mountains and my neighbours there but also getting influenced by the movies watched particularly with august at the cinema and then traveling to india getting at first afraid of being attacked and then feeling affected by the atmosphere encountered in an ashram and the people there but also by my old time friend davide and all the hardship of buying bus tickets and withdrawing money during the demonetization of the country"

17\_071: "clouds recorded during my last holiday in italy with august and his mother united going through the beauty of the landscape there and later in sweden moving to our new place out of stockholm experiencing a lot of clouds with several animals and skeletons"

04\_087: "a month started in denmark with a nice pure air breath on the coast but then going to bologna breathing the bad stagnating air also in venice and later the smoke trying to light the fire in the mountains to at last going to india and have there a hardcore time walking extensively in big cities and breathing very bad traffic air and filthy garbage and pee to at last going to the more tranquil kerala state before again facing the pollution of madurai and finally taking shelter with davide in the still uncontaminated countryside driving the scooter there but having full days of no traffic thanks to the death of the president"

09\_118: "news read scatter while traveling around southern india having at times very little internet connection and still unable to find a good source of information feeling mostly manipulated by all the different media sites but nonetheless getting able to read of many minor accidents around the world and particularly in india where i have been traveling with a big train derailing and in general less casualties from terrorism around the world"

07\_082: "a south american couple met biking around the utrecht countryside and giving them food before traveling with myrthe and august from treviso and through the nice city of feltre meeting a dutch couple there and later a gay guy renting us his beautiful house and at last giving a ride to a polish young couple"

16\_101: "a month started at an indian ashram in kerala experience some tropical heat but nonetheless having little visibility with clouds protecting us from the sun and later going with davide to madurai experiencing the same weather and even rain making the streets hard to walk on before finally leaving the city environment and moving to the countryside of tiruvannamalai and feeling quite hot walking around shiva mountain and later exploring desert like environment with the scooter but at last on the full moon day with thousands of people on the street getting a quite severe hurricane which forced us in our bungalow waiting to go back to sweden finding a very cold weather with snow and ice and having to readjust my tanned body but quickly

experiencing there a change of temperature with a warmer weather melting all the snow and some days of sun but too short before going to italy and finding there amazing blue sky"

18\_097: "wind experienced being at all times out in india getting a little bit more wind in the state of kerala and then moving to the countryside by cennai and getting days with some winds and days with no wind resulting in a day with a hurricane coming in blowing on our bangalow really hard and at last going back first to sweden and then in italy experiencing almost no wind"

15\_087: "experiencing different mood in india first getting a bit down feeling captivated in the ashram of a big guru with many westerners full of mental problems but finally feeling relieve going to the ocean and swimming and walking despite the shortage of money and having little food to eat and sometime davide traveling with me being a bit negative but then being in tiruvannamalai and getting energized by our walks around the holy mountains there and later traveling to sweden feeling rather stable and giving a lot of energy to my students and to italy telling many nice stories of india to my parents and getting a bit moody readjusting with myrthe but at last getting a nice welcome from my mountain folk and a sunny winter weather"

14\_100: "walking to begin with in india taking lonely explorations of a coastal town in kerala leaving davide in the guest house to work and really walking extensively with only some coconut milk in my belly and the sun but feeling quite unable to begin with to walk too long with davide who had too bad shoes and got tired too easily and exploring alone the city of madurai crossing poor areas and a lot of traffic beinf by far the only foreigner and at last reaching the countryside nearby tiruvannamalai and talking much longer walks with davide walking on top of the shiva mountain and around it to finally go to sweden taking smaller walks there because of the ice and exploring a bit the north west of stockholm where i was staying and taking a minor walk with august before going to italy and walking there in the city of vicenza and up to the sanctuary and in padua with myrthe taking advantage of the sunny winter weather"

01\_156: "a month spent to begin with in the indian countryside doing mostly explorations and taking few pictures mostly of my camera and phone and the few tools used for eating and then going to sweden hosted by a chilean couple and cooking my own food at last to finally reach italy and start doing several activities there lighting the fire and cooking also for jacek and brett and even managing to do some wood cutting"

09\_119: "news collected while in india having access to internet through my mobile but in the countryside where there was little reception and reading about many explosions related to the islamic war and at last while in sweden hearing about the terror attack at a christmas market in the nearby berlin but also about many casulaties in africa"

10\_121: "video of public spaces started briefly in bengalore on my way back first to sweden taking small videos while visiting august in uppsala and later staying at a chileans' place in the suburb before flying to italy and exploring padua and treviso with myrthe and later taking videos from up the mountains hiking with brett and jacek and again alone with myrthe visiting small towns in the south of padua"

04\_088: "a month started in india leaving in the countryside nearby tiruvannamalai and experiencing much traffic road with pilgrims coming for the shiva festival or anyway having to go to town to wait in long lines in the traffic to withdraw money and also getting a bag filled with toxic anti-mosquito chemicals being smashed right on the road where we were talking to a sadu and finally reaching sweden with far less pollution but at last going to italy and getting a lot of smoke in the apartment trying to heat the stove and a little of chainsaw pollution but otherwise filling my lungs with clean mountain air "

17\_072: "clouds recorded while living in the new apartment in djursholm feeling quite depressed about the weather after sunny italy but trying to be out at the small lake and working on a small vegetable garden observing the clouds from there seeing many human figures standing a later laying interacting with animals but also objects"

08\_134: "trash picked to begin with while in belgium during a sunny weekend walking with myrthe and her father and then while in the netherlands walking mostly in amsterdam waiting for my airplane to sweden also finding a quite dry weather there with still some trash to pick"

08\_135: "trash picked while in uppsala visiting august and finding quite some trash in the town still very much alive with students prior going back to the netherlands and mostly picking trash in den haag awaiting for my visa to go to india"

08\_136: "still picking some trash while in sweden and very little while in denmark for an exhibition and later shortly visiting bologna for an afternoon and picking a bit of trash there before flying to india and picking my first trash there exploring the heavily trafficked road next to my apartment in bengalore suburb"

08\_137: "still trashed pick while in bengalore walking extensively there to reach the university and later departing for kochi with davide and picking less trash there due to the heavy backpack and all the traveling down the state of kerala"

08\_138: "still picking trash in the south of india getting quite some newspaper pieces used by street sellers to wrap food and a nice set of used match boxes and some tobacco related products but also small bags for things to burn in temples"

08\_139: "picking less trash while living in amma's ashram by the indian ocean but then helping

davide with his movie and visiting a quite ugly town with trash and finding also some medicine packages aside from pictures of dead people and one of the actual guru amma along with pictures of various gods"

08\_140: "trash picked walking extensively through the southern indian city of madurai facing a lot of traffic and being by far the only westerner but nonetheless managing to cross through very poor places and keep picking trash also when very filthy next to holy but dirty cows and much litter"

08\_141: "still trash picked walking in madurai despite the rain making the road muddy and going to tiruvannamalai and starting to pick some trash there walking in the middle of the night in search for a place to stay"

08\_142: "trash picked in tiruvannamalai mostly walking around the holy mountain but also trash found in smaller villages reached with davide by scooter and finding again quite some religious related trash but also some political"

08\_143: "still walking in tiruvannamalai in preparation of the full moon pilgrimage and finding more and more trash with more pilgrims gathering but also on the way to the town to try to get money out of the ATM and later also climbing the holy mountain and getting a bag of trash stolen by a monkey on the very top after forgetting my pouch on the way"

08\_144: "collecting a bit more trash in india finding nice flyers with gurus and then moving back to europe ready for christmas at first in sweden unable to pick almost any trash because of the snow and then in italy finding quite some christmas related things particularly while in vicenza at my parents"

11\_107: "a period started in italy getting ideas related to the snow and skiing and then spending time between the netherlands and sweden getting most ideas while being quite sedentary"

11\_108: "getting ideas flying back and forth to sweden and also spending a few nights there unable to sleep after august big fight with his mother and later getting ideas exploring alone rotterdam and lastly flying to italy to start the renovation of the barn"

11\_109: "ideas got while spending a nice short holiday with august going to the zoo and later to amsterdam prior traveling all the way by car alone through germany and austria getting quite some ideas before getting far less ideas this time mostly renovating the barn"

11\_110: "ideas got to begin with while in italy both visiting my parents and spending easter with them in murano and then in the mountains getting ideas while renovating with workers and cutting some wood in my valley and later playing soccer with august and biking"

16\_102: "a month started very sunny in the mountains also going around in t-shirt despite being

well into the winter and feeling much warmer and in the sun on the mounts than in the flat land experiencing much cold weather visiting small medieval villages like este and montagnana and later coming to stockholm finding there much snow and cold weather with some days of sun but too short to enjoy and managing to be with august and take a nice walk with him in uppsala to the viking mound and later coming back to a mild netherlands but soon also there getting gripped by the harsh cold weather"

13\_058: "painting resumed after a long time spent in india and then away from my study working in sweden yet maintaining pretty much the premises of my previous paintings executed last fall and this time using my new leica camera to photograph the result and my new laptop to process it feeling satisfied"

18\_098: "wind experienced at first while in the alps getting a strong morning wind cleaning up the sky and making it a very sunny winter to then reach sweden and experiencing some cold wind there but not too strong and finally coming to holland finding the first days very windy to then reach a state of frost and absolutely no wind"

02\_145: "dreams inspired first by my staying in india on the beach and later in the countryside facing also the heavy urban condition there and later getting much influence by the movies watched going back and having a bit of traveling to do back in europe yet feeling quite influenced about my staying in the mountains with my girlfriend and polish friend but also about movies watched later with august and the video-game i bought him"

07\_083: "people met first in italy driving to the airport with a nice taxi driver who traveled around the world and then meeting a few nice folk at an exhibition i made in sweden like a finish photographer and an old swedish man but also my friend mikael's brother and another swedish young artist and photographing the italian room mate riccardo with who i shared the apartment for several months on our way to an excursion with other foreign students where i met a nice jewish dutch girl and the cool checz organizer"

15\_088: "feeling happy back in the sunny mountains but also sad about having to soon detach from it and frustrated not being able to do any work there during the christmas holiday but then getting help from myrthe and jacek cutting down some trees and later going to cold sweden feeling captivated and without august who skipped missing me for an evening but then happy spending a nice sunday with him walking in the frozen winter landscape and getting quite excited about the possibility to get more fields next to my future cathedral and being proposed more work at the univeristy in sweden but also feeling quite frustrated back in the netherlands and slowly getting to like life there taking lonely walks and focusing on my work"

14\_101: "a month taking advantage of the sunny winter in the alps and walking extensively with myrthe and later with jacek and brett going both to the mountains and visiting cities like both vicenza and padua but also smaller medieval towns like este and montagnana to later travel to sweden and having to walk there alone in the middle of a very cold whether and in the middle of the night to reach my hostel dragging my backpack around and later walking with august in uppsala despite my wearing only summer shoes and reaching the viking mound by the natural reserve and back in holland with myrthe after a long time walking a bit around the small village by maastricht where her big brother has now moved to and also walking in tilburg and den bosch before going alone to neijmegen to buy a used laptop and exploring the city alone despite the very cold weather"

09\_120: "a month with unusually many casualties in europe and particularly in italy with the cold winter causing avalanches and killing homeless and still quite some casualties in islamic countries and minor casualties all around the world like in brazil with many jails revolts"

12\_058: "recording of thoughts started in the first place while in holland taking small walks along the river and feeling at ease with myself and my life and then traveling to denmark for an exhibition and spending there an entire day walking extensively from aarhus and down the beautiful coast line recording many of my thoughts ultimately also doing some recordings while walking up shiva's mountain anytime i would be alone without davide too close"

06\_056: "biking to begin with with brett going quite slowly and reaching the pretty town of buren and barely reaching the heart beat to call it a training and then also bike with myrthe to dell and down to galdermalsen biking at a decent tempo and at last taking a long break from training traveling to scandinavia and then to india but at my return taking out the bike anyway despite the cold temperature and biking upstream finding quite some energy"

18\_059: "painting kept very simple and executed in my dutch study during a cold week this time using a new blue color bought at the nearby fine art shop which was putting everything for sale before closing but finding this color too little covering"

10\_122: "films captured on my way out of italy traveling with jacek and brett to the city of verona having troubles there to film because of the cold weather and them always around me and then filming in uppsala and stockholm with much snow unable to actually seat only wearing thin pants and filming at last quite a lot in the netherlands visiting several cities like tilburg but also den bosch and oss taking a long walk in the later and finally walking a lot in amsterdam prior taking the plane back to sweden"

05\_065: "fable inspired by the heron seen in india but in particular the ones seen walking up and

down the river next to myrthe's place in holland and really much setting the whole plot there also in relation to the human characters"

01\_157: "a month with finally some activities in the mountains cutting wood with myrthe and jacek to then going to sweden to teach and almost do very little activities but then coming back to the netherlands and doing much work like renovating the bike shed and mounting gyps panels in myrthe's house to at last go to sweden and do again very little activities beside cooking for august"

04\_089: "very clean air inhaled in northern europe mostly staying in culemborg and at last started sawing the used roof panels we got for the bike shed inhaling quite some metal and at last traveling to sweden breathing good air there despite the airplane trip"

07\_084: "people met initially in sweden hanging out with the university exchange students during an excursion and getting to know a spanish girl and a guy from rome and then meeting people at my old best friend wedding in a beautiful villa and getting to know some friends of my best friend's parents but also the southern italian wife of my old friend marcello seating in the same table as us and at last a man with the same last name as my mother"

13\_060: "painting executed again in between my traveling to sweden and trying to be as simple as possible but also taking care of the colors i have left and the ones i have so far used too little like the orange but particularly trying to be guided in my intuitive sketch and coloring without so much rational thinking"

