

Nothing is perfect but for the time it last

Dogma is a state of comfort

In the attempt of becoming absolute masters we have turned into total slaves

You ought to cut short but you should not!

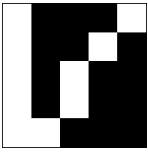
Openness is just another way to derive a new and more tight closeness

And the bigger the community the more limited will be the capacity of the smaller members and more exponential that of the bigger ones

The historical herolification of a country comes with its economic prosperity

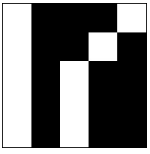
A modern improvement is at least that now man can choose, if not his life, his own death

"list of proverbs coming to my mind"



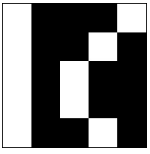
```
01 240, 240, 000
02 000, 240, 000
03 000, 240, 000//temperature going back to zero at night but
still blue sky
04 000, 240, 000
05 240, 240, 000
06 200, 200, 000
07 240, 240, 000//very warm but a bit cloudy
08 000, 200, 000//cold starts again
09 000, 160, 000
10 000, 080, 080//cold again and even morning snow
11 000, 240, 000
12 000, 200, 000
13 000, 160, 000
14 000, 200, 000
15 000, 080, 000
16 000, 160, 000//NL warmer
17 000, 120, 000//rainy NL
18 000, 160, 000
19 000, 080, 000
20 000, 160, 000
21 000, 160, 000//se
```

"annotations with comment of the weather"



viking ruins
vedutism
hellenic greek sculpture
arte povera
constructivism
neorealism
pereduzhniki
transcendentalism
verism
iron in architecture
mosaic
use of grid in painting
south tyrol masi
arazzi
stucchi

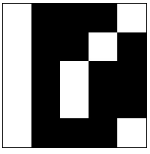
"list of things i wish to know more about"



EDITIONS: MONTH #112

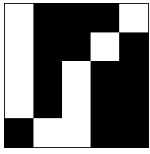
WHO IS?
Vitruvius, Marcus
Long, Richard
KLEIN VVES
Brian Eno.
Vaccari, Franco
WARHOL
MATTES FRANCO & EVA
Rauschenberg
CHAPLIN
munari
CHURCHILL
Rossellini
SHISHKIN
ULLENS MARIE-THERESE

"list of persons i want to know more about"



- The Lovers (abramovich)
- Narciso e Boccadoro
- kenneth goldsmith
- argonauts of the western pacific
- Against smartcities
- The language of ubiquitous computing
- Addiction by design
- tolstoj thirty diaries
- a Journey from petersburg to moskow
- future cinema
- Breitner drawing books
- life on the screen
- the savage mind
- homo ludens
- the three princes of serendip

"list of books i wish to read or i was anyway suggested to read"



Oh! Francesco vestito di nuovo
al tuo matrimonio or ora
ci accingiamo ad accogliere
te e la tua bellissima sposa

Che gioia vederti arrivato
con lei a questa tappa!

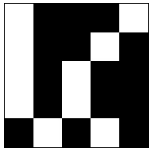
Che emozione vedervi ora
partire assieme col dono
di una preziosissima Gemma.

Che onore esserti stato
accanto negli anni fiorenti
della nostra vita:
accumulo di memorie indelebili
a luccicare le tante giornate più cupe...

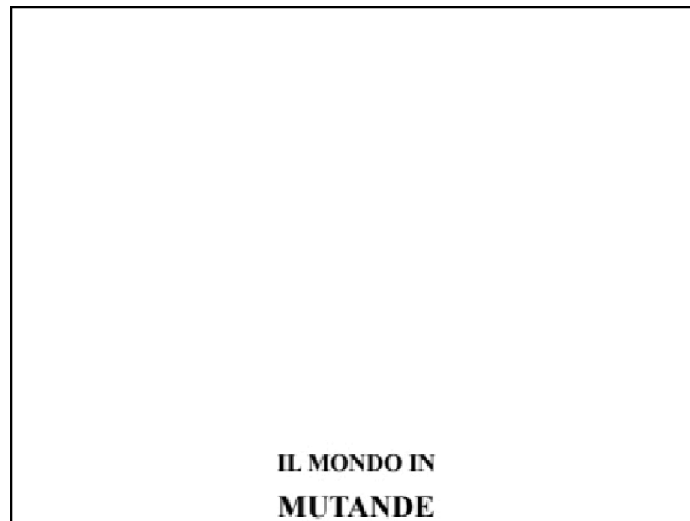
...ma quelle memorie ancora
brillano come stelle nei luoghi
ove la nostra spensierata felicità
ha luccicato.

