

12\_081: "recording my thoughts walking with little livia in the carrier bag and this time having to cover her ears not to wake her up and also feel a little lame in my thinking having to walk for so long to keep her asleep and yet going at a slow pace affecting also my thoughts without a clear direction"

13\_130: "keeping the shape of the painting very simple and getting a quite nice result with the blue twist in front of a golden yellow background and a green dot still painting in my dutch study whenever myrthe is available to keep baby livia"

02\_160: "a month back in holland getting regular dreams despite all the waking up of livia in the night and at times having no dreams with little sleep having to look after her in the morning and getting quite affected by the news as well as by some movies but lastly becoming more disciplined and going to bed earlier and without watching any tv and sleeping much longer also thanks to a new bed with a better mattress and a lot of walking in the dutch landscape"

16\_126: "an okay weather in the netherlands with only some heat in the middle of the day and only for a few days and mostly experiencing the autumn and some gray weather cold enough to put a sweater"

14\_125: "walking at first in belgian countryside visiting a land art installation and in maastricht with both livia and myrthe and then with livia alone almost everyday taking big walks in culemborg going mostly to the bird zoo to make her sleep but also several times over the dike and once all the way to everdingen and at times also following myrthe to work and walking in utrecht and once in leiden"

18\_122: "a normal wind situation to begin with but then having days with constant wind and towards the end experiencing a lot of it almost bringing straight to the netherlands the autumn making me unwilling to take walks with livia with trees loosing their nuts on us"

11\_129: "ideas got initially while spending a short autumn holiday in italy with my girlfriend's brother family and also collecting ideas driving back up to the netherlands with a top over my friend florian in germany and then getting ideas roaming around amsterdam on my way to visit august in uppsala and getting ideas spending some nice halloween days with him going around the forest and the city"

05\_090: "getting inspired by a small documentary seen on tv about a group of navels and writing a story about it giving meaning to their horn and again turning them against the human exploitation of nature"

17\_092: "time spent both in the netherlands and in sweden observing clouds now being a bit more outside running with the spring approaching as well as visiting august on the other side of town"

13\_131: "a painting executed in a rainy weekend not having to take care of livia"

so much and using colours very lightly still maintaining one big drop and no connecting fluid in between the paintings"

03\_108: "a month fully in the netherlands listening to music now driving to maastricht and back and then mostly hanging out with livia and having her seating on a little chair making sounds and also singing several songs to her as well as listening myrthe singing and also playing the harmonica to her and only seldom listening to other music mostly while in a shop"

15\_113: "feeling happy about my project being approved in italy and feeling happy about my days spent with livia but also see how stuck i am in the netherlands with literally no prospect to do anything and little flexibility to be in italy working on my project"

10\_163: "filming with livia now doing our first adventures together and walking downstream exploring new places and also doing the usual conventional walks to make her asleep also while in utrecht waiting for her momy and then alone exploring in a very beautiful autumn day rotterdam prior meeting my old russian friend peter"

07\_114: "folk met again during the exhibit and this time getting to talk to an important polish swedish photographer and an important swedish artist and a lesbian translator who i later met again in by chance in a small indian village and back in holland for the summer now meeting the a couple from milan and a pretty smart and skilled guitarist from naples who also moved to culemborg with his dutch wife"

01\_177: "a month intensively taking care of baby livia in holland and barely managing to update my project mostly in the morning and drawing in the evening or in the one day a week myrthe is home from work and only in the end going to italy and managing to spend o days working very hard clearing up the valley to the cathedral"

09\_151: "a month spent in the netherlands with constant access to the news yet having to dig very much behind all the gossips and hardly reading about the many casualties but finding however about several natural calamities all around the earth killing many particularly in indonesia"