

13_159: "painting executed now with some calm back in my study in the netherlands now not really following the blue flow across and placing a yellow shape sticking out as a contortion of the entire painting"

09_164: "reading the news regularly and reading about small casualties around the world with both minor terror attack beside that in mali and minor climate change triggered catastrophes"

03_117: "music listened to on our way to berlin mostly from music i downloaded and also while in berlin listening to music on our way to see an abandoned hospital with august and later back in the netherlands hearing myrthe singing the same songs i sing in italian to livia and in the end recollecting a lot of swedish songs with my russian friend pyotr's finn-swedish girlfriend visiting us"

13_160: "reaching a very interesting combination of shapes and colours now again making a knot and then disassembling the blue flow across it in many different drops converting against one another"

07_125: "folk met exhibiting at the aarhus art museum in denmark like some journalists interviewing me and some people coming to talk to me during the opening but also a danish guy in charge of photographing it"

16_133: "experiencing quite a bad beginning of the spring in holland and then going to sweden with a colder temperature there and also at times snow but several very sunny days with a times cold mornings mostly spent walking and returning to the netherlands finding only a few days of sun and some gray and quite cold days"

18_129: "a lot of wind in the netherlands with the changing of the season keeping livia and i many days indoor and then going to sweden and finding much less wind but some days very cold also back in the netherlands with at last the spring setting in allowing me to bike with livia with almost no wind"

14_133: "a month walking with baby livia mostly in culemborg but also in utrecht despite the bad weather and the wind keeping us several days at home and then going to sweden and walking there a lot of kilometers every day going from one side to the other of stockholm and also walking from uppsala to august's place and down the river fyris but also from gamla uppsala all around the fyris and back in the netherlands walking also in the immigrant part of rotterdam now also with myrthe free from work"

06_119: "now managing to train a bit more reaching higher heart beats using an old bike chart we got from the neighbour and putting livia there now biking to bussinchem and back several times taking advantage of the nice weather but also once using the normal bike for livia to have more fun seating in the front"

12_095: "recording my thoughts in the netherlands mostly while walking with livia"

in the stroller with her now becoming aware of it and having thus to minimize my thinking and concentrate more on her yet recording my thoughts quite regularly almost every day with my life now entirely without any expectations and at ease with its course as an outsider"

13_161: "painting executed again using the technique of crossing lines not so much bothering anymore about making a fluid surface across the painting and also keeping distinct colours without overlapping"

10_178: "public spaces once again captured while in the netherlands and still looking after livia and walking with her almost daily and also making it with myrthe and her once to utrecht filming with the rain and once to rotterdam filming the more run down immigrant neighborhoods and lastly going back to utrecht but with roberto so not being able to film much"

13_162: "managing another painting in a day that myrthe spent some time home with livia yet really working several times on the shapes and the colours and this time not managing to distinguish the orange from the red when applying the filter after the digital editing"

08_214: "picking trash now in the netherlands despite all the rain and wind and also going to sweden and picking trash there walking a lot but finding very little with many machines at work to clean the sidewalk from the winter gravel"

08_215: "trash picked in south amsterdam during just prior the elections and then also picking trash in culemborg and utrecht mostly strolling around with livia and finally picking trash while in a immigrant neighborhood in rotterdam with several religious fliers"

17_099: "clouds observed for the first time taking a long bike ride with myrthe all the way south of utrecht reaching for the first time culemborg where we later moved to and also observing clouds going on holiday at the italian sea side near my mother's place seeing a combination of animals and adult as well as baby humans"