Montagne insormontabili,
orizzonti infiniti che il nostro
e i nostri cuori
soli possono contenere.

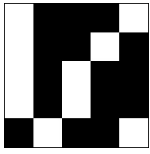
"poem written for my best friend wedding"



EDITIONS: MONTH #115



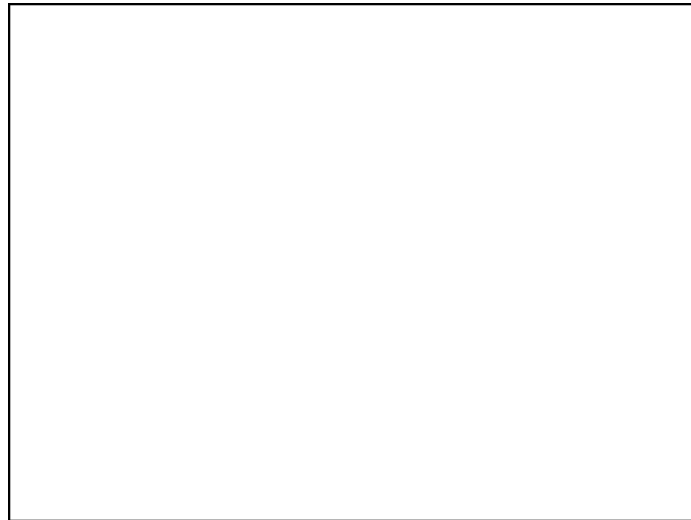
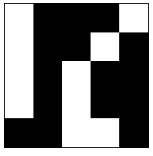
"stories written about folk met in sweden"



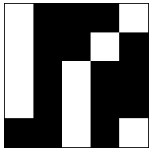
JASON FASCINO AMERICANO

Prima che il governo Svedese decidesse di far pagare agli stranieri extracomunitari cifre da capogiro per venire a studiare in Svezia, la comunità internazionale era bella, di persone da tutte le parti del mondo e che in Svezia ci veniva con idee e tanto genio. Bene o male, tra noi creativi stranieri ci si aiutava gli uni con gli altri perché era difficilissimo entrare nel sistema. Gli Americani ovviamente avevano la vita facile e bastava sfoggiare un diploma stampato Harvard o Yale o chissà che università statunitense per avere le porte spalancate. In Svezia non mi diede lavoro mai nessuno, neppure il benzinaio al di là della statale. Lavoravo esclusivamente in nero come pittore o potatore di meli e l'unico lavoro ufficiale che ottenni prima di andarmene in America a lavorare per un

"stories written about folk met in north america"

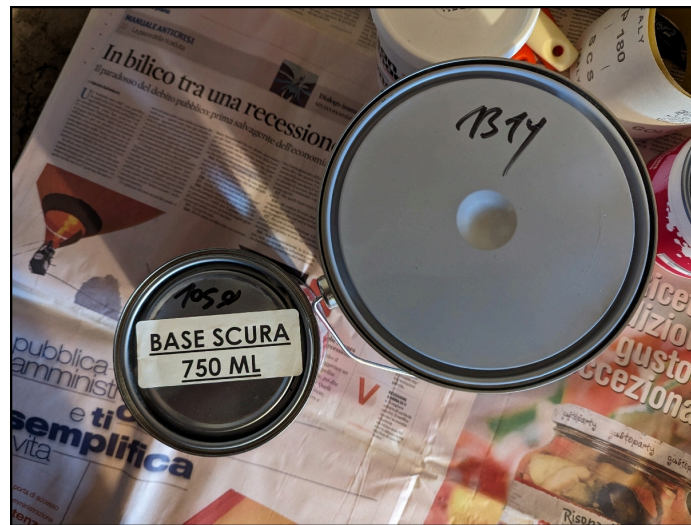
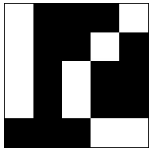


"stories written about folk met in italy"

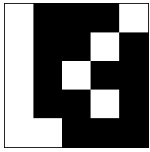


Il piccolo Antonio crebbe da una famiglia abbastanza disgraziata. Dalla parte di sua madre erano aristocratici veneziani. Si diceva che sua nonna materna nascendo aveva "ucciso" la mamma, moglie di uno dei nobili di Venezia che, infuriato, l'aveva data ad una povera famiglia di artigiani tra l'altro comunisti quindi perseguitati dal regime fascista. Dalla parte del babbo invece, come i miei avi, la nonna paterna era una sfollata dai monti che scesa in pianura era stata stuprata da un soldato Libico, uno di quei soldati reclutati dalle colonie Nord Africane che combatteva a piedi nudi.