03\_084: "songs heard while in the netherlands with myrthe singing but also watching tv and babysitting her nephews but also songs heard while traveling in south india and at the airports and finally in sweden with august and at a chilean family making his kids listen to many children songs in swedish"

03\_085: "songs heard while traveling to italy at the airport and then walking around my parents' city hearing christams songs and also at the christmas mass in my mountain village to later make it back to sweden and hearing songs at the university gym and in the netherlands mostly while watching tv"

05\_066: "fable inspired by the few jellyfishes seen while walking on the long beaches of southern india on the beach and having to make myself more disciplined to write it with the christmas vacation and the traveling to sweden and starting to also write it while commuting on planes and trains which in the end affect the very fable"

17\_073: "clouds recorded while in a phase of change in my life walking alone thinking whether to get a divorce and getting to observe many clouds also now commuting many hours every day to reach the university where i started my doctorate and seen many animals but also weapons"

13\_061: "painting executed in the winter alone in my study in culemborg trying again to be very simple and yet coherent with my previous painting letting larger surfaces empty and really concentrate on the first gesture of making the blue outline"

16\_103: "a month experiencing first a very beautiful and sunny winter weather in the netherlands but then going to sweden and staying with august in the cold and gray and snowless uppsala before going back to the netherlands and experiencing a warmer yet not sunny winter weather with at last a much colder temperature and even some snow experienced walking around many cities"

12\_059: "recording my thoughts while in southern india walking alone on the beach and meditating about the spirituality there but also the very tough civilization breaking in and later recording in tiruvannamalai walking around and up the holly mountain whenever i was not with davide and at last coming back to europe and doing most of my recordings while in the netherlands taking advantage of some sunny days to walk alone by the river and record my thoughts there"

09\_121: "still a cold winter and avalanches killing people around the world and also some terror attacks with the war in syria now becoming more tranquile and reading about this news mostly from my phone checking the application i bought quite frequently but mostly again having to go through a lot of gossip news particularly on the new american president donald trump"

14\_102: "taking many small walks despite the winter first in amsterdam on my way to sweden and then while in uppsala with august and then in the netherlands visiting many cities taking myrthe to supervise her interns and going now to oss walking all the way to an a burial site and then walking in the beautiful and empty gouda and in rotterdam discovering a whole new area there and walking by the mass river visiting myrthe's uncle and then again in breda visiting her mother but this time walking very little in culemborg mostly due to weather conditions"

15\_089: "a month made a little difficult by the cold and gray winter weather and getting a bit frustrated by all the thesis correcting work and also by starting over the renovation of myrthe's house but also getting quite frustrated to commute to sweden and getting back pain there sleeping poorly in a hostel but nonetheless getting good energy from the plan of building my vestige in the alps and also by taking walks and starting to bike again"

18\_099: "a month with little wind but cold taking several walks in several dutch cities and recording the wind constantly changing even if very subtly and also feeling the same kind of wind in sweden with a frozen temperature"

13\_062: "painting executed on an old panel i bought years ago while living in the states after

having finished all my other panels and dealing with a different surface but anyway managing to maintain the coloring of previous painting also this time trying to be quite simple and keep a balance scale of colors compensating the absence of yellow with orange and a light green and blue"

13\_063: "painting once more being stuck in my study revising my thesis and finding a moment of relax standing up in the corner to execute yet another painting making a fast scribble with the brush before filling slowly up the surface and bringing now squares back to present"

02\_146: "a month traveling back and forth to sweden and mostly staying in the netherlands nonetheless getting quite some dreams about hostels and still some from the mountains and the people there slowly stopping to dream about them and getting a few nightmares related to stupid series watched with myrthe but also getting affected by writing my thesis"

07\_085: "still people met during my best friend wedding in the beautiful villa like the sicilian girlfriend of a pianist friend but also meeting up with an artist priest showing me all his painting production and meeting an italian guy also going to sweden to finish his doctorate and later having myrthe's father and his girlfriend visiting in the mountains and photographing them before also photographing her artist grandmother and the boyfriend of his father's girlfriend's daughter"

09\_122: "a month reading news now no longer on my phone app focusing almost exclusively on the american president and switching to my old news website and reading there of several minor accident recurrently happening in pakistan and china but also around the world and no longer so much in war zones"

13\_064: "painting executed giving sporadic brushes having little energy in my arm after a lot of plastering and also having august over on holiday but nonetheless keeping up and now opting for more square like shapes and trying to have a broad palette of colors over a black background"

10\_123: "filming shortly in sweden during my brief stay there and then extensively in holland visiting a few towns like utrecht and hilversum but also while in culemborg despite many days of rain and having to keep inside editing my thesis"

04\_090: "a month started with some renovation work like painting with tar the roof of the bike shed and using a smelly blue paint on the walls to prepare them for plastering but other than that breathing quite good air with much wind here in holland beside a few days driving around with august and getting stuck in a lot of traffic jams"

05\_067: "fable inspired by the many parakeet birds seen both in amsterdam and brussels and writing the history of their escape from an effeminate environment back into the wild where they had to reorganize themselves and eventually become smaller not to use up nature resources"

01\_158: "a month staying all the time in the netherlands without traveling to sweden but revising quite a lot my thesis and plastering very much both with rough and fine gyps the walls but also spending several days with august traveling a bit around the country and cooking together also for several guests"

06\_057: "at last biking again after the long winter break and trying to go upstream in the leek river but finding a major renovation of the dike and having to go through smaller road getting quite against the wind and feeling afraid of the dogs running loose and later also biking a bit with august during his carnival visit but only downstream to the next village and at last experiencing a lot of bad weather till finally taking the bike before leaving for sweden and going far down to the waterfall thinking hard whether or not to buy the land below my cathedral and finding strong wind on the way back not really allowing me to bike as fast as i wished"

13\_065: "last painting executed before going to sweden and keep it simple and not so well balanced with colors looking to balance it in the next painting but making in general a more dynamic drawing of the water like surface balanced by a red big dot and stopping at time to observe the clouds reflected on the nearby pond"

16\_104: "a period started in the netherlands with minus degrees and some snow quickly disappeared to be replaced with several weeks of very uncertain rainy and cloudy and windy weather and even a storm with the exception of few sunny days spent with august exploring north holland and at last coming to uppsala to meet him and finding two gorgeous days"

14\_103: "a month walking extensively despite the bad weather and keeping exclusively within the netherlands taking advantage of a few sunny days to walk around culemborg but also through meadows improving like the old days with august and during his spring holiday and also taking him to rotterdam and latter visiting by car the many small cities of north holland taking small walks there and taking a large walk from amsterdam rai all the way to the zoo and to the center"

07\_086: "nice folk met while looking for a land to purchase in the beautiful monte isola and getting to know my host but latter also an unemployed carpenter leaving in the island hosting me to eat with his nice family and later taking me to see the mausoleum he built on the top in the forest and also meeting a german couple biking and a slavic girl who came to italy as a refugee and finally going to sweden and getting to meet some artists in gothenburg while discussing my show with hasselblad and also visiting myrthe's friend renate and photographing her despite not going so well along with her"

15\_090: "a month getting refreshed doing a lot of movement with august and happy at first thinking about the expansion of the land around the cathedral but then turning down the

negotiations and feeling much better also planning to build my nestle there with myrthe instead and feeling a bit low in energy while in cold and dark sweden but fixing a racing bike in the netherlands and getting much energy bike taking a long ride with myrthe"

18\_100: "experiencing almost no wind at first but then a very strong wind in the netherlands with the changing of the season and staying home with august getting the new door of the bike shed ripped and also experiencing a strong wind taking august to visit a military museum nearby utrecht and some wind while in sweden on my way to the italian amabassy to get august an italian passport to skip the military service in sweden"

17\_074: "still living in djursholm and commuting frequently to the university now getting to see many clouds with a most gray and depressing sky and seeing many flying things and aliens also spending time outside the small apartment with august"

06\_057: "finding a one decent day to bike with august downstream and then waiting several days for the weather to get better and only returning from a trip to sweden at last deciding to fix the bianchi racing bike i found there and buying new wheels and gears to it and setting off first alone and then with myrthe who also got a racing bike from a friend and really enjoying training with it but taking it quite easy when with myrthe"

05\_068: "fable inspired by a dove couple standing outside the window of my dutch study and also inspired by the discovery of new inhabitable planets and the dove of the noah ark making at last the very doves like noah returning to earth rather than abandoning it"

08\_145: "trash picked while in italy for the christmas holiday going around a bit with myrthe visiting small medieval cities like montagnana and picking trash there also relating to christmas and later while walking around verona with jacek and brett before going shortly too sweden where the trash was little due to the snow"

08\_146: "picking trash now mostly while in the netherlands taking nice lonely walks both in gouda and rotterdam but also njimegen and also walking extensively in amsterdam and picking trash there going through residential as well as touristic places before going to sweden and only pick little trash there due again to the snow and keeping all the trash quite moisten in airport plastic bags resulting into mold at the time of the scanning"

08\_147: "picking quite a lot of trash in the netherlands with a strong wind breaking taking a lot of trash around the city even in culemborg but particularly when walking again in the netherlands but still daring to pick a lot of wet trash resulting in quite some mold at the time of scanning and also picking again very little trash in sweden due to the snow covering the sidewalks"

08\_148: "trash picked while with august walking first in many small cities in north holland driving

from one to the other and later also walking around culemborg and in amsterdam again with some rain finding a few things wet and some grease"

08\_149: "trash picked again with august while in amsterdam walking from rai station all the way to the zoo and later also trash picked with myrthe on the way to the fix the date to remove her spiral and walking alone in culemborg after the tuesday market finding quite some trash"

13\_065: "painting executed with only a few days left before going to italy and trying to put more colors than the previous painting but also trying not to put similar colors too close to each other and recovering the brown also based on the color i have left and ordering new colors"

11\_111: "ideas got while in the mountains renovating and being with my friend davide and at times taking breaks with myrthe but nonetheless feeling a bit too charged with works to get ideas and having to take breaks from the renovation work mood to get inspiration like being down in schio with them"

11\_112: "period spent in italy still renovating in the alps but mostly getting ideas while in venice visiting my parents and attending the service with them and later being in sweden exploring stockholm with a good weather and being for some period more in the island of djursholm getting ideas walking around there"

10\_124: "films of public spaces captured first while with august exploring northern hOLLand and then walking with him in uppsala in a most winter landscape but also with the sun and then being shortly in the netherlands again going around by bike and filming the open landscape to finally reach my parents first in vicenza and then in venice trying to spend time alone when they worked and film around the beautiful city and taking no videos while in the mountains working on my vestige"

09\_123: "still headlines read on my telephone app and online about many dead in syria with the war not really coming to an end and several casualties around the world also for natural disasters like landslides but also accidents and a stampede"

04\_091: "a month intermittent with clean air and bad air inhaled first in holland cleaning up the chicken house and cutting many metal rebars but also biking often and inhaling the good air and then in italy feeling the polluted air in the flat land and then going in the mountains to plant small trees but also doing deforesting with the chainsaw and breathing the gasoline as well as rowing with my stepfather in the gran canal and inhaling all the boat traffic"

06\_059: "training done biking with myrthe with our new bikes first in the longer spring evenings along the river and then all the way to her brother in utrecht getting lost also on the way back but still covering a long distance and then training done started rowing in venice with my stepfather

on traditional sandolo boat and doing not reaching only a rather high beat when crossing canals with boat traffic"

01\_159: "a month spent both in sweden doing mostly office work and in the netherlands doing a bit of carpeting but also much biking and updating of my project and in between dedicating myself to the deforestation of my vestige in the mountains also planting several trees all around it and spending two weekends with my parents in venice learning how to row and otherwise taking many films around the city"

16\_105: "a dreadful month in sweden with snow and also later traveling shortly to the netherlands managing some biking there with some good weather but finding and not so nice weather in italy slowly however turning very sunny and warm both in the mountains and later in venice till at last coming back to sweden finding a miserable and cold beginning of the spring with even days of some snow"

18\_101: "not so much wind to begin with in italy working on my field and later also rowing in venice with my stepfather feeling only a little wind going from one canal to another and at last going to sweden and talking long walks feeling the cold wind but never too much"

07\_087: "people met in sweden at first like one of my students really wanting to become a film maker and meeting also myrthe's friends in delft after a lonely and melancholic walk there and also photographing our roommate in utrecht and a lesbian radio presenter from the states who was visiting brett along with her friends"

05\_091: "a quite happy month unable to sleep so well to begin with but then getting stronger also with the work in the mountains preparing the field for my vestige and feeling shit there about old gianna getting drunk and beating poor miele but at last spending a nice time with my parents in venice and later feeling happy in sweden both working and with august doing walks in stockholm with nice weather and being most friendly to each other"

14\_104: "walking extensively first in sweden talking a lonely walk in uppsala despite the cold weather and also walking in stockholm and taking smaller walks while in the netherlands going around culemborg taking myrthe to the a few clinics to look into her pregnancy and mostly walking in venice both with my stepfather and alone still getting quite disoriented and also walking a bit in the mountains from the field down to the barn to pick a new chain for the chainsaw"

12\_060: "thoughts recorded both while in sweden doing teaching and visiting august walking down the frozen landscape of uppsala following the river but mostly recording myself while walking down the river in culemborg enjoying the coming of the spring and being quite neutral about life"

13\_067: "painting executed during a short period spent in the netherlands being a bit confused at first about the color arrangement but then well executing it despite the yellow and the green getting confused by the digital filtering"