Già a due anni Antonio veniva dato per morto e vestiva come un piccolo fraticello in una casa di rione dove perenni erano le lotte tra mamma e suocera. Forse grazie anche alla sua discendenza Araba, Antonio con gli anni divenne un grande chirurgo dedito a operare sportivi



"setting and materials used to renovate and maintain our apartment and barn and fields in santa caterina"



Alberto Frigo
Sestiere Castello 13
30122 Venezia

Condominio Istria Dalmazia stabile Zara

a) Unità immobiliare sita in Venezia, in Sestiere Castello n. 13
Scala /

Piano primo (1)
Interno 3

Destinazione d'uso: Residenziale

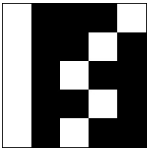
Foglio: 16
Particella: 5195
Subalterno: 7

Condotto in locazione? (in affitto? No e senza inquilino)

Atto di provenienza: Atto di compravendita a rogito del Notaio Loretta Munzio
del 4 maggio 2017, rep.n. 10648, racc.n. 6795, registrato a Vicenza l il 12 maggio
2017 al n. 2818 serie 1T e trascritto a Venezia il 12 maggio 2017 ai nn.
15228/9997

Referente Sara
dott. RANZATO GIAN ENRICO
STUDIO AMMINISTRAZIONI CONDOMINIALI

"documents related to my apartment in san pietro venice used at first to earn some money to build the ark but then sold for very little money to a young and poor local family"



TRECARS SRL
VIA LOMBARDIA,2
36015 SCHIO (VI)
Tel: 0445575352-575107 - Fax: 0445575107

Pratica 2017.13806

DICHIARAZIONE DI VENDITA

Il sottoscritto **ZENDRON CARMELO**
residente a VALDA (TN)
VIA CHIESA,9
nato il 23/11/1939 a VALDA (TN)
Codice fiscale ZND CML 36S23 L550L

DICHIARA DI AVER VERBALMENTE VENDUTO UN TRATTORE STRADALE DI CUI ALLE SEGUENTI CARATTERISTICHE

Fabbrica:	GOLDONI	Tipo:	528RT
Targa:	TN 028232	Telaio:	E324113
Hp fiscali:	28 Kw 21	Portata Kg:	1.300

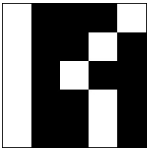
A:
FRIGO ALBERTO
residente a VICENZA (VI)
ISCRITTO AIRE
nato il 21/07/1979 a ASIAGO (VI)
Codice fiscale FRG LRT 79L21 A485N

che assieme al venditore sottoscrive il presente atto per accettazione
PER LA SOMMA DI EURO **3.900,00** ATTO SOGGETTO IVA

Firma venditore ZENDRON CARMELO *Zendron Carmelo*

Firma acquirenti *Albino Frigo*

"documents related about my small tractor with which i was able to transport the material i needed to build the ark high up in the mountains"



HYRA RUM – ROOM FOR RENT

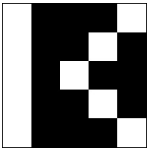
Bredvid Södertälje Hamn nya Pendeltåg station, nära till Willys och Friskis & Svettis, 20 minuter från Södertörns högskola och 35 minuter från T-Centralen, doktorand hyr ett rum till en person.



Next to Södertälje Hamn new Pendeltåg station, close to Willys (cheap supermarket) and Friskis & Svettis (new gym), 20 minutes away from Södertörn University and 35 minutes from T-Centralen, PhD student rents a room to one person.

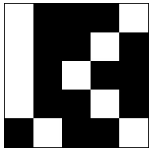
FOR MORE INFO SMS: 0736 696 792

"documents related to my apartment in sodertälje sweden also in the end sold to a poor greek girl without even bargaining"

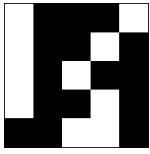


 Skatteverket	Kvittens Datum 2017-03-30	Egåst Inkomstdeklaration 1	1 (1)
Kvittensnummer 20170330103413197907217991262756	Inskickad via Internet	Bilagor som ingår	
Namn Frigo, Alberto	Person-Orig.nr 197907217991		
Inkomstdeklaration (INK1) Inkomst av tjänst och kapital			
1	Inkomster - Tjänst	Värde	
1.1	Lön, förmåner, sjukpenning m.m.	347 329	
2	Avdrag - Tjänst	Värde	
2.2	Tjänstresor	59 444	
2.4	Övriga utgifter	7 630	
8	Avdrag - Kapital	Värde	
8.1	Ränteutgifter m.m. Förlust enligt bilaga K4 avsnitt C m.m.	11 052	

documents related to my swedish taxes only showing my meager income mostly working in the countryside at my vegetable garden of others in exchange of their hospitality"



"id photos and profile photos of myself"



Italian mobile: +39 327 292 5338
Myrthe Nagtzaam +3148503328

Alberto Frigo
c/o Myrthe Nagtzaam
Westersingel 27,
4101 ZG Culemborg
The Netherlands

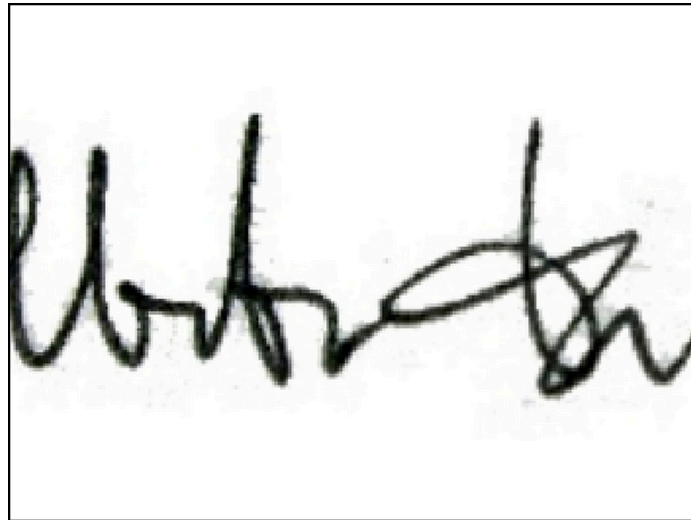
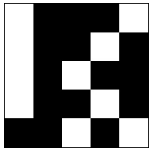
Alberto Frigo
Sestiere Castello 13
30122 Venezia
(see setin/san pietro for more details)
(for google maps use Calle de Quintavale, 13, 30122 Venezia VE, Italy, Venice)

ALBERTO FRIGO
CONTRADA COSTENIERI 15
36015 SCHIO (VI)
ITALY

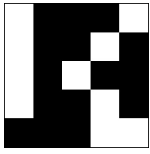
Codice Fiscale
FRGLRT79L21A465N
Italian Passport: AA2687302 (issued jun 5 2008, expiring jun 4 2018)



Polizza Trattore TN028232 N.05109133002900
SCADENZA 5 APRILE - Importo Euro 94
CONSORZIO AGRARIO DEL NORDEST
IT55C020080536400030075635

"my settings and emails and passwords"

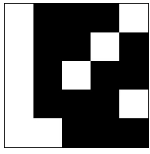


"my digital signature i often used to sign documents such as contracts with and also the signature of my girlfriend also used to sign documents like those related to the shipping of material for the building of my museum"