02\_147: "a period having a little trouble sleeping normally now traveling too much and being impressed at first by the people i met like a violent and aggressive finnish guy getting some horror in my dreams but also the chant of being invited with my parents to a bar in venice only for rich people and dreaming about it and starting to get affected in my dreams also of the idea of moving to venice and go live in an apartment"

09\_124: "a period with several natural calamities but also quite some distress with a chemical attack in syria and terror attack in sweden which could have killed dozens reading the news mostly online not relaying anymore on the news app for my phone"

10\_125: "a beautiful time spent alone in venice filming all my walks there looking around for an apartment and later going to colder and inhospitable stockholm talking long walks alone and later with august taking advantage of the nice weather at last and filming the central square right before the terror attack and at last going shortly to the netherlands filming only a little around culemborg"

10\_126: "films of public spaces captured on my way down from holland to italy making a nice stop in the city of mainz which i first thought to be quite ugly because of the war bombing but in fact turned out to be very pretty with both historical and modern places and then again spending a day in frankfurt this time with myrthe and revisiting the beautiful modern part with all of junkies and at last in germany visiting florian in the beautiful south before crossing switzerland and making a few films of public spaces at last parking the van along the road to take small breaks at the gorgeous como lake to at last film in vicenza and later in venice searching for an apartment"

16\_106: "nice spring weather in stockholm and in the netherlands but mostly going down germany visiting the beautiful market in mainz and later florian in the deep south feeling mostly hot also across switzerland and italy but the reaching the mountains and experiencing quite a cold weather requiring me to get the fire on all the time and feeling very hot again on my way to venice with the weather there getting worst till coming back in the mounts with cold and rainy weather"

14\_105: "a month with many walks done all over europe first in stockholm exploring the city with august just prior the terror attack and then with myrthe driving to mainz and exploring the beautiful city there and later also exploring again frankfurt walking a long way on the river on each side and taking a small walk with florian to a old roman bath in southern germany before crossing the alps and taking small walks next to the beautiful como lake before walking extensively

in venice looking for an apartment to buy and also in vicenza going to the station and later taking a refreshing walk on the hills"

04\_092: "a month started in stockholm being in the city with quite some traffic and also traveling there with the plane and back in the netherlands driving down through germany and mostly experiencing much pollution in italy trying to go from lago di como to bergamo taking smaller roads and at last being in venice only breathing a bit of pollution rowing with my stepfather in the gran canale and beside that breathing the good mountain air while working in the mountains and a bit of smoke from the stove and some of the chainsaw emissions"

18\_102: "a month started with light wind driving down from germany and taking small walks in lago di como but also in vicenza and later in venice with my parents where there was a storm at last with heavy winds particularly experienced in the mountains alternating calm weather and another storm"

15\_092: "feeling happy driving down germany with myrthe and having some nice days in mainz but then coming to italy and getting little sleep and feeling undecided about the apartment as well as a bit frustrated at times being with my parents and getting better with myrthe around but at last getting very angry with old rino"

01\_160: "a month started in sweden and quickly moving to the netherlands resuming my project updating before driving to italy through germany and working in the mountains cutting the trees to open up the field for my cathedral but also spending quite some time in venice looking for an apartment and accompanying my stepfather to row there but also taking many videos of public spaces and recording several ideas"

09\_125: "a period of high tension for terror attacks with elections in europe but nonetheless recording most casualties traveling reading about again many dead people in syria and a lot of accidents all around the world with also clashes and bomb attacks and the possibility of a new war"

10\_127: "films of public spaces shot almost entirely in venice looking for an apartment and mostly hitting the east of the city exploring both castello and sant'elena and finally opting for one in the small island of san pietro and going there several times taking long walks across the city to reach it and filming the many squares with many tourists but also very empty spots of the city and even the lido going there with my parents at easter feeling much in love with the sea and briefly also being in the inland like in vicenza filming very little there"

07\_088: "folk met at first while in stockholm like brett friends and particularly her best friend telling about both her parents dead of cancer and then meeting folk again from the iseo lake

where i kept searching for a land to buy there and finally meeting meeting myrthe's students in venice and particularly her colleagues who came out to eat with my parents"

17\_076: "a month spent completely alone having now left the family household and leaving in the industrial and ugly suburbs commuting to work and looking at the clouds through the metro as well as when running early in the morning or visiting august back in his apartment and seen several aquatic as well as flying things interacting with humans"

06\_060: "still biking in the netherlands this time only being there shortly and taking small rides but still reaching a good tempo with my bianchi racing bike and going both up and down the river facing at times the wind"

12\_061: "recording of thoughts done while in the netherlands walking alone by the river and feeling now rather neutral about life and society and also recording while in italy visiting my parents and walking around their city and the surrounding hills"

12\_062: "recording my thoughts first in the mountains walking from the apartment to the vestige and back and later recording extensively while in sweden walking a lot alone and feeling a little alienated of being there waiting both to lecture and to meet my son august"

13\_068: "painting executed after a long break from my study in the netherlands being first to italy and later in sweden but quickly managing to finish it maintaining simple surfaces and using the new color tubes i ordered online"

13\_069: "painting executed quite rapidly during my short visit in the netherlands enjoying the good weather and keeping my window open using very simple colors while maintaining the blue liquid like surface across it but going also over darker colors and painting it back in light colors to give the painting more character"

08\_150: "trash collected while in stockholm teaching and later visiting august in uppsala finding a dry weather despite the winter"

08\_151: "in italy collecting trash both in venice on the sidewalks next to the canals but also in the little town of schio at the feet of our cottage spending time alone working on my cathedral"

08\_152: "still in sweden renting a room in the suburbs and this time finding snow and only picking trash in the dry places under tunnels and later traveling through germany stopping in mainz and finding a perfect day there to pick trash"

08\_153: "still in the beautiful mainz walking to the spring market with a lot of people and quite some trash to pick with myrthe along and quickly finding a lot of german commercial and trash never found before"

08\_154: "back in frankfurt after more than a year walking in the evening with myrthe to the

opposite side of the river to eat and picking quite some trash with many christian religious warnings especially exploring the new commercial areas full of bumps and much misery walking up and down waiting for myrthe to finish shopping"

08\_155: "trash picked still during my trip by car back to italy and then in italy mostly picking trash while in venice walking on the side-walks along the water"

08\_156: "trash picked both while in venice and later also walking in my parents'city in vicenza and then flying to sweden picking trash mostly in stockholm and delivering it to myrthe to bring back to holland to be scanned together with all the other"

08\_157: "trash picked mostly while in venice walking to reach my stepfather to his boat club or walking behind my parents trying not to get caught picking various fliers of restaurants and exhibitions but also from stands and lastly slightly upsetting my mother who found my bags filled in the bedroom i used in their apartment"

10\_128: "video captured to begin with in venice but having to go to sweden for a job interview and spending a lot of time there having nothing to do but walking extensively bot in the suburb where i was and later in the city going to an appointment to the italian institute of culture but meeting no one there and then exploring the island of djurgarden also later with august to fix his passport"

13\_070: "painting executed right before once again going to stockholm and managing to finish quite fast although feeling a little undecided on how to occupy the large pink surface and this time getting the drops of blue falling quite obliquely and the yellow corner surface to connect to the next painting"

04\_093: "experiencing a pretty good air while in venice and later being in the mountains working on my vestige and breathing the fumes of my chainsaw at last traveling to sweden and breathing a pretty good air there walking a lot and avoiding the main traffic of stockholm but also making it to an island with a royal palace encountering a lot of traffic on the way back the same walking in sodertalje to pick up a package crossing an highway to reach the post office in the rush hour and at last breathing a good air while in the netherlands mostly going out biking before making back to sweden"

16\_107: "finding a harsh weather in the mountains with rain but then sun experienced in venice attending my stepsister's son baptism and showing myrthe our future house there for the first time and back in the mountains working in the sun but with the mountains covered in snow and also back in sweden experiencing a too cold weather for the spring sweden as well as snow hitting me while commuting to the university after a weekend with august and again experiencing snow

while at the university to later get back to the netherlands appreciating a much milder weather allowing me to bike several time before coming back to colder sweden in the middle of the night only wearing a t-shirt and having to sleep first in a dormitory and than out in a tent"

11\_113: "ideas recorded in yet another moment of transition leaving the room that i was renting from liselott in the rich area of stockholm getting quite some ideas walking down to the beach and later moving my stuff to the office before in fact going to the netherlands spending time with my project and biking"

11\_114: "ideas got during the summer holiday in italy going to the seaside with myrthe and august and later spending much time building the case study to my thesis so only getting ideas while taking breaks and going for walks like on the pasubio mount or exploring caves"

15\_093: "a month spent hainging out in sweden deciding whether to take a teaching offer or quitting it all together and following myrthe's advice to give it up and getting relieved but also at the same time feeling a bit depressed and stressed about commuting getting over it with work and socializing with people in the hostels where i have been and feeling once again happy getting back to biking in the netherlands"

02\_148: "a month having quite regular dreams despite the traveling and much related to my upcoming future like the apartment bought in venice and my girlfriend pregnancy but also getting quite affected by walking extensively both in sweden and the netherlands now merging several landscapes together with also that of the mountains and dreaming of the new people i meet in hostels"

09\_126: "a lot of fighting now on the streets of venezuela causing killings as well as much casualties and fighting in libya with even sinking of migrants off its coast and reading most of these news on my phone while traveling mostly in sweden"

18\_103: "a month started in italy working up the mountains on my vestige with some wind but then going off to sweden and staying in uppsala experiencing a snow storm as well as later experiencing the wind walking along the lake of a stockholm suburb where i rented a room and experiencing not so much wind in the netherlands mostly biking and getting a bit of wind resistance while on the river dike and at last getting much wind experience while walking from the stadium to the central station of amsterdam finally camping in sweden with only some wind moving around the top of the tent"

14\_106: "walking extensively first in italy both visiting my new apartment in venice as well as in the mountains taking myrthe and her italian professor for a tour of mount enna and novegno and later walking in venice showing myrthe our new apartment there and taking little anna around

before going to sweden and walking much there in uppsala despite the ugly weather and in stockholm taking walks alone and later with august to the italian embassy for his passport but also exploring quite much all the areas around the different rooms i rented and getting quite far along lakes and over small mountains and lastly in the island of drottningholm and back laslty also taking a few walks while shortly in the netherlands goign shortly around culemborg with myrthe also to celebrate her birthday and lastly taking a long walk with my heavy backpack from the ajax stadium through amsterdam central station"

10\_129: "filming shortly in italy to then be in holland and getting first to film around culemborg also on a bike ride with myrthe and later while walking through utrecht and amsterdam to at last film extensively in stockholm both around the suburb where i have been camping with the beautiful nature and lake nearby and in the city"

01\_161: "a month leaving a bit like a homeless beside some few days spent in italy at the beginning working on my vestige and one week spent in holland working fully on my project spending the rest of the time in hostels or even camping in sweden with no much possibility to cook or doing any domestic work but mostly being vagrant and filming and using my phone extensively to record clouds and ideas"

13\_071: "painting executed during my first days unemployed after having left sweden and my job there for good now finishing off a draft made before my departure and getting back the circle shape while keeping up with simple surfaces and a black background"

07\_089: "still getting to know my girlfriend's students while taking them around venice to explore the city and then meeting the new staff employed by my mother for her family clinic to at last starting to explore around the province for a house to buy and ending up meeting for the first time the carpenter aldo with a great story behind living in saudi arabia but showing me the very expensive house of a widow photographed next to him"

09\_127: "news read mostly on my phone while traveling in sweden and back to the netherlands where i also watched the news on our television and hearing about the usual news of suicide bombs in the middle east but also about yet another attack in london and one in tehran beside the death caused by natural disasters like in sri lanka and much agitated atmosphere in the philippines"

17\_077: "a month spent first in sweden visiting my son before christmas and later going briefly to italy observing a few clouds there taking a walk in the mountains with my parents and the going to poland for new years eve and traveling with my krakow friends to the czech republic see some clouds there but particularly back in krakow experiencing a sudden bad weather observing many

naked women and animals"

06\_061: "heart beats collected training in the university gym in sweden for the last time doing biking but also boxing and later at last coming back to the netherlands and try to bike fast on the dike by myself but also with myrthe going much slower"

06\_062: "taking a long but calm bike ride with myrthe going quite easy with her also due to her pregnancy and reaching utrecht only occasionally setting forth by myself and getting my heart beat going faster"

13\_073: "painting executed at last tranquil for some time in the netherlands fully concentrating on life there and my project painting a very simple picture continuing with the previous surfaces but skipping the round one"

13\_074: "still painting in my dutch studio despite the increasingly warm weather and now finding a good balance of shape and colors however making myself ready for a small shift from previous paintings also adding the rectangular red shape"

15\_094: "a month being to begin with very nomadic sleeping in a tent in stockholm and feeling happy also with august and later socializing in the hostels despite a back pain and also happy of my doctorate dissertation and of leaving sweden all together till at last feeling good about concentrating exclusively on my project alone in the netherlands but also getting frustrated to keep indoor and at time feeling also bored and sad of having to give up economic security in sweden despite the good news of myrthe getting pregnant"

06\_063: "taking a long bike ride south of culemborg and reaching a major river biking in the sun and almost no wind up stream for the entire day managing to reach quite some speed and maintain it for a long time and finally crossing back to the leek river and biking home trying to keep up with professional bikers"

11\_115: "ideas got while on holiday in the mountains both with myrthe and august and later only with the later starting a road trip to a southern beach going through ferrara and getting ideas especially driving"

16\_108: "to begin with a tropical weather experienced with august camping in sweden and soon after rain and cold weather in stockholm staying at an hostel and later taking around my parents during my graduation as well as coming back at last to the netherlands finding a rainy and not so nice weather soon turned into a hot and too humid atmosphere getting myself almost unable to work and having to go to the river to swim"

18\_104: "a very strong experienced in sweden living quite homeless first in a tent and later talking my parents around the city till at last going back to the netherlands and experiencing quite a lot of

wind there and a little less wind allowing me to take long bike rides yet still experiencing a bit of wind till finally coming to venice and feeling just the right wind to cool the summer heat"

14\_107: "walking extensively in stockholm from the camping site in the southern suburb to the city and then around the city both guiding some folk from the youth hostel as well as my family coming from italy to attend my doctorate ceremony and the back in the netherlands mostly biking and taking very little walks at times with myrthe to distract her after work or in the small towns reached by bike"

03\_086: "music heard while waiting for august at the airport in amsterdam and then traveling with him by car in the north listening to the radio and having a good time and then in sweden listening to the radio while training in the university gym and while watching movies with august and spending quite some time looking for apartments in venice and hearing the whistling of songs by the gondolieri"

03\_087: "listening to music in the radio driving south through germany with myrthe taking notes of the songs for me and in venice listening to music walking around while in the mountains listening to young daniela singing and the radio while using internet at giancarlo's restaurant till at last hearing music at the university gym in sweden and at various locations like going around like a bump in the cultural house"

10\_130: "filming first in stockholm walking all the city taking my parents around and then in holland taking several videos mostly visiting places by bike and finally in venice filming while transporting heavy things and backpacks to my apartment under renovation but generally having far less time to film and explore the urban environment getting quite domestic after dropping my work"

04\_094: "a very polluted month to begin with walking in stockholm with a lot of traffic and later traveling to holland staying mostly inside because of the bad weather and breathing the gyps used for plastering as well as later also some emission gasses biking past big villages and finally flying to venice in the windy and clean small island of san pietro breathing the fresh air from the sea but also varnishing the windows with a strong colour"

09\_128: "quite many fire related deaths in europe and a big landslide in china along with many medium scale terrorist attacks both in arabic countries and in africa"

05\_071: "fable written at last giving up my swedish job and going to live by the cullemborg river in holland and nonetheless imagining a more african environment and a frog struggling with her beauty but also becoming a philosopher and a creator a bit like me going up and down the river recording my thoughts"

01\_162: "a month with a lot of activities started initially in sweden deciding to give up the work there after my doctorate and then going to the netherlands working hard and being very disciplined with my project but also doing some plastering of the entrance walls and at last reaching venice and working very hard from early morning to late evening painting my apartment there and turning it into a room rental"

12\_063: "recording of thoughts mostly while in sweden living in a tent and teaching but also taking a lot of long and solitary walks in the nature to the city and at last reaching holland and recording my thoughts walking along the river after spending whole days focusing on my project"

07\_090: "an italian student met on the way back to sweden and then my two new roommates one sicilian alberto and the czech girl kate who is later to leave him and an old couple met walking on the ridge of the novegno mountain and a dutch girl married to a guy from schio and trying to do all sort of bizarre evnts there and a girl from turin met on the way to stockholm where she was visiting her russian boyfriend and at last a cool american guy working for disney met in dublin as part of an exhibition i was also taking part of"

02\_149: "finally dropping the work in sweden and all the unsettleness related to it with years of commuting and in the netherlands getting good nights of many dreams affected by all the bike riding there but also strongly affected from all the illustrations i make and at last coming to venice and having to resettle mentally here doing too much work and waking up too early to remember any dreams with the seagulls walking me up"

10\_131: "being fully in venice renovating my apartment there and filming to begin with not so often only when going to buy different things for the house and carrying heavy things but at last getting august on holiday with me and spending a good time together roaming around the city but also going frequently to lido and filming a little there till at last getting sand in the camera optic and getting quite unable to use it for some time having to pull it out manually as i did visiting the picturesque murano"

17\_078: "a lot of boys and naked women and some animals seen in clouds while living as a bachelor in the sodertalje suburb enjoying some sunny days despite the winter and going out with august to light the fire along the frozen river or on top of a cliff looking the clouds from there or on my way to the university"

09\_129: "news read while in venice mostly on my phone still lacking an internet connection and this time finding news from all over the world and beside some minor attacks also finding quite some accident related casualties"

15\_095: "a quite distressful month with much work to do renovating the venice apartment and

sleeping quite little with the heat and the seaguls but then feeling better alone with august going to the beach and also hanging out with mary and louise and getting in an argument with myrthe with the internet hosting becoming very obstructive but at last finding a way to go to the mountains and recover emotionally"

16\_109: "a month suffering a lot of the summer heat while in venice renovating the apartment there and then occasionally getting some cool air with a storm and getting quite a lot of sun while in lido beach with august building sheds and boats with discarded objects and at last going up the mountains with him finding a much cooler weather and some rain"

18\_105: "finding quite some nice wind in the small island of san pietro in venice and also very powerful wind during two storms and other than that experiencing always a little wind while on the wild side of the lido beach and almost no wind in the much cooler mountains"

14\_108: "a month walking mostly in venice picking on foot the different material to renovate my apartment there and walking to various offices to solve a few bureaucratic problems but also talking some walks with august particularly on the lido beach and later in vicenza to fetch my car and some minor walks in the mountains mostly to reach the village church for the yearly festivity"

04\_095: "inhaling a lot of synthetic color painting the windows in the venice apartment and getting quite some vertigo before switching to acrylic paint and then mostly going to lido with august especially hitting the murazzi wild beach having to take the bus there and experiencing a bit of traffic before going to the mountains and having to replace our van's battery in my mother's underground garage breathing quite some toxic air there and experiencing a bit of the mountain pure air beside using the trimmer and taking a short flight to sweden feeling almost suffocating on the plane and also lighting a big fire at my return to the mountains burning a lot of leftover wood and getting to breath some smoke"

07\_091: "people met entirely in ireland like an america designer working for disney and people taking a bus trip with me in the irish mounts including two sweds and a german but also the driver and finally meeting a journalist who wrote an article about my work giving me my fifteen minutes of fame and also getting to know a japanese artist studying in london and spanish one already established in berlin"

01\_163: "a month initially taking it easy in venice with august after the apartment renovation going to the beach and eventually started building a shed there before going to the mountains and also taking it quite easy and later going to sweden for a few days and mostly filming extensively the space to later come back in the mountains and started working hard dismantling the archival boxes in the first floor of the barn and working on the field of the cathedral with august and later

even digging out the abandoned shed next to the barn"

10\_132: "filming executed while in venice around the castello neighbourhood and in lido discovering the beaches at murazzi but also still having problems turning on my camera after the sand damaged the optic and filming briefly in the mountains before going to stockholm to register myself unemployed and walking a lot filming both in the city and in nature"

17\_079: "clouds captured in sweden walking still in the snow and meeting august in djursholm but then also going to very cold and snow white berlin walking extensively there instead of attending a conference and seeing many animals and monsters in the clouds"

18\_106: "a month with increasingly more wind first experienced while in stockholm to register myself unemployed and then in the mountains with several storms hitting the village in the night and later a little wind making the summer in venice and at the beach more endurable and then again a lot of wind for a storm"

16\_110: "a very hot summer month with occasional storms and a cooler weather in the mountains allowing us to finally sleep well in the night with still some hot days getting colder after a last big storm"

15\_096: "feeling generally a bit nervous with myrthe's changing moods do to the pregnancy but feeling very happy with my sister's family and the contrada people celebrating my birthday and later feeling frustrated unable to do any work and quite fed up with venice but at last managing to do progress both in the mountains barn and up in the vestige removing at least my nervousness"

09\_130: "minor casualties all around the world and an increasing amount of casualties in the united states with still the muslim front and particularly afghanistan having high amount of casualties and reading the news mostly on my phone while in venice and watching occasionally the news in the mountains on the television we got from gianna but only seen much national news with too little world news and too much politics"

14\_109: "a month with several walks despite trying to work hard in the mountains and walking first in the heat of venice mostly to arrange the renting of the apartment there and handing the keys to our guests and walking a bit in lido and mostly in the mountains with august and myrthe repeating our favorite walks and then flying for a few days to stockholm to arrange my unemployment and taking very long walks all around the city and finally coming back to the mountains and keeping alone with august also exploring some valleys and an abandoned mines"

05\_072: "fable written in the summer staying first in venice renovating and then in the mountains to escape a big wave of extraordinary heat inspiring me unconsciously to write the story of a penguin in the time of social change experiencing a total universal catastrophe attempting to

create a masterwork"

10\_133: "filming to begin with in stockholm to then go back to my summer holiday mostly in the mountains taking a few hikes with august and myrthe but also having to go to venice often to change the bed sheet for our guests and filming all the way from and to the train station lastly also taking yet a fast trip to stockholm to fix my unemployment there but taking very few films this time"

02\_150: "having quite some dreams in venice sleeping well despite the heat and dreaming of the guest situation there but then traveling briefly to sweden and taking some time to dream more in the mountains with myrthe getting a bit of dreams relating to my future with her in the netherlands and some with my son and his mother"

04\_096: "a month getting too inhale good air while in venice taking almost daily the ferry to the lido beach but then going to stockholm experiencing quite some traffic there and back in italy demolishing my installation in the mountains and inhaling quite some dust from the bricks but also trying to polish the floor and later driving to trentino to buy a tractor"

07\_092: "folk met mostly in ireland during my exhibition there and photographing the organizer in an evening party and later also photographing my assistant and the installation designer before walking randomly in dublin and meeting a lost brazilian guy and finally making it back to italy planning my work in the mountains and getting to meet enrico at his wood shop"

09\_131: "news mostly watched with the television we got from our old mountain neighbour having barely any internet while in the alps and recording many a casualties around the world in big number for natural catastrophes but also for terror attacks particularly shaking europe with a van driving through a crowd of tourists in barcelona"

08\_058: "picking mostly trash on my way to the airport going first through utrecht and then taking an extensive walk from the amsterdam stadium all the way to the central station"

08\_059: "picking trash mostly while in sweden teaching and living in a tent but taking long walks and finding also many stickers from the big football game between a dutch and an english team"

08\_160: "some trash picked in sweden but mostly in venice walking around the city to arrange the renovation of my apartment there and picking mostly tourist related fliers and some foreign things"

08\_161: "still trash found while walking around in venice but also walking in lido to reach the beach with august but not really find so much trash despite the big amount of tourists"

03\_088: "music hear at first in the hotel in sweden staying there with all my parents attending my doctorate and hearing music also training in the gym and also while in the netherlands also

hearing music to heal me a bit after all the life changes and in venice both hearing music on the street but also singing myself in the apartment while painting it and occasionally playing guitar and listening to a drunk guitarists living in the neighborhood and playing on the street"

03\_089: "music heard on the way to the lido beach with august and also while shortly in sweden in front of the abba museum there and at the airport but even driving at night back to the mountains and also music heard at my birthday and at the local restaurant with august and myrthe using the internet there before going back to venice hearing mostly music on the streets"

01\_164: "a month feeling a little frustrated at first unable to do the work i felt i had to do with the barn in the mountains and spending time with august and myrthe mostly in venice but at last escaping to the mountains again and working intensively there throughout the month digging the rocks and earth next to the barn and demolishing the installation built in the attic and driving all the bricks in the vestige and even start digging the earth there to cover the bricks and lastly to level the ground wher e to one day build the cathedral and despite a short trip to stockholm to register my unemployment also building an entire shed for a used tractor bought in trentino doing all the wood work and roof work alone and managing even to paint the first floor of the barn"

08\_162: "still picking a lot of trash while in venice walking now with myrthe and august or alone to reach the apartment and change bed sheet for our ongoing guests yet finding quite some redundant trash particularly next to supermarkets and in locations where the seagulls attack the trash bags left outside the door by local venetians"

08\_163: "picking trash this time while in stockholm waiting to register as unemployed and walking extensively through the city"

08\_164: "trash still picked while in stockholm taking advantage of the good weather to walk around and then finally making it back to venice walking around there"

11\_116: "ideas got while in italy alone with august on the beach in lido degli estensi walking up and down the corso at night and sleeping in the van and later ideas got while with brett and jacek making many hikes in the mountains before at last returning towards the netherlands with myrthe by car camping and getting ideas exploring many cities in france"

17\_080: "time spent both in sweden and in holland with myrthe still visiting august in the weekend and observing clouds both during my long hours of commuting and talking walks with either of my loves but also running and annotating the shape i see in clouds in the back of the card where i annotate my heart beats"

10\_134: "films mostly shot going up and down venice to change bed sheet to my guests and parking the car in bassano to take the train from there and also visiting that cute city while waiting

for the venice train and other than that traveling to val cembra in trentino to buy a tractor and taking a few videos while there"

16\_111: "month spent mostly in the mountains experiencing a now colder weather with still some very hot noons spent working and some occasional storms but in general very dream and very hot in venice where i went a few times to change bed sheet to the guests and finally at last going back to holland and having to put the jacket there with the temperature being quite cold and humid"

18\_107: "some fresh wind giving a break to the summer heat experienced in the mountains particularly working on the foundation of my cathedral and with a big storm experienced while eating the pizza with matteo finding the streets covered with leaves and finally not so much wind also returning to venice and also going to swim in lido but more wind and much colder experienced at my final return to holland"

08\_165: "trash mostly picked while in venice going from one side to the other of the city to change sheet and picking some trash despite the huge amount of tourists and lastly flying to amsterdam taking a walk there and picking some trash scanned also with some leftover trash i still hadn't scanned from the time i was in sweden prior the summer"