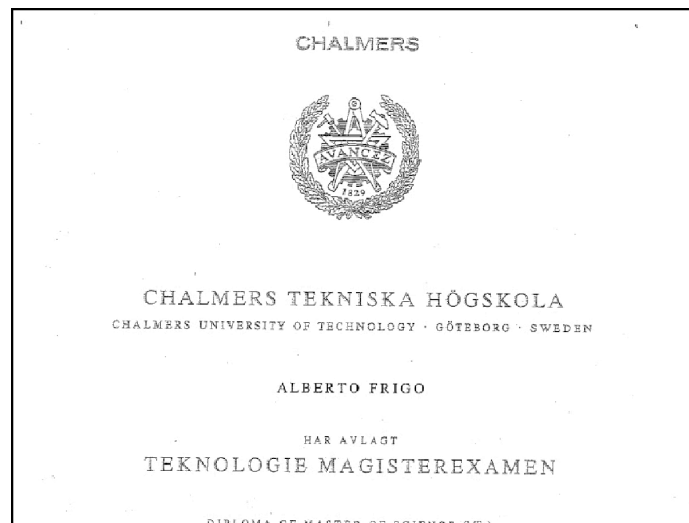


Factuur			
Factuur Nr. 504-1933 Besteldatum 11/03/2016 Betaling Checkout Com Offsite Verzenden Express Delivery in 3-5 Dagen			
Rekening naar	Myrthe Nagtzaam Westersingel 27 4101 ZG Culemborg Netherlands	Verzending naar	Myrthe Nagtzaam Westersingel 27 4101 ZG Culemborg Netherlands
Artikel beschrijving	Aantal	Prijs	Artikelen totaal
 Panasonic Lumix DMC-TZ110/ZS110 Zwart Digitale Camera CAMPATZ1100018BBK	x 1	€500,00	€500,00
Subtotaal			€500,00
Verzending			€14,00
Totaal			€514,00
Bedankt voor uw interesse! Als u vragen heeft, neem dan contact met ons op. ONEdigital's Nederland Block A-B, 9/F, Ka Ming Court, Lai Chi Kok, KOWLOON Hong Kong			

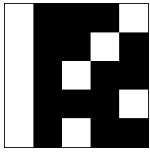
"receipts and warranties and bills paid for the building of my mountain museum or in general for the equipment i bought for the execution of my project or things somewhat related to them"



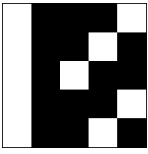
EDITIONS: MONTH #130



"collection of my academic certificates which to me were worth toilette paper since i never make use of them and even if i tried got me nothing in return"



"my curriculum vitae i sort of stop updating in the middle of the project when i decided not to try anymore to get any sort of recognition and just fully focus on the making of my project"



On 17 Dec 2013, at 20:11, Alberto Frigo <alberto.frigo@sh.se> wrote:

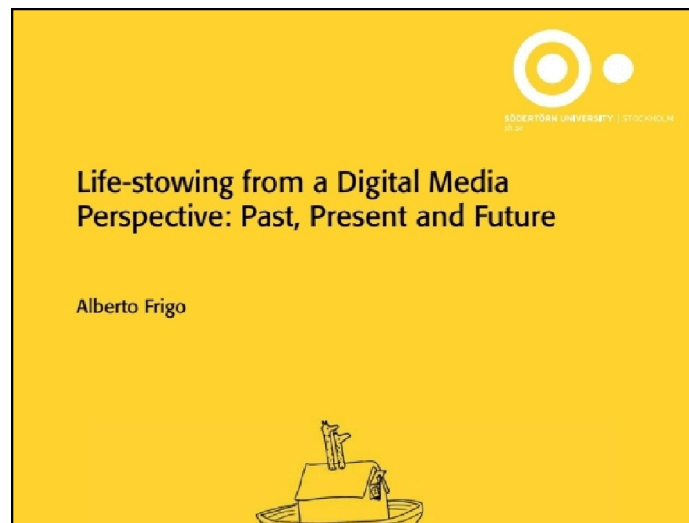
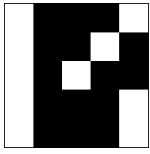
Hi Mauri,

Very fascinating work! I was too tempted to go home tonight after teaching and started reading your papers. I really enjoyed your "dynamic" adoption also of philosophical references despite being a bit incompetent with the more computer science bit (my background is more that of an HCI interaction designer and media artist). I see a lot of potential however - the concepts you elaborate around Concept Space, Explorative epistemology and Enactive Media are really intriguing. I would not also disregard that of multiple perspectives and active knowledge construction.

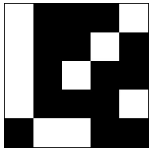
As you obviously saw some commonalities in the brief presentation of my artistic/experimental operation, I should point out that multiplicity is a big factor (both inspired by generative cultural approaches like that experimented by the O.U.L.I.P.O. and by Manovich reading of Dziga Vertov's "Man With the Movie Camera").