13\_075: "painting executed at last after the summer months spent in italy and getting back to my study in holland with the painting half executed and working to make look simpler and with nicer surfaces this time using a stick with my left hand to hold me to the wall and be more precise painting with my right hand"

13\_076: "painting executed now in the calm of my study in the netherlands with quite a bad weather out and painting also by supporting myself with my fingers keeping up the same colors as in the previous painting but attempting simpler shapes"

14\_110: "a month walking not too much given the intensity of work conducted in the mountains and only occasionally walking there mostly to go check the internet in the village and walking across venice several times to check the bed sheet to our guests in the apartment there and taking a short trip to stockholm to fix my unemployment benefits walking very little and other than that walking in amsterdam the day after my arrival from the west to the city center and back and beside walk an afternoon through utrecht taking the same walks in culemborg alone by the river or with myrthe through the small city despite the bad weather"

15\_097: "a month feeling initially influenced by myrthe pregnancy related moods and then at last getting a bit better with the food and the social life of ferragosto in the contrada and getting a bit depressed and sad of not knowing what to do with the tractor but at last getting a full stable period working hard under the sun building a shed for the tractor and working on the foundation

of my cathedral"

10\_135: "film still executed while in venice this time walking through it to leave the apartment to a greek student and then flying to holland and spending a day filming around amsterdam waiting for myrthe to meet her pancake friends and filming in culemborg while walking along the river and through the city but also going a few times to utrecht and filming there despite having myrthe at my side always walking ahead in a big crowd"

07\_093: "meeting people in the mountains like my neighbour gianna and her local friend there to pick up gianna's eggs and meeting in sweden an old cuban political refugee man who bought my guitar for his nephew and later going to holland meeting for the first time my girlfriend's italian professor over dinner in utrecht before going back to sweden and meeting other media and communication doctorate researchers including a jolly african guy and a polish guy interested in my project"

13\_077: "painting executed in my culemborg study with a filthy rainy weather outside and quite dark but still trying to execute something maintaining the colours of the previous painting as well as the shapes not too much caring about the details"

12\_064: "thoughts recorded while in italy at times left alone walking to the beach in lido but mostly during some days spent alone in sweden able to at last walk alone and record my thoughts before getting back to italy by focusing too much on work with only some recordings made walking up to the vestige of my cathedral"

09\_132: "casualties all over the world and not only in muslim countries and particularly several weather related casualties with hurricanes and floods both in north america and europe but also in asia"

13\_077: "painting executed feeling almost confined in the netherlands house with awful rainy weather outside and now introducing more squared shapes avoiding the use of the yellow and introducing the gray color"

04\_097: "a month started with breathing the petrol color used to paint the tractor shed and also digging under the shed now with the roof up unable to get good air inside and also driving around with the new tractor emitting quite some gasses before at last reaching the netherlands staying mostly indoor with a terrible weather out and doing quite some plastering smelling mostly that while mixing it and also the water paint used to repaint the kitchen floor"

03\_090: "singing to myrthe driving up to the mountains and recording the titles with mental images and listening to music at giancarlo's restaurant while working on the internet before taking a short trip to stockholm to fix up my unemployment rights and hearing music at the airport"

before going back to the mountains singing with gianna but also composing new songs for the musical sheet and spending time in the car to view a tractor listening to quite some radio and writing down the song on paper while driving"

06\_064: "taking a decent bike ride while in holland for a couple of weeks at the beginning of the summer with now pregnant myrthe and going by bike with the boat over the lek river and down to a nice medieval town and also managing to bike back despite the wind on the opposite dike and not doing any official training during the summer mostly digging the foundation of my cathedral till at last coming back and having difficulties to find a day without rain or wind to go biking but at last managing to go downstream in a decent afternoon"

02\_151: "a month being affected by the television watched every evening after working very hard in the mountains under the sun and back in holland getting affected by the new landscape but also by some worries about the future and the prospect of a new baby getting quite some dreams of it and of our mountain village where we will probably end up living but also getting affected by the many messages sent on my phone and the songs heard while plastering the house"

13\_079: "painting executed in my dutch study still taking advantage of the bad autumn weather and this time try to be more clear with the shapes introducing a big tilted square and the usual yellow circle in the blue dripping shape now characterizing all my paintings"

07\_094: "acquaintances met first while traveling like in sweden meeting on a train a refugee from afghanistan and later meeting on the plane two brazilian girls one of them half dutch and in italy meeting a great outsider who has been painting stones for decades and the wife of my a carpenter as well as again another italian on his way to sweden to find a future and back in the netherlands meeting artists at a fair"

10\_136: "filming fully while in the netherlands visiting extensively the city of harleem and occasionally in culemborg while walking around to take a break from the work in my study till at last filming the nice open landscape and small villages on a bike ride with myrthe ending in festive den bosch"

12\_065: "recording of thoughts done intensively while in the netherlands walking up and down the river lek after a long period spent renovating in italy and having a lot of thoughts to share mostly meditating on the step i took to start building my cathedral"

12\_066: "still many thoughts recorded in not too long but regular walks on the river lek and still meditating on my future building my cathedral living society quite behind"

06\_065: "biking now at first with myrthe despite her pregnancy keeping a good pace and goign through unexplored territories reaching all the way the city of den bosch and biking as well alone

to release some power after much seating and working on my desk reaching high heart rate and again biking with myrthe keeping a much lower pace but for longer time"

05\_073: "fable written after a long time spent in italy renovating both in venice as well as in the mountains and departing right from a venice invaded by tourists and garbage obsessed birds making the character of the fable flying over my mountain village getting caught right there and receiving the care of the elders"

13\_080: "painting executed while getting busy with several other things not really focusing on my project but still managing to spend time with it mostly after updating it and keeping up this time the same colors including the gray and the new square shapes"

18\_108: "a pretty windy beginning of the month unable to really go out but still venturing to walk along the culemborg river to record my thoughts and later also experiencing the wind exploring harleem but mostly keeping in my study only venturing out to pick the many walnuts the wind got down from our tree and at last experiencing a pretty decent period with far less wind and far less bad weather venturing to bike even in north holland"

16\_112: "a really rainy and continuously bad weather in holland at last replaced with a semi sunny and stable weather allowing me to at last be outside biking and walking both in nature and in several cities like harleem and leiden"

14\_111: "walking quite regularly in culemborg but mostly up and down the same path along the river and occasionally visiting other dutch cities like harleem and leiden but also utrecht going to the hospital to check the baby in myrthe's belly and walking all the way through the city and to the academy also taking small walks in the cities and villages myrthe and i reached biking"

11\_117: "ideas got now while living still between the netherlands and sweden spending time mostly in my study but getting ideas while outside like biking in an open air foundation in holland and while staying in dormitories in stockholm and later visiting august in uppsala experiencing the snow there"

01\_165: "a month leaving the hard physical labour of the mountains switching completely to the more domestic life in the netheralnds where i had to replace the camera after malfunctioning getting lighter pictures in the new one and working hard on my project and consistently doing plastering and painting of the walls in myrthe's house also having some days away from the house with little pictures taken going for a bike ride or towards the end staying in a shop in utrecht to print a model of my cathedral"

07\_095: "people met firstly during a conference in holland like a baltic presenter who was very ashamed of her ugliness and an unemployed scholar from sardinia but also the dutch indonesian

roommate of myrthe and later going to frankfurt to build a show there and meeting the young organizers"

15\_098: "a period spent mostly indoor after the summer outside in the sunny mountains and feeling energetic to concentrate on my work and of preparing the house happy to know we will get a small girl and happy to prepare for my presentation of my cathedral to the schio municipality although at times feeling bad about my back being stiff and the continuous bad weather making it hard to walk or bike"

03\_091: "listening songs again on my way to a small village in a trentino valley to buy my tractor and also listening to songs watching television in the mountains after heavy work and lastly in holland listening to music streamed on my phone and later installing an application for it to listen to even italian radios and switching also to dutch radios while plastering and painting"

13\_081: "painting executed in the mist of doing renovation work in holland and preparing to present the cathedral idea to the italian authorities and dedicating not so much time to it but nonetheless starting to change quite drastically from previous painting with the introduction of more squared shapes"

05\_074: "fable written finally enjoying some quietness in the netherlands after so intensive works in the mountains and perhaps feeling myself a bit like the character of the fable inspired by the dormouse i kept awakening with the tractor going to work on the mountain field"

10\_137: "at first exploring the beautiful city of leiden extensively filming all its public places but then being stopped to visit public space because of the constant rain here in holland but also the work dedicated to present my cathedral idea to the italian municipality and commuting for an entire week to utrecht to build a 3d model of the cathedral filming public spaces in my walk from the station to the shop and filming while in culemborg on my way to do grocery and other everyday tasks"

13\_082: "managing another painting now in my dutch study with a lot of bad weather outside and taking a break from renovating keeping the shapes very simple and more edgy"

09\_133: "several dead around the world with natural calamities but also many refugees attempting to escape or mass shooting like in the united states and still bombing and explosions linked to islamic terrorism"

04\_098: "a month quite gray spent mostly indoor beside a few times biking and inhaling some car pollution and beside that being often in utrecht to print a model of my church and inhaling some pollution there while back home mostly inhaling a bit of smell plastering and sandpapering the plaster but also painting with fixative and later repainting the doors with a nitro based color"

02\_152: "dreams written while in the netherlands having many of them despite don't sleeping so well at night at first also taking some magnesium and dreaming of my new situation of an unemployed and of my former swedish colleagues but also a lot of the people in the mountains and getting affected by particularly an underwater documentary and a film of a mother being kept in a shed with her son"

18\_109: "a month spent to begin in my dutch study preparing a presentation for the italian authorities but seeing a most agitated weather outside and walking along the river with a lot of wind and also experiencing quite much wind while in rotterdam and finally going to italy experiencing almost no wind in the mountains and quite some while driving back to holland through switzerland"

16\_113: "experiencing a very bad beginning of the autumn in holland with much bad weather and finally getting the nice weather in italy both while in venice and later in the mountains taking my brother-in-law and his family for small walks and lastly experiencing a bit of gray weather but no fog driving back to the netherlands through germany and france"

10\_138: "public spaces filmed first in the netherlands despite the bad weather and despite at last sending to repair my leica camera and getting a much cheaper and smaller one to do my videos and with it exploring rotterdam and later italy staying shortly in venice and then up in the mountains walking around with my brother-in-law and his family also taking them to bassano before driving back to the netherlands stopping shortly and filming particularly in germany visiting florian in the black forest and in france climbing up a small mountain to a castle and before reaching the netherlands stopping in luxembourg but finding it rainy and anyway to fancy and small of a place"

08\_166: "trash picked briefly while in sweden but then mostly in the netherlands after the long break in the alps walking mostly around amsterdam hitting towards the tourists area"

08\_167: "still trash picked in venice walking from the station to the apartment and back only to prepare the rooms for our guests and also trash picked while in utrecht meeting myrthe there after work"

08\_168: "picking trash in the netherlands despite the rain and in fact getting quite some mold in the scans particularly from the trash picked in harleem spending an entire day there walking around"

08\_169: "trash picked mostly walking from the south station to the city center of utrecht going there for days in a row to print a model of my temple"

08\_170: "still trash picked in the netherlands finding it also walking to the supermarket and

through the square of the small city of culemborg where we now live"

08\_171: "trash found mostly in utrecht especially with the wind blowing away the paper left on the sidewalk to be collected in the different households and still also picking trash wet from the rain"

08\_172: "walking intensively in rotterdam and finding almost no trash on the east side also due to the strong wind but then walking all the way down the immigrant west neighborhood and finding a lot of trash walking on the side roads feeling quite merged with the migrant population"

13\_083: "painting executed after a period of break in italy and fixing up the already existing draft i made having now lost a bit of my hand and feeling quite sick of the gray dutch weather outside this time also using my new small sony camera to photograph the result"

11\_118: "ideas got at first traveling from stockholm to venice and then there spending a few days with jacek before leaving for south india and getting quite many ideas there exploring bengalore and walking many kilometers"

05\_075: "finally some peace of mind to write my fables now in culemborg away from the mountain work and getting fully inspired by documentaries watched on valley of the kings in egypt again telling the story of a creature usurped by modern humans"

07\_096: "people met during my exhibition in frankfurt including my future to come friend florian who drove me down to his atelier farm in south of germany and some visitors to the exhibition but also a graffiti artist and the two curators assistants and also an american artist working for google who later hosted me in san francisco"

14\_112: "a month walking quite extensively in the netherlands despite the bad weather and walking in culemborg but also a lot in utrecht going for several day to a 3d print shop there and walking amsterdam but mostly taking a long walk in rotterdam before going for a short holiday in italy walking around venice and later taking my brother-in-law and his family around for walks in the alps and in bassano"

15\_099: "a month feeling quite fed up of the gray dutch weather and finally going to sunny italy but feeling very bad about the bad reviews that my turkish guy taking care of the apartment generated and then feeling much better walking in the mountains and later traveling back to the netherlands first stopping at florian and then through germany and in the netherlands feeling only very happy of the prospect to move to the mountains"

01\_166: "a month spent to begin with in holland preparing for my meeting with the italian authorities for the building of my shrine in the mountains and nonetheless trying to live a normal life doing some renovation work and exploring a few dutch cities till at last going to italy with my

brother-in-law's family and only doing holiday there before driving all the way back to the netherlands and from there flying to sweden having days using very little objects"

12\_067: "recording my thoughts on a less regular base now with a strong wind outside and much to prepare for proposing the building of the shrine to the italian authorities and still reflecting on my determination to go for such a plan"

12\_068: "thoughts recorded mostly on my way to the train station in culemborg and also walking around even on the platform waiting for the train and slowly losing my determination to move to the mountains and build the shrine becoming thus quite critical on society but then at last going to italy and recording more thoughts driving back through france and walking up to an abandoned castle inspiring once again my construction"

17\_082: "clouds observed first in sweden at the beginning of the summer going for a seminar with my colleagues in a country villa and trying to spend time outside and later in the netherlands spending most of my time alone in utrecht experiencing quite some bad weather seeing still quite some creatures and naked bodies"

09\_134: "being very regular reading the news both on-line and watching television but getting most of the time only gossips and only a few times some news both related to terrorism particularly in the united states and natural catastrophes"

06\_066: "going on a nice bike ride with pregnant myrthe taking the train to north holland and going down the west coast trying to bike moderately next to her and with a new saddle and later biking to a small village to the south of culemborg alone and with wind and not so good weather"

06\_067: " trying to run in a nearby cow field by the river in holland and later spending period spent in sweden at the countryside with august running with him down the old railroad where i used to take him when he was little on the stroller to make him to sleep and going not so fast making him to rest quite a few time to allow him to catch his breath and buying new running shoes while keeping myself tracking shoes and not really feeling any pain in my back despite having not run for a long time"

06\_068: "taking advantage of a nice day in holland and taking a long bike ride to utrecht to bring an italian book back to the library and going quite slow to begin with and only in utrecht getting back my energy and also on the way back keeping quite a high speed but getting a pain in my left knee"

07\_097: "swedish girls friends of my old russian friend pyotr and a canadian girl from montreal met on the pland before meeting doctorate students met in london particularly a group of girls studying in bremen but with various background like jewish and polish"

05\_076: "and writing about hyenas after seeing them long before in a dutch zoo with august but only in the mist of writing seeing a documentary about them and also only later hearing that in fact there animals in the zoo mixing races and this time focusing on the fanatical extremism of an offspring maybe inspired by my readings of fascist warfare in africa"

10\_139: "public spaces filmed firstly in holland mostly on my way to sweden spending a day walking around amsterdam before flying and then waiting to meet in august first in stockholm walking around despite the depressing weather and then in uppsala spending a beautiful sunny day with august shopping winter clothes to later return to holland and filming a bit in breda and utrecht during a one sunny day out of many gray and rainy days"

04\_099: "pollution experienced to begin with in northern italy with a nice weather but never any rain to clean up the polluted sky particularly experiencing pollution driving to bassano with my myrthe's brother family and later going to sweden to meet august finding the air clean beside in the living room where i got to sleep and running with august inhaling good clean air and back in holland doing more renovation work painting the doors of the living room and part of the ceiling in the attic cleaning it from dust"

18\_110: "month spent to begin with in holland with some wind experienced mostly in amsterdam waiting to catch the plane to visit august in sweden and there experiencing quite some cold wind and then almost no wind back in holland but a lot of bad weather going therefore little outside and getting exposed to the wind"

16\_114: "a very filthy gray weather in stockholm and then visiting august in the countryside finding some beautiful sunny days and later going back to a very gray and rainy weather in holland before finally going back to italy really enjoying the sun and the temperature there"

15\_100: "a period feeling not so good in holland with constant bad weather and isolation but then trying to keep up exercising and feeling good about it also with the italy prospect and the building of the prototype to show the italian authorities and at last going to italy feeling very good and talkative while with my parents in venice and later happy about the good reception of my project by the authorities"

14\_113: "a month with quite some walking in stockholm and later visiting august back in his grandparents' countryside place after years and going back to the forest searching for mushrooms and walking in uppsala shopping for august's winter clothes before going to the netherlands and despite the gray weather walking extensively in the big cities and in particular rotterdam and in italy walking quite much in venice"

02\_153: "a period dreaming not so much for all my traveling to begin with to sweden getting

affected by an horror movie watched with august and then back in holland getting some worries in my dreams and absorbing myrthe worked stress but getting several dreams talking to one of her friends' boyfriend after talking about his trips and also getting affected by the renovation work in her house till at last going to italy but not sleeping that much and dreaming little"

10\_140: "movie shot while in holland despite the gray autumn weather managing to film a bit in the small culemborg and utrecht but also exploring amsterdam and later in a sunny day rotterdam before going to italy and making a base at my parents exploring venice while being in thr mountains for a couple of days working on my field without filming"

03\_092: "a period spent in holland plastering and painting the walls of the house while listening to an app on the phone broadcasting radio stations also from italy and listrning to it also while training but also hearing and recognizing songs doing grocery and having italians friends from culemborg over for a cake and letting them play music for their kids"

06\_069: "going to row with my stepfather in venice and feeling a little lame about it not really enjoying it and reaching little heart beat but then going to the mountains and digging in my field in the area where i want the altar to be working hard and reaching high heartbeats"

06\_070: "still digging in the area of the altar in my mountain field and filling buckets with hearth and emptying the buckets in the tractor reaching very high heartbeats despite struggling to get some grass removed"

08\_173: "trash picked on my way back to italy mostly walking around amsterdam and utrecht despite the bad weather and working hard on the presentation of my project for the italian authorities"

08\_174: "trash picked on my way to sweden taking a walk in amsterdam before spending a whole day in cold and gray stockholm walking much around before finally being able to see august and picking trash along with him during a beautiful sunny day in uppsala before getting back to holland"

08\_175: "trash picked on my way back to holland after driving through europe but finding no trash because of the rain and spending a day in rotterdam picking quite some trash before visiting my parents in venice"

08\_176: "walking quite extensively in venice walking trash from the crowd of tourists on my way to the apartment through riva degli schiavoni but also along the zattere taking advantage of very sunny days"

08\_177: "leaving the mountains once again for venice after working out in the field and finding an okay weather with still quite some trash left by the tourists on the riva degli schiavoni i walked

both on the way to the art biennial and to my apartment"

05\_077: "a period without interruptions writing every night in the fable book and now getting inspired by the otters seen with august at the zoo and reading about it centering the fable on how they get affected by human pollution"

01\_167: "a month started in sweden right in the place where the photographic project was conceived in august grandparents' farm using after many years not going there using the tools used at the beginning of the project and then coming to the netherlands doing there some renovation work and working hard on some visualizations for my presentation to the italian authorities in italy where i went for a week and beside staying with my parents in venice working hard in the mountains digging and sawing trees i had already fall"

07\_098: "my parents' friends brought on an excursion around stockholm and later going to san francisco to attend the quantified self conference and meeting there a man from my native village married to a rich japanese and artists exhibiting in the exhibition i curated such as a couple from new york doing abstract work with data and a guy from montreal shaking hands with everyone to exchange dna"

12\_069: "living in the dilemma or weather or not moving to italy and realize my installation there reflecting very much about my natural willing and determination against all the social stages and roadblocks walking less seldom out dre to the bad dutch weather"

17\_083: "clouds observed while in the netherlands trying to spend time outside waiting for myrthe after work and exploring the utrecht surrounding recognizing quite some animals and naked human bodies"

11\_119: "still in india traveling by bus and train in the south of the country getting ideas by the people there and their costumes also walking a lot and lastly staying in a countryside place walking twice around a holy mountain"

10\_141: "films of public spaces shot mostly while in venice awaiting to meet the italian authorities to discuss about my project and finding a little gray weather but also a sunny one walking around again mostly doing errands for my apartment and back in holland mostly staying in culemborg filming a bit there to later explore very thoroughly the beautiful city of amersfoort"

04\_100: "a month started in italy breathing the fresh air of the mountains with the smoke of the chimney and that of my tractor to then go back to holland and spending some intense days painting the attic with a new air compressor and breathing mostly turpentine later going back to italy and mostly breathing in the mountains freshness my chainsaw"

18\_11: "light wind at first in santa caterina: working on the vestige add then later experiencing

more wind and bad weather in venice and coming back to holland with days after days of bad weather and some wind but then returning to santa caterina and also there experiencing some wind while before at last peacefully working on the forest with stable weather"

16\_115: "beautiful sunny days in italy working in the vestige and getting quite some sun before going back to a depressing weather in the netherland now convincing me to leave the country and move south even if the economic and political situation is much worst there and experiencing only a partial day of sun but beside only clouds and rain and finally some snow which i escaped going back to italy finding some sun but also snow and rain experienced however working in the forest"

05\_078: "in holland improvising this tale and somewhat creating a parody of political power and the way it is getting more perfected and automated writing quite much and regularly"

03\_093: "music heard while hanging out at a shop to print my three dimensional model and listening to music there as well as when working on our dutch house sandpapering the newly plastered walls and renovating livia's room but also building a video-game of my cathedral introducing the very songs of recorded in this project"

15\_101: "a period feeling quite distressed of all the bad weather in the netherlands and getting better walking extensively in the city of amersfoort and later working hard both in italy and in the attic back in holland to build a room for august returning later in santa caterina taking some time to get back in the hard working wood and enjoying cutting wood outside feeling however quite upset about jacek's thesis replicating my own without any acknowledgment and back in holland once again feeling quite horrified of the weather till at last a day of sun came to the rescue"

09\_135: "some news with heavy casualties again in the middle east with an earthquake as well as terror attacks with other minor casualties happening around the world and reading as well as watching the news consistently in the netherlands getting quite sick of the too many gossip news and also in italy trying in the mountains to read headlines at least every day"

07\_099: "still folk met in san francisco during the quantified self gathering where i was asked to present and photographing the local folk helping me to install an exhibit but also some of the participants like a saudi guy and vane american and even some researchers including a girl from spain coming to visit the exhibition"

13\_085: "painting executed after a long break spending my creative time preparing to present my cathedral idea to the italian authorities and finally getting back to my dutch studio and discovering a new style twisting the blues flow of my painting and giving it more dynamic and depth"

17\_084: "clouds observed while at the italian seaside for the first time with augut and myrthe together observing clouds also on my way back to holland seeing quite some human figures and

vehicles"

09\_136: "a winter period with almost no casualties read in the news and then very minor casualties until suddenly many casualties have been reported especially in the philippines"

02\_154: "a period dreaming quite intensively in holland but then traveling back and forth to italy and having many nights without dreams but starting to get many a dreams related to the mountains and particularly at the field where i am building my cathedral there and also getting a few dreams fully inspired by some films i watched with both violent and sex scenes and finally also dreaming of my future daughter"

01\_168: "a month spent most entirely in holland working on the house and on my project with only a few intense days spent in italy working hard on my project in the forest sawing down trees both in the place of the future parking lot as well as up the valley and back in holland also buying a new car used later to take trips with also august on my side"

09\_137: "an explosion of casualties around the globe due to even minor causes such as crashes and fires but quite repetitive this along still fighting in the middle east and reading these news mostly on my phone and watching the news while in the netherlands during christmas"

05\_079: "fable inspired by the starlings invading our dutch garden in the autumn doing much noise and eating our grapes yet writing of one of them being different from all others and reflecting also on contemporary humanities and their starling way of being"

06\_071: "still putting my heart at work in the digging of the foundation of my cathedral in the alps and then coming back to holland to find a really lousy but not too cold weather allowing me to go running despite my back"

04\_101: "a period started in the mountains working with my chainsaw and the newly bought winch and also breathing the bad air flying back but to the netherlands with fresh air there until i started renovating the bedroom plastering and painting the window inside and later driving quite a lot with our new car to attend the christmas celebrations and show august around till at last chilling out and spending holiday time with august also going running and breathing clean air"

13\_086: "painting executed still maintaining my new style making the blue surface across the painting more dynamic and in a spiral fashion but taking quite some time to finish the painting with the christmas holiday in between and little time spent in my study"

07\_100: "still in san francisco now receiving folk to my curated exhibition and meeting a rich guy studying at standford and other folk till at last going back to italy in search for a place where to build my artwork and meeting quite a few artists in a small sculptural park at the foot of my native highland"

10\_143: "filming while visiting many a places both in holland and in belgium with august but have less possibilities to seat and film with him having to get used again to it like in the old days roaming the cities of the world and also getting quite some wind but at last filming extensively in amsterdam after august departure"

11\_120: "taking a long time to scan the drawings with a faulty scanner but at last finding a way to scanning them by lifting the scanner at every scan and getting ideas to begin with in sweden in the cold winter weather also visiting august in uppsala and later getting more ideas back in holland walking in the snow"

11\_121: "ideas collected on my way through amsterdam to sweden in the middle of the winter and in a nice day spent walking around the dutch city of hilversum"

18\_112: "a month with a lot of wind to begin with but then constantly a lot of wind experienced being out with august almost every day during christmas holiday in the netherlands but also traveling to belgium and across the country still experiencing a lot of wind at the beginning quite warm but then cold after august departure"

16\_116: "an entire month spent in the netherland experiencing cloudy weather daily beside a few days spent with august and myrthe in maastricht and also experiencing regular rain but never too cold a weather being able to take long hikes during the christmas holiday"

14\_115: "a month of winter walks taken mostly with august visiting with our new car several places in holland such as walking through a desert to reach an abandoned radio station but also walking in maastricht visiting myrthe's brother and his family and also walking in belgium by the ocean picking shark teeth and in brugges taking walks also in amsterdam and rotterdam but alternating easy days with walks in culemborg"

13\_088: "painting executed now feeling more willing without any renovation work to undertake and making it quite simple this time trying to give light to it with light colors"

08\_178: "a period with a lot of rain picking trash seldom mostly in the netherlands and a bit in italy during my short trips there"

08\_179: "walking a lot with august in different dutch cities during christmas holiday but finding them mostly wet till at last going first to maastricht and then to amsterdam finding a good dry weather and a good road with plenty of trash in the amstel area"