My approach is in fact that of providing multiple perspective in systematically capturing everyday life with different media and from different perspectives (e.g. living in different countries etc.) but also presenting the resulting data flows in multiple elaborations. In other words, what I call the "documenting subject" is somewhat acting as both the actuator and sensor following an algorithm which is the documenting procedure he ought to respect (they are rather complex procedures, but to give you a short example one consists of photographing every object the dominant hand uses once in

"selection of letters I wrote to professors always never getting any answer and quickly realizing how much dinosaur-like these hierarchical position can turn people into even the most intelligent"



"the doctorate thesis i wrote inspired by my project after being obliged to write it in a normalized fashion and after loosing interest in writing it so muc it has been censored so as to appear as a little nice and innocent trophy for my former swedish department to exhibit"



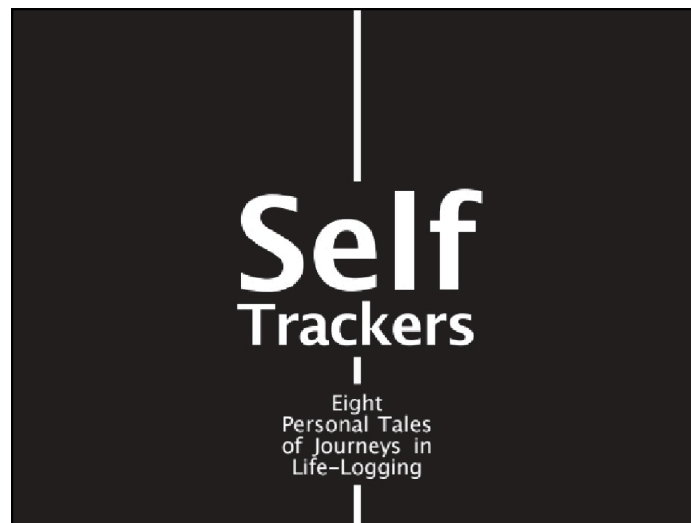
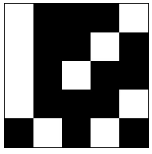
The 10 Stoic Precepts

In this essay I present what I believe to be the 10 Stoic precepts. These precepts are recurrent topics found in the letters that Seneca wrote to his friends. These precepts bring forward the figure of a stoic. They are meant to generally address him towards virtue. In this respect, while a law dissuades us from committing a crime, a precept invites us to accomplish our duty as humans. Following these precepts, one is likely to be able to organize his moral life and live honestly. This article elaborates on the various precepts and ultimately reflects on what it is to be a stoic today, where many tendencies of self-examination are emerging, like life-logging and Quantified Self.

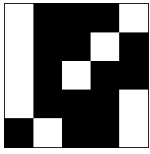
Different from a Christian, the stoic is not afraid of god, but is like one. Different from a modern philosopher, the stoic focuses on ethics. Different from an academic, the stoic does not waste his time debating notions. Different from a politician, the stoic promotes a sober life closer to nature. Different from a Marxist, the stoic sees time as his only real capital. Different from a democrat, the stoic sees the crowd as irrational turmoil to keep below himself. Different from an Epicurean, the stoic is careless about his body and pleasures.

What is a stoic then? I think that now is a good time to reconsider the stoic movement since it helps the individual to face the inevitable crisis that comes with the rise of economic, political and intellectual

"essays written for other people blogs or generally for other people with even smaller texts and commentaries"



"accounts written by other self-trackers about their practices in a book i invited them to contribute to write with me"



On Anarchy

Leo Tolstoy

1900

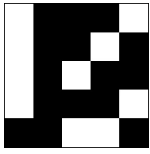
The Anarchists are right in everything; in the negation of the existing order and in the assertion that, without Authority there could not be worse violence than that of Authority under existing conditions. **They are mistaken only in thinking that anarchy can be instituted by a violent revolution.** But it will be instituted only by there being more and more people who do not require the protection of governmental power and by there being more and more people who will be ashamed of applying this power.