08\_180: "left alone now awaiting for my plane to sweden talking a long walk from amsterdam stadium all the way to the center finding a lot of ghetto areas filled with sidewalk trash and venturing alos to pick some fireworks despite having to get on the plane"

15\_102: "a period feeling very happy with august on my side during christmas holiday in the

netherlands only feeling a bit down after his departure and facing myrthe anxieties for the pregnancy soon however turned into good and harmonious living despite the constantly gray weather"

03\_094: "songs collected in the autumn visiting once again italy and staying in venice with myrthe's brother family and later shortly in the contrada and with my nephew before driving back to holland listening many songs in the radio despite having to annotate them on paper while driving and also stopping on the way to visit florian listening to him teaching violin to his daughter before driving back through france again annotating radio songs while driving"

13\_089: "proceeding to experiment with a more dynamic blue spiral going across the painting and this time doing a double spiral and maintaining a rather simple background cutting open the smaller tubes of colours to finish the painting inside"

05\_080: "fable inspired by the many documentaries watched on animals while spending the winter in holland and describing the life of invisible chameleon also going through a mutation in her quest to get more in contact with the male body and later protect her eggs"

07\_101: "finally photographing my new acquaintances in the mountains like my neighbours during a dinner out in the garden and two girls singing in the church probably before becoming nuns and at last photographing two other girls during the mountain village festivity"

13\_090: "finding a moment of calm in my dutch study and painting again experimenting with spiral and this time overlapping two but getting too dark colors also resulting in a not so good filtering unable to distinguish all the fading degrees of blue"

06\_072: "a christmas period running quite frequently with august despite the dutch weather and letting him walk several times to catch his breath never really running to fast and always on the same country road to the dike finding no wind but light rain"

09\_138: "several casualties still in the middle east with suicide bombs but also several natural calamities striking the world with mudslides and bad weather reading now both online newspapers in the morning and watching the news in the evening almost daily"

13\_091: "painting taking advantage of the constantly gray dutch weather confining me in my study also waiting for baby livia to get born and now continuing my spiral tendency but recovering the drop and still using a similar color palette"

13\_092: "again a painting with both the drop and the spiral but now making a large red circle at the bottom and insisting painting the gray with the silver on top"

17\_085: "clouds recognized traveling to my native village in the alps keeping there with both august and myrthe taking good walks and seeing a combination of animals and humans"

10\_144: "films of public space captured in the netherlands not really going to so many places but filming intensively when i did like in utrecht otherwise filming very shortly in stockholm during a brief visit and mostly filming in culemborg also during a sunny day over next to the flooded river"

13\_093: "painting executed with still a very gray weather inside waiting for livia to get born and keeping long hours in my dutch studio now executing no circle but a red surface under the blue flow getting less dynamic"

13\_094: "painting executed in my dutch study during still the gray weather out and this time experimenting with a yellow oval and a gold overlay"

13\_095: "continuing to paint this time making a fast dynamic blue flow keeping up with the circular yellows covered in gold and also reintroducing big black surfaces"

02\_155: "initially dreaming a lot with the gray winter here in the netherlands and myrthe no longer going to work due to her pregnancy but then starting to watch an american tv series together every evening and not having any dreams for sometime but at last getting used to the watching and dreaming again often taking in elements from the tv series but also still dreaming a bit of our mountain place and the upcoming baby"

05\_081: "writing quite smoothly every evening on my fable book and this time improvising a story about lamas after noticing them in a farm here in holland and also getting affected by watching a series on a narco as well as reflecting my willing a building a temple in the mountains"

06\_073: "running alone after august's departure and mostly in the open dutch countryside protected by the dike but also on the dike on a day of sun with no wind reaching a very high rate but still always having a bit of a stiff back and a small pain in the knees after always working on my laptop standing"

01\_169: "month spent doing very little activities waiting for livia to be born and mostly working on my project interrupting the renovation of our dutch house ad also this time drinking a lot of water from the bottle and eating only two or three times a day after having problems with my teeth and not spending to much time out either with myrthe pregnant and bad weather"

03\_095: "spending some nice days with august in sweden in the old barn and recovering some of the songs heard there at the beginning of the project like august's grandfather whistling and back in the netherlands playing some old songs on the piano for myrthe's mother and later going to a small rock concert by a naple friend living in the village and also hearing songs while in venice played by street musicians and at the supermarket before getting back to holland and listening to the radio on my phone while scanning trash"

09\_139: "a month with a very high amount of airstrikes all around the world and conducted

different nations over presumed terrorists and rebels and minor casualties reported more visibly on the news beside a lot of fighting and bombing still going on in the middle east"

12\_070: "recording at a far less intensity now with myrthe home for her pregnancy and also lowering my hopes for the italian plan getting my thoughts darker and definitively upset with the indifference and injustice of the establishment"

04\_102: "a month inhaling almost no bad air beside the traffic in amsterdam and sometime some traffic running over to the dike and other than that spending most of the time at home awaiting for livia to be born and only going to arjian's birthday in amersfoort and inhaling the smell of a chemical factory brought by the wind while walking on a dike"

13\_096: "painting executed once again in my dutch study waiting for livia to be born and the winter to pass and keeping it simple this time enforcing the center circle with a black surrounding and maintaining the silver and gold surfaces"

13\_097: "very much focusing on painting and managing yet another one keeping it very simple with the blue flow across and a pink one emerging from below and still the presence of the round dot this time however green to contrast with the pink"

03\_096: "music listened at the barber in utrecht getting ready for an important meeting in italy and there hearing music at the supermarket and in my mother's car then while with franco the guitarist back in holland as well as while plastering the bedroom and listening to the radio"

16\_117: "depressing winter weather in holland with a constant overcast and alway not too cold nor too warm temperatures and very little sunshine overall with only some sunnier and colder days towards the end being sort of force here awaiting for baby livia to be born"

18\_113: "a very windy month with as much as a storm uprooting trees and blocking the traffic and alternating always of few days of calm with again a lot of wind experienced mostly walking by the flooded river in culemborg but also in amersfoort"

13\_096: "still a prolific painting period awaiting for baby livia to be born and spending much time in my study pursuing the twisting blue shape and the red dot but this time getting rid of the gold surface"

10\_145: "filming mostly with pregnant myrthe on my side going to check little livia soon to be born at the hospital and also visiting the newly born baby of cas and petra in utrecht walking there by myself while leaving myrthe with them and later also walking in amersfoort and out in the surrounding nature before taking many small walks with myrthe in culemborg and also visiting doorn during the weekend"

11\_122: "at the zoo with august in amsterdam getting quite some ideas traveling with him and

later in sweden roaming around uppsala waiting to meet august and finally on my way to italy getting some ideas while in venice and up the mountains waiting to burn a big pile of branches"

15\_103: "a period feeling quite isolated and forgotten with the plan to move to italy becoming almost impossible and only feeling a bit happy with our friends visiting us and their kids and finally being able to concentrate on my project and regulating the use of internet to check for news on especially the progress with the mountain installation"

14\_116: "walking only in the netherlands with the exception of a day spent in stockholm and a few times alone exploring a new side of amsterdam and later walking in utrecht while myrthe visited her newly born nephew and in amersfoort also going far along a dike and other than that walking mostly with very pregnant myrthe to make her do some movement and be able to sleep better"

13\_099: "painting executed now finishing many colors and returning to the double spiral with a green and red dot contrasting each other and with the background shapes following the curves of the spirals"

07\_102: "folk met in the mountains like the new boyfriend of myrthe's mother and the iranian lover of my german artist friend florian but also photographing my neighbours during the many summer birthdays with those staying in the contrada and those only coming back for the holidays"

13\_100: "painting executed still waiting for little livia to be born and this time getting rid of the silver and gold surfaces finding a nice spot where to locate the red dot and working more on my laptop to remove borders imperfections"

13\_101: "producing many paintings waiting for baby livia to be born and with the weather and a bad knee forcing me inside now receiving a new stock of 600 grams cardboard to paint on but getting it too thin and getting too loose from the wall when applying the colors but managing somehow with masking tape to keep it firm and produce a spiral similar to the previous"

13\_102: "last painting executed before the birth of livia getting used now to the new paper and making a nice central spiral with a quasi perfect yellow circle and all other colors recovered around"

06\_075: "running mostly in the gray dutch weather and sometime with wind below the dike and not feeling in great shape due to a pain in my left knee after standing too much updating my project and finally feeling better and doing a good run reaching high heart beats"

12\_071: "not really going out to walk alone in this period spent mostly with myrthe awaiting her to give birth and only recording my thoughts going on small errands or in the rare occasions of good weather after taking myrthe out going already out and reflecting on my final mission for my life work"

12\_072: "thoughts recorded right before and right after livia's birth and keeping up a dilemma between myself of whether to give up the cathedral project in italy or just go for it despite having to also take care of my new family and mostly walking along the river despite the recent flood and the mud"

13\_103: "first painting executed after livia's birth and managing to do it in the small breaks not helping myrthe and preparing a whole new set up also for the cutting and preparing of the new boards in the right size as well as the painted boards and for this painting managing a pink square in the middle and other rectangular shapes departing from it"

13\_104: "painting executed now in the breaks waiting for little livia to wake up and finding a nice balance of colors now also taking the time to polish borders and corners with the photo editor prior to filtering the image"

09\_140: "still several casualties in syria and terror attacks but also several accidents now mostly reading the news on my phone having little time with the birth of baby livia"

17\_086: "in sweden annotating the clouds seen in the sky on my way to work and in djursholm attending august seeing many animals and sculptures"

13\_105: "attempting a spiral closing in itself with no space in between but not really succeeding in rendering the idea once the painting has been filtered and realizing that all these painting decorating the sides of my cathedral represents the water of a noah like ark"

10\_146: "public spaces captured while waiting for little livia to be born taking small walks with myrthe and alone enjoying some sun particularly next to the river waal and later capturing the area around the hospital spending the first nights at the hospital before going home to culemborg and pretty much staying there and taking filming both in the town and along the river"

06\_075: "taking an extensive bike ride with august in a beautiful winter day in the netherlands discovering new places and keeping a low but constant pace also using a normal city bike and not my racing bike and getting wind and some saddle pain towards the end"

13\_106: "painting executed in the little time left while attending little livia and being often interrupted but nonetheless managing to keep a simple surface without too much depth and the basic colors"

01\_170: "the month in which my daughter livia was born and month characterized with a lot more utensils used for example to feed her or anyway to clean the house and give her small baths with a high number of objects used but also some nice days spent biking or walking with august and still managing to keep up with my own project despite the nights trying to pacify crying livia"

04\_103: "a month awaiting for little livia to be born and only breathing the traffic walking on the

small dutch dikes and later after many days spent home attending the new baby inhaling some traffic emissions biking with august and walking with him in utrecht"

08\_181: "gray and often rainy weather picking trash during an exceptionally sunny cold day in amsterdam after accompanying august to the airport and also picking some trash while in culemborg talking small walks with pregnant myrthe"

08\_182: "still picking trash while taking small walks through the small historical center in culemborg with myrthe very pregnant and unable to go too far"

08\_183: "picking trash around the hospital awaiting for myrthe and newly born livia to be released from the hospital and also picking trash while with august walking extensively in culemborg with the wind disseminating garbage everywhere and in utrecht"

08\_184: "trash collected walking around with august in culemborg and in a nice sunny day walking extensively through amsterdam after dropping him at the airport"

13\_107: "painting executed again in the free time while looking after baby livia and managing a more dynamic shape with a full palette of primary colours still however refining the edges on my computer"

14\_117: "walking with very pregnant myrthe first in culemborg and then for the first time pushing new born livia on a stroller also with august on my side and with him walking in utrecht beside taking livia for walks on the dikes and a solitary walk in amsterdam after dropping august at the airport"

18\_114: "a month with only a few days without wind bringing at last some blue sky and sun also with the birth of livia and becoming quite subtle during august stay here in holland and very siberian cold and strong after he left"

13\_108: "now finding more time to paint with livia sleeping during the day yet keeping the paintings very simple and with few colours going for one spiral well inscribed in the square panel"

09\_141: "several minor casualties all around the world and particularly in europe while hundreds died in the besieged neighborhood of the syrian capital reading the news mostly on my phone while in holland"

15\_104: "a very happy month with livia been born and august coming over spending some sunny winter days all together and doing a lot of outdoor walking and even biking with some progress in italy and also selling my swedish apartment feeling happy about it but still feeling completely isolated despite my intense work on my project"

16\_118: "a very sunny winter month to begin with characterizing the birth of livia and with temperatures getting even warm enough to take a big bike ride with august but then getting

extremely cold and mostly too windy to go out with at last some snow"

13\_109: "painting executed now with a little bit more time to spend in my studio and attempting again to fold the spiral on itself and finding a way to keep the circle this time as a big sun behind it"

10\_147: "filming at first with august in culemborg during some sunny winter days and also exploring the countryside biking along a beautiful small river and stopping in a few locations but also filming during a day in utrecht and later alone in amsterdam before returning to culemborg and now for the first time filming while walking with livia in the stroller"

07\_103: "still some folk met in the mountains like a guy with my same last name and later folk met at the quantified self conference in amsterdam such as some folk from belgium and some from england and the american pianist wife of my friend morris who just had a baby with down syndrome"

12\_073: "managing to record my thoughts now taking an hour off every now and then from myrthe and baby livia and walking alone in some nice winter weather along the river and feeling an overall nice sensation of the natural surrounding as well as of livia's birth accepting my quasi totally secluded condition"

03\_097: "music listened quite extensively on my phone while painting the windows of our dutch bedroom prior christmas and later more christmas music heard also on the radio traveling with august in belgium and finally drawing and scanning trash"