"The capitalistic organization will pass into the hands of workers, and then there will be no more oppression of these workers, and no unequal distribution of earnings."
[Marxist]


"But who will establish the works; who will administer them?" [Anarchist]

"It will go on of its own accord; the workmen themselves will arrange everything."
[Marxist]

"collection of anarchists text read through the years with the more christian authors like tolstoy and ellul and the more political writings of bakunin giving an important contribution in understanding the german character and his expansionist and servile mindset possibly at the origing at the rather germany based europe of today"



You Can Touch This: Eleven Years and 258218 Images of Objects



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Abstract
Touch has become a central input modality for a wide variety of interactive devices, most of our mobile devices are operated using touch. Besides interacting with digital artifacts, people touch and interact with many objects during a day. We are providing a unique photo dataset containing all touched objects over the last 11 years. All photos were contributed by Alberto Frigo, who was involved early on in the "Quantified Self" movement. He is taking photos of every object he touches with his dominate hand. We analyzed the 258,218 images with respect to the distribution, the touched objects, and related activities.

Author Keywords
Touch Interaction; Tangible Interaction; Life Logging; Quantified Self

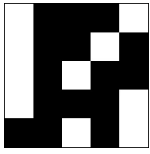
ACM Classification Keywords
H.5.2 [User Interfaces]: Haptic IO

Introduction & Context
Touch interaction is heavily studied in the areas of human-computer interaction (HCI), from research in the area of tangible computing [11, 8] to research enriching touch as an input modality [16, 5], the topic has gained growing importance in the field. Besides using touch to interact with the digital world like a computer mouse or a smartphone, peo-

Figure 1: All objects touched by Alberto Frigo in January 2004, 2009 and 2014. Every line shows the images of the touched objects for one day. Please use the magnifying functionality of your PDF reader to have a closer look at the photos.

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This text field is large enough to have the appropriate release statement assuming it is simply passed in a `text=##77` zero form.
Each submission will be accompanied with unique DOI entry to be included here.

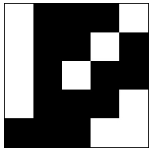
"article written in collaboration with other researchers leading mostly to nothing and again only written for the sake of writing"



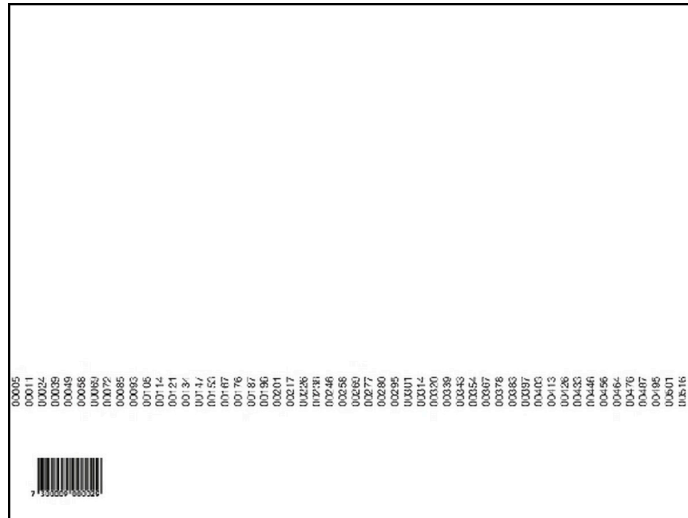
In the following section I present a total of 12 interviews conducted during the summer of 2016 while I was finishing to set up both the Viewing as well as the Archive section of my *tebah*. Due to financial as well as time restrictions, both sections have not been fully finished. Also, interviewees have not been strictly selected but they have in most cases casually presented themselves to the premises of my *tebah*. I have therefore not forced anyone to experience it but awaited people I knew or people I did not know to show up. Despite this causality the turn out was a various pool of people of different gender, nationality, age, upbringing and education. Each interview is followed by a short analysis and conclusions to the overall interviews is provided at the end of this section. When the interviews were taken one after the other, namely Interviews 02-03 and 05-06, the analysis have been joined. Some followup to the interviews (e.g. an e-mail with further comment from the interviewee) has also followed some of the analysis. Following is a tentative list introducing the interviewees and his or her relation with me.

Interview #01 Davide di Sarò, Italian-Canadian film-director in his 30s. Old friend from prior 2004;
Interview #02 Camiel Heunks, Dutch bird watcher in his 40s. New acquaintance;
Interview #03 Francis Heunks, Dutch art teacher in her 40s. New acquaintance;
Interview #04 Chiara Frigo, Italian former doctor in her 60s. Aunt who I have only met occasionally;
Interview #05 Caterina Costeniero, local former janitor in her 60s. My neighbour in the mountain;

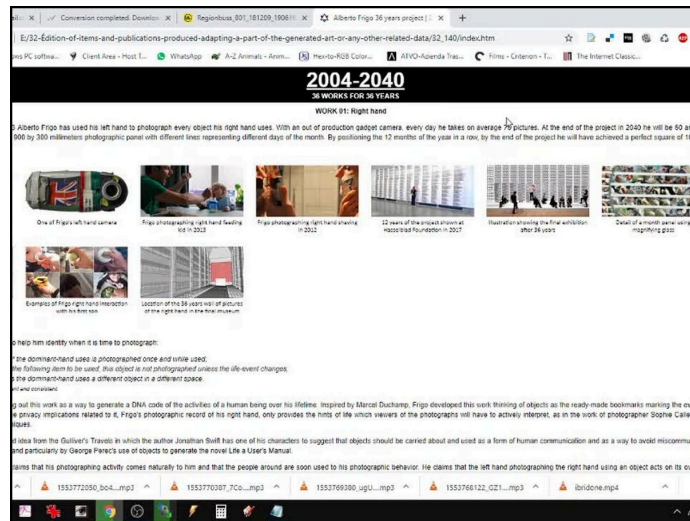
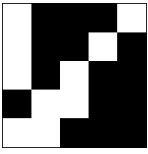
"interviews written down after people visited my first installation in the mountains"



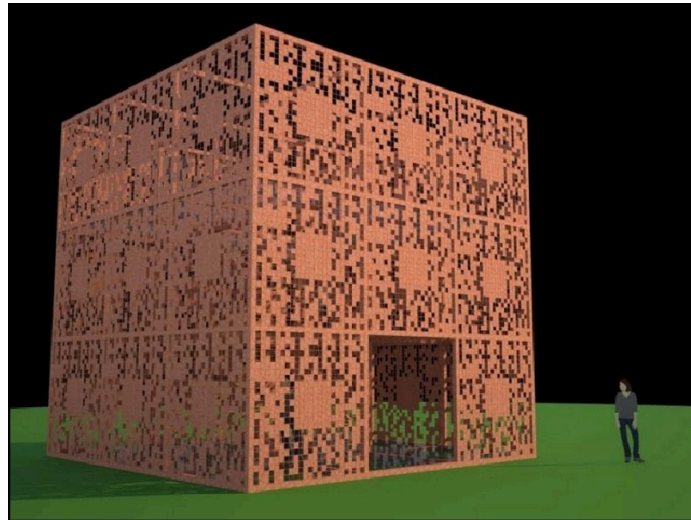
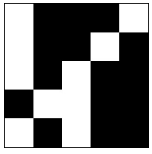
EDITIONS: MONTH #139



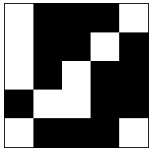
"selection of my drawings for a book by a crazy polish swedish artist named mikael goralski who always supported me and my work unlike all the other stiff art professionals"



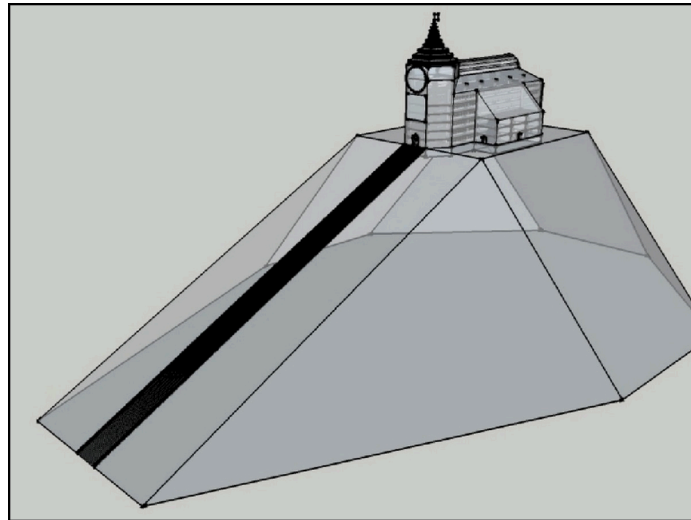
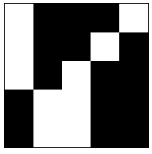
"videos of old websites kept since 2018 after removing myself from social media and wikipedia"



"renderings of ark as made by the italian architect who followed the project and later by me"



"work done and letters written to local politicians to get permission to build in my mountain field"



"cad drawings of the memory theater on which my whole project is built"