03\_098: "songs heard sang at first by myrthe and then spending time at the dentist getting four cavities filled and later keeping up to listen to music while drawing and also beginning to sing songs to baby livia while still in the belly and recovering many old swedish songs i learned in sweden when august was little"

05\_084: "fable inspired by the actual river here in culemborg and with the knowledge acquired watching some documentaries with hippos and perhaps reflecting my prolific state making art and lastly improvising a little parody with the biblical red sea"

13\_110: "painting executed still having to take care of baby livia and also painting the doors and windows outside here in the netherlands feeling not so keen for more painting but finally taking advantage of some rainy days to do one"

13\_111: "painting managed during the visit of daniela from italy and getting little time to spend in my studio but at last finishing the very simple paint using few color and a simple shape"

10\_148: "films of public spaces now shot walking around with livia in the stroller staying at first quite much in culemborg and then only later exploring utrecht and the river waal taking our

mountain neighbour daniela around the netherlands but still not filming extensively to avoid upsetting her"

02\_156: "a month with not a single night of full sleep with baby livia waking up every two hours with tummy ache nonetheless managing to dream now also beginning to have more dreams in our dutch house and quite many definitively inspired by watching the news as well as an american series"

11\_123: "ideas got now traveling through europe at first in sweden supervising students and later in the netherlands on my way to italy by car stopping in frankfurt with myrthe before proceeding to venice looking for an apartment and getting quite some ideas there"

06\_076: "feeling now very trained despite the weather starting to run very fast on the river dyke with a few days being able to maintain a high heart beat for a long time before having to pause my training and contenting myself to take daniela on a visit here for a calm bike ride"

09\_142: "a month in the netherlands reading the news on my phone and on tv with several plane crashes and a big one in nepal as well as minor accidents and still war related deaths especially now that russia and turkey try to get a hold of parts of syria"

13\_112: "painting executed during gray cold days in the netherlands with a whole new design of the spiral becoming an actual drop and maintaining simple colors with a red dot"

13\_113: "painting now with baby livia in the stroller next to me and keeping up the new design of the spiral becoming a drop while complicating the background with more colors"

12\_074: "taking advantage of some sunny days to walk pushing the stroller with livia asleep and recording my thoughts having still no clear understanding of what the coming future will bring but accepting my role of marginal meaning maker"

07\_104: "photographing people mostly in sweden beside a colleague in stockholm being invited to gothenburg to have a studio visit with two students and later also photographing folk related to my exhibition at the hasselblad foundation lastly photographing a basque scholar visiting sweden"

17\_087: "still observing a lot of clouds while in sweden now both in sodertalje and commuting to august on the opposite side of town observing many kinds of animals and human creatures"

18\_115: "a period with only a few days of calm wind and other than that experiencing a strong wind taking walks like on the dike to make livia asleep or in one occasion walking from schipol airport all the way to amsterdam central being almost blown off when in the middle of large fields and also experiencing a very cold siberian wind making it unable to use my hands for filming will at last experiencing a more peaceful weather allowing me to go biking"

04\_104: "quite a good air quality to begin with with only occasional cars passing on the dyke while

running or taking livia for a walk and also painting the windows but outside not really smelling the color and getting in quite some traffic driving to utrecht and one also walking from the amsterdam airport to the main train station breathing both the airplane petrol as well as that of cars"

15\_105: "a period feeling not so happy particularly with my mountain neighbour's daughter coming to visit and requiring a lot of attention and simply making me in doubt of moving to italy and later also getting affected by livia walking up in the night but also letting me sleep some nights and feeling a bit better also finding joy in my work and realizing i can start building the cathedral in pieces here in holland"

16\_119: "experiencing a cold weather to begin with and with a siberian wind hitting the netherlands and only at last appreciating some spring walking along the river with myrthe and livia as well as spending several days building the fence with our neighbour nico"

10\_149: "filming in holland and particularly on a long walk from schipol airport to amsterdam central despite the siberian wind freezing my hands and later filming while in culemborg taking walks with some occasional sunny days"

09\_143: "a month reading constantly the news with the war in the middle east intensifying but also an unusual number of accidents in the philippines and also a bi fire in siberia killing many kids and other minor casualties"

01\_171: "a month using quite many objects cooking and cleaning the house to receive guests to visit baby livia and keeping up my project but not as good as before now having to constantly interrupt to look after livia and also managing to install a new fence in the garden with my neighbour nico"

07\_105: "people met at first on a plane to sweden chatting with a young italian couple about my project and then meeting several girls collaborating with jacek such as an italian researcher and a belgian and azerbaijan and other girls from the stockholm curatorial program"

12\_075: "recording quite intensively in holland talking walks alone and with sleeping livia in the stroller now loosing a bit of hope about being able to move to italy to build my cathedral and at last getting to be in italy and recording my thought walking up with the chainsaw and gasoline to clear the forest below it"

05\_085: "a fable inspired looking at a documentary about lamagar birds smashing birds in africa and setting the fable right in a military cemetery there"

18\_116: "reaching the mountains in italy and experiencing a very strong wind bringing a lot of cold air in the badly heated apartment and finally experiencing some lighter wind before spending time in the valley cutting trees and suddenly having to leave for more heavy wind till at last getting

more tranquil days with almost no wind"

07\_106: "folk met still organizing jacek's small exhibition with curator students in stockholm and then going with myrthe to the mountains and celebrating the new year with romanian people and just another italian couple with many believes on ultra terrestrial powers"

16\_120: "a month spent to begin with traveling to italy and finding snow and cold weather across the alps experiencing quite some rain beside some sunny days in vicenza and finally later getting one beautiful day after another with the sun always shining but later getting colder"

09\_144: "a lot of unrest around the world with protests in the middle east and central america as well as minor terror attacks and accidents particularly a plane crash in algeria now reading the news seldom being mostly in the mounts with no internet and sometime getting access to newspapers but too focused on local news"

15\_106: "feeling happy about traveling by car with my family though germany but then feeling a little lost in italy and frustrated about being cut out with no more international recognition about my work and no one locally willing to help but then slowly focusing on my work in the forest and gaining strength and also getting help s[pending nice days cutting trees below the cathedral"

04\_105: "a month with a lot of bad air inhaled both driving through germany and the in italy experiencing also some traffic and in the mountains extensively using my chainsaw beside having to drive quite a bit all the way to bassano to get some test lectures in a private high school"

01\_172: "a month spent entirely in the alps working really hard at the cathedral managing to cut down all the trees in the valley below it and also doing some digging work and only seldom visit a few cities"

06\_077: "still in holland now biking at first quite slow taking our mountain neighbours' daughter daniela for a bike ride and then getting to run also quite slow before taking a break from mounting the garden fence and going for a fast ride on the dike and later going to italy beginning to dig the foundation of my cathedral"

06\_078: "in italy digging the foundation of the cathedral up on the mountain field filling several loads of my small tractor and getting sometime interrupted by passerbyers"

06\_079: "in italy digging around our barn and filling the tractor several times with mostly stones of several dimensions and downloading them up in the field of the cathedral by hand since the piston lifting the back of the tractor stopped working"

02\_157: "dreaming regularly beside watching series in the evening and getting affected by it and also getting quite some sexual dreams now leaving the netherlands and spending time in italy working hard in the forest and sleeping far less with less dreams and some related to my days

spent falling trees or driving"

10\_151: "filming done in italy taking breaks from working on my cathedral project and being first in padua and later taking my father-in-law to an antique fair to then drive all together to nurimberg filming there while walking with livia and myrthe and finally getting back to the netherlands taking livia for walks and at times filming with her in my arms also on a day spent at a flee market in utrecht"

17\_088: "a month spent traveling and going first to italy with myrthe seeing some clouds there and later taking august to holland strolling around utrecht and seeing there some clouds but also back in sweden going to the university and to visit august"

11\_124: "still traveling from italy now to sweden and spending time with august as in the old days now walking around in the spring weather and ordering his passport getting ideas both in nature and in the city"

03\_099: "still hearing songs with august now taking him to the airport and later also hearing songs while watching television but mostly singing small songs to little livia or hearing myrthe singing dutch songs to her"

08\_185: "trash picked while walking alone in amsterdam this time leaving livia and myrthe alone with their friends and later picking trash while in culemborg pushing livia in the stroller"

08\_186: "taking a major walk now from the amsterdam airport to the main central station and picking trash despite the strong wind blowing it away and completely chilling my hands"

08\_187: "picking trash crossing venice to fix a few things in my apartment and later picking trash visiting shortly bassano and padua despite all the forest work in the mountains"

08\_188: "still in padua picking trash while walking with myrthe and livia and her father and later with them reaching nurimberg and starting to pick trash there"

08\_189: "in nurimberg during workers' day and picking much communist fliers as well as turkish and kurdish politically charged fliers and just a few tourist related things about the city"

08\_190: "still in nurimberg now talking a long evening walk in the arab suburbs still finding some politically charged flyers but also more common ones"

08\_191: "back in holland talking extensive walks with livia now with myrthe working and us walking with the stroller and picking trash both in culemborg and following myrthe at work in utrecht but not picking while holding livia and often sterilizing my hands to avoid transmitting her any bacteria"

03\_100: "singing some songs with daniela while she visited us in holland and later hearing the same songs from myrthe watching tv-series while breastfeeding and getting to hear quite some

songs driving through germany and trying to memorize them while driving and writing them down during breaks or telling the titles to myrthe"

07\_107: "people met in the netherlands such as my girlfriend's new neighbours but also a quite under drugs american artist introduced to us by my curator friend jason and then meeting several folk at a gallery opening for refugees and meeting quite a gay guy as well as two russians living in stockholm"

13\_115: "painting executed back in my dutch study after a whole month away in italy and now also with livia to take care of and unable to fully concentrate on the painting with her seating next to me in her stroller but still managing some nice curves and colors"

05\_086: "protagonist of the fable suggested by myrthe and now getting inspired from all the energy drinking teens and developing the story out of their addiction"

09\_145: "again several terrorist related casualties and clashes in the middle east but also several natural catastrophes around the world read on the news daily while in holland"

18\_117: "a month started in italy working in the field up in the mountains pulling trees from the forest below and trying to fly a drone for filming the field but experiencing some wind and then coming back to holland through germany experiencing quite some wind also being outdoor most of my time walking with livia both in culemborg as well as following myrthe to work in utrecht and roaming the city there"

14\_120: "walking to begin with in italy at an antique fair and in the mountains to reach the field of my cathedral then walking in the nice city of nuremberg strolling around with myrthe and livia before driving back to the netherlands and walking there a lot with the stroller attempting to get livia to sleep going daily to the park in culemborg and on longer walks also by the river and in utrecht also with livia while waiting for myrthe to finish to work"

10\_152: "taking advantage of the nice weather and spending much time out pushing livia in the stroller and filming public spaces both in culemborg and utrecht and at times having to carry her while operating the camera only with one hand making the shots a bit unsteady"

16\_121: "a month experiencing the heat of italy and then driving through germany with a stop over in nuremberg feeling much colder and grayer there till at last coming back to holland and experiencing some very sunny days but then also some gray and cold weather but without so much rain being able to be mostly out walking with baby livia"

13\_116: "painting execute in my dutch study taking advantage of myrthe going out with baby livia giving me some free time and making a nice but less complicated blue curve with still a red dot present"

12\_076: "thoughts recorded first of all in italy walking up to the cathedral to work there and later back in holland while going around with livia asleep in the stroller and at this point becoming more concerned with politicians and their blocking of my italian project now once again living a most precarious existence despite my good will"

13\_117: "painting once again executed having to take care of livia especially in the morning and trying to involve her in the painting now also keeping it rather simple and with pretty much the same color palette as before"

04\_106: "a month experiencing the high level of pollution in northern italian cities taking myrthe's father there for a visit and also later traveling through germany and finding quite some traffic in certain roads but pretty much car free cities as well as back in holland walking a lot with livia and only finding quite some traffic in the outskirts of utrecht going back and forth with livia to myrthe's job to have her breastfed"

15\_107: "a month feeling at last exhausted about the heavy work in the mountains with people spying and judging it and also feeling quite distressed back in the netherlands with not really an aim for my work only feeling relief walking around with little livia and receiving friends for myrthe's birthday playing much with the kids"

03\_101: "hearing songs first while with florian in southern germany listening to her daughters singing and while in the car especially stuck in switzerland with the snow and then in italy listening songs played by street musicians while staying in vicenza at my parents but also hearing my twin sister singing to her daughter and my step sister kid to latter being in the mountains and singing songs to livia as well as hearing gianna singing also driving down the mountains like to give a test lecture near bassano"

13\_118: "painting executed again taking care of little livia and keeping it extremely simple and quite flat if it wasn't for some darker and lighter shades by the pink and green shapes"

05\_087: "fable improvised prior going to italy and feeling a bit trapped in the urban environment reflecting this in the story of the zebra also reflecting the humanity perceived while watching the news and all the world conflicts"

10\_153: "public spaces filmed walking baby livia around utrecht and culemborg waiting for myrthe to finish working and all the time not going too far from her working space to be back with livia there for the breastfeeding and also now having to seat with crying livia to make her to sleep and at times taking quite shaking films only with one hand and also now filming in arnhem visiting there a church for sale"

12\_077: "recording mostly while pushing the stroller with baby livia and convincing myself to build

the cathedral here in holland apart from italy and also getting to consider the political situation there and the european supervision impeding the country to change"

13\_119: "finally being able to paint with myrthe taking care of livia and going for a very simple surface resembling the older painting without any twisting but still the red dot and some shades more similar to the more recent paintings"